

Goorma ayay tahay in la i baaro? Dadka la joogay qof qaba Caabuqa

QORAAL

[muusig kicin leh]

[Warin]

Goorma ayey habboontahay in aad iska baartid KOFID-19?

Guriga saaxiibkaa ayaad casho iyo baashaal u aaday habeenka Jimcaha. Waxaad dhinac fariisatay saaxiib qaba KOFID-19 laakiin aanan weli ogaan. Waxaad ogaatay Axada galabkii in saaxiibkaa laga helay KOFID-19.

Is baar shan bari kadib kolkaad ka ag dhawayd qof qaba KOFID-19. Xaaladhaan oo kale, Jimcihii ayaad ka ag dhawayd, marka waa in aad is baartid Khamiista.

Haddii aad ka ag dhawayd qof qaba KOFID-19, booqo bogga Waaxda Caafimaadka Minnesota ee ka hadlaya xogta dadka iska ag dhawaada iyo ilaa inta lagaa doonayo in aad xirnaarto maaskarada kolka aad dadka kale la joogtid:

<https://www.health.state.mn.us/diseases/coronavirus/close.html>.

Haddii aad dareentid xanuun dhaqso is baar.

Si aad wax oga barato xilliyada ay haboontahay in aad is baartid iyo halka aad iska baaraysid, booqo bogga Waaxda Caafimaadka Minnesota:

<https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html>.

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12/9/2022 (Somali)

Si aad u heshid xogtaan oo qaab kale ah, wac: 651-201-4989