

Training Tool for Infant Assessment Questions

JULY 2014

A: 100's Anthropometric

- Height/weight, %tiles
- Anything related to weight gain, loss, growth

Questions and Purpose/Risk Code

- (Ask only if concern) What has your doctor said about your baby's growth?
 - Helps determine what other health care practitioners have discussed
- How do you feel about your baby's growth? PROBE for these topics depending on what participant shares: family's feelings on growth, weight change, prematurity/birth weight (if under 2 years)
 - Helps understand parent's perception of baby's growth
 - Helps you understand parent's attitude about baby's size

B: 200's Biochemical

- Blood tests
- Anything related to blood- anemia, lead

Questions and Purpose/Risk Code

- (If low Hgb) What has your doctor said about your baby's iron?
 - Helps determine if older infant has been diagnosed with anemia or has had low iron in the past
 - Provides opportunity to reinforce information or treatment given by MD
- (If low Hgb) What do you know about anemia?
 - Provides opportunity to build upon understanding that participant already has about anemia and effects on older baby's development
- Has your baby had a lead test before?
 - Helps determine if older infant has high blood lead level

- May indicate need for referral
- Risk code 211 may apply

C: 300's Clinical

- Health/Medical Conditions
- Anything related to medical history, medical conditions, MD access

Questions and Purpose/Risk Code

- Do you have any medical or nutrition conditions that you are currently being treated for such as food allergies, lactose intolerance, weight loss surgery, diabetes or hypertension?
 - Helps determine if child has a medical condition that may need referral by WIC
 - May help indicate a need for medical formula
 - May indicate need for more information on condition and/or treatment
 - Risk codes 134,345,352, 353, 355, 359, 360, 362, 381, 603, others possible depending on medical condition
- When was the last time your child had a checkup at the doctor's office?
 - Helps determine if well child checkups are completed and on schedule
 - May provide opportunity for participant to share health information given by MD at that visit
- Are immunizations up-to-date?
 - Referral to appropriate resources may be indicated if not up-to-date

D: 400's Diet and Nutrition

Questions and Purpose/Risk Code

- Tell me about your baby's feeding.
 - Gives caregiver opportunity to express feelings about feeding and/or caregiving experiences
 - Provides opportunity to explore challenges and support successes
 - Helps you to encourage breastfeeding
- Breastfeeding
 - Questions: Tell me about your breastfeeding experience so far.
 - How often does your baby nurse?

TRAINING TOOL FOR INFANT ASSESSMENT QUESTIONS

- What changes have you noticed in your breasts?
 - How many wet diapers does s/he have in 24 hours? Dirty ones?
 - Are you pumping?
 - If using bottles, what do you do with the breastmilk after a feeding?
 - Who supports you with breastfeeding?
- Purpose/Risk Code
 - Frequency of breastfeeding helps to show whether baby is getting enough breastmilk
 - May need to refer to MD or Lactation Consultant
 - Helps assess if baby is getting enough to drink and eat
 - Helps assess if breast milk supply is adequate
 - Helps assess if parent/caregiver is offering appropriate amounts of breastmilk at feeding for age of infant
 - Helps assess if appropriate sanitation procedures are used when breastmilk is left in bottle after feeding
 - Provides opportunity to identify people who can provide encouragement and help mom with caring for baby
 - Risk code 411G, 411I, 603 may apply
- Formula Feeding
 - Questions: How are feedings going?
 - Tell me about how you prepare a bottle for your baby
 - What type of water do you use?
 - What do you do with an unfinished bottle?
 - Purpose/Risk Code
 - Helps assess if parent/caregiver is offering appropriate amounts of formula at feeding for age of infant
 - Provides opportunity to discuss proper preparation and dilution of formula
 - Helps assess if appropriate water is used
 - Provides opportunity to discuss proper sanitation when formula is left in bottles after feeding
 - Risk codes 411F, 411K, 411D, 411I may apply
- How do you know when your baby is full or hungry?
 - Helps you know whether parent is aware of and responds to her baby's cues of hunger
 - Allow you to discuss feeding cues, under-over-feeding, obesity prevention and respecting baby's internal cues of hunger, and helping baby develop trust in caregiver

- Risk Code 411D may apply
- What foods/beverages does your baby get other than breastmilk or formula?
 - Provides opportunity to discuss appropriate fluids for bottle
 - Helps you learn about inappropriate fluids, feeding solids in bottle, honey, and other sweeteners
 - Helps identify risk for contamination of harmful microorganisms
 - Risk code 411C, 411D may apply
- Tell me about any vitamins, supplements, or herbal tea you are giving.
 - Shows if the baby is getting appropriate supplements
 - Shows if baby may be taking potential harmful herbs, herbal tea, or herbal remedies
 - May need to refer to MD
 - Risk code 411J or 411K may apply
- At what age do you think it's a good time to offer your baby food?
 - Provides opportunity to discuss appropriate introduction of solids
 - May provide opportunity to discuss baby's developmental cues that indicate readiness for introduction of food
- **Older:** Tell me about other foods s/he is eating. How often? Textures of foods given.
 - Helps you understand if feeding times are scheduled
 - Let's you discuss health feeding patterns and appropriate textures for developmental stages of older babies and toddlers
 - Risk code 411D may apply
- **Older:** What are family mealtimes like?
 - Helps you identify barriers that may prevent baby from being a part of family mealtimes or adds stress to family
 - Provides opportunity to discuss ways to include baby in family mealtimes

E: 900's Environmental/Other Factors

Questions and Purpose/Risk Code

- Are there times when anyone makes you feel unsafe for your child or yourself? Smoking: maternal or in home; safety/abuse; drug/alcohol abuse; foster care
 - Give appropriate referrals
 - Determine if your local agency requires mandatory reporting
 - Risk code 901, 902, 903, 904 may apply

TRAINING TOOL FOR INFANT ASSESSMENT QUESTIONS

- Do you feel your family could use support from other programs for housing or food at this time?
 - Helps to show food security or insecurity
 - May indicate need for referrals

Minnesota Department of Health - WIC Program 85 E 7th Place, PO BOX 64882, ST PAUL MN 55164-0882; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us. To obtain this information in a different format, call: 1-800-657-3942.

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