

Midcertification Assessment Questions – Infant

JULY 2014

Follow Up

Follow up on previous nutrition and health assessment.

A: 100's Anthropometric – Height/weight, %tiles

Only if applicable: What has your doctor said about your child's growth? How do you feel about their growth?

B: 200's Biochemical – Blood Tests

Only if applicable: What has your doctor said about your child's iron? What do you know about anemia?

C: 300's Clinical – Health/Medical Conditions

- What did the doctor tell you about your baby at the last Well Child Check? (2 month, 4 month, 6 month, 9 month, 1 yr) Did your baby receive any immunizations at that time?
- Tell me about any changes in your baby's health or development. (Crawling, walking, teething, allergies, medical conditions)

D: 400's Diet and Nutrition

- Breastfeeding
 - What questions do you have about breastfeeding your baby?
 - How often do you breastfeed?
 - Would you like more information on breastfeeding and ____ (teething, feeding frequency, growth spurts)?
- Formula
 - How often does your baby take a bottle of formula?
 - How much do they drink?
 - What do you do with formula left over in the bottle after a feeding?
 - Would you like more information on bottle feeding? (Storage, preparing formula, growth spurts)

MIDCERTIFICATION ASSESSMENT QUESTIONS – INFANT

- Eating
 - Have you offered solid foods to your baby? (Table food, meat, baby jarred foods, smashed or pureed)
 - What foods/beverages does your baby get other than formula or breast milk? (Choking)
 - How often do you feed your baby solid foods?
 - How do you plan to wean your baby from the bottle? (If bottle feeding)
 - Tell me about cup use with your baby.
- OPTIONAL:
 - Please share with me one thing you like about your baby's eating.
 - What things would you like to be different about your baby's health or eating?
 - Is your baby taking any type of vitamin/mineral supplement? (Vitamin D)

Minnesota Department of Health - WIC Program 85 E 7th Place, PO BOX 64882, ST PAUL MN 55164-0882; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us. To obtain this information in a different format, call: 1-800-657-3942.