

## YWCA Mankato: Family Home Visiting grantee

YWCA Mankato is part of the nationwide network of YWCA organizations and serves as an affiliate of the largest and oldest women's nonprofit organization in the United States. While each affiliate pursues the YWCA's overarching mission of eliminating racism and empowering women in distinct ways, the focus remains on addressing some of our community's most complex challenges.

Established in 1926, YWCA Mankato has been actively contributing to southern Minnesota by offering a diverse range of programs for women. In recent years, the organization has extended its impact

through the New American Families program (NAF), specifically designed to support refugee and immigrant families. In addition to NAF's services, YWCA Mankato provides camps and programs to build confidence in young girls and connect women to leadership opportunities.

Recognizing the unique challenges faced by families settling in the United States, YWCA Mankato acknowledges the potential barriers in navigating a new country with distinct systems and rules. These challenges can significantly impact the health and education of the entire family. NAF addresses these obstacles through the implementation of the evidence-based Parents as Teachers curriculum, focusing on families with children from prenatal to five years of age. This home-visiting model aims to promote parent-child interaction, child development, and overall family well-being.

YWCA Mankato's culturally specific and multilingual team is dedicated to serving the Latinx, Somali, and additional East African communities. They deliver the curriculum and support services with cultural insight and language proficiency, ensuring that families receive personalized assistance in their home language.



*Figure 1. Members of the YWCA Mankato team. From left to right: Kristina, Shamsina, Reyna, Angelica, and Lul.*



The outcomes speak for themselves—a community with healthy, thriving families and successful, supported children. For more information about the New American Families program, please visit [YWCA Mankato \(www.ywcamankato.org\)](http://www.ywcamankato.org).

Minnesota Department of Health  
Family Home Visiting  
[health.familyvisiting@statemn.us](mailto:health.familyvisiting@statemn.us)  
[www.health.state.mn.us](http://www.health.state.mn.us)