

## Su'aalo ku saabsan Neefta oo loo diray Waalidka/Mas'uulka

Waxaa na soo gaartay in cunugaagu qabo neef ama neefsashada oo ku adag. Kalkaaliyaha caafimaad ee dugsigu wuxuu u baahan yahay faahfaahin dheeraad ah oo ku saabsan neefta cunugaaga ama neefsashada ku adag. Tanu waxay naga caawin doontaa xanaanaynta cunugaaga inta uu dugsiga joogo. **Fadlan soo buuxi foomkaan (form) labada dhinacba.**

Magaca Cunuga \_\_\_\_\_ Fasalka \_\_\_\_\_ ID # \_\_\_\_\_ Taariikhda \_\_\_\_\_

Waalid/Mas'uul \_\_\_\_\_ Teleefoonka Guriga (\_\_\_\_\_) \_\_\_\_\_

Lambarka Shaqada (\_\_\_\_\_) \_\_\_\_\_ Lambarka Gacanta/Bayjarka (\_\_\_\_\_) \_\_\_\_\_

Xagee cunugaagu ka helaa xanaanadiisa/deeda caafimaad ee neefta: (Magaca Goobta Caafimaad) \_\_\_\_\_

Magaca dhaktarka ama kalkaaliyaha caafimaad \_\_\_\_\_ Teleefoonka Dhaktarka # \_\_\_\_\_

Magaca Caymiska Caafimaadka \_\_\_\_\_ Haddii aadan lahayn, ma u baahan tahay kabaar ku saabsan caymis bilaash ah/raqiis?  
1<sub>1</sub> Haa 1<sub>0</sub> Maya

1. Fadlan goobo gali haddii neefta cunugaagu tahay mid daran ama aan aad u darnayn ama inta u dhaxaysa: (Lambarka goobada):

1<sub>1</sub> 2<sub>2</sub> 3<sub>3</sub> 4<sub>4</sub> 5<sub>5</sub>  
Aan darnayn Daran

2. Imisa maalmood ayaa cunugaagu ka baaqday dugsiga **sannadkii hore** neefta darteed?  
<sub>0</sub> 0 maalmood <sub>1</sub> 1 – 2 maalmood <sub>2</sub> 3-5 maalmood <sub>3</sub> 6-9 maalmood <sub>4</sub> 10-14 maalmood <sub>5</sub> 15 ama maalmood ka badan

3. Imisa jeer ayaa cunugaagu habeen cusbitaal ku hoyday ama ka badan neefta darteed **12 bilood ee lasoo dhaafay?**  
<sub>0</sub> 0 jeer <sub>1</sub> 1 jeer <sub>2</sub> 2 jeer <sub>3</sub> 3 jeer <sub>4</sub> 4 jeer <sub>5</sub> 5 ama jeer ka badan

4. Imisa jeer ayaa cunugaagu lagu daweeeyay Qaybta Gargaarka Deg-dega ah neef **darteed 12 bilood ee lasoo dhaafay?**  
<sub>0</sub> 0 maalmood <sub>1</sub> 1 – 2 maalmood <sub>2</sub> 3-5 maalmood <sub>3</sub> 6-9 maalmood <sub>4</sub> 10-14 maalmood <sub>5</sub> 15 ama maalmood ka badan

5. Maxaa kiciya cunugaaga neeftiisa ama kasii dara?

- |  |  |
|--|--|
| <input type="checkbox"/> 1 Sigaar cabid                        | <input type="checkbox"/> 7 Jeeso / boorka jeesada                                  |
| <input type="checkbox"/> 2 Xayawaan / xayawaanka la xanaaneeyo | <input type="checkbox"/> 8 Ur adag / barafuun                                      |
| <input type="checkbox"/> 3 Boor / boorka kaciya                | <input type="checkbox"/> 9 Cunooyinka (kuwan: _____)                               |
| <input type="checkbox"/> 4 Baranbaro                           | <input type="checkbox"/> 10 Hargab / xanuunada sambabada ama neefsashada           |
| <input type="checkbox"/> 5 Caws / ubax                         | <input type="checkbox"/> 11 Walwal ama shacuur murugsan                            |
| <input type="checkbox"/> 6 Habaas                              | <input type="checkbox"/> 12 Isbadalka cimilida / aad u qabow ama hawo kulul        |
|  | <input type="checkbox"/> 13 Jirdhis ama jimicsi, ciyaaraha, ama si adag u ciyaarid |

6. Qof ka mid ah dadka guriga ku nool sigaar ma cabaa? <sub>1</sub> Haa <sub>0</sub> Maya

7. Xilliyada sannadka, intee in la'eg ayaa cunugaagu calaamadaha neeftu haysaa? (Ku calaamadee X xilliyadan hoose)

	In badan	In yar	Innaba
Dayr	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>
Jiilaal	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>
Gu'	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>
Xaggaa	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>

8. Bishii lasoo dhaafay, **inta maalinimada lagu jiro**, wakhti intee le'eg ayaa cunugaaga ay dhib ku tahay inuu qufaco, hiinraago ama neefsado?

<sub>1</sub> jeer bishii ama ka yar <sub>2</sub> In ka badan 2 jeer asbuucii <sub>3</sub> Maalin walba (ugu yaraan mar maalintii) <sub>4</sub> Si joogto ah (wakhti kasta maalin walba)

9. Bishii lasoo dhaafay, **inta maalinimada lagu jiro**, wakhti intee le'eg ayaa cunugaaga ay dhib ku tahay inuu qufaco, hiinraago ama neefsado?

<sub>1</sub> 2 jeer bishii ama ka yar <sub>2</sub> In ka badan 2 jeer bishii <sub>3</sub> In ka badan 2 jeer asbuucii <sub>4</sub> Habeen walba

10. Cunugaagu ma leeyahay Qorshe Qoran oo Neefta ku saabsan? <sub>1</sub> Haa <sub>0</sub> Maya <sub>2</sub> Ma aqaan

11. Cunugaagu ma isticmaalaa qalab loo isticmaalo sambabada "peak flow meter" (qalab la afuufo si loo fiiriyo sida sambabadu u shaqeenayaan)?

<sub>1</sub> Haa <sub>0</sub> Maya <sub>2</sub> Ma aqaan

12. Ma taqaanaa inta uu yahay lambarka cunugaaga ee qalabka la afuufo (peak flow number)? <sub>1</sub> Haa waa maxay? \_\_\_\_\_ <sub>0</sub> Maya

13. Fadlan tax ama qor daawooyinka cunugaagu u qaato neefta ama aleerjiga (maalin walba iyo sidii loogu baahdo) **ama kusoo dar qorshaha waxqabad ee cunugaaga neeftiisa.**

**DAAWOYINKA GURIGA AAD KU QAADATID**

<b>MAGACA DAAWADA?</b>	<b>INTEE IN LE'EG?</b>	<b>GOORMA AYAAD QAADATAA</b>

**DAAWOYINKA AAD DUGSIGA KU QAADATID**

<b>MAGACA DAAWADA?</b>	<b>INTEE IN LE'EG?</b>	<b>GOORMA AYAY TAHAY INAAD QAADATID</b>

**WAXAAN U SHIYAY FASAX DUGSIGA MAAMULIDA DAAWOYINKA KORE**

\_\_\_\_\_ ( saxiixa waalidka/mas'uulka)

**\* WAAN FAHAMSAHAY INAAN UGA BAAHNAHAY OGOLAANSHO SAXIIXAN DHAKAATIIRTA CUNUGAYGA SI AAN DAAWADA UGU SIINO DUGSIGA (qorshe loo isticmaalayo neefta oo saxiixan ayaa ku filan).**

Fadlan sheeg ama tax waxii kale ee aad u isticmaashid neefta cunugaaga (shaah, geedo, daawo guri, iwm.): \_\_\_\_\_

14. Sidee cunugaagu u qaataa daawada neefta?

- <sub>1</sub> Isaga/Iyada ayaa qaata daawada <sub>2</sub> Waa ilaawa qaadashada daawada <sub>3</sub> Caawimaad ayuu uga baahan yahay qaadashada daawada <sub>4</sub> Hadda ma isticmaalayo daawo

15. Cunugaagu ma isticmaalaa inta badan kala durkiye (spacer) ama shayga ku dhagan (holding chamber) neef jiidaha uu isticmaalo (tuubo ku dhagan neef jiidaha, oo si wanaagsan u caawisa in daawada la jiiday gaarto sambabada)?

- <sub>1</sub> Haa <sub>0</sub> Maya <sub>2</sub> Ma aqaan <sub>2</sub> waxuu isticmaalaa neef jiidaha budo ah oo qalalan, sidaa darteed uma baahna kala durkiye (spacer).

16. Intii lagu jiray sannadkii hore marna cunugaaga neeftiisu ma ka joojisay ka qayb qaadashada ciyaaraha, fasaxa, barashada jirdhiska ama hawlaha kale ee dugsiga?

- <sub>1</sub> Haa <sub>0</sub> Maya <sub>2</sub> Ma aqaan

17. Ma doonaysaa inaad kalkaaliyaha caafimaad ee dugsiga aad kala hadashid waxyaabaha ku saabsan neefta? <sub>1</sub> Haa <sub>0</sub> Maya

Haday haa tahay, waa goorma goorta ugu fiican ee lagu soo wici karo? <sub>1</sub> Subax <sub>0</sub> Galab <sub>2</sub> Fiidkii

Fadlan wixii su'aalo ah wac Kalkaaliyaha Caafimaad ee Dugsiga: Magaca kalkaaliyaha caafimaad \_\_\_\_\_

Taleefoon # \_\_\_\_\_ Bayjar # \_\_\_\_\_

**Ku mahadsanid buuxinta su'aalahaan.**

<b>For office use only: Student Symptom Severity assessment:</b>	
8. _____	Mi. _____
9. _____	Mi. P. _____
	Mo.P _____