

# HOW TO USE A COMPRESSOR-DRIVEN NEBULIZER

**Assembling the Nebulizer** (note there may be some variation in these instructions depending on the brand of nebulizer you are using – please refer to your nebulizer directions for more detail):

1. Wash your hands.
2. Take all nebulizer parts, including mask or mouthpiece, flex tubing, nebulizer cup, and connecting tubing.
3. Assemble the nebulizer by attaching the t-piece and mouthpiece to the nebulizer cup and then attaching flex tubing to one end of the t-piece and mouthpiece, OR by attaching the mask to the nebulizer cup.
4. Attach connecting tubing to the outlet on the nebulizer cup. Attach the other end to the outlet on the nebulizer compressor.

## Using the Nebulizer:

1. Sit upright in a comfortable chair. An infant or small child may be held upright on lap or in arms.
2. Place mouthpiece in mouth or place mask with elastic straps on infant or child.
3. Turn switch on compressor to the “on” position.
4. Breathe normally through the mouthpiece or mask, taking a deep breath every minute or so. Continue until neb cup begins to sputter. Shake or tap the cup and continue breathing through the mouthpiece or mask until nearly all liquid in neb cup is gone.