

Resources



Allergy and Asthma Network/Mothers of Asthmatics, Inc. (AANMA)

2751 Prosperity Avenue, Suite 150
Fairfax, VA 22031
(800) 878-4403 or (703) 641-9595
Internet: www.aanma.org

American Academy of Allergy, Asthma, and Immunology (AAAAI)

Pediatric Asthma: Promoting Best Practice -A Guide for Managing Asthma in Children
Food allergies fact sheets also available
611 East Wells Street
Milwaukee, WI 53202
(800) 822-ASMA or (414) 272-6071
Internet: www.aaaai.org

American Academy of Pediatrics (AAP)

141 Northwest Point Boulevard
Elk Grove Village, IL 60007
(800) 433-9016 or (847) 228-5005
Internet: www.aap.org

American Association for Respiratory Care (AARC)

11030 Ables Lane
Dallas, TX 75229-4593
(972) 243-2272
Internet: www.aarc.org

American Association of School Administrators

School Governance & Leadership – Spring 2003 Edition
Asthma Wellness: Keeping Children with Asthma in School and Learning
801 N. Quincey St., Suite 700
Arlington, VA 22203
(703) 528-0700
<http://www.aasa.org/publications/sgl/index.htm>
Cleaning the Air: Engaging School Leaders in Improving Children's Health
http://www.aasa.org/issues_and_insights/healthy/epa.htm

American College of Allergy, Asthma, and Immunology

85 West Algonquin Road, Suite 550
Arlington Heights, IL 60005
(800) 842-7777 or (847) 427-1200
www.allergy.mcg.edu

American Industrial Hygiene Association (AIHA)

(703) 849-8888
Information on industrial hygiene and indoor air quality issues including mold hazards and legal issues.
<http://www.aiha.org>

American Lung Association

Asthma Busters offered by ALA of Nebraska @ www.asthmabusters.com
(800) LUNG USA
Internet: www.lungusa.org



American Lung Association of Minnesota

Open Airways for Schools (elementary curriculum)

490 Concordia Avenue

St. Paul, MN 55103-2441

(651) 227-8014 or 800-LUNG-USA

Fax: (651) 227-5459

Greater Minnesota:

424 West Superior Street, Suite 203

Duluth, MN 55802

(218) 726-4721, Fax: 218-726-4722

<http://www.alamn.org/index.asp>

Association of Specialists in Cleaning and Restoration (ASCR)

(800)272-7012 or (410) 729-3603

Carpet and Upholstery Cleaning Institute, Mechanical Systems Hygiene Institute, National Institute of Disaster Restoration, National Institute Rug Cleaning, Water Loss Institute referrals to professionals.

<http://www.ascr.org/institutes>

Asthma and Schools.org

Asthma and Schools consolidates information about asthma-related resources for school personnel working with grades K-12. The simple, searchable database links to educational materials, medical information, websites, and other resources useful for anyone who works in a school serving children and youth. The National Education Association Health Information Network and funding support by the CDC make this site possible.

<http://www.asthmaandschools.org>

Asthma – An Emerging Epidemic (Book)

Author: Paul J. Hannaway, M.D.

Lighthouse Press

P.O. Box 602

Marblehead, MA 01945

(800) 225-9886 or (975) 740-0648

Fax: (978) 745- 6208

Asthma and Allergy Foundation of America (AAFA)

1125 15th Street, N.W., Suite 502

Washington, DC 20005

(800) 7-ASTHMA or (202) 466-7643

Internet: www.aafa.org

Centers for Disease Control and Prevention

Strategies for Addressing Asthma Within a Coordinated School Health Program

http://www.cdc.gov/nccdphp/dash/00_pdf/asthma.pdf

Main CDC Page:

<http://www.cdc.gov>

Children's Hospitals and Clinics

Educational Handouts: What is Asthma, Asthma Trigger Control, Asthma Medicines, Inhalers

Nebulizer Treatments, Peak Flow Meter, Asthma Action Plan

Available in: English, Hmong, Spanish, Somali

<http://www.childrenshc.org/Manuals/PFS/Alphabetical.asp>

**Green Seal**

Recommends environmentally preferable products

www.greenseal.org

Healthy Kids: The Key to Basics

(617) 965-9637

Educational Planning for Students with Asthma and Other Chronic Health Conditions

79 Elmore Street

Newton, MA 02159-1137

Indoor Environmental Remediation Board (IERB)

(215) 387-4097

Information on best practices in building remediation.

<http://www.ierb.org>

**Minnesota
Department of
Health Programs:****Asthma Program**

(612) 676-5226 or (877) 925-4189

www.health.state.mn.us/divs/hpcd/cdee/asthma/

Coordinated School Health

<http://www.mnschoolhealth.com/index2.html>

Indoor Air Program

<http://www.health.state.mn.us/divs/eh/indoorair/schools/plan/index.html>

Environmental Health

(651) 215-0700

<http://www.health.state.mn.us/divs/eh/index.html>

Pest management information & Model notices

<http://www.health.state.mn.us/divs/eh/pesticide/notices/index.html>

Health Library

Publication: *Asthma Education: An Integrated Approach, Ideas for Elementary Classrooms*
(Created by MDH section of Children with Special Health Care Needs)

Email Contact: library@health.state.mn.us

(612) 676-5000

<http://www.health.state.mn.us/library/library.htm>

Maternal and Child Health

Email: mchweb@health.state.mn.us

(612) 281-9900

<http://www.health.state.mn.us/divs/fh/mch/index.html>



National Association of School Nurses

PO Box 1300

Scarborough, ME 04070-1300

(877) 627-6467 or (877) NASN4SN

www.nasn.org



National Asthma Education and Prevention Program (NAEPP)

National Heart, Lung, and Blood Institute Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573

NAEPP materials include:

- Managing Asthma: A Guide for Schools
- Asthma Awareness Curriculum for the Elementary Classroom
- Asthma and Physical Activity in the School
- Making a Difference: Asthma Management in the School (video)

Internet: www.nhlbi.nih.gov/about/naepp or www.nhlbi.nih.gov

National Pesticide Information Center (NPIC)

(800)858-7378

Information on pesticides/antimicrobial chemicals, including safety and disposal information.

<http://npic.orst.edu>

National School Boards Association

School Health Programs
1680 Duyke Street
Alexandria, VA 22314-3493
(703) 838-NSBA
Fax: (703) 783-7590
www.nsba.org

New York Department of Health Bureau of Environmental and Occupational Disease Epidemiology,

Guidelines on assessment and remediation of fungi in indoor environments.

(212)788-4290

<http://www.ci.nyc.ny.us/html/doh/html/epi/moldrpt1.html>

Pedipress Publications

Publications:

Dr. Tom Plaut's Asthma Guide

One-Minute Asthma

El asma en UN minuto

Asthma Peak Flow Diary

Asthma Signs Diary

Asthma Charts and Forms CD-ROM (Windows and Mac)

Winning Over Asthma

Fax (413) 549-4095

www.pedipress.com

Sierra Club North Star Chapter

2327 East Franklin Ave. Suite 1

Mpls, MN 55406-1024

(612) 659-9124

Fax 612-659-9129

Environmental information, i.e. Air quality and School Bus Idling

<http://www.northstar.sierraclub.org/>

SchoolAsthmaAllergy.com

Schering-Plough Cares website featuring useful tools and information to empower all those caring for school-aged children with asthma and allergies.

www.schoolasthmaallergy.com



Sustainable Resource Center

SRC operates programs in the Twin Cities metropolitan area and throughout Minnesota.

Contact Megan Curran for further information.

(612) 870-4255

http://www.src-mn.org/SRC_HOME_Absolute.htm

University of Minnesota, Department of Environmental Health and Safety

(612)626-5804

Managing water infiltration into buildings.

<http://www.dehs.umn.edu/iaq/flood.html>

University of Wisconsin Extension Service

Help Yourself to a Healthy Home: Protect Your Children's Health

English Version:

<http://www.uwex.edu/healthyhome/book.html>

Spanish Version:

<http://www.uwex.edu/healthyhome/bookespanol.html>

U.S. Department of Education

Office for Civil Rights, Customer Service Team

Mary E. Switzer Building

330 C Street, S.W.

Washington, DC 20202-1328 (800) 421-3481 or (202) 205-5413

www.ed.gov/offices/OCR/

U.S. Environmental Protection Agency (EPA)



Indoor Environments Division

401 M Street, S.W. (6604J)

Washington, DC 20460

(202) 233-9370

Indoor Air Quality Information Clearinghouse

Phone: (800) 438-4318 or (703) 356-4020

Fax: (703) 356-5386

Email: iaqinfo@aol.com

Indoor air related documents, answers to Indoor Air Quality (IAQ) questions, maintain listing of State IAQ contacts, and regional EPA Contacts.

www.epa.gov/children/asthma.htm

Tools for Schools

<http://www.epa.gov/iaq/schools/tools4s2.html>.

Indoor Air Quality (IAQ) Home Page

<http://www.epa.gov/iaq>

Mold Resources

<http://www.epa.gov/iaq/molds/moldresources.html>

Mold Remediation in Schools and Commercial Buildings

http://www.epa.gov/iaq/molds/mold_remediation.html

Triggers : Clear your home of Asthma Triggers

English Version: <http://www.epa.gov/asthma/images/asthma.trifold.pdf>

Spanish Version: <http://www.epa.gov/asthma/images/asthma.trifold.spanish.pdf>

Children's Books

Available to order through bookstores:

- *The ABC's of Asthma* by Kim Gosselin, JayJo Books (ages 5 – 7)
- *All About Asthma* by William Ostrow and Vivian Ostrow (ages 7 – 11)
- *The Babysitter's Club: Welcome to the BSC, Abby* by Ann M. Martin (ages 11 – 15)
- *I'm Tougher Than Asthma* by Alden R. carter and Siri M. Carter (ages 5 – 10)
- *Jackie Joyner-Kersey: Champion Athlete* (ages 13 – 17)
- *Kids Breathe Free: A Parent's Guide for Treating Children with Asthma* Prichett & Hull Associates, Inc. (Parents and Children ages 5 – 9)
- *The Lion Who Had Asthma* by Jonathan London (ages 5 – 7)
- *Once Upon a Breath: the story of a wolf, 3 pigs and asthma* by Aaron Zevy, Tumbleweed Press
- *The Respiratory System* by Darlene Stille, Children's Press
- *Sporterercise!* By Iim Gosselin (Teachers and Children ages 6 – 9)
- *Taking Asthma to School* by Kim Gosselin, JayJo Books (Teachers and Children ages 6 – 9)
- *ZooAllergy* by Kim Gosselin, JayJo Books (ages 6 – 9)

Medical Equipment Suppliers:

Respironics

Asthma and allergy products:

- Peak Flow Meters
- Peak Flow Flexible mouthpieces one-way valve safety mouthpieces (#REF HS714-200)
- Valved Holding Chambers and spacers

41 Canfield Rd
Cedar Grove, NJ 07009-1201
(800) 962-1266
www.respironics.com

Resources, including websites, are mentioned in this guide as suggestions and examples and are only a few of the many resource materials available. Listings of materials and resources in this guide should not be construed or interpreted as an endorsement by the Minnesota Department of Health or of any private organization or business listed herein.