Allergy and Asthma Network/Mothers of Asthmatics, Inc. (AANMA)
2751 Prosperity Avenue, Suite 150
Fairfax, VA 22031
(800) 878-4403 or (703) 641-9595
Internet: www.aanma.org

American Academy of Allergy, Asthma, and Immunology (AAAAI)
Pediatric Asthma: Promoting Best Practice -A Guide for Managing Asthma in Children
Food allergies fact sheets also available
611 East Wells Street
Milwaukee, WI 53202
(800) 822-ASMA or (414) 272-6071
Internet: www.aaaai.org

American Academy of Pediatrics (AAP)
141 Northwest Point Boulevard
Elk Grove Village, IL 60007
(800) 433-9016 or (847) 228-5005
Internet: www.aap.org

American Association for Respiratory Care (AARC)
11030 Ables Lane
Dallas, TX 75229-4593
(972) 243-2272
Internet: www.aarc.org

American Association of School Administrators
School Governance & Leadership – Spring 2003 Edition
Asthma Wellness: Keeping Children with Asthma in School and Learning
801 N. Quincey St., Suite 700
Arlington, VA 22203
(703) 528-0700
http://www.aasa.org/publications/school/index.htm
Cleaning the Air: Engaging School Leaders in Improving Children’s Health
http://www.aasa.org/issues_and_insights/healthy/epa.htm

American College of Allergy, Asthma, and Immunology
85 West Algonquin Road, Suite 550
Arlington Heights, IL 60005
(800) 842-7777 or (847) 427-1200
www.allergy.mcg.edu

American Industrial Hygiene Association (AIHA)
(703) 849-8888
Information on industrial hygiene and indoor air quality issues including mold hazards and legal issues.
http://www.aiha.org

American Lung Association
Asthma Busters offered by ALA of Nebraska @ www.asthmabusters.com
(800) LUNG USA
Internet: www.lungusa.org
American Lung Association of Minnesota
Open Airways for Schools (elementary curriculum)
490 Concordia Avenue
St. Paul, MN 55103-2441
(651) 227-8014 or 800-LUNG-USA
Fax: (651) 227-5459
Greater Minnesota:
424 West Superior Street, Suite 203
Duluth, MN 55802
(218) 726-4721, Fax: 218-726-4722
http://www.alamn.org/index.asp

Association of Specialists in Cleaning and Restoration (ASCR)
(800)272-7012 or (410) 729-3603
Carpet and Upholstery Cleaning Institute, Mechanical Systems Hygiene Institute, National Institute of Disaster Restoration, National Institute Rug Cleaning, Water Loss Institute referrals to professionals.
http://www.ascr.org/institutes

Asthma and Schools.org
Asthma and Schools consolidates information about asthma-related resources for school personnel working with grades K-12. The simple, searchable database links to educational materials, medical information, websites, and other resources useful for anyone who works in a school serving children and youth. The National Education Association Health Information Network and funding support by the CDC make this site possible.
http://www.asthmaandschools.org

Asthma – An Emerging Epidemic (Book)
Author: Paul J. Hannaway, M.D.
Lighthouse Press
P.O. Box 602
Marblehead, MA 01945
(800) 225-9886 or (975) 740-0648
Fax: (978) 745-6208

Asthma and Allergy Foundation of America (AAFA)
1125 15th Street, N.W., Suite 502
Washington, DC 20005
(800) 7-ASTHMA or (202) 466-7643
Internet: www.aafa.org

Centers for Disease Control and Prevention
Strategies for Addressing Asthma Within a Coordinated School Health Program
http://www.cdc.gov/nccdphp/dash/00_pdf/asthma.pdf
Main CDC Page:
http://www.cdc.gov

Children’s Hospitals and Clinics
Educational Handouts: What is Asthma, Asthma Trigger Control, Asthma Medicines, Inhalers
Nebulizer Treatments, Peak Flow Mete, Asthma Action Plan
Available in: English, Hmong, Spanish, Somali
http://www.childrenshc.org/Manuals/PFS/Alphabetical.asp
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<tr>
<th><strong>Green Seal</strong></th>
<th>Recommends environmentally preferable products</th>
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<tr>
<td><a href="http://www.greenseal.org">www.greenseal.org</a></td>
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<tr>
<th><strong>Healthy Kids: The Key to Basics</strong></th>
<th>Educational Planning for Students with Asthma and Other Chronic Health Conditions</th>
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<tbody>
<tr>
<td>(617) 965-9637</td>
<td>79 Elmore Street</td>
</tr>
<tr>
<td></td>
<td>Newton, MA 02159-1137</td>
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<tr>
<th><strong>Indoor Environmental Remediation Board (IERB)</strong></th>
<th>Information on best practices in building remediation.</th>
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<tbody>
<tr>
<td>(215) 387-4097</td>
<td><a href="http://www.ierb.org">http://www.ierb.org</a></td>
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| **Minnesota Department of Health Programs:** |

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<tr>
<th><strong>Asthma Program</strong></th>
<th>(612) 676-5226 or (877) 925-4189</th>
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<tr>
<td><a href="http://www.health.state.mn.us/divs/hpcd/cdee/asthma/">www.health.state.mn.us/divs/hpcd/cdee/asthma/</a></td>
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| **Coordinated School Health** | http://www.mnschoolhealth.com/index2.html |

| **Indoor Air Program** | http://www.health.state.mn.us/divs/eh/indoorair/schools/plan/index.html |

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<tr>
<th><strong>Environmental Health</strong></th>
<th>(651) 215-0700</th>
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<tr>
<td><a href="http://www.health.state.mn.us/divs/eh/index.html">http://www.health.state.mn.us/divs/eh/index.html</a></td>
<td></td>
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<tr>
<td>Pest management information &amp; Model notices</td>
<td><a href="http://www.health.state.mn.us/divs/eh/pesticide/notices/index.html">http://www.health.state.mn.us/divs/eh/pesticide/notices/index.html</a></td>
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<tr>
<th><strong>Health Library</strong></th>
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<tbody>
<tr>
<td>Publication: <em>Asthma Education: An Integrated Approach, Ideas for Elementary Classrooms (Created by MDH section of Children with Special Health Care Needs)</em></td>
</tr>
<tr>
<td>Email Contact: <a href="mailto:library@health.state.mn.us">library@health.state.mn.us</a></td>
</tr>
<tr>
<td>(612) 676-5000</td>
</tr>
<tr>
<td><a href="http://www.health.state.mn.us/library/library.htm">http://www.health.state.mn.us/library/library.htm</a></td>
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<tr>
<th><strong>Maternal and Child Health</strong></th>
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<tbody>
<tr>
<td>Email: <a href="mailto:mchweb@health.state.mn.us">mchweb@health.state.mn.us</a></td>
</tr>
<tr>
<td>(612) 281-9900</td>
</tr>
<tr>
<td><a href="http://www.health.state.mn.us/divs/fh/mch/index.html">http://www.health.state.mn.us/divs/fh/mch/index.html</a></td>
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<th><strong>National Association of School Nurses</strong></th>
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<tr>
<td>PO Box 1300</td>
</tr>
<tr>
<td>Scarborough, ME 04070-1300</td>
</tr>
<tr>
<td>(877) 627-6467 or (877) NASN4SN</td>
</tr>
<tr>
<td><a href="http://www.nasn.org">www.nasn.org</a></td>
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</table>
National Asthma Education and Prevention Program (NAEPP)
National Heart, Lung, and Blood Institute Information Center
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 592-8573
NAEPP materials include:
■ Managing Asthma: A Guide for Schools
■ Asthma Awareness Curriculum for the Elementary Classroom
■ Asthma and Physical Activity in the School
■ Making a Difference: Asthma Management in the School (video)
Internet: www.nhlbi.nih.gov/about/naepp or www.nhlbi.nih.gov

National Pesticide Information Center (NPIC)
(800)858-7378
Information on pesticides/antimicrobial chemicals, including safety and disposal information.
http://npic.orst.edu

National School Boards Association
School Health Programs
1680 Duyke Street
Alexandria, VA 22314-3493
(703) 838-NSBA
Fax: (703) 783-7590
www.nsba.org

New York Department of Health Bureau of Environmental and Occupational Disease Epidemiology,
Guidelines on assessment and remediation of fungi in indoor environments.
(212)788-4290

Pedipress Publications
Publications:
Dr. Tom Plaut’s Asthma Guide
One-Minute Asthma
El asma en UN minuto
Asthma Peak Flow Diary
Asthma Signs Diary
Asthma Charts and Forms CD-ROM (Windows and Mac)
Winning Over Asthma
Fax (413) 549-4095
www.pedipress.com

Sierra Club North Star Chapter
2327 East Franklin Ave. Suite 1
Mpls, MN 55406-1024
(612) 659-9124
Fax 612-659-9129
Environmental information, i.e. Air quality and School Bus Idling
http://www.northstar.sierraclub.org/

SchoolAsthmaAllergy.com
Schering-Plough Cares website featuring useful tools and information to empower all those caring for school-aged children with asthma and allergies.
www.schoolasthmaallergy.com
Sustainable Resource Center
SRC operates programs in the Twin Cities metropolitan area and throughout Minnesota. Contact Megan Curran for further information.
(612) 870-4255
http://www.src-mn.org/SRC_HOME_Absolute.htm

University of Minnesota, Department of Environmental Health and Safety
(612)626-5804
Managing water infiltration into buildings.
http://www.dehs.umn.edu/iaq/flood.html

University of Wisconsin Extension Service
Help Yourself to a Healthy Home: Protect Your Children’s Health
English Version:
Spanish Version:
http://www.uwex.edu/healthyhome/bookespanol.html

U.S. Department of Education
Office for Civil Rights, Customer Service Team
Mary E. Switzer Building
330 C Street, S.W.
Washington, DC 20202-1328 (800) 421-3481 or (202) 205-5413
www.ed.gov/offices/OCR/

U.S. Environmental Protection Agency (EPA)
Indoor Environments Division
401 M Street, S.W. (6604J)
Washington, DC 20460
(202) 233-9370

Indoor Air Quality Information Clearinghouse
Phone: (800) 438-4318 or (703) 356-4020
Fax: (703) 356-5386
Email: iaqinfo@aol.com
Indoor air related documents, answers to Indoor Air Quality (IAQ) questions, maintain listing of State IAQ contacts, and regional EPA Contacts.
www.epa.gov/children/asthma.htm

Tools for Schools
http://www.epa.gov/iaq/schools/tools4s2.html

Indoor Air Quality (IAQ) Home Page
http://www.epa.gov/iaq

Mold Resources
http://www.epa.gov/iaq/molds/moldresources.html

Mold Remediation in Schools and Commercial Buildings
http://www.epa.gov/iaq/molds/mold_remediation.html

Triggers : Clear your home of Asthma Triggers
English Version: http://www.epa.gov/asthma/images/asthma.trifold.pdf
Spanish Version: http://www.epa.gov/asthma/images/asthma.trifold.spanish.pdf
Children’s Books
Available to order through bookstores:
- The ABC’s of Asthma by Kim Gosselin, JayJo Books (ages 5 – 7)
- All About Asthma by William Ostrow and Vivian Ostrow (ages 7 – 11)
- The Babysitter’s Club: Welcome to the BSC, Abby by Ann M. Martin (ages 11 – 15)
- I’m Tougher Than Asthma by Alden R. Carter and Siri M. Carter (ages 5 – 10)
- Jackie Joyner-Kersee: Champion Athlete (ages 13 – 17)
- The Lion Who Had Asthma by Jonathan London (ages 5 – 7)
- Once Upon a Breath: the story of a wolf, 3 pigs and asthma by Aaron Zevy, Tumbleweed Press
- The Respiratory System by Darlene Stille, Children’s Press
- Sporterexercise! By Lim Gosselin (Teachers and Children ages 6 – 9)
- Taking Asthma to School by Kim Gosselin, JayJo Books (Teachers and Children ages 6 – 9)
- ZooAllergy by Kim Gosselin, JayJo Books (ages 6 – 9)

Medical Equipment Suppliers:
Respironics
Asthma and allergy products:
- Peak Flow Meters
- Peak Flow Flexible mouthpieces one-way valve safety mouthpieces (#REF HS714-200)
- Valved Holding Chambers and spacers
  41 Canfield Rd
  Cedar Grove, NJ 07009-1201
  (800) 962-1266
  www.respironics.com

Resources, including websites, are mentioned in this guide as suggestions and examples and are only a few of the many resource materials available. Listings of materials and resources in this guide should not be construed or interpreted as an endorsement by the Minnesota Department of Health or of any private organization or business listed herein.