



# PowerPoint® Resources for Training School Staff

**T**he following presentations are available on the CD and the MDH Asthma Program website at: <http://www.health.state.mn.us/divs/hpcd/cdee/asthma/>  
Click on "School Health"



### **Asthma Basics**

Training presentation for up to one-hour in-service seminars for any level participant. Appropriate for mixed audience of teachers, custodians, food service, PE teachers etc. We suggest providing a copy of the Asthma Basics section from this manual to each member of the audience.

### **Asthma Basics for Coaches**

Training presentation approximately one hour in length providing asthma basics and actions for Coaches and all individuals responsible for sporting activities. Appropriate for all levels and types of coaches associated with grades K through 12. We suggest providing a copy of the Coaches section from this manual to each member of the audience.

### **Asthma in the School Environment**

Basic indoor and outdoor environmental information and suggestions appropriate for short presentation (approx. 25 minutes). Appropriate for mixed audience with special emphasis on school administrators, custodians and teachers. We suggest providing a copy of the Administrators, and Custodians sections from this manual to each member of the audience.

Can be used as a complimentary educational resource to the EPA's "Tools for Schools" program.

### **Asthma Basics for Physical Education teachers**

Training presentation geared toward asthma basics, information and suggested steps specific to PE teachers. Presentation length from 30 to 40 minutes. Appropriate for PE teachers, Playground Assistants or any individual responsible for children in the physical education setting.

We suggest providing a copy of the Coaches and Playground Assistants sections from this manual to each member of the audience. It may also be appropriate to provide a copy of the Teachers section depending on the audience makeup.



## **MDH – Managing Asthma in Minnesota Schools Training PowerPoint®:**

### **I. Introduction to Asthma –**

- a. MN asthma statistics
- b. Asthma basics- what is asthma?
- c. Handling acute asthma episodes
- d. What causes asthma?
- e. EIA (exercise induced asthma)
- f. Diagnosing and assessing asthma (Medical providers steps)
- g. NHLBI guidelines/severity levels
- h. Assessing asthma in the school health office

### **II. Medication Overview-**

- a. MN inhaler law
- b. Controllers
- c. Long Acting Beta Agonists
- d. Leukotriene Modifiers
- e. Relievers

### **III. Controlling Asthma-**

- a. Medical management & environmental management
- b. Asthma action plans & zones
- c. Environmental Management
- d. Nurses role in managing asthma
- e. Communication
- f. Tools available in the manual
- g. Care coordination and education

This is a 6-8 hour training program formatted to provide a comprehensive overview of asthma, the school nurses role when providing care to a child who has asthma and what resources and processes should be considered when providing health care services. Portions of this program may be altered to fit a certain individual educational need or used in its entirety when teaching other LSN's. We suggest you either copy the manual from the CD provided or contact MDH Asthma program staff to obtain further copies of the manual. MDH will provide copies of the manual (one per school) to Health Office staff who have attended a full 6-8 hour training session.

PowerPoint® is a registered trademark of Microsoft® Corporation.