



COVID-19 TESTING RECOMMENDATIONS

Situation	Recommendation
Symptoms of COVID-19	Get tested right away, even if you have been vaccinated and/or had a prior COVID-19 infection.
Close contact or Exposure	Get tested five full days (on day six) after you were around someone with COVID-19.
Attend indoor event or gathering	Test on the day of an indoor gathering or event, as close to the time of the event as possible, especially if you will be around people who are immunocompromised, at risk of severe disease, or older adults. Do not attend a gathering if you have symptoms of COVID-19, regardless of the test result. Following any event, test immediately if you develop symptoms. If you had close contact with someone with COVID-19, test five full days after the event (test on day six).
Around high risk or immunocompromised person	Consider getting tested before you spend time with them and consider wearing a mask when around them.
People who are immunocompromised	Talk to your health care provider.

Travel*	Before travel	After travel
Domestic travel	Consider testing as close to departure and return flights as possible but no more than 3 days before travel.	Get tested after travel if you were in situations with greater risk of exposure to COVID-19 (for example, being in crowded places while not wearing a high-quality, well-fitting mask).
International travel**	Consider testing as close to departure and return flights as possible but no more than 3 days before travel.	Get tested 3-5 days after travel.

*CDC recommends that travelers are up to date on all recommended COVID-19 vaccines before travel. People who had confirmed COVID-19 in the past 30 days do not need to test unless they have symptoms. People with symptoms of COVID-19 should not travel.

** Some countries and airlines may require testing prior to travel. Check airline requirements and the requirements of your destination and any layovers before you travel.