



Addressing Diabetes Through Community Solutions for Healthy Food Access: RFP Information Session

May 9, 2024

- Diabetes Funding Opportunity
 - <https://www.health.state.mn.us/diseases/diabetes/resources/index.html>
- Keep cameras off
- Stay on mute for the duration of the session
- Please add your questions to the chat throughout the presentation

Diabetes Resources and Opportunities

Request for Proposals: Addressing Diabetes Through Community Solutions for Healthy Food Access

Applications now open!

Overview

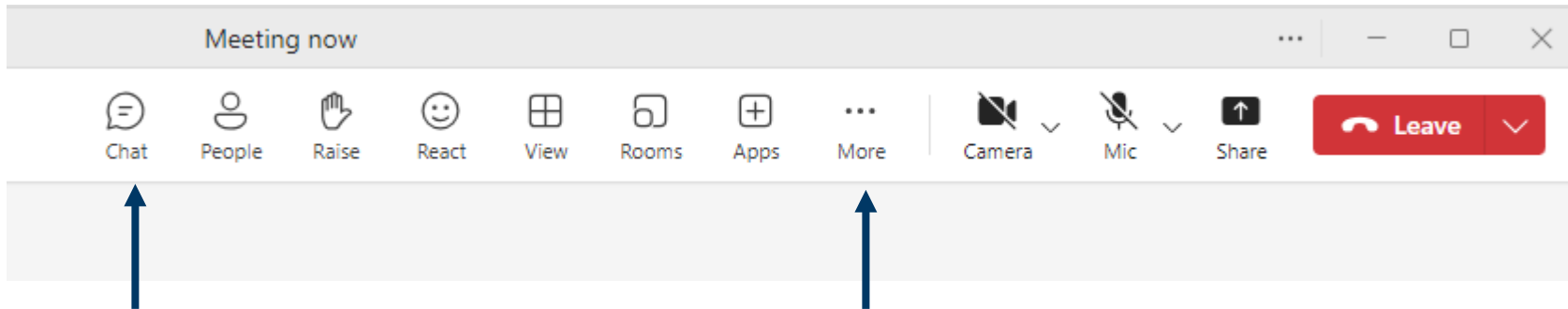
The MDH Diabetes and Health Behavior Unit seeks community-based proposals to address food and nutrition security for people with diabetes or prediabetes.

Project proposals should implement activities that help achieve outcomes outlined in [Minnesota's Action Plan to Address Cardiovascular Disease, Stroke, and Diabetes 2035 \(MN 2035 Plan\)](#). Applicants will be asked to describe how they will pilot or expand innovative models that address food and nutrition security among people who are disproportionately affected by prediabetes and diabetes.

Important Dates

- May 9, 2024: Informational webinar
- May 29, 2024: Last day to submit RFP questions
- June 12, 2024: Proposals due
- August 2024: Award applicants
- Oct. 1, 2024 or when grant is fully executed: Grant begins
- June 30, 2026: Grant ends

Navigating Teams



- Live caption settings
 - On: Select More-> Language and speech->Turn on live captions
 - Off: Select More-> Language and speech->Turn off live captions
- Use the chat to submit questions

Agenda

- 11:00 – 11:05 a.m. Welcome and staff introductions
- 11:05 – 11:15 a.m. Program history and overview
- 11:15 – 11:35 a.m. Grant Request for Proposal (RFP)
- 11:35 – 11:45 a.m. Application Process and Instructions
- 11:45 - 12:00 p.m. Question & Answer



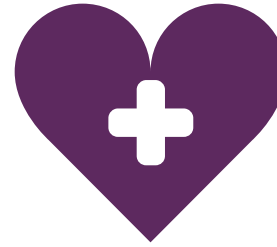
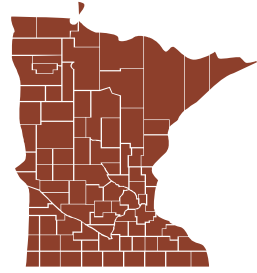
Diabetes Program Overview and History

Teresa Ambroz, Diabetes and Health Behavior Unit Manager

Georgie Kinsman, Diabetes and Arthritis Evaluator

Bridget Ideker, Diabetes Planner

We work to advance health equity and reduce health disparities in Minnesota.



We develop, implement, and support culturally respectful programs designed to reduce the burden of chronic diseases & disability.

Center for Health Promotion

We collect, share, and use data and best practices to inform actions at the community, state, and national levels.

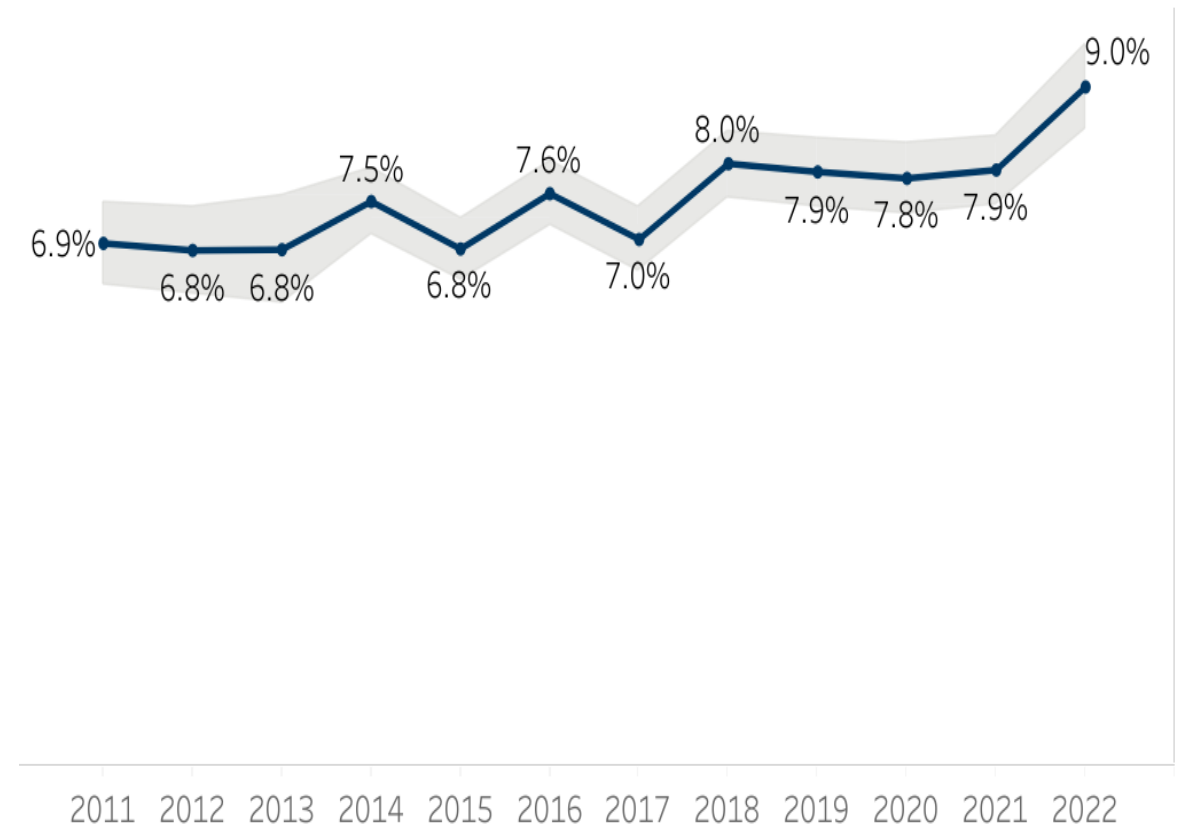


We address social determinants of health in our work and collaborate with diverse partners to strengthen impact.

Diabetes Trends

- Overall prevalence of diabetes has increased in Minnesota over the past few decades (9%)
- Type 2 diabetes cases nearly doubled among US youth between 2001 and 2017
- One in three people have prediabetes
- Diabetes disproportionately impacts some communities more than others
- Visit our interactive dashboard for diabetes, race/ethnicity and SDOH data:
<https://www.health.state.mn.us/diseases/chronic/cdprevdata.html>

Age-Adjusted Percent of People with Diabetes by Year



Minnesota Department of Health (MDH) Diabetes Program

CDC Funded Approaches to Advance Health Equity:

- Prevent diabetes in children and adults
- Improve diabetes care
- Increase screening for prediabetes, diabetes, chronic kidney disease and diabetic retinopathy
- Increase access to culturally appropriate education and resources
- Address social determinants of health (SDOH)



MINNESOTA'S ACTION PLAN TO ADDRESS CARDIOVASCULAR DISEASE, STROKE, AND DIABETES 2035

Reducing Disparities, Removing Barriers to Good Health, and Increasing Quality Care



Together we can create conditions
where all Minnesotans can thrive



This plan is intended for all
Minnesotans.

Any organization can identify areas
of focus and work towards
outcomes independently, or in
partnership with others.

Document

A PDF document with outcomes, strategies, and imbedded video success stories.



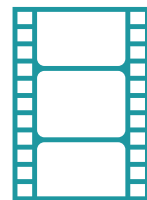
Website

[Health.state.mn.us/2035plan](https://health.state.mn.us/2035plan)



Success Stories

Series of videos and written stories highlighting existing work that aligns with the MN 2035 Plan. Found in document, on website, and on a YouTube playlist.



Resources

A toolkit for communities to disseminate information about the MN 2035 Plan.

A communications toolkit to assist in communicating and promoting the MN 2035 Plan.



Reducing disparities, removing barriers to good health, and increasing quality care.





Grant Request for Proposal

RFP Timeline

Date	Event
April 24	RFP released
May 29	Last day to submit RFP questions
June 12, 11:59 p.m.	Proposals due
August	Notice of funding decisions
October 1	Grant begins
June 30, 2026	Grant ends

Funding through June 30, 2026	Estimate
Estimated amount to grant	\$50,000 annually
Estimated number of awards	2-4
Estimated range of award amounts	\$12,500-\$25,000 annually

Eligible applicants may include, but are not limited to:

- Community-based organizations
- Nonprofit organizations
- Faith-based organizations
- Tribal governments
- Social service organizations
- Clinics or health care organizations
- Local government agencies

Priority Applicants

This grant will serve people who experience food and nutrition insecurity, with an emphasis on reaching populations at higher risk of prediabetes or diabetes, including:

- U.S. born and other African American/Black communities
- American Indian communities
- Asian/Pacific Islander communities
- Hispanic/Latino/Latina/Latine communities
- People living with disabilities
- Rural communities

For this RFP, MDH will fund at least one organization that serves U.S. born Black/African Americans or American Indians*, and at least one organization that serves Greater Minnesota.

***Note:** One organization could fulfill both requirements (i.e. an organization serving American Indians in Greater Minnesota)

Definition of Terms

- Food and nutrition security:
 - Having reliable access to enough high-quality food to avoid hunger and stay healthy
- Food sovereignty:
 - The ability of communities to determine the quantity and quality of the food that they consume by controlling how their food is produced and distributed.

Program Background

- American Indian Minnesotans report having diabetes at the highest rate among all racial and ethnic groups. More than 15% of American Indian Minnesotans report having diabetes, compared to 9% of all Minnesota adults.
- More than 3 out of 4 Minnesotans living in rural areas have household incomes below the statewide median income. Counties in Greater Minnesota are more likely to rank lower on the Food Environment Index* than counties in the 7-county metro.
- Minnesota ranks 7th worst in the nation for access to healthy foods.
- Nationwide, adults who experience food or nutrition insecurity are 2-3 times more likely to have diabetes.
- In 2020, 25% of Black households were food insecure, compared to 4% of white households.

Eligible Projects

- Improve access and availability of appealing, affordable, safe, healthy, culturally appropriate foods and beverages
- Decrease access and intake of unhealthy foods and beverages
- Focus on improving health in populations (children and/or adults) disproportionately impacted by prediabetes and diabetes
- Utilize sustainable approaches such as establishing systems to connect people to food and nutrition information, education and support services.

Food Environment

- Higher access to healthy foods is associated with lower rates of type 2 diabetes
 - Grocery stores
 - Full-service restaurants
- Higher access to unhealthy foods is associated with higher rates of type 2 diabetes
 - Convenience stores
 - Fast-food restaurants



Eligible Activities

Activities including, but not limited to those that:

- Build organizational capacity to support food and nutrition security among organizations serving populations disproportionately impacted by prediabetes and diabetes. (e.g. systems to connect people to food supports, food Rx)
- Increase understanding of how nutrition, and food access and security can help prevent type 2 diabetes and support diabetes management.
- Establish and implement organizational policies to create healthier food environments.

Mandatory Project Requirements

Applicants must:

- Link activities to at least one outcome from Minnesota's Action Plan to Address Cardiovascular Disease, Stroke and Diabetes (MN 2035 Plan)
- Demonstrate a commitment to community engagement in the proposed project

Minnesota's Action Plan to Address Cardiovascular Disease, Stroke, and Diabetes 2035

Reducing disparities, removing barriers to good health, and increasing quality care

Cardiovascular Disease and Diabetes in Minnesota

Cardiovascular disease, stroke, and diabetes have big impacts on Minnesotans and Minnesota's communities. In Minnesota, not everyone has the same opportunity to be healthy. Due to systemic barriers, many communities are hit harder by these conditions.

Created with the support and input of the communities and organizations most impacted by these diseases, Minnesota's Action Plan to Address Cardiovascular Disease, Stroke, and Diabetes 2035 (MN 2035 Plan) is a road map and call to action for communities, health care organizations, community and organizational leaders, and individuals to collaborate to prevent, treat, and manage cardiovascular disease, stroke, and diabetes through 2035.



Community Engagement & Collaboration

- Co-creation of materials, health education, or initiatives
- Actively seeking feedback or guidance from the community that the project aims to serve
- Gathering community members for listening sessions, forums, or planning purposes
- Engaging community members as leadership or guides for project scope
- Supporting outreach events or activities to excite, engage, or connect with community members
- Using community health assessments, surveys, or other existing community-developed resources to guide work

Project outcomes could include but are not limited to:

- Improved food and nutrition security among populations greatly affected by prediabetes and diabetes.
- Decreased access of unhealthy foods and/or beverages.
- Increased collaboration to support healthy food and nutrition access.
- Increased awareness of nutrition for health and well-being, including for diabetes management or prevention.
- Improved policies or infrastructure to support nutrition and food security.
- Increased capacity to support food and nutrition security among populations disproportionately affected by prediabetes and diabetes.

With support and technical assistance from MDH, all awarded grantees will be required to:

- Develop relevant and meaningful evaluation measures
- Report on activities and measures on given timeline:

Due Date	Report Type
June 30, 2025	Year 1 Annual Report
January 31, 2026	Year 2 Progress Report
June 30, 2026	Year 2 Annual Report/Final Report





Application Process and Instructions

Application Requirements

You must submit all the following for your application to be considered complete:

1. Application Form
2. Work Plan
3. Budget
4. Due Diligence Review Form
5. Conflict of Interest Disclosure Form

Application Instructions

- Submit via email to health.diabetes@state.mn.us
- Subject line: “RFP Application – [lead organization name]”
- Received no later than Wednesday, June 12 by 11:59 p.m. CT
- Plan ahead. Please do not wait! MDH cannot make exceptions for technical issues, illness, etc.

Once you submit your application

MDH will send all applicants an email to inform them the application was received.

- NOTE: This email will not indicate whether the application is complete or incomplete; it will only acknowledge receipt of materials.

All applicants will be contacted by August with their award status, and if funded, the amount of funding.

Application Review and Selection Process

MDH will make final decisions on all applications and will balance the recommendations by the review team with other factors, including but not limited to:

- Review committee scores
- Range of projects covering geographic areas
- Range of projects reaching different communities in Minnesota
- Total funding available

Application Scoring

Numerical scoring system out of 100 possible points (**see: Attachment B: Scoring criteria**)

- Demographics (5 points)
- Organizational Capacity & Values (25 points)
- Project Narrative (20 points)
- Community Engagement & Collaboration (15 points)
- Evaluation & Impact (15 points)
- Work Plan (10 pts)
- Budget (10 pts)



The image shows a document titled "Attachment B: Grant Application Scoring Criteria" from the Minnesota Department of Health. It includes an overview of the numerical scoring system and a rating table. The table has two columns: "Rating or Score" and "Description".

Rating or Score	Description
Excellent or 5	Outstanding level of quality, significantly exceeds all aspects of the minimum requirements, high probability of success, no significant weaknesses
Very Good or 4	Substantial <u>promise</u> , meets in all aspects and in some cases exceeds, the minimum requirements, good probability of success, no significant weaknesses
Good or 3	<u>Satisfies</u> meets minimum requirements, probability of success, significant weaknesses, but correctable
Marginal or 2	Lack of essential information, low probability for success, significant weaknesses, but correctable
Unsatisfactory or 1	Fails to meet minimum requirements, little likelihood of success, needs major revision to make it acceptable
Blank/did not answer or 0	Did not answer the question or offered no response

Applicants are *strongly encouraged* to score their own application prior to submitting

Submitting Questions to MDH

Future questions must be submitted in writing to health.diabetes@state.mn.us; subject line “RFP Question”.

Questions and answers will be posted on the RFP webpage within 7 business days. Please submit questions **no later** than 4:30 p.m. Central Standard Time on May 29, 2024.

A hand holding a glowing lightbulb with gears floating around it, symbolizing ideas and questions. The background is a blurred image of a person's hands holding the lightbulb, with several white gears of various sizes floating around it. The word "Questions?" is written in a bold, dark blue font in the center of the image.

Questions?

Thank You!

MDH Diabetes and Health Behavior Unit

health.diabetes@state.mn.us