

Developmental and Mental Health Screening Instruments for Child and Teen Checkups (C&TC) Visits in Minnesota

This table lists recommended developmental and social-emotional or mental health screening instruments. These are validated parent-report tools commonly used in primary care settings. More screening and referral information is available at the following websites.

For **developmental and social-emotional screening recommendations for 0-5 years of age** refer to [Developmental and social-emotional screening of young children \(0-5 years of age\) in Minnesota \(www.health.state.mn.us\)](http://www.health.state.mn.us). **Referral resources:** For *developmental* concerns, make a referral directly to the local school district or via www.HelpMeGrowMN.org to determine eligibility for early childhood special education services. For *social-emotional or behavioral* concerns, add a referral to an early childhood mental health professional. A map and list of [statewide agencies](http://www.health.state.mn.us) is available on the Minnesota Department of Human Services (DHS) [Early Childhood Mental Health System of Care website \(https://mn.gov\)](https://mn.gov).

For **autism-specific screening**, refer to American Academy of Pediatrics recommendations. A recommended tool is the [Modified Checklist for Autism in Toddlers, Revised with Follow-up \(M-CHAT-R/F\)](http://www.aap.org), available online.

For **mental health screening for 6-20 years of age**, refer to the C&TC section of [Children’s mental health screening \(www.dhs.state.mn.us\)](http://www.dhs.state.mn.us). Link to the list of all recommended [mental health screening instruments](http://www.dhs.state.mn.us) and the [table](http://www.dhs.state.mn.us) with more detailed psychometric information. **Referral resources:** a map and list of [school-linked mental health agencies](http://www.dhs.state.mn.us) across Minnesota is available on the DHS [school-linked mental health services website \(https://mn.gov/dhs\)](https://mn.gov/dhs).

For **postpartum screening recommendations** for the infant’s C&TC visit, refer to the [MHCP Provider Manual, C&TC Section \(www.dhs.state.mn.us\)](http://www.dhs.state.mn.us). For clinical resources, refer to [Perinatal Mental Health – Information for Health Professionals \(www.health.state.mn.us\)](http://www.health.state.mn.us).

Instrument title	Screens for	0-5 years	6-11 years	12-20 years	Postpartum
Ages and Stages Questionnaires, 3rd ed. (ASQ-3)	General development	Yes			
Parents’ Evaluation of Developmental Status (PEDS)	General development	Yes	6-7 yrs		
Ages and Stages Questionnaires: Social-Emotional, 2nd ed. (ASQ:SE-2)	Social-emotional development	Yes			
Pediatric Symptom Checklist 35 items (PSC) or Youth Self-Report 35 items (PSC-Y)	General mental health	PSC: 4-5 yrs	PSC: 6-11 yrs PSC-Y: 11 yrs	PSC and PSC-Y: 12-18 yrs	
Pediatric Symptom Checklist 17 items (PSC-17): parent report only (youth report is not validated)	General mental health	4-5 yrs	Yes	12-16 yrs	
Global Appraisal of Individual Needs (GAIN-SS)	General mental health and substance use			12 yrs and older	
Beck Depression Inventory II (BDI-II)	Depression			13 yrs and older	Yes
Children’s Depression Inventory II (CDI-2)	Depression		7-17 yrs	7-17 yrs	
Kutcher Adolescent Depression Scale (KADS)	Depression			12-17 yrs	
Patient Health Questionnaire (PHQ-9)	Depression			13 yrs and older	Yes
Patient Health Questionnaire (PHQ-9) - Modified for Teens	Depression			12-18 yrs	Yes, in age range
Patient Health Questionnaire (PHQ-2)	Major depression			12 yrs and older	
Edinburgh Postnatal Depression Scale (Edinburgh or EPDS)	Depression				Yes

Revised 1/2018. The Child and Teen Checkups (C&TC) program is administered through a partnership between the Minnesota Department of Human Services and the Minnesota Department of Health. For more information or a different format, call 651-201-3760 or email health.childteencheckups@state.mn.us.