

# Family Tree Clinic

TWIN CITIES METRO-AREA

## Objectives

- Provide youth 14-19 currently involved with, or at risk of becoming involved with, the criminal justice system with sexual health education sessions using the SHARP curriculum.
- All youth participating in SHARP curriculum sessions and supplement classes will receive appropriate referrals to additional resources and partner agencies
- Family Tree Clinic will provide education to parents, caregivers and youth workers on healthy relationships, healthy adolescent development and youth workers on healthy relationships, and youth development through ongoing activities that will bolster and enhance the understanding of STI/HIV and pregnancy prevention
- Family Tree Clinic will engage in targeted outreach efforts to identify and develop sustained relationships with community partners.

## Curriculum

### Sexual Health and Adolescent Risk Prevention (SHARP)

This four hour, single-session, group-based intervention is designed to reduce sexual risk behaviors among high-risk adolescents in juvenile detention facilities. The program is delivered in small groups of up to 10 youth and seeks to increase condom use and reduce alcohol-related sexual risk behavior. Overall, [SHARP](#) program goals are to deepen STI/HIV knowledge, improve correct condom use, reduce sexual risks and alcohol use and set long-term goals to utilize knowledge and skills learned during the session.

## Accomplishments

- Teach all students at the Ramsey County Juvenile Detention Center each quarter, practicing with condoms and other skills necessary to prevent HIV and other STIs.
- Lead annual training sessions for all Juvenile Corrections Officers at the Ramsey County facility so they can better support the kids when issues regarding sexuality arise.
- Hold weekly sessions for homeless youth at Wilder and LGBT homeless Youthlink.
- Facilitate parent groups to help foster communication about healthy sexuality within families.

## Populations Receiving SHARP Curriculum

- Youth in the Juvenile Justice System
- Youth of Color
- Homeless Youth
- Transgender Youth
- Youth in Alternative Learning Centers

**Gabriel McNeal, PREP State Coordinator | [gabriel.mcneal@state.mn.us](mailto:gabriel.mcneal@state.mn.us)**

For more information: [Minnesota Department of Health – MN PREP Website](#)

To obtain this information in a different format, call: 651-201-3623. Printed on recycled paper.

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