

Fish Consumption Guidelines for the General Population, Rivers



RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BASSETT CR. Hennepin Co.	White Sucker	All sizes				
BIG FORK R. Koochiching Co.	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLACKDUCK R. Beltrami Co.	Walleye		All sizes			Mercury
BLACKHOOF R. Carlton Co.	Brook Trout	All sizes				
	Brown Trout		All sizes			Mercury
BLUE EARTH R. above Rapidan Dam	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
below Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
BOIS DE SIOUX R. Wilkin Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
BUFFALO CR. McLeod Co.	Carp		All sizes			Mercury
BUFFALO R. Clay Co.	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
CANBY CR. Yellow Medicine Co.	White Sucker	All sizes				

Notes:

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CANNON R.						
Fairbault to Northfield	Carp	All sizes				
	White Sucker	All sizes				
Northfield to Bylesby Res.	Carp	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Byllesby Res. to Mississippi R.	Carp			All sizes		Mercury PCBs
	Rock Bass	All sizes				
	Smallmouth Bass	All sizes				
	Walleye	All sizes				
CEDAR R.						
above Mill Pond Dam, Austin	Bullhead		All sizes			Mercury
	Carp	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	River Carpsucker		All sizes			Mercury
	White Sucker	All sizes				
below Mill Pond Dam, Austin	Carp		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass	All sizes				
	White Sucker		All sizes			Mercury
Carp from this river contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. You can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.						
CENTER CR.						
Martin Co.	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	White Sucker	All sizes				
CHIPPEWA R.						
Chippewa Co.	Carp	All sizes				
	Northern Pike	All sizes				
	Walleye	All sizes				

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CLEARWATER R. Red Lake Co.	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
CLOQUET R. St. Louis Co.	Bluegill Sunfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
COLD SPRING BR. Wabasha Co.	Brown Trout	All sizes				
COTTONWOOD R. Brown Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Freshwater Drum	All sizes				
	Quillback	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CROOKED CR. Pine Co.	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
CROW R. Wright Co.	Carp		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
CROW R., N FORK Wright Co.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury

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CROW R., S FORK Wright Co.	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CROW WING R. Cass Co.	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
DARK R. St. Louis Co.	Brook Trout	All sizes				
	Brown Trout	All sizes				
DES MOINES R. Jackson Co.	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
DES MOINES R., W FORK Jackson Co.	Buffalo	All sizes				
	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Walleye		All sizes			Mercury
EAST INDIAN CR. Wabasha Co.	Brook Trout	All sizes				
ELK R. Sherburne Co.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
EMBARRASS R. St. Louis Co.	Burbot		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury

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FORT RIDGELY CR. Renville Co.	Brown Trout	All sizes				
	White Sucker	All sizes				
GARVIN BROOK Winona Co.	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
GILMORE CR. Winona Co.	Brown Trout	All sizes				
GOOSEBERRY R. Lake Co.	Brook Trout	All sizes				
GRAND PORTAGE CR. Cook Co.	Brook Trout	All sizes				
HAWK CR. Renville Co.	Carp	All sizes				
	Walleye		All sizes			Mercury
HAY CR. Goodhue Co.	Brown Trout	All sizes				
	White Sucker	All sizes				
HIGH ISLAND CREEK Sibley Co.	White Sucker	All sizes				
JOHNSON R. St. Louis Co.	Crayfish	All sizes				
JUNCO CR. Cook Co.	Brook Trout	All sizes				
KABEKONA R. Hubbard Co.	Brook Trout	All sizes				
KETTLE R. Pine Co.	Channel Catfish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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KIMBALL CR. Cook Co.	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
KNIFE R. Lake Co.	Brook Trout	All sizes				
LAC QUI PARLE R. Lac Qui Parle Co.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
LE SUEUR R. Blue Earth Co.	Buffalo		All sizes			Mercury
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
LEAF R. Wadena Co.	Walleye	All sizes				
	White Sucker	All sizes				
LEECH LAKE R. Cass Co.	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
LESTER R. St. Louis Co.	Brown Trout	All sizes				
	Rainbow Trout		All sizes			Mercury
LITTLE FORK R. Koochiching Co.	Northern Pike		All sizes			Mercury
	Quillback		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury PCBs
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LITTLE KNIFE R., WEST BRANCH Lake Co.	Brook Trout	All sizes				

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LONG PRAIRIE R. Todd Co.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
LUXEMBURG CR. Stearns Co.	Brown Trout	All sizes				
MANITOU R. Lake Co.	Brook Trout	All sizes				
MARSH R. Norman Co.	Bluegill Sunfish	All sizes				
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
MILL CR. Fillmore Co.	Brown Trout	All sizes				
	White Sucker	All sizes				
MILLER CR. St. Louis Co.	Brook Trout	All sizes				
	Brown Trout		All sizes			PFOS
Wabasha Co.	Brown Trout	All sizes				

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MINNESOTA R. above Granite Falls	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Bass	All sizes				
below Granite Falls	Bluegill Sunfish	All sizes				
	Buffalo		All sizes			Mercury
	Carp	All sizes				
	Channel Catfish		All sizes			PCBs
	Flathead Catfish		shorter than 35"	35" or longer		Mercury PCBs
	Freshwater Drum		All sizes			Mercury
	Quillback	All sizes				
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Bass		All sizes			Mercury PCBsPFOS
	White Sucker	All sizes				

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MISSISSIPPI R.						
Lake Itasca to Ottertail Power Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Yellow Perch	All sizes					
Ottertail Power Dam to Knutson Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	White Sucker		All sizes			Mercury
Yellow Perch	All sizes					
Knutson Dam to Cohasset Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Yellow Perch		All sizes			Mercury	
Grand Rapids Dam to Brainerd Dam	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sunfish		All sizes			Mercury
Walleye		shorter than 19"	19" or longer		Mercury	

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MISSISSIPPI R.						
Grand Rapids Dam to Brainerd Dam	White Sucker	All sizes				
Brainerd Dam to Little Falls Dam	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Stearns Co.	Redhorse Sucker		All sizes			Mercury PCBs
	Smallmouth Bass	All sizes				
Morrison Co.	Walleye		All sizes			Mercury
Little Falls Dam to Blanchard Dam	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
Blanchard Dam to Sartell Dam	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Sartell Dam to St. Cloud Dam	Carp	All sizes			
Channel Catfish		All sizes				
Crappie		All sizes				
Northern Pike			All sizes			Mercury
Redhorse Sucker		All sizes				
Rock Bass				All sizes		Mercury

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Sartell Dam to St. Cloud Dam	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
St. Cloud Dam to Coon Rapids Dam	Bluegill Sunfish	All sizes				
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Coon Rapids Dam to St. Anthony Falls	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury PCBs
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury PCBs
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
St. Anthony Falls to Ford Dam, Pool 1	Carp		All sizes			Mercury PCBs
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
Ford Dam to Hastings Dam, Pool 2	Bluegill Sunfish		All sizes			PFOS
	Buffalo		All sizes			PCBs
	Carp			All sizes		PCBsPFOS
	Channel Catfish	All sizes				
	Crappie		All sizes			PFOS
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum		All sizes			PFOS
	Northern Pike	All sizes				
	White Bass			All sizes		Mercury PCBsPFOS
Hastings Dam to Red Wing, Pool 3	Bluegill Sunfish		All sizes			PFOS
	Buffalo			All sizes		Mercury PCBs

Fish near Lock and Dam No. 2 may have higher levels of PFOS than those in other areas of Pool 2. See MPCA report for more information. <http://www.pca.state.mn.us/index.php/view-document.html?gid=19516>

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MISSISSIPPI R. Hastings Dam to Red Wing, Pool 3	Carp			All sizes		Mercury PCBsPFOS
	Channel Catfish			All sizes		PCBs
	Crappie		All sizes			PFOS
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury
	Largemouth Bass		All sizes			Mercury PFOS
	Northern Pike		All sizes			PFOS
	Quillback			All sizes		Mercury PCBs
	Sauger		All sizes			Mercury PFOS
	Smallmouth Bass		All sizes			Mercury PFOS
	Walleye		All sizes			Mercury PCBsPFOS
White Bass		All sizes			Mercury PCBsPFOS	
Red Wing to Kellogg Dam, Pool 4	Bluegill Sunfish		All sizes			PFOS
	Buffalo			All sizes		Mercury PCBs
	Carp			All sizes		Mercury PCBs
	Channel Catfish			All sizes		PCBs
	Crappie	All sizes				
	Flathead Catfish			All sizes		Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			PFOS
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PFOS
	Walleye		All sizes			PCBsPFOS
	White Bass			All sizes		Mercury PCBsPFOS
	Yellow Perch		All sizes			Mercury
Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Bluegill Sunfish		All sizes			PFOS
	Buffalo		All sizes			PCBs
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			PCBs
	Crappie		All sizes			PFOS
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			Mercury PFOS
	Northern Pike		All sizes			Mercury PFOS
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PFOS
	Walleye		All sizes			Mercury PFOS

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MISSISSIPPI R.						
Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	White Bass			All sizes		Mercury PCBs
	Yellow Perch	All sizes				
LaMoille Dam to Reno Dam, Pools 7 & 8	Bluegill Sunfish	All sizes				
	Bowfin		All sizes			Mercury
	Buffalo		All sizes			PCBs
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			Mercury PCBs
	Largemouth Bass		All sizes			Mercury PCBs
	Northern Pike		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PCBs
	Walleye		All sizes			Mercury
	White Bass		All sizes			Mercury PCBs
	Yellow Perch	All sizes				
Reno Dam to Iowa Border, Pool 9	Bluegill Sunfish	All sizes				
	Bowfin		All sizes			Mercury
	Buffalo			All sizes		PCBs
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Flathead Catfish		All sizes			Mercury PCBs
	Freshwater Drum		All sizes			PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Bass		All sizes			Mercury PCBs
	Yellow Perch	All sizes				
MUSTINKA R.						
Traverse Co.	Carp	All sizes				
	Northern Pike	All sizes				

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NEMADJI R. Carlton Co.	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
PARTRIDGE R. St. Louis Co.	Bluegill Sunfish		All sizes			Mercury
	Bullhead	All sizes				
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
PIGEON R. Cook Co.	Northern Pike		All sizes			Mercury
PINE R. Crow Wing Co.	Northern Pike		All sizes			Mercury
	White Sucker		All sizes			Mercury
PIPESTONE CR. Pipestone Co.	Carp		All sizes			Mercury
POMME DE TERRE R. Stevens Co.	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
RAINY R. Koochiching Co.	Crappie		All sizes			Mercury
	Lake Sturgeon	All sizes				
	Northern Pike		shorter than 31"	31" or longer		Mercury
	Quillback		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				

Notes:

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Fish Consumption Guidelines for the General Population, Rivers

RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
RAMSEY CR. Redwood Co.	Brown Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
RED LAKE R. above Thief River Falls Dam	Crappie	All sizes				
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
below Thief River Falls Dam	Carp		All sizes			Mercury PCBs
	Channel Catfish		All sizes			Mercury
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sauger			All sizes		Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
RED R.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		shorter than 18"	18" or longer		Mercury
REDEYE R. Wadena Co.	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
REDWOOD R. Redwood Co.	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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RIVER NAME

Location	Species	Meal Advice				
		Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
ROCK R.						
Rock Co.	Carp	All sizes				
	Redhorse Sucker		All sizes			Mercury
	White Sucker	All sizes				
ROOT R.						
Fillmore Co.	Brown Trout		All sizes			PCBs
	Carp		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	White Sucker	All sizes				
Houston Co.	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
ROSEAU R.						
Roseau Co.	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
RUM R.						
Anoka Co.	Carp	All sizes				
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
RUSH R.						
Sibley Co.	Channel Catfish		All sizes			Mercury
	Redhorse Sucker	All sizes				
SANDHILL R.						
Polk Co.	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury

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RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
SAUK R. above Melrose Dam	Bluegill Sunfish	All sizes				
	Carp	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	Melrose Dam to Cold Spring	Carp	All sizes			
Melrose Dam to Cold Spring	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	Cold Spring to St. Cloud	Carp	All sizes			
Cold Spring to St. Cloud	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
	SEVEN MILE CR. Nicollet Co.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat
Brown Trout		All sizes				
SHELL ROCK R. Freeborn Co.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			PCBs
	Northern Pike	All sizes				
SNAKE CR. Wabasha Co.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
SNAKE R. Pine Co.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				
SPRING/HINDERMAN CR. Brown Co.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				

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Fish Consumption Guidelines for the General Population, Rivers



RIVER NAME

Location	Species	Meal Advice				Contaminants
		Unrestricted	1 meal / week	1 meal / month	Do Not Eat	
ST. CROIX R. above Stillwater	Bluegill Sunfish	All sizes				
	Buffalo			All sizes		Mercury PCBs
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Mooneye		All sizes			Mercury PCBs
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Bass				All sizes	Mercury PCBs
Stillwater to Mississippi River	Bluegill Sunfish	All sizes				
	Buffalo		All sizes			Mercury PCBs
	Carp			All sizes		Mercury PCBs
	Channel Catfish		All sizes			PCBs
	Crappie	All sizes				
	Freshwater Drum	All sizes				
	Mooneye	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass		All sizes			Mercury PCBsPFOS

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		Unrestricted	1 meal / week	1 meal / month	Do Not Eat	
ST. LOUIS R.						
above Cloquet	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sunfish		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
Cloquet to Fond du Lac Dam	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Fond du Lac Dam to Lake Superior	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Lake Sturgeon	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PCBs
	Sunfish	All sizes				
	Walleye		All sizes			Mercury PCBs
	White Sucker		All sizes			Mercury PCBs
	Yellow Perch		All sizes			Mercury
STONEY BROOK						
Cass Co.	Brook Trout	All sizes				
	Brown Trout	All sizes				
STRAIGHT R.						
Hubbard Co.	Brown Trout	All sizes				
Steele Co.	Carp	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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RIVER NAME

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RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
STURGEON R. St. Louis Co.	Mooneye		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
SUCKER CR. Meeker Co.	White Sucker	All sizes				
SUNRISE R. Chisago Co.	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass	All sizes				
SWAN R. Aitkin Co.	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
SWAN R. St. Louis Co.	Burbot		All sizes			Mercury
TAMARACK R. Marshall Co.	Northern Pike		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
THIEF R. Marshall Co.	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
TOAD R. Otter Tail Co.	White Sucker	All sizes				
	Yellow Perch	All sizes				
TROUT BR. Dakota Co.	Brown Trout	All sizes				
UPPER IOWA R. Mower Co.	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury

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RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
VERMILION R.						
St. Louis Co.	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
VERMILLION R.						
Dakota Co.	Northern Pike	All sizes				
	White Sucker	All sizes				
Goodhue Co.	Carp		All sizes			PCBs
	Crappie	All sizes				
	Northern Pike	All sizes				
	Walleye		All sizes			PCBs
	White Sucker	All sizes				
WARROAD R.						
Roseau Co.	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
WATANWAN R.						
Blue Earth Co.	Carp	All sizes				
	Walleye	All sizes				
WATONWAN R.						
Blue Earth Co.	Carp		All sizes			Mercury
	Channel Catfish	All sizes				
	Walleye		All sizes			Mercury
WELLS CR.						
Goodhue Co.	Brown Trout	All sizes				
	White Sucker	All sizes				
WEST INDIAN CR.						
Wabasha Co.	Brown Trout	All sizes				
	White Sucker	All sizes				
WHITEFACE R.						
St. Louis Co.	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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WHITEWATER R.							
Wabasha Co.	White Sucker	All sizes					
Winona Co.	Brown Trout	All sizes					
	Rainbow Trout	All sizes					
	White Sucker	All sizes					
WILD RICE R.							
Norman Co.	Channel Catfish		All sizes				Mercury
	Redhorse Sucker		All sizes				Mercury
	Walleye			All sizes			Mercury
WILLOW CR.							
Stearns Co.	Brown Trout	All sizes					
YELLOW MEDICINE R.							
Yellow Medicine Co.	Carp	All sizes					
	Smallmouth Bass		All sizes				Mercury
	Walleye		All sizes				Mercury
ZUMBRO R.							
Wabasha Co.	Bass		All sizes				Mercury
	Bluegill Sunfish	All sizes					
	Carp	All sizes					
	Crappie	All sizes					
	Northern Pike		All sizes				Mercury
	Quillback		All sizes				Mercury
	Redhorse Sucker	All sizes					
	Rock Bass		All sizes				Mercury
	Smallmouth Bass		All sizes				Mercury
	Walleye				All sizes		Mercury
	White Bass		All sizes				Mercury
	White Sucker	All sizes					

More information:

See Information at:

MN DNR fishing regulations	http://www.dnr.state.mn.us/regulations/fishing/index.html
PFOS - Perfluorooctane sulfonate	http://www.health.state.mn.us/divs/eh/hazardous/topics/pfcs/index.html
PCBs - Polychlorinated biphenyls	http://www.health.state.mn.us/divs/eh/fish/faq.html
Meal Advice	http://www.health.state.mn.us/divs/eh/fish/eating/meal.html
Mercury	http://www.health.state.mn.us/divs/eh/fish/faq.html
Dioxin	http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins.html

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