

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>BASSETT CR., Hennepin Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
<b>BIG FORK R., Koochiching Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Walleye	-	-	All sizes	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
<b>BLACKDUCK R., Beltrami Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Walleye	-	All sizes	-	-	Mercury
<b>BLACKHOOF R., Carlton Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	-	All sizes	-	-	Mercury
<b>BLUE EARTH R., above Rapidan Dam</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Quillback	-	All sizes	-	-	Mercury
<b>BLUE EARTH R., below Rapidan Dam</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Quillback	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
<b>BOIS DE SIOUX R., Wilkin Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
<b>BUFFALO CR., McLeod Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
<b>BUFFALO R., Clay Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>CANBY CR., Yellow Medicine Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
<b>CANNON R., Fairbault to Northfield</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
<b>CANNON R., Northfield to Byllesby Res.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
<b>CANNON R., Byllesby Res. to Mississippi R.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	-	All sizes	-	Mercury PCBs
Rock Bass	All sizes	-	-	-	-
Smallmouth Bass	All sizes	-	-	-	-
<b>CEDAR R., above Mill Pond Dam, Austin</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bullhead	-	All sizes	-	-	Mercury
Largemouth Bass	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
River Carpsucker	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
<b>CEDAR R., below Mill Pond Dam, Austin</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	PCBs
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	All sizes	-	-	-	-
White Sucker	-	All sizes	-	-	Mercury
<b>CENTER CR., Martin Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bullhead	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>CHIPPEWA R., Chippewa Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Walleye	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

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### CLEARWATER R., Red Lake Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### CLOQUET R., St. Louis Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### COLD SPRING BR., Wabasha Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-

### COTTONWOOD R., Brown Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Quillback	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### CROOKED CR., Houston Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-

### CROOKED CR., Pine Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	All sizes	-	-	-	-
Rainbow Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### CROW R., Wright Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury

### CROW R., N FORK

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### CROW R., S FORK

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### CROW WING R., Cass Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Carp	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury

### DARK R., St. Louis Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	All sizes	-	-	-	-

### DES MOINES R., Jackson Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Redhorse Sucker	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### DES MOINES R., W FORK

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury

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River Name, Location	Meal Advice				
<b>EAST INDIAN CR., Wabasha Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>ELK R., Sherburne Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
<b>EMBARRASS R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Burbot	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
<b>FORT RIDGELY CR., Renville Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>GARVIN BROOK, Winona Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	-	All sizes	-	-	Mercury
<b>GILMORE CR., Winona Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
<b>GOOSEBERRY R., Lake Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>GRAND PORTAGE CR., Cook Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>HAWK CR., Renville Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury

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<b>HAY CR., Goodhue Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>HIGH ISLAND CREEK, Sibley Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
<b>JOHNSON R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crayfish	All sizes	-	-	-	-
<b>JUNCO CR., Cook Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>KABEKONA R., Hubbard Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>KETTLE R., Pine Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	-	All sizes	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
<b>KIMBALL CR., Cook Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Rainbow Trout	All sizes	-	-	-	-
<b>KNIFE R., Lake Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>LAC QUI PARLE R., Lac Qui Parle Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### LE SUEUR R., Blue Earth Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Buffalo	-	All sizes	-	-	Mercury
Carp	-	-	All sizes	-	PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Redhorse Sucker	-	All sizes	-	-	Mercury

### LEAF R., Wadena Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-

### LEECH LAKE R., Cass Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	-	All sizes	-	-	Mercury

### LESTER R., St. Louis Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
Rainbow Trout	-	All sizes	-	-	Mercury

### LITTLE FORK R., Koochiching Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Quillback	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury PCBs
Sauger	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### LITTLE KNIFE R., WEST BRANCH, Lake Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-

### LONG PRAIRIE R., Todd Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

### LUXEMBURG CR., Stearns Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-

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River Name, Location	Meal Advice				
<b>MANITOU R., Lake Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>MARSH R., Norman Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
<b>MILL CR., Fillmore Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>MILLER CR., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	-	All sizes	-	-	PFOS
<b>MILLER CR., Wabasha Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
<b>MINNESOTA R., above Granite Falls</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	All sizes	-	-	-	-
Freshwater Drum	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
<b>MINNESOTA R., below Granite Falls</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Buffalo	-	All sizes	-	-	Mercury
Carp	All sizes	-	-	-	-
Channel Catfish	-	All sizes	-	-	PCBs
Flathead Catfish	-	shorter than 35"	35" or longer	-	Mercury
Freshwater Drum	-	All sizes	-	-	Mercury
Quillback	All sizes	-	-	-	-
Sauger	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Bass	-	All sizes	-	-	Mercury PCBsPFOS
White Sucker	All sizes	-	-	-	-



# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### MISSISSIPPI R., Lake Itasca to Ottertail Power Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bullhead	All sizes	-	-	-	-
Crappie	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Rock Bass	-	All sizes	-	-	Mercury
Sunfish	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
Yellow Perch	All sizes	-	-	-	-

### MISSISSIPPI R., Ottertail Power Dam to Knutson Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bullhead	All sizes	-	-	-	-
Largemouth Bass	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Sunfish	All sizes	-	-	-	-
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

### MISSISSIPPI R., Knutson Dam to Cohasset Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bullhead	All sizes	-	-	-	-
Largemouth Bass	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Rock Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
Yellow Perch	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### MISSISSIPPI R., Grand Rapids Dam to Brainerd Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bullhead	All sizes	-	-	-	-
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Sunfish	-	All sizes	-	-	Mercury
Walleye	-	shorter than 19"	19" or longer	-	Mercury
White Sucker	All sizes	-	-	-	-

### MISSISSIPPI R., Brainerd Dam to Little Falls Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### MISSISSIPPI R., Little Falls Dam to Blanchard Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury PCBs
Crappie	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

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## Meal Advice

### MISSISSIPPI R., Blanchard Dam to Sartell Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Carp	-	All sizes	-	-	Mercury
Channel Catfish	All sizes	-	-	-	-
Crappie	All sizes	-	-	-	-
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

### MISSISSIPPI R., Sartell Dam to St. Cloud Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	All sizes	-	-	-	-
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	PCBs
Rock Bass	-	-	All sizes	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### MISSISSIPPI R., St. Cloud Dam to Coon Rapids Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Carp	-	All sizes	-	-	PCBs
Channel Catfish	-	-	All sizes	-	Mercury PCBs
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Sucker	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### MISSISSIPPI R., Coon Rapids Dam to St. Anthony Falls

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Carp	-	All sizes	-	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury PCBs
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

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### MISSISSIPPI R., St. Anthony Falls to Ford Dam, Pool 1

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### MISSISSIPPI R., Ford Dam to Hastings Dam, Pool 2

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	PFOS
Buffalo	-	All sizes	-	-	PCBs
Carp	-	-	All sizes	-	PCBsPFOS
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	-	All sizes	-	-	PFOS
Flathead Catfish	-	-	All sizes	-	Mercury PCBs
Freshwater Drum	-	All sizes	-	-	Mercury PFOS
White Bass	-	-	All sizes	-	Mercury PCBsPFOS

Fish near Lock and Dam No. 2 may have higher levels of PFOS than those in other areas of Pool 2. See MPCA report for more information. <http://www.pca.state.mn.us/index.php/view-document.html?gid=19516>

### MISSISSIPPI R., Hastings Dam to Red Wing, Pool 3

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	PFOS
Buffalo	-	-	All sizes	-	Mercury PCBs
Carp	-	-	All sizes	-	Mercury PCBsPFOS
Channel Catfish	-	-	All sizes	-	PCBs
Crappie	-	All sizes	-	-	PFOS
Flathead Catfish	-	All sizes	-	-	Mercury PCBs
Freshwater Drum	-	All sizes	-	-	Mercury
Largemouth Bass	-	All sizes	-	-	Mercury PFOS
Northern Pike	-	All sizes	-	-	PFOS
Sauger	-	All sizes	-	-	Mercury PFOS
Smallmouth Bass	-	All sizes	-	-	Mercury PFOS
Walleye	-	-	All sizes	-	Mercury PCBsPFOS
White Bass	-	-	All sizes	-	Mercury PCBsPFOS

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### MISSISSIPPI R., Red Wing to Kellogg Dam, Pool 4

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	PFOS
Buffalo	-	-	All sizes	-	Mercury PCBs
Carp	-	-	All sizes	-	Mercury PCBs
Channel Catfish	-	-	All sizes	-	PCBs
Crappie	-	All sizes	-	-	PFOS
Flathead Catfish	-	-	All sizes	-	Mercury PCBs
Freshwater Drum	-	-	All sizes	-	Mercury PCBs
Largemouth Bass	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	PFOS
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury PFOS
Walleye	-	All sizes	-	-	PCBsPFOS
White Bass	-	-	All sizes	-	Mercury PCBsPFOS
Yellow Perch	-	All sizes	-	-	Mercury

### MISSISSIPPI R., Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	PFOS
Buffalo	-	All sizes	-	-	PCBs
Carp	-	All sizes	-	-	PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	-	All sizes	-	-	PFOS
Flathead Catfish	-	All sizes	-	-	Mercury PCBs
Freshwater Drum	-	All sizes	-	-	Mercury PCBs
Largemouth Bass	-	All sizes	-	-	Mercury PFOS
Northern Pike	-	All sizes	-	-	Mercury PFOS
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury PFOS
Walleye	-	All sizes	-	-	Mercury PFOS
White Bass	-	-	All sizes	-	Mercury PCBs
Yellow Perch	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### MISSISSIPPI R., LaMoille Dam to Reno Dam, Pools 7 & 8

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bowfin	-	All sizes	-	-	Mercury
Buffalo	-	All sizes	-	-	PCBs
Carp	-	All sizes	-	-	PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	All sizes	-	-	-	-
Flathead Catfish	-	All sizes	-	-	Mercury PCBs
Freshwater Drum	-	All sizes	-	-	Mercury PCBs
Largemouth Bass	-	All sizes	-	-	Mercury PCBs
Northern Pike	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury PCBs
Walleye	-	All sizes	-	-	Mercury
White Bass	-	All sizes	-	-	Mercury PCBs
Yellow Perch	All sizes	-	-	-	-

### MISSISSIPPI R., Reno Dam to Iowa Border, Pool 9

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Bowfin	-	All sizes	-	-	Mercury
Buffalo	-	-	All sizes	-	PCBs
Carp	-	All sizes	-	-	PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	All sizes	-	-	-	-
Flathead Catfish	-	All sizes	-	-	Mercury PCBs
Freshwater Drum	-	All sizes	-	-	PCBs
Largemouth Bass	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Bass	-	All sizes	-	-	Mercury PCBs
Yellow Perch	All sizes	-	-	-	-

### MUSTINKA R., Traverse Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-

### NEMADJI R., Carlton Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>NOKASIPPI R., Crow Wing Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Walleye	-	All sizes	-	-	Mercury
<b>PARTRIDGE R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	-	All sizes	-	-	Mercury
Bullhead	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	-	All sizes	-	-	Mercury
<b>PIGEON R., Cook Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
<b>PINE R., Crow Wing Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
<b>PIPESTONE CR., Pipestone Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
<b>POMME DE TERRE R., Stevens Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
<b>PRAIRIE R., Itasca Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### RAINY R.,

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crappie	-	All sizes	-	-	Mercury
Lake Sturgeon	All sizes	-	-	-	-
Northern Pike	-	shorter than 31"	31" or longer	-	Mercury
Quillback	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury PCBs
Rock Bass	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

### RAMSEY CR., Redwood Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
Rainbow Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-

### RED LAKE R., above Thief River Falls Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Crappie	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### RED LAKE R., below Thief River Falls Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Sauger	-	-	All sizes	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury



# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### RED R.,

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	Mercury
Crappie	All sizes	-	-	-	-
Freshwater Drum	-	All sizes	-	-	Mercury
Northern Pike	-	shorter than 25"	25" or longer	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Walleye	-	shorter than 18"	18" or longer	-	Mercury

### REDEYE R., Wadena Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-

### REDWOOD R., Redwood Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Channel Catfish	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### ROCK R., Rock Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Redhorse Sucker	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### ROOT R., Fillmore Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	-	All sizes	-	-	PCBs
Carp	-	All sizes	-	-	Mercury
Rainbow Trout	All sizes	-	-	-	-
Redhorse Sucker	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### ROOT R., Houston Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### ROSEAU R., Kittson Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	-	All sizes	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	-	All sizes	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### RUM R., Anoka Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### RUSH R., Sibley Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-

### SANDHILL R., Polk Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### SAUK R., above Melrose Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### SAUK R., Melrose Dam to Cold Spring

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### SAUK R., Cold Spring to St. Cloud

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Smallmouth Bass	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>SEVEN MILE CR., Nicollet Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
<b>SHELL ROCK R., Freeborn Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	PCBs
<b>SNAKE CR., Wabasha Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
<b>SNAKE R., Pine Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Crappie	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-
<b>SPRING/HINDERMAN CR., Brown Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### ST. CROIX R., above Stillwater

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Buffalo	-	-	All sizes	-	Mercury PCBs
Carp	-	All sizes	-	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	All sizes	-	-	-	-
Freshwater Drum	-	All sizes	-	-	Mercury
Mooneye	-	All sizes	-	-	Mercury PCBs
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	All sizes	-	-	-	-
Sauger	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury PCBs
White Bass	-	-	All sizes	-	Mercury PCBs

### ST. CROIX R., Stillwater to Mississippi River

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Buffalo	-	shorter than 22"	22" or longer	-	Mercury PCBs
Carp	-	-	All sizes	-	Mercury PCBs
Channel Catfish	-	All sizes	-	-	PCBs
Crappie	All sizes	-	-	-	-
Freshwater Drum	-	All sizes	-	-	Mercury
Largemouth Bass	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Sauger	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury PCBs
White Bass	-	All sizes	-	-	Mercury PCBsPFOS

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### ST. LOUIS R., above Cloquet

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Sunfish	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	All sizes	-	-	-	-

### ST. LOUIS R., Cloquet to Fond du Lac Dam

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	shorter than 20"	20" or longer	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	-	All sizes	-	-	Mercury

### ST. LOUIS R., Fond du Lac Dam to Lake Superior

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	-	All sizes	-	-	Mercury PCBs
Crappie	-	All sizes	-	-	Mercury
Lake Sturgeon	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury PCBs
Sunfish	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury PCBs
White Sucker	-	All sizes	-	-	Mercury PCBs
Yellow Perch	-	All sizes	-	-	Mercury

### STONE BROOK, Cass Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brook Trout	All sizes	-	-	-	-
Brown Trout	All sizes	-	-	-	-

### STRAIGHT R., Hubbard Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>STRAIGHT R., Steele Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
<b>STURGEON R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Mooneye	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	-	All sizes	-	Mercury
<b>SUCKER CR., Meeker Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
<b>SUNRISE R., Chisago Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	All sizes	-	-	-	-
<b>SWAN R., Aitkin Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-
<b>SWAN R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Burbot	-	All sizes	-	-	Mercury
<b>TAMARACK R., Marshall Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Sauger	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### THIEF R., Marshall Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

### TOAD R., Otter Tail Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-
Yellow Perch	All sizes	-	-	-	-

### TROUT BR., Dakota Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-

### UPPER IOWA R., Mower Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bluegill Sunfish	All sizes	-	-	-	-
Crappie	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Smallmouth Bass	All sizes	-	-	-	-

### VERMILION R., St. Louis Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	-	All sizes	-	Mercury
Smallmouth Bass	-	-	All sizes	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
Yellow Perch	-	All sizes	-	-	Mercury

### VERMILLION R., Dakota Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	PCBs
Crappie	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	PCBs
White Sucker	All sizes	-	-	-	-

### WARROAD R., Roseau Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Northern Pike	-	All sizes	-	-	Mercury
White Sucker	All sizes	-	-	-	-

# Fish Consumption Guidelines for the General Population, Rivers

River Name, Location	Meal Advice				
<b>WATONWAN R., Blue Earth Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	-	All sizes	-	-	Mercury
Channel Catfish	All sizes	-	-	-	-
Walleye	-	All sizes	-	-	Mercury
<b>WELLS CR., Goodhue Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>WEST INDIAN CR., Wabasha Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>WHITEFACE R., St. Louis Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Northern Pike	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury
<b>WHITEWATER R., Winona Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
Rainbow Trout	All sizes	-	-	-	-
White Sucker	All sizes	-	-	-	-
<b>WILD RICE R., Norman Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Channel Catfish	-	All sizes	-	-	Mercury
Redhorse Sucker	-	All sizes	-	-	Mercury
Walleye	-	-	All sizes	-	Mercury
<b>WILLOW CR., Stearns Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Brown Trout	All sizes	-	-	-	-
<b>YELLOW BANK R., Lac Qui Parle Co.</b>					
Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
White Sucker	All sizes	-	-	-	-



# Fish Consumption Guidelines for the General Population, Rivers

## River Name, Location

## Meal Advice

### YELLOW MEDICINE R., Yellow Medicine Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Carp	All sizes	-	-	-	-
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	All sizes	-	-	Mercury

### ZUMBRO R., Wabasha Co.

Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
Bass	-	All sizes	-	-	Mercury
Bluegill Sunfish	All sizes	-	-	-	-
Brown Trout	All sizes	-	-	-	-
Crappie	All sizes	-	-	-	-
Northern Pike	-	All sizes	-	-	Mercury
Quillback	-	All sizes	-	-	Mercury
Redhorse Sucker	All sizes	-	-	-	-
Rock Bass	-	All sizes	-	-	Mercury
Smallmouth Bass	-	All sizes	-	-	Mercury
Walleye	-	-	All sizes	-	Mercury
White Bass	-	All sizes	-	-	Mercury
White Sucker	-	All sizes	-	-	Mercury

### Notes:

R. - River, CR. - Creek PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

Listing of consumption advice does not imply the fish are legal to keep, MN DNR fishing regulations should be consulted.

MN DNR fishing regulations <http://www.dnr.state.mn.us/regulations/fishing/index.html>

PFOS - Perfluorooctane sulfonate <http://www.health.state.mn.us/divs/eh/hazardous/topics/pfcs/index.html>

PCBs - Polychlorinated biphenyls <http://www.health.state.mn.us/divs/eh/fish/faq.html>

Meal Advice <http://www.health.state.mn.us/divs/eh/fish/eating/meal.html>

Mercury <http://www.health.state.mn.us/divs/eh/fish/faq.html>

Dioxin <http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins.html>