

Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
BASSETT CR.	White Sucker	All sizes				
BIG FORK R.	Northern Pike			All sizes		Mercury
	Walleye			All sizes		Mercury
	White Sucker		All sizes			Mercury
BLUE EARTH R.						
above Rapidan Dam	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
below Rapidan Dam	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Quillback		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
BUFFALO CR.	Carp		All sizes			Mercury
CANBY CR.	White Sucker	All sizes				
CANNON R.						
Fairbault to Northfield	Carp	All sizes				
	White Sucker	All sizes				
Northfield to Byllesby Res.	Carp	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
Byllesby Res. to Welsch	Carp	All sizes				
CEDAR R.						
above Mill Pond Dam, Austin	Bullhead		All sizes			Mercury
	Carp		All sizes			PCBs
	Largemouth Bass		All sizes			Mercury
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	River Carpsucker			All sizes		Mercury PCBs
	White Sucker	All sizes				
below Mill Pond Dam, Austin	Carp		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker		All sizes			Mercury

Carp from this river contain dioxin, a chemical that may cause cancer in humans. Meat and dairy products also contain dioxin. At this time, MDH does not provide meal advice based on dioxin in fish. You can reduce your exposure to dioxin by choosing to eat a different species and following the consumption guidelines for that species.

Notes:

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CENTER CR.	Buffalo	All sizes				
	Bullhead	All sizes				
	Carp	All sizes				
	White Sucker	All sizes				
CHIPPEWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Northern Pike	All sizes				
	Walleye	All sizes				
CLEARWATER R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	White Sucker	All sizes				
COTTONWOOD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury PCBs
	Freshwater Drum	All sizes				
	Quillback	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
CROOKED CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
CROW R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
CROW R., N FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
CROW R., S FORK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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CROW WING R.	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
DARK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Brown Trout	All sizes				
ELK R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
FORT RIDGELY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
GARVIN BROOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
GILMORE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
GRAND PORTAGE CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
HAWK CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Walleye		All sizes			Mercury
HAY CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
JUNCO CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
KABEKONA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
KETTLE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Channel Catfish			All sizes		Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

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KIMBALL CR.	Brook Trout	All sizes				
	Rainbow Trout	All sizes				
LAC QUI PARLE R.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
LE SUEUR R.	Buffalo		All sizes			Mercury
	Carp			All sizes		PCBs
	Channel Catfish		All sizes			PCBs
	Redhorse Sucker		All sizes			Mercury
LEAF R.	Walleye	All sizes				
	White Sucker	All sizes				
LITTLE FORK R.	Northern Pike		All sizes			Mercury
	Quillback		All sizes			Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
LONG PRAIRIE R.	Carp		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	White Sucker	All sizes				
MILL CR.	Brown Trout	All sizes				
	White Sucker	All sizes				
MILLER CR.	Brook Trout	All sizes				

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MINNESOTA R.						
above Minnesota Falls	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum	All sizes				
	Walleye	All sizes				
	White Bass	All sizes				
below Minnesota Falls	Bluegill Sunfish	All sizes				
	Buffalo		All sizes			Mercury
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Flathead Catfish		shorter than 35"	35" or longer		Mercury PCBs
	Quillback	All sizes				
	Sauger		All sizes			Mercury PCBs
	Walleye		All sizes			Mercury PCBs
	White Bass		All sizes			Mercury PFOS
	White Sucker	All sizes				

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MISSISSIPPI R.						
Lake Itasca to Ottetail Power Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	Walleye		All sizes			Mercury
	White Sucker	All sizes				
	Yellow Perch	All sizes				
Ottetail Power Dam to Knutson Dam	Bluegill Sunfish	All sizes				
	Bullhead	All sizes				
	Largemouth Bass		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Sunfish	All sizes				
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Knutson Dam to Cohasset Dam	Bluegill Sunfish	All sizes			
Bullhead		All sizes				
Largemouth Bass			All sizes			Mercury
Northern Pike			All sizes			Mercury
Redhorse Sucker		All sizes				
Rock Bass			All sizes			Mercury
Walleye			All sizes			Mercury
White Sucker		All sizes				
Yellow Perch		All sizes				
Grand Rapids Dam to Brainerd Dam		Bluegill Sunfish	All sizes			
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sunfish		All sizes			Mercury
	Walleye			shorter than 19"	19" or longer	Mercury
Brainerd Dam to Little Falls Dam	White Sucker	All sizes				
	Bluegill Sunfish	All sizes				
	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				

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MISSISSIPPI R.						
Brainerd Dam to Little Falls Dam	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Little Falls Dam to Blanchard Dam	Carp		All sizes			Mercury PCBs
	Crappie		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Bluegill Sunfish	All sizes				
Blanchard Dam to Sartell Dam	Carp		All sizes			Mercury
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike	All sizes				
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch	All sizes				
	Sartell Dam to St. Cloud Dam	Carp	All sizes			
Channel Catfish		All sizes				
Crappie		All sizes				
Northern Pike			All sizes			Mercury
Redhorse Sucker		All sizes				
Rock Bass				All sizes		Mercury
Smallmouth Bass			All sizes			Mercury
Walleye			All sizes			Mercury
White Sucker		All sizes				
St. Cloud Dam to Coon Rapids Dam	Bluegill Sunfish	All sizes				
	Carp		All sizes			PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Coon Rapids Dam to St. Anthony Falls	Bluegill Sunfish	All sizes			
Carp			All sizes			Mercury PCBs
Channel Catfish			All sizes			Mercury
Northern Pike			All sizes			Mercury

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Coon Rapids Dam to St. Anthony Falls	Smallmouth Bass		All sizes		Mercury
	Walleye		All sizes		Mercury
St. Anthony Falls to Ford Dam, Pool 1	Carp		All sizes		Mercury
	Channel Catfish		All sizes		Mercury
	Northern Pike		All sizes		Mercury
	Smallmouth Bass		All sizes		Mercury
	Walleye		All sizes		Mercury
Ford Dam to Hastings Dam, Pool 2	Bluegill Sunfish		All sizes		PFOS
	Buffalo		All sizes		PCBs
	Carp			All sizes	PCBsPFOS
	Channel Catfish		All sizes		PCBs
	Crappie		All sizes		PCBsPFOS
	Flathead Catfish		All sizes		Mercury
	Freshwater Drum			All sizes	PCBsPFOS
	Northern Pike	All sizes			
	White Bass			All sizes	Mercury PCBsPFOS
	Hastings Dam to Red Wing, Pool 3	Bluegill Sunfish		All sizes	
Buffalo				All sizes	Mercury PCBs
Carp				All sizes	Mercury PCBsPFOS
Channel Catfish				All sizes	Mercury PCBs
Crappie			All sizes		PCBsPFOS
Flathead Catfish			All sizes		Mercury PCBs
Freshwater Drum			All sizes		Mercury PCBs
Largemouth Bass			All sizes		MercuryPFOS
Northern Pike			All sizes		PCBsPFOS
Sauger			All sizes		PCBsPFOS
Smallmouth Bass			All sizes		PCBsPFOS
Walleye			All sizes		PCBsPFOS
White Bass				All sizes	Mercury PCBsPFOS
Red Wing to Kellogg Dam, Pool 4		Bluegill Sunfish		All sizes	
	Buffalo			All sizes	PCBs
	Carp			All sizes	Mercury PCBs
	Channel Catfish			All sizes	PCBs
	Crappie		All sizes		PFOS
	Flathead Catfish		shorter than 20"	20" or longer	Mercury PCBs
	Freshwater Drum		All sizes		Mercury PCBs
	Largemouth Bass		All sizes		Mercury
	Northern Pike		All sizes		PFOS
	Sauger		All sizes		PCBs
	Smallmouth Bass		All sizes		Mercury PCBsPFOS
	Walleye		All sizes		PCBsPFOS
	White Bass			All sizes	PCBsPFOS
	Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Bluegill Sunfish		All sizes	
Buffalo			All sizes		PCBs

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MISSISSIPPI R.							
Kellogg Dam to LaMoille Dam, Pools 5, 5A & 6	Carp		All sizes			PCBs	
	Channel Catfish			All sizes		PCBs	
	Crappie		All sizes			PFOS	
	Flathead Catfish		All sizes			Mercury PCBs	
	Freshwater Drum		All sizes			Mercury PCBs	
	Largemouth Bass		All sizes			PFOS	
	Northern Pike		All sizes			PFOS	
	Sauger	All sizes					
	Smallmouth Bass		All sizes			Mercury PCBsPFOS	
	Walleye		All sizes			PFOS	
	White Bass			All sizes		Mercury PCBsPFOS	
	LaMoille Dam to Reno Dam, Pools 7 & 8	Bluegill Sunfish	All sizes				
		Buffalo		All sizes			PCBs
Carp			All sizes			PCBs	
Channel Catfish				All sizes		PCBs	
Crappie		All sizes					
Flathead Catfish			All sizes			Mercury PCBs	
Freshwater Drum			All sizes			Mercury PCBs	
Largemouth Bass			All sizes			Mercury	
Northern Pike		All sizes					
Sauger			All sizes			Mercury	
Smallmouth Bass			All sizes			Mercury	
Walleye			All sizes			Mercury PCBs	
White Bass			All sizes			Mercury PCBs	
Reno Dam to Iowa Border, Pool 9	Bluegill Sunfish	All sizes					
	Bowfin			All sizes		Mercury	
	Buffalo	All sizes					
	Carp			All sizes		PCBs	
	Channel Catfish		All sizes			PCBs	
	Crappie	All sizes					
	Flathead Catfish			All sizes		Mercury PCBs	
	Freshwater Drum	All sizes					
	Largemouth Bass		All sizes			Mercury	
	Northern Pike	All sizes					
	Sauger		All sizes			Mercury	
	Smallmouth Bass		All sizes			Mercury	
	Walleye	All sizes					
White Bass	All sizes						
PIGEON R.							
	Northern Pike		All sizes			Mercury	
PIPESTONE CR.							
	Carp		All sizes			Mercury	

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POMME DE TERRE R.	Carp	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
RAINY R.	Crappie		All sizes			Mercury
	Lake Sturgeon	All sizes				
	Northern Pike		All sizes			Mercury
	Quillback		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		shorter than 20"	20" or longer		Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
RAMSEY CR.	Brown Trout	All sizes				
	Rainbow Trout	All sizes				
	White Sucker	All sizes				
RED LAKE R.	above Thief River Falls Dam	Crappie	All sizes			
		Walleye		All sizes		Mercury
		White Sucker		All sizes		Mercury
	below Thief River Falls Dam	Crappie		All sizes		Mercury
		Smallmouth Bass		All sizes		Mercury
		Walleye		All sizes		Mercury
RED R.	Carp		All sizes			Mercury
	Channel Catfish		All sizes			Mercury
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Northern Pike		shorter than 25"	25" or longer		Mercury
	Redhorse Sucker		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye				All sizes	Mercury
REDWOOD R.	Carp	All sizes				
	Channel Catfish		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker	All sizes				

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ROCK R.	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	White Sucker	All sizes				
ROOT R.	Brown Trout		All sizes			PCBs
	Carp		All sizes			Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				
ROSEAU R.	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
RUM R.	Carp	All sizes				
	Walleye		All sizes			Mercury
SAUK R.	above Melrose Dam	Bluegill Sunfish	All sizes			
		Carp	All sizes			
		Northern Pike		All sizes		Mercury
		Walleye		All sizes		Mercury
	Melrose Dam to Cold Spring	Carp	All sizes			
		Northern Pike		All sizes		Mercury
		Walleye		All sizes		Mercury
	Cold Spring to St. Cloud	Carp	All sizes			
		Smallmouth Bass		All sizes		Mercury
		White Sucker	All sizes			
SEVEN MILE CR.	Brown Trout	All sizes				
SNAKE CR.	Brook Trout	All sizes				
SNAKE R.	Freshwater Drum	All sizes				
	Northern Pike		All sizes			Mercury
	Redhorse Sucker	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	Yellow Perch	All sizes				

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SPRING/HINDERMAN CR.	White Sucker	All sizes				
ST. CROIX R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Stillwater	Bluegill Sunfish	All sizes				
	Buffalo			All sizes		Mercury PCBs
	Carp		All sizes			Mercury PCBs
	Channel Catfish			All sizes		Mercury PCBs
	Crappie	All sizes				
	Freshwater Drum		All sizes			Mercury
	Northern Pike		All sizes			Mercury PCBs
	Redhorse Sucker	All sizes				
	Rock Bass	All sizes				
	Sauger		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass			All sizes		PCBs
Stillwater to Mississippi River	Buffalo		All sizes			Mercury PCBs
	Carp		All sizes			Mercury PCBs
	Channel Catfish	All sizes				
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Sauger	All sizes				
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury PCBs
	White Bass			All sizes		PCBsPFOS

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Location	Meal Advice					
ST. LOUIS R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
above Cloquet	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Cloquet to Fond du Lac Dam	Carp			All sizes		Mercury PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
Fond du Lac Dam to Lake Superior	Carp			All sizes		Mercury PCBs
	Channel Catfish		All sizes			Mercury PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury PCBs
	Sunfish	All sizes				
	Walleye		shorter than 20"	20" or longer		Mercury PCBs
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
STONEY BROOK	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brook Trout	All sizes				
	Brown Trout	All sizes				
STRAIGHT R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
STURGEON R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Mooneye		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye			All sizes		Mercury
SUCKER CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
SWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	White Sucker	All sizes				

Notes:

R. - River, CR. - Creek PCBs - Polychlorinated biphenyls PFOS - Perfluorooctane sulfonate

Contaminants listed were measured at levels high enough to warrant a recommendation to limit consumption.

Listing of consumption advice does not imply the fish are legal to keep, MN DNR fishing regulations should be consulted.

Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
TAMARACK R.	Northern Pike		All sizes			Mercury
	Sauger		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
TOAD R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
	Yellow Perch	All sizes				
UPPER IOWA R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Bluegill Sunfish	All sizes				
	Crappie		All sizes			Mercury
VERMILION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Northern Pike		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury
	Yellow Perch		All sizes			Mercury
VERMILLION R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp		All sizes			PCBs
	Crappie	All sizes				
	Northern Pike	All sizes				
	Walleye		All sizes			PCBs
	White Sucker	All sizes				
WATANWAN R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Carp	All sizes				
	Walleye	All sizes				
WELLS CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	White Sucker	All sizes				
WEST INDIAN CR.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Brown Trout	All sizes				
	White Sucker	All sizes				
WHITEFACE R.	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
	Channel Catfish		All sizes			Mercury
	Northern Pike		All sizes			Mercury
	Redhorse Sucker		All sizes			Mercury
	Smallmouth Bass		All sizes			Mercury
	Walleye		All sizes			Mercury
	White Sucker		All sizes			Mercury

Notes:

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Fish Consumption Guidelines for the General Population, River



RIVER NAME

Location	Meal Advice					
RIVER NAME	Species	Unrestricted	1 meal / week	1 meal / month	Do Not Eat	Contaminants
WHITEWATER R.	Brown Trout	All sizes				
	White Sucker		All sizes			Mercury
YELLOW MEDICINE R.	Carp		All sizes			Mercury
	Walleye		All sizes			Mercury
ZUMBRO R.	Bass		All sizes			Mercury
	Bluegill Sunfish	All sizes				
	Carp		All sizes			PCBs
	Crappie	All sizes				
	Northern Pike		All sizes			Mercury
	Quillback				All sizes	Mercury PCBs
	Redhorse Sucker		All sizes			Mercury
	Rock Bass		All sizes			Mercury
	Walleye				All sizes	Mercury
	White Bass		All sizes			Mercury
	White Sucker	All sizes				

More information:

See Information at:

MN DNR fishing regulations	http://www.dnr.state.mn.us/regulations/fishing/index.html
PFOS - Perfluorooctane sulfonate	http://www.health.state.mn.us/divs/eh/hazardous/topics/pfcs/index.html
PCBs - Polychlorinated biphenyls	http://www.health.state.mn.us/divs/eh/fish/faq.html
Meal Advice	http://www.health.state.mn.us/divs/eh/fish/eating/meal.html
Mercury	http://www.health.state.mn.us/divs/eh/fish/faq.html
Dioxin	http://www.health.state.mn.us/divs/eh/risk/chemhazards/dioxins

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