

## Perinatal Services - Minnesota Health Care Programs Specific

| This table highlights what health plans cover to support their pregnant members who are Minnesota Health Care Programs (MA & MinnesotaCare) recipients. These services supplement the care given by health care providers seeing pregnant members in the clinic setting. If a telephone number you need is not listed, please call the customer service area for assistance. This grid is subject to change. Updated November 6, 2009.       | Behavioral Health (MH & CD) | Breast pump purchase and/or rental | Family planning counseling | High risk case management               | 24 hour Nurse Information Line | Perinatal nurse advice line | Postpartum visits/education | Prenatal & childbirth classes | Prenatal packet and/or education materials | Perinatal telephonic support (assessment, education) | Public health/home visits | Doula Services |
|--|-----------------------------|------------------------------------|----------------------------|---|--------------------------------|-----------------------------|-----------------------------|-------------------------------|--|--|---------------------------|----------------|
| <p style="text-align: center;"><b>Fee-For-Service (DHS)</b></p> <p style="text-align: center;">CONTACT Shawnet Healy, MCH Consultant at<br/>651-431-3721</p> <p style="text-align: center;">TRANSPORTATION Patient may call the county financial worker to discuss options.</p> <p style="text-align: center;">INTERPRETER Provider must arrange.</p> <p style="text-align: center;">CUSTOMER SERVICE 651-431-2670 or<br/>1-800-657-3739</p> |                             | X                                  | X                          | X                                       |                                |                             | X                           | X                             | via clinic or high risk case management    |  | X                         |                |
| <p style="text-align: center;"><b>Blue Plus</b></p> <p style="text-align: center;">CONTACT Laura Young, Care Manager, Healthy Start Program at 651- 662-4435</p> <p style="text-align: center;">TRANSPORTATION BlueRide 651-662-8648<br/>or 1-866-340-8648</p> <p style="text-align: center;">INTERPRETER 651-662-5545 or 1-800-711-9862</p> <p style="text-align: center;">CUSTOMER SERVICE 651-662-5545 or<br/>1-800-711-9862</p>          | 1-800-469-1110              | X                                  | X                          | 1-866-489-6948<br>ask for Healthy Start | First Help<br>1-800-622-9524   | 1-866-489-6948              | X                           | X                             | 1-866-489-6948<br>ask for Healthy Start    | 1-866-489-6948<br>ask for Healthy Start              | X                         |                |

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| <p style="text-align: center;"><b>HealthPartners</b></p> <p>TRANSPORTATION RideCare 952-883-7400 or 1-888-288-1439</p> <p>INTERPRETER Clinic/Provider arranges services directly with interpreter agency.</p> <p>MEMBER SERVICE at 952-967-7998 or 1-866-885-8880</p> <p>Spanish 952-967-7050</p> <p>Somali, Oromo &amp; Arabic 952-967-7159</p> <p>For a list of contracted providers, please call Member Services.</p>   | Direct Access Network. For a list of contracted providers, call the PAL Line at 952-883-5811 | X                                  | via clinic                 | X                         | X   | BabyLine: 612-333-BABY or 1-800-845-9297 | X                           | X                             | via clinic                                 | via clinic  | X                         |                |
| <p style="text-align: center;"><b>Medica</b></p> <p>CONTACT Healthy Pregnancy Program 952-992-3390 or 1-888-992-3875</p> <p>TRANSPORTATION Provide-A-Ride<sup>SM</sup> 952-992-2292 or 1-800-601-1805</p> <p>INTERPRETER 952-992-2292 or 1-800-601-1805</p> <p>CUSTOMER SERVICE 952-992-2322 or 1-800-373-8335</p> <p>LANGUAGE LINES FOR CALLS TO MEDICA</p> <p>Russian 952-992-2294 Hmong 952-992-2296</p> <p>Somali 952-992-2260 Spanish 952-992-2297</p> <p>Vietnamese 952-992-2295</p> <p>All languages 952-992-2292 or 1-800-601-1805</p> <p>TTY 952-992-2357 or 1-800-234-8819</p> | Medica Behavioral Health 1-800-848-8327  | X                                  | X                          | X                         | Medica CallLink Nurse Line 1-866-715-0915 | Healthy Pregnancy Program 1-888-992-3875 | X                           | X                             | X  | for at risk pregnancy and at member or provider request | X                         |                |

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| <p style="text-align: center;"><b>MHP</b></p> <p style="text-align: center;">TRANSPORTATION: DR. RIDE<br/>1-800-647-0550</p> <p style="text-align: center;">INTERPRETER 612-596-0744 or<br/>1-800-500-8635</p> <p style="text-align: center;">CUSTOMER SERVICE 612-347-6308 or<br/>1-800-647-0550</p> <p style="text-align: center;">press 1 for English    press 2 for Spanish<br/>press 3 for Somali    press 4 for Hmong</p> <p>Cellular Phone Program A phone access program for members with no home phone service and a medical condition or high risk pregnancy.<br/>call 612-596-0741 or 1-800-500-8635</p> | 1-800-647-0550              | X                                  | X                          | X                         | Health Connection, MHP Staff Nurse Line<br>612-596-9696 1-800-647-0550 | Health Connection, MHP Staff Nurse Line<br>612-596-9696 1-800-647-0550 | X                           | X                             | X  | X  | X                         | Contact Outreach Line at<br>612-596-0743 1-800-500-8635 |
| <p style="text-align: center;"><b>UCare</b></p> <p style="text-align: center;">CONTACT Clinical Services, 612-676-6705 or<br/>1-877-447-4384</p> <p style="text-align: center;">TRANSPORTATION HealthRide 612-676-6830 or<br/>1-800-864-2157</p> <p style="text-align: center;">INTERPRETER 612-676-3200 or 1-800-203-7225</p> <p style="text-align: center;">CUSTOMER SERVICE 612-676-3200</p> <p style="text-align: center;">press 1 for English    press 2 for Hmong<br/>press 3 for Spanish    press 4 for Somali</p> <p style="text-align: center;">MAIN LINE 1-800-203-7225 or 612-676-6500</p>               | 1-800-361-0491              | 1-866-645-5666                     | X                          | X                         | Health Connection<br>1-800-942-7858                                    | Health Connection<br>1-800-942-7858                                    | X                           | X                             | X  | 1-800-942-7858                                       | X                         |   |

**\*INCENTIVE PROGRAMS FOR CHILDREN & PREGNANT WOMEN - MHCP SPECIFIC** Program eligibility guidelines must be met. Incentive programs may be changed or discontinued at anytime without advanced notice.

|  | Healthy Pregnancy  | Car Seat  | Child & Teen Checkups & Blood Lead   | Smoking Cessation   |
|--|--|---|--|---|
| Blue Plus  | Up to \$100 in gift cards! Healthy Start is a prenatal support program to help women learn how to have the healthiest pregnancy & baby possible. Upon enrollment, pregnant women can receive a \$50 VISA gift card if they begin the program prior to 20 weeks gestation. If women continue to talk with their nurses (Eng & Span speaking.) over the phone throughout pregnancy and after completion of postpartum care) they will receive another \$50 VISA giftcard. The program offers a Pregnancy Welcome Kit which includes <i>Your Pregnancy Week by Week</i> guidebook. (Available in Eng & Span.)                             | Blue Plus will provide a \$50 VISA gift card to help purchase an infant / toddler car seat to women who are at least six months pregnant and children 2 yrs of age and younger (up to 24 months). To order a giftcard, call 1-866-489-6948.   | A \$20 gift card is available for members ages 9-30 months that receive a blood lead screening in calendar year 2009 and submit a voucher to Blue Plus. No C&TC incentives offered at this time.   | Members have access to Blue Print for Health Stop Smoking Program. Members may enroll at 1-888-662-BLUE   |
| HealthPartners   | No incentives offered at this time.  | No incentives offered at this time.   | \$25 Target GiftCard for members ages 1, 2, 3, 4 & 5 yrs upon C&TC visit. \$25 gift card for members 9-30 months old for having a blood lead test. Vouchers for both programs are mailed to eligible members. See healthpartners.com for more information and the blood lead voucher.  | Telephonic tobacco cessation program, "Partners in Quitting". Free to HealthPartners members. Call 952-883-7800 or 1-800-311-1052 to get started.   |
| Medica<br><br>(For Medica choice Care <sup>SM</sup> & Medica MinnesotaCare members.) | Up to \$80 in Target GiftCards. <b>1<sup>st</sup> prenatal visit</b> : prenatal exam within the first 104 days of pregnancy, (or within 42 days of enrolling in Medica if not a Medica member at the time of their 1st prenatal visit)=\$20 gift card. One of the following based on <b>total # of prenatal visits</b> : ◊8-10 prenatal visits=\$15 gift card, ◊11 prenatal visits=\$30 gift card, or ◊12 or more prenatal visits=\$45 gift card. <b>Post partum visit</b> between 21 & 56 days after delivery=\$15 gift card. Medica also offers the <i>What To Do When You're Having A Baby</i> handbook. (Available in Eng & Span.) | Medica will provide an infant/toddler car seat to women who are at least 6 months pregnant and children 2 yrs and younger. To order a car seat, call 1-866-455-7426. In most areas, Medica has contracted PHNs and/or clinics who will give out the car seats & provide education on properly use.  | ◊ For each checkup, members will earn \$10 toward a gift card. <b>BONUS!</b> From birth through 14 months old, children need six Child & Teen Checkups. Members who have all six checkups will earn an extra \$15 . . . that's a total of \$75! ◊ \$50 Target GiftCard for blood lead test for ages 9 months through 30 months | Members age 14 yrs and older can join the Medica Tobacco Cessation Program, a telephone-based or online program. Program benefits include: coaching sessions with trained counselors, information & support, Nicotine Replacement Therapy. This program is at no cost to members. Call 1-800-934-4824 or go to www.medica.com to get started. |
| MHP  | WIN Program participants receive a \$25 Target GiftCard for each trimester of eligibility. Members must receive care during their first trimester, then follow their health provider's recommendations for care by keeping all expected prenatal appointments. Members can receive an additional \$25 Target GiftCard for attending prenatal education. All members who deliver while on MHP are eligible for a \$25 Target GiftCard upon receipt of documentation that they completed their postpartum follow-up care by 8 weeks postpartum.  | Members up to 4 yrs old/40 pounds will get an appropriate car seat. Members who are 40-80 pounds will get a belt positioning booster seat. Pregnant women who are at least 26 weeks gestation can get a convertible car seat for their baby. Parent must attend an educational session where they will get the seat. Premature newborns can get a 5-point infant restraint. | Members ages 1-18 yrs who are up to date on their immunizations and C&TC receive a \$20 gift card to Target for their birthday. Members receive a \$25 gift card for having a blood lead test at age 12 months and 24 months.  | MHP members can receive telephone-based tobacco cessation counseling from Quitplan by calling 1-888-354-PLAN (7526).  |
| UCare  | Pregnant members are eligible to receive a \$25 gift certificate for having prenatal care in their first trimester (or within 42 days of joining UCare). Another \$25 gift certificate is available to members who have a 6 week postpartum visit.   | Pregnant members and members up to age 4 yrs are eligible to receive 1 seat per lifetime, after parent/guardian receives education on installation and use.   | UCare members are eligible to get ◊\$25 gift certificate for being up to date on shots at age 2 yrs ◊\$25 gift certificate for being up to date on shots between ages 11 & 12 yrs ◊\$25 gift certificate for having a blood lead test at 1 yr & again at 2 yrs (total of \$50)   | Pregnant members are eligible for a \$25 gift certificate if they complete an initial assessment with MCTO.   |

Please go to <http://www.co.dakota.mn.us/HealthFamily/HealthyLiving/Children/ChildandTeenCheckupsInformationforProviders.htm> or [www.mnhealthplans.org/tools/health\\_plans.cfm](http://www.mnhealthplans.org/tools/health_plans.cfm) to obtain the most recent gird. The Bullseye Design and Target are registered trademarks and Target GiftCard is a service mark of Target Brands, Inc. All rights reserved. Target is not a participating partner in or sponsor of this offer. **Updated November 6, 2009.**