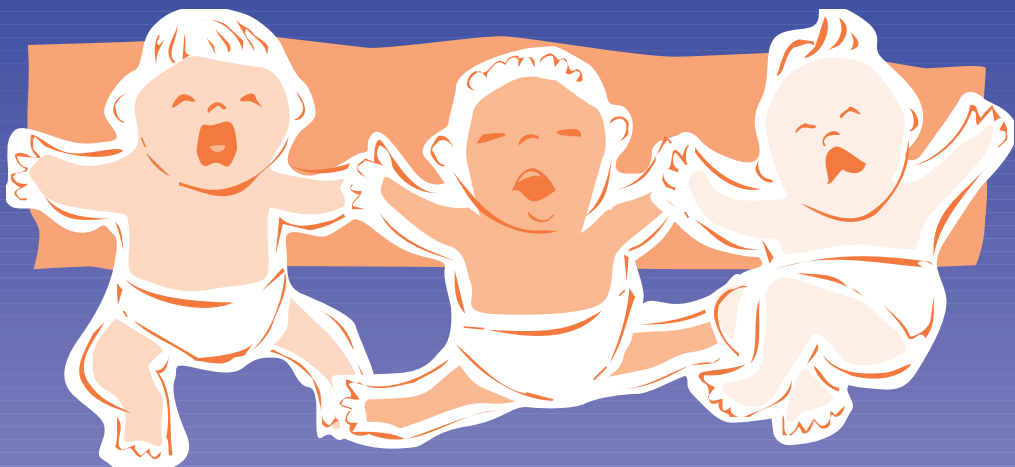


ME NYUAM QUAJ...



Nws tsis yooj yim qhov zov ib tug
me nyuam mos.

Me nyuam mos yuav muaj kev txob thiab
quaj heev.

Yog koj tus me nyuam quaj tsis ntsiag, thiab koj hnov muaj
kev ntxhov siab:

- o Tso koj tus me nyuam rau ib qho chaws zoo tsis muaj
teeb meem thiab tawm ntawm chaw chaw ntawd mus li
ob peb nas this...Quaj yuav tsis mob koj tus me nyuam.
- o Ua tej yam kom zoo ntaug mus...mloog yas suab, hu
xov tooj rau phooj ywg, da dej ntxhuav (shower).
- o Hu lwm tus seb lawv puas pab hloov tau koj, los yog
tham nrog koj kom txog thaum koj nyob tus.
- o Yog koj xav tej zaum koj tus me nyuam mob, hu rau koj
tus kws kho mob.

(sab nraud)

Saib xyuas koj tus me nyuam kom zoo...

Txawm koj yuav hnov ntxhov siab npaum li cas
los TSIS TXHOB NCHOS tus me nyuam li!

Nchos thiab ntaus ib tug me nyuam lub taub hau yuav muaj peev
xwm ua rau hlwb puas ntsoog, dig muag los yog tuag taus.

THOV NRHIAV KEV PAB YOG IB QHO CHAW MUAJ
ZOG!

Yog koj tus me nyuam quaj tsis ntsiag, los sis koj muaj lus nug,
koj muaj peev xwm:

- Hu koj tus kws kho mob los yog neeg saib xyuas mob, los yog
- Hu ntawm Parent Warmline, ib qho xov tooj pab dawb
(612)813-6336.

YOG KOJ KAWG KEV NTAWM KOJ LUB HAUV NTEJ
LAWM, TAWM MUS RAU KEV PAB!

- Hu 911...
- Hu rau Crisis Connection ntawm (612)379-6363.

Nco ntsoov qhia txhua tus uas zov koj tus me nyuam...

YUAV TSUM TSIS TXHOB NCHOS
IB TUG ME NYUAM!



Twin Cities Metro
Shaken Baby Syndrome
Prevention Program