

Minnesota Department of Health Vision/Hearing Screening Clinic Self-Assessment Child and Teen Checkup Checklist

Vision



- Vision History** (Usually completed by Primary Care Provider [PCP])
Parent concern, family hx, observed problems, sensitivity to lights, headaches, squinting, hearing problems.
- Ocular Health (PCP)**
External inspection, Pupil light response, red reflex
- Muscle Balance (PCP)**
 - Observation
 - Corneal Light(Look@fixation toy)
 - Cross Cover-(Look@fixation toy)
 - Fix & Follow (uni & bilat)
- Visual Acuity (CMA)**
 - One eye at a time
 - Age 3-5 years**
 - Rectangle HOTV/Lea chart 10'
Pass 10/20 (age3-4)10/15 (age 5)
or better without 2 line difference
 - Age 6 years and older**
 - Snellen/Sloan 20'
 - Pass 20/30
or better without 2 line difference
- Memorization Avoidance Techniques**
E.g., to avoid memorization, hang chart on string and turn it over when ready to test or vary letters on each line. Screen in a distraction free area. Don't isolate letters
- Documentation**
Document results such as distance from vision chart, behaviors, (i.e. head tilt, squint) and history.

Hearing



- Hearing History**
Family Hx or concern: Newborn hearing screening results, speech delays, risk factors for progressive and late onset hearing loss, e.g., Otitis Media (recurrent, >3 months with effusion), congenital eye or kidney problems, vision problems, head trauma, meningitis, rubella, etc.
- Puretone Audiometer**
Calibrate yearly; headphones calibrated specifically to audiometer.
(C&TC does not recommend handheld or Pilot audiometers).
- Quiet Room**
Not high traffic area, room intercom off, pass environment check
- Screening Levels:**
1000,2000 and 4000Hz @20 dB
500 Hz @25 dB
Document results and screen level
- Infection Control**
Clean headphones. Use an alcohol free, 100% tuberculocidal, bactericidal, fungicidal, and virucidal agent.

For More Information:

MDH Community and Family Health Division.
<http://www.health.state.mn.us/divs/fh/mch/hlth-vis/index.html>
651-281-9949

3/06

