



Health Resources for Your Child



**Minnesota Children with
Special Health Needs**

Toll free: 1-800-728-5420
Metro area: 651-201-3650
TDD: 651-201-5797
[http://www.health.state.mn.us/
mcshn](http://www.health.state.mn.us/mcshn)



How Can MCSHN Help You?

The information in this brochure briefly describes some of the services that might be helpful to you and your new baby.

To locate other services in your community go to:
<http://www.health.state.mn.us/divs/fh/mcshn/directory> or call:

Information and Assistance Line
 Toll free: 1-800-728-5420
 Metro: 651-201-3650



Don't Speak English?

People who speak little or no English can reach someone who speaks their language (live or voice mail) to help them access early childhood programs and services.

There is no cost to use these lines.


Multilingual Human Services Referrals

Arabic	(800) 358-0377
Hmong	(888) 486-8377
Khmer	
(Cambodian)	(888) 468-3787
Lao	(888) 487-8251
Oromo	(888) 234-3798
Russian	(888) 562-5877
Serbo-Croatian	
(Bosnian)	(888) 234-3785
Somali	(888) 547-8829
Spanish	(888) 428-3438
Vietnamese	(888) 554-8759



85 East Seventh Place
 P.O. Box 64882
 St. Paul, MN 55164-0882

Upon request, this publication can be made available in alternate forms, such as large print, or audiotape.

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Financial Assistance

Medical Assistance (MA/ Medicaid)

Medical Assistance is Minnesota's program to help people who have a low income with the cost of medical care. Eligibility is decided based upon family size and income.

Pregnant women and babies and toddlers under the age of two years are eligible at a higher income level than children ages two to eighteen years of age. Minnesota Children with Special Health Needs can help you decide whether or not you may qualify for MA.

It is important that applications be completed and returned as soon as possible so that you get the most coverage for any medical costs.

Tax Equity and Fiscal Responsibility Act (TEFRA) Option

The TEFRA option gives MA to certain children with disabilities or long-term health conditions who live at home with their families, but whose families are above-income for MA.

The State Medical Review Team (SMRT) determines medical eligibility for TEFRA .

MinnesotaCare

MinnesotaCare is a subsidized health care program for people who live in Minnesota and do not have

access to health insurance. There are no health condition barriers, but applicants must meet income and program guidelines to qualify. There are either annual or monthly premiums to pay depending on the family's income. There also may be co-pays.

Home and Community Based Waivered Services

There are seven different types of waived services that may be available for children and adults in Minnesota who have a chronic illness or disability. The waivers are designed to assist families in caring for their ill or disabled family member at home.

Access to waived services is through the local county family or human services department.

Supplemental Security Income (SSI)

SSI may be an additional source of money to assist with a child's special needs. There are both income and medical eligibility criteria that must be met. Children who are eligible both financially and medically for SSI are also eligible to apply for MA and food stamps.



Minnesota Comprehensive Association (MCHA)

This is health insurance for Minnesota residents who have been turned down for health insurance by the private market, due to pre-existing health conditions.



Early Childhood Programs

Early Intervention Services (Part C)

Early intervention services are available in every community to children with disabilities or other health conditions that hinder a child's development. Parents and professionals decide together which services the child and family needs.

Follow Along Program

The Follow Along Program is a free program that helps families understand and learn about their child's health and development. It is an easy way to find out about other services available for your child.

Specialized Care

Public Health Home Visiting

Home visiting goals include promoting family self-sufficiency and improving the health and well-being of Minnesota children and families.

Primary Care/Medical Home: Do You Have One?

A "medical home" is a way to provide high quality primary health care for children with special health needs. It is health care that is accessible, continuous, comprehensive, family-centered, coordinated, compassionate and culturally competent.

Team Clinics

Children who have chronic health conditions, including birth defects, can benefit from being in contact with specialists who work together in developing care plans. There are Team Clinics at the major medical centers in Minnesota as well as some that are located outside the cities of St. Paul and Minneapolis. MCSHN can assist in identifying a team clinic for you to consider for your child.

Law for Cleft Lip and/or Palate

In Minnesota there are two laws that cover children born with cleft lips and/or palates. If the cleft has caused problems with the child's dental development, and the family has both private medical and dental insurance, the medical insurance has paid what it will.

The second law states that children with clefts can be covered until age 25 if they are enrolled as a full-time student in a post-secondary program such as college or a technical school.