

no-bake
**Peanut
Butter**

*These high-energy
treats are fun
for kids to make
and eat!*

Balls


- 1/2 cup peanut butter
- 1/2 cup dry milk powder
- 2 Tbsp honey or corn syrup


For a variation, add:

- 1/4 cup raisins
- 1/4 cup sunflower seeds

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- 1 1/2 cups flake cereal
 - OR 2/3 cup coconut
 - OR 1/2 cup wheat germ

- 1** Combine all ingredients except cereal, coconut or wheat germ.

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-  **2** Place cereal in a re-sealable plastic bag and crush into crumbs using hands, a cup or a rolling pin.

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-  **3** Form peanut butter mixture into 1-inch balls and roll in crushed cereal, coconut or wheat germ.

