


garlic
**Pita
Chips**

Try whole wheat pita bread for heart health and great taste!

6 pitas or pocket breads
Split the pocket bread first for crispier chips.

No-stick cooking spray
 $\frac{1}{4}$ tsp garlic powder

1 Heat oven to 425°F.

 **2 Coat** one side of each pita with cooking spray. Sprinkle with garlic powder.

3 Cut each circle of bread into 8 wedges.

 **4 Arrange** wedges in a single layer on baking sheets.

 **5 Bake** for 4-6 minutes or until golden.

Serving idea:

Garlic Pita Chips are great with Hummus, page 95.

