

cheesy Quesadillas


- 4 corn
OR flour tortillas
- 2 cups Monterey Jack
OR cheddar cheese, shredded

Filling ideas:

Onions
Peppers
Zucchini
Broccoli
Refried beans
Black beans
Cooked shredded pork
Cooked shredded beef
Cooked chicken breast

Serving idea:

Serve with *Garden-Fresh Salsa*, page 162
or *Guacamole*, page 163.

-  **1** Place one tortilla on a microwave-safe plate. Sprinkle $\frac{1}{2}$ cup shredded cheese on half of the tortilla. Add vegetables, cooked meat or beans on top of cheese.

- 2** Heat in microwave oven for 15 to 20 seconds. Remove from microwave and fold tortilla in half. Cut in wedges to serve. Repeat with remaining tortillas.

OTHER COOKING OPTIONS

Stovetop Place one tortilla on a hot griddle or frying pan. Sprinkle with 1 cup of shredded cheese. Add filling. Cover with another tortilla and heat on each side until cheese melts.

