

### Example: Worksheet For Testing Change

**Aim:** (Overall goal you would like to reach)

*All admissions and re-admissions will be screened for pain within 1 hr. of admission*

Every goal will require multiple smaller tests of change

Describe your first (or next) test of change	Person responsible	When to be done	Where to be done
2 N nursing station for 1 week	Nursing administrator or Nurse Manager	6-1-03 or 6-8-03	2N

## Plan

List the tasks needed to set up this test of change	Person Responsible	When to be done	Where to be done
1- Add pain question to room orientation checklist	MR	6-1-03	2N
2- Review with nursing staff the new pain screening question added to the room orientation checklist	Ns. Manager	6-1-03	2N
3- Remove old checklists and put new ones in admission packets	HUCS	6-1-03	2N
4- Add pain to criteria for all of admission charting	MR	6-1-03	2N

Predict what will happen when the test is carried out	Measures to determine if prediction succeeds
1- Patients will be screened for pain within 1 hr of admission	1- Check that pain screening is done
2- Residents will receive pain meds more efficiently	2- NN for when pain ID'd, MAR for time meds administered
3- Residents will be satisfied with their pain mgmt. program	3- Initial care conference, MAR for pain effectiveness
4- Overall resident satisfaction with nursing home stay	4- Customer satisfaction survey

(over)

## Do

**Describe what actually happened when you ran the test.** 1. Some nurses did the room orientation checklist from memory and did not routinely ask about pain 2. NAR's observed for pain (nonverbals) and asked the resident if they had pain-but did not always report this. 3. Some residents were asked about pain and received timely pain meds.

## Study

**Describe the measured results and how they compared to the predications:** When residents were initially asked about pain they received good pain control within 24 hours. The resident not initially asked about their pain did not have their pain controlled until day 2 or 3 of admission.

## Act

**Describe what modifications to the plan will be made for the next cycle from what you learned.** 1. Review nonverbal descriptions of pain with all staff and their responsibility to report it. 2. Mandatory review of room orientation. Checklist for all 2N nursing staff, floats, and on-call nurses.