

**Minnesota's Call to Action  
Quality of Life Initiative for Activities F248/249  
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**Activities Resource Listing\***

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**Other**

The [\*Alzheimer's Association Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes\*](#) were developed from the latest evidence in dementia care research and the experience of professional direct care experts. The recommendations are the basis for every aspect of our Campaign for Quality Residential Care.

The current recommendations cover fundamentals of dementia care and three priority care practices: food and fluid consumption, pain management and social engagement. Later in 2006, we will release recommendations for three additional priority care areas: wandering, falls and care free of physical restraints.

[http://www.alz.org/qualitycare/dementia\\_care\\_pract.asp](http://www.alz.org/qualitycare/dementia_care_pract.asp)

Gerontological Nursing Interventions Research Center (GNIRC), University of Iowa Evidence Based Guidelines.

<http://www.nursing.uiowa.edu/centers/gnirc/protocols.htm>

National Institute of Health Science. The NIHS is a nationally based health and fitness education corporation for individuals in the medical, health, nutrition and fitness fields.

<http://www.nihsp.com>

Project Enhance Wellness. Information on mind, body, spirit, & relationship wellness.

<http://www.wellness.com/index.asp>

U of M Vital Aging Network. Through the Vital Aging Network (VAN), people share information, build partnerships, and work collaboratively.

<http://www.van.umn.edu/whoarewe.asp>

CMS Survey and Certification Online Course Delivery System. Register for Video-On-Demand Webcasts. Nursing Home Journal Volume III; Surveying the Activities Requirements-Introduction of New Activities Guidelines. April 7, 2006

<http://www.cms.internetstreaming.com>

The tools that Stratis Health has provided are general Quality Improvement tools. The particular tool that your teams chooses to use isn't necessarily important, what is important is having a systematic way of looking at a process to improve the outcomes of the care you provide to the people who live in your nursing home. Please contact us at [info@stratishealth.org](mailto:info@stratishealth.org) or visit our website at [www.stratishealth.org](http://www.stratishealth.org) to learn more.

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[www.medqic.org](http://www.medqic.org)

The Medicare Quality Improvement Community (MedQIC) is a free online resource for healthcare professionals and Quality Improvement Organizations (QIOs) working together to improve the quality of care in nursing homes, home health agencies, hospitals, and physician offices.

**NCCAP** - National Certification Council for Activity Professionals [www.nccap.org](http://www.nccap.org)

**NCTRC** - National Council for Therapeutic Recreation Certification [www.NCTRC.org](http://www.NCTRC.org)

**NBCOT** - National Board for Certification in Occupational Therapy - [www.nbcot.org](http://www.nbcot.org)

**MN SWAP** - Minnesota Statewide Activities Professionals Inc - [www.mnswap.org](http://www.mnswap.org)

**Quality of Life Alliance** email address: [QofLAlliance@aol.com](mailto:QofLAlliance@aol.com)

*\* References on non-MDH sources or sites are provided as a service and do not constitute or imply endorsement of these organizations or their programs by MDH. MDH is not responsible or the content of pages at these sites.*