

# **Training for Nutrition and Sanitary Conditions: Implementation of Revised Federal Guidance October 3, 2008**

This training is sponsored by the Minnesota Department of Health in conjunction with Care Providers of Minnesota, Minnesota Health and Housing Alliance, Office of Ombudsman for Long-Term Care, and Minnesota Directors of Nursing Association.

## **Agenda:**

- 9:00 AM Welcome - Mary Absolon, Program Manager, Compliance Monitoring Division, Licensing and Certification Section of MDH**
- 9:10 AM 483.25(i) Nutrition (F325)**
- 10:45 AM Break**
- 11:00 AM 483.35(i) Sanitary Conditions (F371)**
- 12:15 AM Conclusion**

## **Training Objectives**

**For the training related to F325, Nutrition, participants will be able to:**

- Describe the relationship between the regulation and the nutrition guidance;**
- Describe the care process related to nutrition;**
- Identify when the Investigative Protocol would be used;**
- Describe and apply components of the Investigative Protocol;**
- Identify compliance with the regulation as it relates to nutrition; and**
- Appropriately categorize the severity of noncompliance.**

**For the training related to F371, Sanitary Conditions, participants will be able to:**

- Describe the relationship between the regulation and the interpretive guidance;**
- Describe how to use the investigative protocol;**
- Describe and apply components of the investigative protocol;**

- **Identify areas of non-compliance with the sanitary conditions regulation; and**
- **Appropriately categorize the scope and severity of noncompliance.**

**Presenters include:**

- **Marci Martinson, RN, State RAI Coordinator**

Marci Martinson has worked as a surveyor and supervisor with the Licensing and Certification section of the Minnesota Department of Health since 1994. She has served as the state RAI Coordinator since 2006. She is currently a member of the Association of Health Facility Survey Agencies (AHFSA) RAI Panel, a national panel of state RAI coordinators. She worked in long term care as a nursing assistant, medication aide, RN and ADON from 1978 through 1994. She also holds a bachelor's degree in education.

- **Barb Swenson Polzin, MS, RD, LD**

Barb Swenson Polzin is a registered, licensed dietitian with a master's degree in community nutrition. She has had over twenty years experience in providing quality nutritional care in the long term care environment, both as a Director of Nutrition Services and as a clinical dietitian. Her career in this arena includes both full-time employment and serving as a consultant dietitian. She is currently employed as the long term care clinical dietitian at Glencoe Regional Health Services in Glencoe, Minnesota and as the consultant dietitian at Pathstone Living Lutheran Home, Mankato, and Oak Hills Living Center, New Ulm.

She has been adjunct faculty at Minnesota State University, Mankato and South Central Technical College, North Mankato, where she has developed curriculum and taught nutrition-related courses at the undergraduate and graduate levels. In addition, she has developed and presented several health and wellness programs to diverse audiences.

She has been published twice with the cover story in the national *Dietary Manager* magazine. She is a member of the American Dietetic Association, the Consultant Dietitians in Health Care Facilities and the Weight Management ADA practice groups, the Minnesota Consultant Dietitians, the Minnesota Dietetic Association, and the Minnesota South Central Dietetic Association.

- **Colleen Zenk, MS, CDM**

Colleen Zenk works for SYSCO Minnesota as Healthcare Services Supervisor and has been with SYSCO's Minnesota branch for the past 12 years. She is a registered trainer for both the Dietary Managers Food Protection Program and the National Restaurant Association's ServSafe Program. She regularly teaches classes in food safety. Her previous experience includes 8 years of teaching high school Home Economics, and 6 years full-time in the restaurant business before entering the Healthcare Industry. Colleen worked as the Food Service Director for a Continuing Care Retirement Community in Minneapolis for 15 years prior to her current job with SYSCO Minnesota. She holds both a bachelor and a master's degree in Education as well as the Certified Dietary Manager Credential.

Colleen is a Past National Chairman for the Dietary Managers Association and is currently on the Certifying Board for Dietary Managers. She is a past board member and chair of Healthcare Caterers International, a federation of foodservice associations that are affiliated with hospitals and nursing homes in 11 countries. She has presented programs in food safety, cost containment, customer service and other related foodservice issues to dietary managers and healthcare associations at the state, national and international level.