

Electronically delivered December 20, 2022

Administrator Regina Senior Living 1175 Nininger Road Hastings, MN 55033

RE: CCN: 245254 Cycle Start Date: October 12, 2022

Dear Administrator:

On November 1, 2022, we notified you a remedy was imposed. On November 22, 2022 the Minnesota Department(s) of Health and Public Safety completed a revisit to verify that your facility had achieved and maintained compliance. We have determined that your facility has achieved substantial compliance as of November 30, 2022.

As authorized by CMS the remedy of:

• Discretionary denial of payment for new Medicare and Medicaid admissions effective December 16, 2022 did not go into effect. (42 CFR 488.417 (b))

In our letter of November 1, 2022, in accordance with Federal law, as specified in the Act at § 1819(f)(2)(B)(iii)(I)(b) and § 1919(f)(2)(B)(iii)(I)(b), we notified you that your facility was prohibited from conducting a Nursing Aide Training and/or Competency Evaluation Program (NATCEP) for two years from December 16, 2022 due to denial of payment for new admissions. Since your facility attained substantial compliance on November 30, 2022, the original triggering remedy, denial of payment for new admissions, did not go into effect. Therefore, the NATCEP prohibition is rescinded. However, this does not apply to or affect any previously imposed NATCEP loss.

The CMS Region V Office may notify you of their determination regarding any imposed remedies.

Feel free to contact me if you have questions.

Sincerely,

Kumala Fiske Downing

Kamala Fiske-Downing Minnesota Department of Health Health Regulation Division Telephone: (651) 201-4112 Fax: (651) 215-9697 Email: <u>Kamala.Fiske-Downing@state.mn.us</u>



Electronically delivered

December 20, 2022

Administrator Regina Senior Living 1175 Nininger Road Hastings, MN 55033

Re: Reinspection Results Event ID: 7H1T12

Dear Administrator:

On November 22, 2022 survey staff of the Minnesota Department of Health - Health Regulation Division completed a reinspection of your facility, to determine correction of orders found on the survey completed on October 12, 2022. At this time these correction orders were found corrected.

Please feel free to call me with any questions.

Sincerely,

Kumala Fiske Downing

Kamala Fiske-Downing Minnesota Department of Health Health Regulation Division Telephone: (651) 201-4112 Fax: (651) 215-9697 Email: <u>Kamala.Fiske-Downing@state.mn.us</u>



Electronically delivered November 1, 2022

Administrator Regina Senior Living 1175 Nininger Road Hastings, MN 55033

RE: CCN: 245254 Cycle Start Date: October 12, 2022

Dear Administrator:

On October 12, 2022, a survey was completed at your facility by the Minnesota Department(s) of Health and Public Safety to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be widespread deficiencies that constitute no actual harm with potential for more than minimal harm that is not immediate jeopardy (Level F), as evidenced by the electronically delivered CMS-2567, whereby significant corrections are required.

## REMEDIES

As a result of the survey findings and in accordance with survey and certification memo 16-31-NH, this Department recommended the enforcement remedy(ies) listed below to the CMS Region V Office for imposition. The CMS Region V Office concurs and is imposing the following remedy and has authorized this Department to notify you of the imposition:

• Discretionary Denial of Payment for new Medicare and/or Medicaid Admissions, Federal regulations at 42 CFR § 488.417(a), effective December 16, 2022.

• Directed plan of correction (DPOC), Federal regulations at 42 CFR § 488.424. Please see electronically attached documents for the DPOC.

The CMS Region V Office will notify your Medicare Administrative Contractor (MAC) that the denial of payment for new admissions is effective December 16, 2022. They will also notify the State Medicaid Agency that they must also deny payment for new Medicaid admissions effective December 16, 2022.

You should notify all Medicare/Medicaid residents admitted on, or after, this date of the restriction. The remedy must remain in effect until your facility has been determined to be in substantial compliance or your provider agreement is terminated. Please note that the denial of payment for

new admissions includes Medicare/Medicaid beneficiaries enrolled in managed care plans. It is your obligation to inform managed care plans contracting with your facility of this denial of payment for new admissions.

This Department is also recommending that CMS impose:

• Civil money penalty (42 CFR 488.430 through 488.444). You will receive a formal notice from the CMS RO only if CMS agrees with our recommendation.

### NURSE AIDE TRAINING PROHIBITION

Please note that Federal law, as specified in the Act at §§ 1819(f)(2)(B) and 1919(f)(2)(B), prohibits approval of nurse aide training and competency evaluation programs and nurse aide competency evaluation programs offered by, or in, a facility which, within the previous two years, has operated under a § 1819(b)(4)(C)(ii)(II) or § 1919(b)(4)(C)(ii) waiver (i.e., waiver of full-time registered professional nurse); has been subject to an extended or partial extended survey as a result of a finding of substandard quality of care; has been assessed a total civil money penalty of not less than \$11,292; has been subject to a denial of payment, the appointment of a temporary manager or termination; or, in the case of an emergency, has been closed and/or had its residents transferred to other facilities.

If you have not achieved substantial compliance by December 16, 2022, the remedy of denial of payment for new admissions will go into effect and this provision will apply to your facility. Therefore, Regina Senior Living will be prohibited from offering or conducting a Nurse Aide Training and/or Competency Evaluation Program (NATCEP) for two years from December 16, 2022. You will receive further information regarding this from the State agency. This prohibition is not subject to appeal. Further, this prohibition may be rescinded at a later date if your facility achieves substantial compliance prior to the effective date of denial of payment for new admissions.

However, under Public Law 105-15, you may contact the State agency and request a waiver of this prohibition if certain criteria are met.

## ELECTRONIC PLAN OF CORRECTION (ePOC)

Within ten (10) calendar days after your receipt of this notice, you must submit an acceptable ePOC for

the deficiencies cited. An acceptable ePOC will serve as your allegation of compliance. Upon receipt of an acceptable ePOC, we will authorize a revisit to your facility to determine if substantial compliance has been achieved. The failure to submit an acceptable ePOC can lead to termination of your Medicare and Medicaid participation (42 CFR 488.456(b)).

To be acceptable, a provider's ePOC must include the following:

- How corrective action will be accomplished for those residents found to have been affected by the deficient practice.
- How the facility will identify other residents having the potential to be affected by the same

deficient practice.

- What measures will be put into place, or systemic changes made, to ensure that the deficient practice will not recur.
- How the facility will monitor its corrective actions to ensure that the deficient practice is being corrected and will not recur.
- The date that each deficiency will be corrected.
- An electronic acknowledgement signature and date by an official facility representative.

## DEPARTMENT CONTACT

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by a "F" and/or an "E" tag), i.e., the plan of correction should be directed to:

Pete Cole, RN Unit Supervisor Metro Team C District Office Licensing and Certification Program Health Regulation Division Minnesota Department of Health 85 East Seventh Place, Suite 220 P.O. Box 64900 Saint Paul, Minnesota 55164-0900 Email: peter.cole@state.mn.us Office/Mobile: (651) 249-1724

## PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE

The facility's ePoC will serve as your allegation of compliance upon the Department's acceptance. In order for your allegation of compliance to be acceptable to the Department, the ePoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health - Health Regulation Division staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your ePoC for their respective deficiencies (if any) is acceptable.

### VERIFICATION OF SUBSTANTIAL COMPLIANCE

Upon receipt of an acceptable ePoC, a Post Certification Revisit (PCR), of your facility will be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved ePoC, unless it is determined that either correction actually occurred between the latest correction date on the ePoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the ePoC.

# FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY

We will also recommend to the CMS Region V Office and/or the Minnesota Department of Human Services that your provider agreement be terminated by April 12, 2023 if your facility does not achieve substantial compliance. This action is mandated by the Social Security Act at § 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR § 488.412 and § 488.456.

Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.

### APPEAL RIGHTS

If you disagree with this action imposed on your facility, you or your legal representative may request a hearing before an administrative law judge of the Department of Health and Human Services, Departmental Appeals Board (DAB). Procedures governing this process are set out in 42 C.F.R. 498.40, et seq. You must file your hearing request electronically by using the Departmental Appeals Board's Electronic Filing System (DAB E-File) at https://dab.efile.hhs.gov no later than sixty (60) days after receiving this letter. Specific instructions on how to file electronically are attached to this notice. A copy of the hearing request shall be submitted electronically to:

### Tamika.Brown@cms.hhs.gov

Requests for a hearing submitted by U.S. mail or commercial carrier are no longer accepted as of October 1, 2014, unless you do not have access to a computer or internet service. In those circumstances you may call the Civil Remedies Division to request a waiver from e-filing and provide an explanation as to why you cannot file electronically or you may mail a written request for a waiver along with your written request for a hearing. A written request for a hearing must be filed no later than sixty (60) days after receiving this letter, by mailing to the following address:

Department of Health & Human Services Departmental Appeals Board, MS 6132

> Director, Civil Remedies Division 330 Independence Avenue, S.W. Cohen Building – Room G-644 Washington, D.C. 20201 (202) 565-9462

A request for a hearing should identify the specific issues, findings of fact and conclusions of law with which you disagree. It should also specify the basis for contending that the findings and conclusions are incorrect. At an appeal hearing, you may be represented by counsel at your own expense. If you have any questions regarding this matter, please contact Tamika Brown, Principal Program Representative by phone at (312) 353-1502 or by e-mail at <u>Tamika.Brown@cms.hhs.gov.</u>

## INFORMAL DISPUTE RESOLUTION (IDR) / INDEPENDENT INFORMAL DISPUTE RESOLUTION (IIDR)

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

> Nursing Home Informal Dispute Process Minnesota Department of Health Health Regulation Division P.O. Box 64900 St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: <a href="https://mdhprovidercontent.web.health.state.mn.us/ltc\_idr.cfm">https://mdhprovidercontent.web.health.state.mn.us/ltc\_idr.cfm</a>

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: <u>https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04\_8.html</u>

Please note that the failure to complete the informal dispute resolution process will not delay the dates specified for compliance or the imposition of remedies.

Questions regarding all documents submitted as a response to the Life Safety Code deficiencies (those preceded by a "K" tag) i.e., the plan of correction, request for waivers, should be directed to:

William Abderhalden, Fire Safety Supervisor Deputy State Fire Marshal Health Care/Corrections Supervisor – Interim Minnesota Department of Public Safety 445 Minnesota Street, Suite 145 St. Paul, MN 55101-5145

Cell: (507) 361-6204 Email: william.abderhalden@state.mn.us Fax: (651) 215-0525

Feel free to contact me if you have questions.

Sincerely,

Kumala Fiske Downing

Kamala Fiske-Downing

Regina Senior Living November 1, 2022 Page 6 Minnesota Department of Health Health Regulation Division Telephone: (651) 201-4112 Fax: (651) 215-9697 Email: <u>Kamala.Fiske-Downing@state.mn.us</u>

#### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

## FORM APPROVED OMB NO. 0938-0391

PRINTED: 11/16/2022

|                          |   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:                                 | (X2) MULT<br>A. BUILDIN | IPLE CONSTRUCTION   | ` '    | E SURVEY                   |
|--------------------------|---|---|-------------------------|---|--------|----------------------------|
|                          |   | 245254  | B. WING _               |   | 10/    | C<br>/ <b>12/2022</b>      |
|                          | PROVIDER OR SUPPLIER  |   |                         | STREET ADDRESS, CITY, STATE, ZIP CODE<br>1175 NININGER ROAD<br>HASTINGS, MN 55033                         |        |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG     | PROVIDER'S PLAN OF CORRECT<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERENCED TO THE APPR<br>DEFICIENCY) | JLD BE | (X5)<br>COMPLETION<br>DATE |
| E 000                    | Initial Comments  |   | E 00                    | 00  |        |                            |
|                          | compliance with CN<br>Emergency Prepare<br>conducted during a | edness Requirements, was<br>standard recertification<br>nor Living was found to be in |                         |   |        |                            |

F 000

The facility is enrolled in ePOC and therefore a signature is not required at the bottom of the first page of the CMS-2567 form. Although no plan of correction is required, it is required that the facility acknowledge receipt of the electronic documents.
 F 000 INITIAL COMMENTS

On 10/10/22 to 10/12/22, a standard recertification survey was conducted by surveyors from the Minnesota Department of Health (MDH). In addition, multiple complaint investigations were also completed. Regina Senior Living was found to be not in compliance with the requirements of 42 CFR 483, Subpart B, Requirements for Long Term Care Facilities.

The following complaints were found to be substantiated:

H5254058C (MN82682); however, no deficiencies issued due to actions taken prior to survey. H52545005C (MN85643): however, no

| Electronically Signed  |              | 11/10/2022 |
|--|--------------|------------|
| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGN                             | NATURE TITLE | (X6) DATE  |
| The facility's plan of correction (POC) will serve as your allegation of compliance upon the |              |            |
| deficiencies issued due to actions taken prior to survey.                                    |              |            |

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 1 of 26

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

### FORM APPROVED OMB NO. 0938-0391

PRINTED: 11/16/2022

11/18/22

| STATEMENT OF DEFICIENCIES(X1) PROVIDER/SUPPLIER/CLIAAND PLAN OF CORRECTIONIDENTIFICATION NUMBER: |  | 、 <i>′</i>   | (X2) MULTIPLE CONSTRUCTION A. BUILDING |    |   | (X3) DATE SURVEY<br>COMPLETED |                            |
|--|--|--|--|----|---|-------------------------------|----------------------------|
|  |  | 245254   | B. WING _                              |    |   | (<br>10/                      | C<br>12/2022               |
|  | PROVIDER OR SUPPLIER   |  |  | 1  | TREET ADDRESS, CITY, STATE, ZIP CODE<br>175 NININGER ROAD<br>IASTINGS, MN 55033                                 | •                             |                            |
| (X4) ID<br>PREFIX<br>TAG   | (EACH DEFICIENC)   | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG                    | <  | PROVIDER'S PLAN OF CORRECTIO<br>(EACH CORRECTIVE ACTION SHOULD<br>CROSS-REFERENCED TO THE APPROP<br>DEFICIENCY) | ) BE                          | (X5)<br>COMPLETION<br>DATE |
| F 000  | Departments accept<br>enrolled in ePOC, y<br>at the bottom of the<br>form. Your electron<br>be used as verificat<br>receipt of an accept | ge 1<br>otance. Because you are<br>your signature is not required<br>a first page of the CMS-2567<br>ic submission of the POC will<br>tion of compliance. Upon<br>table electronic POC, an<br>r facility may be conducted to | F 00                                   | 00 |   |                               |                            |

| F 677<br>SS=D |   | F 677 |  |
|---------------|---|-------|--|
|               | <ul> <li>§483.24(a)(2) A resident who is unable to carry out activities of daily living receives the necessary services to maintain good nutrition, grooming, and personal and oral hygiene;</li> <li>This REQUIREMENT is not met as evidenced by:</li> <li>Based on observation, interview, and document review, the facility failed to ensure routine personal hygiene (dental care) was provided for 1 of 1 residents (R1) reviewed for activities of daily living (ADLs) and who was dependent upon staff for care.</li> <li>Findings include:</li> </ul> |       | This plan of facility's creation does not consider a greement facts alleged the statement of the statement o |
|               | R1's facesheet printed on 10/11/22, included diagnoses of hemiplegia (paralysis of one side of  |       | The plan of executed in  |

the body) following a stroke, affecting her

dominate hand.

This plan of correction constitutes the facility's credible allegation of compliance.

Preparation and/or execution of this plan does not constitute admission or agreement by the provider of the truths or facts alleged or conclusions set forth in the statement of deficiencies.

The plan of correction is prepared and/or executed in accordance with federal and state law requirements.

| R1's quarterly Minimum Data Set<br>assessment dated 10/4/22, indicat<br>cognitively intact, had clear speec<br>understand others and was usuall<br>R1 required extensive assistance<br>most ADL's including hygiene. R1 | ed R1 was<br>n, could<br>y understood.<br>of one staff for | 11/8/2022 for or<br>care was review<br>staff assistance | as assessed by RN-C on<br>ral care/hygiene. Plan of<br>wed and updated to reflect<br>e required for oral hygiene<br>HS cares as accepted and |
|---|--|---|--|
| FORM CMS-2567(02-99) Previous Versions Obsolete   | Event ID:7H1T11  | Facility ID: 00100                                      | If continuation sheet Page 2 of 26   |

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391

PRINTED: 11/16/2022

|                          |  |   | 、 <i>`</i>          | PLE CONSTRUCTION<br>G  | (X3) DATE SURVEY<br>COMPLETED |                            |
|--------------------------|--|---|---------------------|--|-------------------------------|----------------------------|
|                          |  | 245254  | B. WING             |  | C<br><b>10/1</b>              | ;<br>2/2022                |
| NAME OF                  | PROVIDER OR SUPPLIER   |   |                     | STREET ADDRESS, CITY, STATE, ZIP CODE  |                               |                            |
| REGINA                   | SENIOR LIVING  |   |                     | 1175 NININGER ROAD<br>HASTINGS, MN 55033   |                               |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD I<br>CROSS-REFERENCED TO THE APPROPR<br>DEFICIENCY)  | BE                            | (X5)<br>COMPLETION<br>DATE |
| F 677                    | Continued From pa  | .ge 2   | F 67                | 7  |                               |                            |
|                          | staff were to assist<br>day during the more<br>7:00 a.m. and 10:00 | er dated 12/20/18, indicated<br>R1 to brush her teeth twice a<br>hing medication pass between<br>0 a.m. and the bedtime<br>om 7:00 p.m. to 10:00 p.m. |                     | tolerated.<br>Residents requiring assistance with<br>hygiene have the potential to be affe<br>Resident receiving oral care assista<br>were reviewed by Clinical Leadershi<br>no further concerns identified. Revie | ected.<br>Ince<br>ip with     |                            |

R1's care plan edited on 7/15/22, indicated R1 required staff assistance with dental care. R1 would be free from tooth decay, swollen or bleeding gums, oral abscesses or ulcers. Staff were to monitor the adequacy of brushing. In addition, R1's care plan edited 8/8/22, indicated R1 was unable to independently perform grooming related to hemiplegia affecting her right dominate side. The care plan indicated R1 would be assisted with brushing her teeth. Staff were to provide R1 with verbal cues to brush teeth once she was set up at the sink. Nursing staff were to encourage R1 to be as independent as possible.

During an interview on 10/10/22, at 1:18 p.m., R1 stated no one brushed her teeth and stated she could not do it herself; adding, "I need to brush them." R1 stated if staff brought her the supplies, she thought she could brush her teeth.

During an interview on 10/11/22, at 1:15 p.m., nursing assistant (NA)-B stated R1 could brush her teeth with set up help and admitted she did not assist R1 with brushing her teeth that morning, adding she had so much to do. NA-B

was completed on 11/3/22.

Nursing direct care staff were educated by Clinical Leadership in relation to oral cares and hygiene including importance of oral care, assistance to be provided, and reporting resident reluctance or refusal of cares in order to ensure necessary services to maintain personal and oral hygiene. This education will be completed by 12/1/22.

Audits including direct observation of oral cares/hygiene will be performed by Clinical Leadership 2x weekly x4 weeks, then as needed to validate ongoing compliance. Audits will be brought through facility QAPI committee for review and further recommendations. Audits will be discontinued only upon QAPI committee determination of sustained compliance.

| stated R1 was to receive assistance with brushing her teeth at least once a day.   |      |  |       |
|--|------|--|-------|
| During an interview on 10/11/22, at 1:25 p.m.,<br>licensed practical nurse (LPN)-A stated NA's got<br>R1 up in the morning to wash and help her brush<br>her teeth. LPN-A looked in the electronic medical |      |  |       |
|  | <br> |  | <br>- |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 3 of 26

AND PLAN OF CORRECTION

NAME OF PROVIDER OR SUPPLIER

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED **IDENTIFICATION NUMBER:** A. BUILDING С 245254 B. WING 10/12/2022

**1175 NININGER ROAD** 

STREET ADDRESS, CITY, STATE, ZIP CODE

| REGINA                   | SENIOR LIVING  |                     | HASTINGS, MN 55033   |                            |  |  |
|--------------------------|--|---------------------|--|----------------------------|--|--|
| (X4) ID<br>PREFIX<br>TAG | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) | (X5)<br>COMPLETION<br>DATE |  |  |
| F 677                    | Continued From page 3<br>record (EMR) and printed NA documentation for<br>assisting R1 to brush teeth twice a day. Many<br>entries indicated the task was "reviewed," and<br>LPN-A was not sure what that meant. | F 677               |  |                            |  |  |
|                          | During an interview on 10/11/22, at 3:55 p.m., (NA)-C demonstrated how resident tasks were   |                     |  |                            |  |  |

documented in the NA documentation system called Point of Care (POC). NA-C displayed the five drop-down options to select for dental care for R1: 1) Reviewed 2) Resident sick 3) Resident refused 4) Resident unavailable 5) Completed task as written. NA-C stated "reviewed" meant a NA looked at it but did not complete the task and "completed task as written" meant the task was done.

Review of POC records provided by LPN-A, indicated out of 60 opportunities for staff to assist R1 with brushing her teeth twice a day from 9/11/22, to 10/11/22, the task was documented as completed only 50% of the time. The task was never documented as completed on the following 11 dates: 9/11, 9/14, 9/15, 9/21, 9/24, 9/25, 9/27, 9/29, 10/5, 10/8 and 10/9.

During an interview on 10/12/22, at 7:29 a.m., the director of nursing (DON) was informed that R1 had not being assisted to brush her teeth 50% of the time over the past month. The DON was unaware of this and stated dental care was important for residents, adding she expected staff

| to complete tasks as assigned.   |  |
|--|--|
| Facility policy titled Activities of Daily Living (ADL)<br>dated 2021, indicated residents unable to carry<br>out ADL's independently would receive the<br>services necessary to maintain good grooming<br>and personal hygiene. Care and services would |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 4 of 26

**CENTERS FOR MEDICARE & MEDICAID SERVICES** 

#### PRINTED: 11/16/2022 FORM APPROVED OMB NO. 0938-0391

|                          |  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:                                     | (X2) MULTI<br>A. BUILDIN | PLE CONSTRUCTION  | · ,      | E SURVEY                   |
|--------------------------|--|---|--------------------------|---|----------|----------------------------|
|                          |  |   |                          | Ч   |          | С                          |
|                          |  | 245254  | B. WING _                |   | 10       | /12/2022                   |
| NAME OF I                | PROVIDER OR SUPPLIER                     |   |                          | STREET ADDRESS, CITY, STATE, ZIP COD  | E        |                            |
| REGINA                   | SENIOR LIVING                            |   |                          | 1175 NININGER ROAD  |          |                            |
|                          |  |   |                          | HASTINGS, MN 55033  |          |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)                         | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)       | ID<br>PREFIX<br>TAG      | PROVIDER'S PLAN OF CORRE<br>(EACH CORRECTIVE ACTION SF<br>CROSS-REFERENCED TO THE AP<br>DEFICIENCY) | IOULD BE | (X5)<br>COMPLETION<br>DATE |
| F 677                    | carry out ADL's inde                     | dents who were unable to ependently, including hygiene                                    | F 67                     | 7   |          |                            |
| F 695<br>SS=D            | he/she would be ap<br>Respiratory/Trache | f a resident refused care,<br>proached at a different time.<br>ostomy Care and Suctioning | F 69                     | 5   |          | 11/18/22                   |

§ 483.25(i) Respiratory care, including tracheostomy care and tracheal suctioning. The facility must ensure that a resident who needs respiratory care, including tracheostomy care and tracheal suctioning, is provided such care, consistent with professional standards of practice, the comprehensive person-centered care plan, the residents' goals and preferences, and 483.65 of this subpart.

This REQUIREMENT is not met as evidenced by:

Based on observation, interview, and record review the facility failed to ensure oxygen was delivered according to physician orders and professional standards for 1 of 2 (R15) residents reviewed for respiratory care.

#### Findings include:

R15's quarterly minimum data set (MDS) dated 8/6/22, indicated R15 had intact cognition and received oxygen therapy. R15 had diagnoses that included lung cancer, chronic hypoxemic respiratory failure (low oxygen in the blood), abdominal aortic aneurysm without rupture (a

### F695

Resident #15 s oxygen concentrator setting was corrected from 3LPM to 2LPM via nasal cannula by staff nurse on 10/10/2022 upon notification of the surveyor. Resident #15 exhibited no adverse effect of oxygen being administered at 3LPM via nasal cannula. Upon review of Resident #15 s TAR, it was confirmed that maintenance orders for oxygen including tubing changes, humidifier fill, and cleaning was documented as being performed as

| ballooning and thinning of the   |                 | ordered.                    |   |
|--|-----------------|-----------------------------|---|
| artery wall), T12 (thoracic verter<br>fracture, stroke, macular dege<br>(progressive eye disease lead<br>and seizures. | neration        | the potentia<br>receiving o | receiving oxygen therapy have<br>al to be affected. Residents<br>xygen therapy were reviewed<br>Leadership on 10/17/22 to |
| FORM CMS-2567(02-99) Previous Versions Obsolete  | Event ID:7H1T11 | Facility ID: 00100          | If continuation sheet Page 5 of 26  |

CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 695 Continued From page 5 F 695 R15's care plan dated 8/15/22, indicated R15 had validate delivery settings were per an alteration in respiratory status related to physician's orders and that maintenance chronic respiratory failure as manifested by use of orders for oxygen were being performed oxygen. Interventions included compliance with per plan of care. No other concerns were

oxygen therapy, and administering oxygen as ordered.

identified per review.

Nursing direct care staff were educated by Clinical leadership in relation to Oxygen Therapy including importance of following physician orders for rate of delivery, changing of tubing and supplies, and cleaning of filters per facility protocol. This education was completed by 12/1/22.

### PRINTED: 11/16/2022 FORM APPROVED

R15's physician orders dated 10/10/22, indicated R15 received 2 liters per minute (lpm) of oxygen by nasal cannula. The orders also indicated to change R15's humidifying jar weekly and remove and wash the oxygen concentrator filter weekly.

R22's quarterly MDS dated 8/30/22, indicated R22 had no cognitive deficits.

R22's physician orders dated 10/12/22, indicated to change R22's oxygen tubing and wash R22's oxygen concentrator filter weekly on Mondays and to change R22's humidifying jar weekly on Sundays.

During an observation and interview on 10/10/22, at 1:17 p.m. R15's concentrated oxygen machine was set to deliver 3 lpm oxygen through a nasal cannula, the water container (bubbler) for delivery of humidified oxygen was empty, and the oxygen tubing and bubbler lacked a date to indicate when they were last changed. R15 stated they change her oxygen tubing "about once a month".

During an interview on 10/10/22, at 1:38 p.m.

Audits of residents receiving oxygen will be performed 2x weekly x4 weeks, then as needed to validate ongoing compliance.

Audits will be brought through facility QAPI committee for review and further recommendations. Audits will be discontinued only upon QAPI committee determination of sustained compliance.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 6 of 26

STATEMENT OF DEFICIENCIES

AND PLAN OF CORRECTION

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY **IDENTIFICATION NUMBER:** COMPLETED

|                          |                                       |  | A. BUILDI           | NG   |          | $\mathbf{c}$               |
|--------------------------|---------------------------------------|--|---------------------|--|----------|----------------------------|
|                          |                                       | 245254   | B. WING             |  |          | C<br>1 <b>2/2022</b>       |
|                          | PROVIDER OR SUPPLIER<br>SENIOR LIVING |  |                     | STREET ADDRESS, CITY, STATE, ZIP COE<br>1175 NININGER ROAD<br>HASTINGS, MN 55033                   | )E       |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENCY                      | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)                                    | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORR<br>(EACH CORRECTIVE ACTION SH<br>CROSS-REFERENCED TO THE AP<br>DEFICIENCY) | HOULD BE | (X5)<br>COMPLETION<br>DATE |
| F 695                    | Continued From pa                     | ge 6   | F 6                 | 95   |          |                            |
|                          | R15's bubbler conta                   | ion on 10/10/22, at 2:28 p.m.<br>ained water measuring to the<br>ked on the container. Oxygen<br>d at a rate of 3 lpm. |                     |  |          |                            |
|                          | During an interview                   | on 10/10/22, at 6:53 p.m. R15  | 5                   |  |          |                            |

stated she was always on 2 lpm of oxygen, but when she came back from the hospital recently the facility increased it to 3 lpm but they didn't tell R15 why it was increased.

During an interview on 10/10/22, at 6:57 p.m. licensed practical nurse (LPN)-C stated resident bubblers were filled as needed and the container and oxygen tubing should have been changed weekly. LPN-C stated there was usually a task in the resident's computer to indicate if they had been changed or not.

During an observation on 10/11/22, at 11:00 a.m. the water in R15's bubbler was below the "minimum" line marked on the container and the oxygen was being delivered at 3 lpm.

During an observation and interview on 10/11/22, at 11:41 a.m. R22 had oxygen being administered humidified oxygen via nasal cannula. The oxygen tubing, cannula tubing, and bubbler lacked a date to indicate when they were last changed. R22 stated she was going on three weeks since the staff last changed her oxygen tubing, although

| they did clean the humidifier filter the p week.   | revious       |  |
|--|---------------|--|
| During an observation and interview or<br>at 11:30 p.m. RN-C stated the water in<br>resident's bubbler should have been fill<br>the "minimum" but below the "maximur | a<br>ed above |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 7 of 26

STATEMENT OF DEFICIENCIES

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION

|                          | OF CORRECTION   | IDENTIFICATION NUMBER:  | A. BUILDII<br>B. WING | NG  |      | pleted<br>C                |
|--------------------------|---|---|-----------------------|---|------|----------------------------|
| NAME OF                  | PROVIDER OR SUPPLIER  | 245254  |                       | STREET ADDRESS, CITY, STATE, ZIP CODE   | 10/  | 12/2022                    |
|                          | SENIOR LIVING   |   |                       | 1175 NININGER ROAD<br>HASTINGS, MN 55033  |      |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG   | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPROF<br>DEFICIENCY) | D BE | (X5)<br>COMPLETION<br>DATE |
| F 695                    | marked on the cont<br>delivery of the hum<br>stated the resident'<br>at the rate ordered<br>verified the water in<br>"minimum" line and | ige 7<br>tainer to ensure proper<br>idified oxygen. RN-C also<br>s oxygen should be delivered<br>by the physician. RN-C<br>n R15's bubbler was below the<br>was being delivered at 3 lpm<br>sician orders indicated R15 | F 69                  | 95  |      |                            |

should be receiving oxygen at 2 lpm.

During an interview on 10/12/22, at 10:54 a.m. the director of nursing (DON) stated a resident's bubbler should be filled with distilled water and remain between the "minimum" and "maximum" lines marked on the container to maintain moist mucosa and avoid dry nasal passages. The DON also stated a resident's oxygen should be delivered at the rate ordered by the physician.

During an interview on 10/12/22, at 12:14 p.m. nurse practitioner (NP)-A stated oxygen bubblers needed to remain appropriately filled to prevent mucous membranes from drying out and causing nose bleeds, particularly in residents who were on continuous oxygen such as R15. NP-A further stated oxygen should be delivered at the rate indicated in the physician orders, and although she did not believe it was required, staff should date the tubing and bubbler when they change them.

The facility Cleaning of Oxygen Equipment policy dated June 2017, indicated to replace resident

| nasal cannulas, oxygen tubing, and humidifier<br>bottle each week. Use tape to place dated and<br>initials on tubing and bottle when replaced.      |  |
|---|--|
| The facility Oxygen Therapy policy dated 2017,<br>indicated oxygen was to be provided in a safe<br>manner as identified by a prescribing physician. |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 8 of 26

#### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

#### PRINTED: 11/16/2022 FORM APPROVED OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION A. BUILDING \_\_\_\_\_\_ (X3) DATE SURVEY COMPLETED

|                          | OF DEFICIENCIES      | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:                                | (X2) MUL<br>A. BUILD |     | LE CONSTRUCTION   | ` '   | E SURVEY<br>IPLETED        |
|--------------------------|----------------------|--|----------------------|-----|---|-------|----------------------------|
|                          |                      | 245254   | B. WING              |     |   |       | C<br>12/2022               |
|                          |                      |  |                      | S   | STREET ADDRESS, CITY, STATE, ZIP CODE<br>1175 NININGER ROAD   | 1 10/ | 12/2022                    |
| REGINA                   | SENIOR LIVING        |  |                      | ŀ   | HASTINGS, MN 55033  |       |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)     | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREF<br>TAG    |     | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPROI<br>DEFICIENCY) | D BE  | (X5)<br>COMPLETION<br>DATE |
| F 695                    | cleaning, humidifica | ge 8<br>or recommendations for<br>ation, dispensing, and<br>upment and in accordance | F 6                  | 695 |   |       |                            |
| F 697<br>SS=D            | with federal, state, | and local laws and regulations.  | F6                   | 697 |   |       | 11/18/22                   |

§483.25(k) Pain Management.

The facility must ensure that pain management is provided to residents who require such services, consistent with professional standards of practice, the comprehensive person-centered care plan, and the residents' goals and preferences. This REQUIREMENT is not met as evidenced by:

Based on observation, interview, and document review, the facility failed to ensure implemented interventions for pain management were comprehensively reassessed to ensure efficacy and effectiveness for 1 of 2 residents (R32) reviewed for pain management and who expressed ongoing, unrelieved pain.

Findings include:

R32's admission Minimum Data Set (MDS), dated 9/19/22, identified R32 had moderate cognitive impairment, demonstrated no delusional behavior(s), and required extensive assistance to complete most activities of daily living (ADLs). Further, the MDS outlined R32 received scheduled and as-needed medication for pain in

#### F697

Resident #32 was reassessed by RN-C on 10/17/22 in relation to pain/discomfort, current pain management regime, and resident concerns in relation to taking prescribed pain medications, specifically controlled substances. He has expressed increased control with scheduled medications vs. as needed. Care plan was reviewed and updated to include non-pharmacological interventions as well. Resident will have pain observation assessment completed at regular intervals to analyze responses to promote increased comfort.

| addition to non-pharmacological interventions.  | Resident of the facility experiencing pain |
|---|--|
| R32 reported occasional pain with a recorded    | have the potential to be affected.         |
| intensity of, "Moderate."                       | Residents were reviewed by Clinical        |
|   | leadership in relation to pain, pain       |
| R32's Clinical Documentation Observation, dated | medication regime, current interventions.  |
| 9/7/22, identified R32 had no memory or recall  | Care plans were updated as needed to       |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 9 of 26

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER

**1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 697 Continued From page 9 F 697 concerns. The observation listed a section reflect current status, goals, and labeled, "Acute Physical Pain," which identified appropriate, individualized interventions. R32 received scheduled medication, as-needed Nursing direct care staff were educated by medication, and non-pharmacological interventions for his pain in the previous five day Clinical Leadership in relation to pain review period. A pain interview was completed management including assessment, with R32 which recorded him as having moderate implementation of interventions. pain or hurting with a frequency recorded as, comprehensive reassessment to validate "Frequently." The pain did not impact his sleep, efficacy and effectiveness of however, did cause limited daily activities. The interventions, and revision of plan of care as needed to promote adequate pain staff recorded R32 as having vocal complaints of pain in addition to facial expressions indicative of relief and comfort. pain (i.e., grimaces); and the observation listed a section labeled, "Assessment," which outlined Audits will be performed by resident R32 had pain in his back described as, "Dull." A interviews and review of Facility activity series of management interventions were report by Clinical Leadership to validate selected which included warm compress, rest, ongoing compliance with pain along with scheduled and as-needed Tylenol management, interventions implemented, and reassessment of resident 2x weekly administration. The completed observation lacked x4 weeks, then as needed. Audits will be evidence R32 consumed or was provided brought through facility QAPI committee tramadol (a narcotic medication). for review and further recommendations. R32's care plan, dated 10/4/22, identified R32 Audits will be discontinued only upon QAPI committee determination of experienced pain or discomfort related to spinal stenosis, age-related osteoporosis, and sustained compliance.

compression fractures. A goal was listed for R32 which read, "My pain management goal is to be comfortable as evidence by ability to do my ADL [activities of daily living] without experiencing pain." Further, the care plan listed a single intervention to help R32 meet this goal which read, "Interventions for me when I express pain

| On 10/10/22 at 1:47 p.m., R32 was observed<br>seated in a chair in his room, and he appeared<br>comfortable and demonstrated no physical signs<br>or symptoms of pain (i.e., clenched jaw,<br>grimacing). However, when interviewed at this | include: pain medications, rest."  |  |
|---|--|--|
|   | seated in a chair in his room, and he appeared<br>comfortable and demonstrated no physical signs<br>or symptoms of pain (i.e., clenched jaw, |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 10 of 26

#### FORM APPROVED OMB NO. 0938-0391 **CENTERS FOR MEDICARE & MEDICAID SERVICES**

PRINTED: 11/16/2022

|                          | OF DEFICIENCIES   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:  | (X2) MULT<br>A. BUILDII | IPLE CONSTRUCTION   | (X3) DATE SURVEY<br>COMPLETED |
|--------------------------|---|--|-------------------------|---|-------------------------------|
|                          |   | 245254   | B. WING _               |   | C<br>10/12/2022               |
|                          | PROVIDER OR SUPPLIER  |  |                         | STREET ADDRESS, CITY, STATE, ZIP CODE<br>1175 NININGER ROAD<br>HASTINGS, MN 55033 | -                             |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | TEMENT OF DEFICIENCIES<br>( MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG     | PROVIDER'S PLAN OF CORRECTIO  | D BE COMPLETION               |
| F 697                    | time, R32 stated he<br>side due to a histor<br>compression fractu<br>being constant in d<br>throbbing " and "ac<br>ice packs and pain | ge 10<br>a had "chronic pain" in his left<br>y of osteoporosis and<br>res. R32 described the pain as<br>uration and a sensation like "a<br>hing." R32 explained he took<br>medication for the pain;<br>ver completely relieved the | F 69                    | 97  |                               |

pain adding he had dealt with pain for a long time. R32 stated he was not satisfied with his current pain management program at the nursing home and wanted more done, if possible. R32 expressed nursing home staff were aware of his pain but, "[The staff] don't say too much about it."

R32's Discharge Medications listing, undated, identified R32's physician orders when he admitted to the nursing home. The orders included 1) Tylenol 1000 milligrams (mg) by mouth four times daily, and, 2) tramadol (a narcotic medication) 75 mg by mouth every six hours as needed for pain. However, R32's Active Orders listing, printed 10/11/22, identified R32's current physician orders while residing at the nursing home. This listing outlined an order for tramadol 50 mg by mouth every six hours (decreased from 75 mg to 50 mg and now scheduled instead of as-needed) with a listed start date of 9/19/22.

R32's Pain Interview 2019, dated 9/18/22 (a day prior to the tramadol being scheduled), identified R32 continued to received scheduled and

| as-needed medication for pain, along with          |  |  |
|--|--|--|
| non-pharmacological interventions. A pain          |  |  |
| interview was completed with R32 who now           |  |  |
| reported severe pain, "Almost constantly." In      |  |  |
| addition, the pain was recorded as impacting his   |  |  |
| sleep and causing limited day-to-day activities. A |  |  |
| section labeled, "Symptom Management               |  |  |
|  |  |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 11 of 26

**CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING С B. WING 245254 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES **PROVIDER'S PLAN OF CORRECTION** ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 697 Continued From page 11 F 697 Interventions," identified R32 received cold packs, warm compresses, rest, and tramadol for pain management. R32's progress notes, dated 9/6/22 to 10/10/22,

PRINTED: 11/16/2022 FORM APPROVED

On 9/18/22, R32 complained of pain between eight to 10 on the pain scale (0-10; 10 being worst). R32 was give ice packs and as-needed tramadol.

identified the following recorded entries:

On 9/21/22, R32 complained of pain and rated it a four out of 10 on the pain scale, however, verbalized his pain seemed to be better compared to the previous few days. R32's scheduled tramadol was given.

On 9/30/22, R32 again complained of pain and received scheduled tramadol. R32 rated the pain "at a 7" on the pain scale.

On 10/1/22, R32 rated his pain at a six out of 10 but denied needing as-needed medication for it.

On 10/8/22, the nurse recorded R32 had no tramadol supply as the pharmacy (Alixa) did not have R32's information in the system. This continued until 5:06 a.m., when another note recorded R32's information still was not entered and the pharmacy IT department was " ... working on the system." The note(s) lacked any recorded

| pain levels (i.e., one to 10) while his medication supply was unavailable.  |  |
|---|--|
| When interviewed on 10/11/22 at 9:49 a.m.,<br>nursing assistant (NA)-A stated they had worked<br>with R32 several times in the past few weeks and<br>described R32 as someone who was usually |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 12 of 26

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

### FORM APPROVED OMB NO. 0938-0391

PRINTED: 11/16/2022

|                          | OF DEFICIENCIES  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | . ,                | (X2) MULTIPLE CONSTRUCTION A. BUILDING |   | (X3) DATE SURVEY<br>COMPLETED |                            |
|--------------------------|--|---|--------------------|--|---|-------------------------------|----------------------------|
|                          |  | 245254  | B. WING            |  |   | (<br>10/ <sup>-</sup>         | C<br>12/2022               |
|                          | PROVIDER OR SUPPLIER   |   |                    | 1                                      | TREET ADDRESS, CITY, STATE, ZIP CODE<br>175 NININGER ROAD<br>IASTINGS, MN 55033                                 |                               |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFI<br>TAG | X                                      | PROVIDER'S PLAN OF CORRECTIO<br>(EACH CORRECTIVE ACTION SHOULD<br>CROSS-REFERENCED TO THE APPROP<br>DEFICIENCY) | ) BE                          | (X5)<br>COMPLETION<br>DATE |
| F 697                    | "very happy" in den<br>However, NA-A stat<br>his left hip and side<br>ice packs which see<br>some when provide<br>R32 vocalize and c | ge 12<br>neanor and accepting of care.<br>ted R32 did vocalize pain in<br>and would, at times, ask for<br>emed to help improve his pain<br>ed. NA-A stated he last heard<br>omplain of pain "about a week<br>ribed it as a "shooting" pain in | F 6                | 97                                     |   |                               |                            |

the left side.

On 10/11/22 at 11:51 a.m., R32 was interviewed with his family member (FM)-C present. R32 stated his pain was "pretty fair" right then when asked, however, stated he felt his pain was "about the same" since 9/19/22, when the tramadol was scheduled and the per-administration dose reduced. FM-A stated R32 did still complain of pain; however, felt it seemed better and did not get as "out of hand" as it did prior to 9/19/22.

When interviewed on 10/11/12 at 12:13 p.m., registered nurse (RN)-A stated R32 would "sometimes" complain of pain which caused him to be "up all night" as reported from the overnight nurses. RN-A explained R32 would complain of "back pain" which she understood to be chronic, so staff applied cream and medications to help promote comfort, with R32's tramadol now given every six hours on a scheduled basis. RN-A stated resident pain was assessed upon admission and with each administration of medication while not always documented. RN-A

| stated the physician or nurse practitioner would<br>then visit routinely and it was up to them to do the<br>comprehensive pain assessment and adjust<br>medications, if needed. RN-A stated any |  |
|---|--|
| complete re-evaluation of R32's pain, including comprehensive assessment of the pain after 9/19/22, would be in the progress notes.   |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 13 of 26

STATEMENT OF DEFICIENCIES

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION

|                          | OF CORRECTION   | IDENTIFICATION NUMBER:  | A. BUILDII          | NG   | `´CON    | PLETED                     |
|--------------------------|---|---|---------------------|--|----------|----------------------------|
|                          |   | 245254  | B. WING _           |  | 10/      | 12/2022                    |
|                          | PROVIDER OR SUPPLIER<br>SENIOR LIVING   |   |                     | STREET ADDRESS, CITY, STATE, ZIP COD<br>1175 NININGER ROAD<br>HASTINGS, MN 55033 | E        |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRE   | IOULD BE | (X5)<br>COMPLETION<br>DATE |
| F 697                    | Continued From pa   | age 13  | F 69                | 97   |          |                            |
|                          | notes, was reviewe<br>had been comprehe<br>the revised narcotic<br>as-needed to schee | ord, including the physician visit<br>of and lacked evidence R32<br>ensively reassessed to ensure<br>c administration (i.e.,<br>duled with reduced dose) was<br>pain was adequately |                     |  |          |                            |

managed in accordance with his wishes and goals for pain management; despite R32's pain being identified as worsening (i.e., having frequent pain to now 'almost constant' pain) from the initial assessment (dated 9/6/22) to the most recent pain interview (dated 9/18/22), direct care staff having knowledge R32 continued to complain of pain and multiple recorded progress notes which identified R32 continued to have pain after 9/19/22.

On 10/11/22 at 3:04 p.m., registered nurse clinical manager (RN)-C was interviewed. RN-C explained the interdisciplinary team (IDT) reviewed as-needed medication use on a routine basis and, as a result, decided to have R32's tramadol scheduled on 9/19/22. RN-C expressed R32 had chronic pain issues and they likely would never be able to totally absolve R32's pain; however, acknowledged the medical record lacked evidence R32 had been comprehensively reassessed after 9/19/22 to ensure the scheduled narcotic pain medication was effective and no further intervention(s) were needed or warranted. RN-C stated the reassessment and follow-up was

| important to ensure pain was reassessed after<br>interventions were modified to "make sure he's<br>[R32] happy" and "not in pain." |  |
|--|--|
| When interviewed on 10/12/22 at 7:55 a.m., the director of nursing (DON) stated a  |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 14 of 26

STATEMENT OF DEFICIENCIES

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION

|                          | OF CORRECTION  | IDENTIFICATION NUMBER:  | A. BUILD           |        |  | · /    | IPLETED                    |
|--------------------------|--|---|--------------------|--------|--|--------|----------------------------|
|                          |  | 245254  | B. WING            |        |  | 10/    | 12/2022                    |
|                          | PROVIDER OR SUPPLIER   |   |                    | 1175 N | T ADDRESS, CITY, STATE, ZIP CODE<br>I <b>NINGER ROAD</b><br>INGS, MN 55033                                   | -      |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFI<br>TAG |        | PROVIDER'S PLAN OF CORRECTIVE<br>(EACH CORRECTIVE ACTION SHOW<br>CROSS-REFERENCED TO THE APPR<br>DEFICIENCY) | ULD BE | (X5)<br>COMPLETION<br>DATE |
| F 697                    | comprehensive pai<br>upon admission, ar<br>tracked and monito<br>record and pharma<br>medication use. If r<br>was used, then the | nge 14<br>n assessment was completed<br>nd pain levels were then<br>ored based on the medical<br>cy reports for as-needed<br>nore as-needed medication<br>nurses would determine if<br>d to be increased or | F 6                | 697    |  |        |                            |

scheduled. The DON stated if pain medications were adjusted, then the staff need "to be reviewing that" and updating the medical providers, as needed, if pain continued to be an issue. The DON stated she felt the nurses and IDT did routinely assess and evaluate resident's pain after medication changes, however, expressed there was no documentation process to demonstrate such in the medical record. Further, the DON stated it was important to ensure pain was reassessed after interventions, including pain medication use, were adjusted or modified as "pain affects so much" of the residents quality of life.

A provided Pain Management policy, dated 1/07, identified pain would be assessed upon admission, readmission, quarterly or with a significant change in condition. The policy outlined, "Pain will be assessed on a weekly basis using functional pain assessment," and a score greater than 0 would be further evaluated. Further, the policy identified unrelieved pain had potential to decline a residents functional ability and added, "Pain Medications prescribed for

| F 757<br>SS=D | <ul> <li>residents will be assessed for efficacy."</li> <li>7 Drug Regimen is Free from Unnecessary Drugs</li> <li>9 CFR(s): 483.45(d)(1)-(6)</li> </ul> | F 757 | 11/18/22 |
|---------------|--|-------|----------|
|               | §483.45(d) Unnecessary Drugs-General.<br>Each resident's drug regimen must be free from  |       |          |
|               | 0507/00.00) Dreviews Marsiana Obselate   |       |          |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 15 of 26

#### CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES **PROVIDER'S PLAN OF CORRECTION** ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY)

F 757

F 757 Continued From page 15 unnecessary drugs. An unnecessary drug is any drug when used-

§483.45(d)(1) In excessive dose (including duplicate drug therapy); or

§483.45(d)(2) For excessive duration; or

#### •

§483.45(d)(3) Without adequate monitoring; or

§483.45(d)(4) Without adequate indications for its use; or

§483.45(d)(5) In the presence of adverse consequences which indicate the dose should be reduced or discontinued; or

§483.45(d)(6) Any combinations of the reasons stated in paragraphs (d)(1) through (5) of this section.

This REQUIREMENT is not met as evidenced by:

Based on interview, observation and record review, the facility failed to ensure a resident with psychotropic medication was monitored for side effects for 1 of 5 residents (R1), who was observed to be somnolent (abnormally drowsy), and reviewed for unnecessary medications.

Findings include:

R1's facesheet printed on 10/11/22, included

### F757

Resident #1 was reassessed by medical provider on 10/19/2022. Medications including anti-depressant were reviewed with no changes determined as necessary per provider. Diagnosis for medication include F33.1 Major Depressive Disorder and insomnia. Resident was not exhibiting any adverse side effects of medication

| diagnoses of hemiplegia (paralysis of one side of  | during provider visit.                    |  |
|--|---|--|
| the body) following a stroke; depression,          |   |  |
| insomnia and morbid obesity due to excessive       | Residents receiving psychotropic          |  |
| calories. R1 did not have a psychiatric diagnosis. | medications have the potential to be      |  |
|  | affected. Resident were reviewed by       |  |
| R1's quarterly Minimum Data Set (MDS)              | Clinical Leadership by direct observation |  |
| assessment dated 10/4/22, indicated R1 was         | for side effects of medications received. |  |
|  |   |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 16 of 26

PRINTED: 11/16/2022

FORM APPROVED

STATEMENT OF DEFICIENCIES

AND PLAN OF CORRECTION

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA COMPLETED **IDENTIFICATION NUMBER:** A. BUILDING С

|                          |   | 245254   | B. WING             |   | 10/*   | 12/2022                    |
|--------------------------|---|--|---------------------|---|--|----------------------------|
|                          | PROVIDER OR SUPPLIER  |  |                     | STREET ADDRESS, CITY, STATE, ZIP COD<br>1175 NININGER ROAD<br>HASTINGS, MN 55033  | E  |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENCY  | TEMENT OF DEFICIENCIES<br>' MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRE<br>(EACH CORRECTIVE ACTION SH<br>CROSS-REFERENCED TO THE APP<br>DEFICIENCY)  | IOULD BE   | (X5)<br>COMPLETION<br>DATE |
| F 757                    | cognitively intact, had difficulty hearing, claring others and was usunot walk, required eachers the staff for most ADL's R1's last four PHQ- | ad adequate vision, minimal<br>ear speech, could understand<br>ally understood. R1 who did<br>extensive assistance of one<br>5. R1 displayed no behaviors. | F 7                 | 757<br>No other concerns were identification review. Review was completed 10/23/22. Residents receiving psychotropic medication had the Medication Administration Records revised to include specific more side effect that require docume each shift. This was completed | d on<br>heir<br>ords<br>hitoring for<br>entation |                            |

Questionnaire) screenings dated 10/4/22, 7/12/22, 4/19/22, 1/25/22, indicated a score of either 4 or 5. A score of 4 indicated normal or minimal depression and a score of 5 indicated mild depression.

R1's care area assessment (CAA) for psychotropic medication use dated 1/28/22, indicated R1 received trazadone (an antidepressant and sedative medication) which is a psychotropic (medication which affects) behavior, mood or perception) medication for depression. The CAA evaluation indicated R1 did not experience any adverse consequences to trazodone, including somnolence, lethargy (lack of energy and enthusiasm), or drowsiness. The CAA indicated R1 had a decline in cognition/communication due to psychotropic drug use.

R1's care plan, edited on 7/15/22, indicated R1 was on a psychotropic drug and would not experience any adverse reactions through the review date. (The care plan did not identify for staff what the adverse reations could be, such as each shift. This was completed 10/24/22.

Nursing staff were educated by Clinical leadership in relation to importance of monitoring side effects of psychotropic medications including: unusual tiredness, drowsiness, lethargy, somnolence and documentation of exhibited or observed side effects; notification of provider of observed or reported side effects. This education was completed by Lisa Heutmaker RN DON.

Audits will be performed by Clinical leadership 2x weekly x4 weeks, then as needed via direct observation of residents receiving psychotropic medications as well as review of MARs to validate ongoing compliance of monitoring and documentation of side effects. Audits will be brought through facility QAPI committee for review and further recommendations. Audits will be discontinued only upon QAPI committee determination of sustained compliance.

| unusual tiredness, blurred vision, confusion,<br>dizziness. Interventions included to monitor target<br>behaviors daily, observe and report efficacy<br>(producing the desired effect) of medication use. |  |
|---|--|
| Further, the care plan indicated R1 had the potential for an activity deficit due to disinterest in group activities and out of room activities, due to   |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 17 of 26

**REGINA SENIOR LIVING** 

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY AND PLAN OF CORRECTION COMPLETED **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD**

|                          |  | F                   | IASTINGS, MN 55033   |                            |
|--------------------------|--|---------------------|--|----------------------------|
| (X4) ID<br>PREFIX<br>TAG | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) | (X5)<br>COMPLETION<br>DATE |
| F 757                    | Continued From page 17<br>depressive mood and amount of time spent<br>sleeping.  | F 757               |  |                            |
|                          | The facility monitored R1's target behavior of<br>"depression - isolates self in room and/or<br>withdrawn." From 9/11/22, through 10/11/22, R1<br>was monitored for this target behavior three times |                     |  |                            |

a days. All 90 entries indicated R1 did not experience target behaviors of self-isolation and withdrawal. This was verified by licensed practical nurse (LPN)-A on 10/11/22, at 2:20 p.m.

R1's physician order dated 6/5/22, indicated R1 received trazodone 100 mg at 11:00 p.m. each night. A prescription order signed on 9/22/22, indicated R1 had been receiving trazodone 100 mg at bedtime since May 2017.

R1's last GDR's (gradual dose reduction) for trazodone:

--A pharmacy consult note dated 8/17/20, indicated the nurse practitioner declined pharmacist recommendation from 7/11/20, to perform a GDR but did not provide documentation to support the GDR was clinically contraindicated.

--Care plan dated 8/3/21, indicated a GDR was contraindicated per provider note dated 7/21/21. --Provider note dated 5/12/22, indicated R1 had been on trazodone 100 mg for a long time due to insomnia and dysthymia [sic]. The note indicated the provider had been asked by the pharmacist to

| GDR, but declined due to the risk of      |   |   |
|---|---|---|
| erbating R1's mental health exceeded the  |   |   |
| fit of GDR.                               |   |   |
| rovider noted dated 5/28/22, indicated    |   |   |
| done would be decreased from 100 mg to 50 |   |   |
| or 8 days due to trazodone having an      |   |   |
|   |   |   |
|   | erbating R1's mental health exceeded the<br>fit of GDR.<br>rovider noted dated 5/28/22, indicated | erbating R1's mental health exceeded the<br>offit of GDR.<br>rovider noted dated 5/28/22, indicated<br>odone would be decreased from 100 mg to 50<br>or 8 days due to trazodone having an |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 18 of 26

## CENTERS FOR MEDICARE & MEDICAID SERVICES

| CENTE                    | RS FOR MEDICARE  | & MEDICAID SERVICES   |                           | 0  | <u>MB NO.</u> | 0938-0391                  |
|--------------------------|--|---|---------------------------|--|---------------|----------------------------|
|                          | T OF DEFICIENCIES<br>OF CORRECTION   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | (X2) MULTII<br>A. BUILDIN | PLE CONSTRUCTION   | ` '           | E SURVEY<br>PLETED         |
|                          |  | 245254  | B. WING                   |  | (<br>10/      | C<br>12/2022               |
| NAME OF                  | PROVIDER OR SUPPLIER   |   |                           | STREET ADDRESS, CITY, STATE, ZIP CODE  |               |                            |
| REGINA                   | SENIOR LIVING  |   |                           | 1175 NININGER ROAD<br>HASTINGS, MN 55033   |               |                            |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG       | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD<br>CROSS-REFERENCED TO THE APPROP<br>DEFICIENCY) | ) BE          | (X5)<br>COMPLETION<br>DATE |
| F 757                    | for R1 due to testin<br>a telephone intervie<br>pharmacist (Pharm<br>trazodone due to po | g positive for Covid-19. During<br>w on 10/11/22, at 2:54 p.m.,<br>D)-D stated reducing<br>otential interaction with<br>be considered a GDR | F 75                      | 7  |               |                            |

Sleep log monitoring for September and October 2022, indicated no patterns of sleeping and had significant variability.

Day shift: R1 slept between zero and six hours. Evening shift: R1 slept between zero and three hours.

Night shift: R1 slept between zero and seven hours.

During an interview and observation on 10/10/22, at 1:30 p.m., R1 was sitting in a wheelchair in her room, with overbed tray in front of her; TV on. During interview lasting approximately 20 minutes, R1 never opened her eyes. R1 responded slowly to questions, with short replies. R1's voice was monotone. R1 stated she wasn't tired, but couldn't keep her eyes open. R1 stated she was given trazodone to help her sleep, but was still awake at night.

During an observation and interview on 10/11/22, at 7:56 a.m., R1 was observed sitting in her wheelchair, overbed table in front of her, TV on and eyes closed. R1 did not reply to questions asked, other than staff did not help her clean up

| that morning. With eyes closed, R1 fumbled with<br>the call light stating she wanted someone to fix<br>the TV input.                              |  |
|---|--|
| During an interview on 10/11/22, at 8:35 a.m.,<br>nursing assistant (NA)-B admitted R1 seemed<br>sleepy, adding R1 stayed up really late at night |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 19 of 26

PRINTED: 11/16/2022

FORM APPROVED

#### CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES **PROVIDER'S PLAN OF CORRECTION** ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 757 Continued From page 19 F 757 watching TV and napped after breakfast. During an interview on 10/11/22, at 8:47 a.m.,

registered nurse (RN)-D admitted R1 seemed sleepy, adding that was her baseline. RN-D stated R1 was awake during the night and tired in the morning. RN-D confirmed R1 received

trazodone for insomnia and depression and didn't know when R1's last GDR was.

During an interview on 10/11/22, at 11:16 a.m., (RN)-C provided a document titled "Event Report" and stated this tool was utilized for Minimum Effective Dose (MED) Committee Recommendations. The report indicated R1's last review was 9/20/22. The review was attended by RN-C, a physician and pharmacist. The review indicated R1 received a psychotropic for depression and insomnia. It was determined no pharmacological or non-pharmacological changes were required, and no recommendations were made for a dose adjustment of trazodone. No rationale was listed for these determinations.

During intermittent observations on 10/11/22, at 10:36 a.m. and 12:57 p.m., R1 was observed sleeping in bed with the TV on. At 3:41 p.m. R1 was observed sleeping in her wheelchair.

During an observation on 10/12/22, at 8:55 a.m., R1's was sitting in her wheelchair, eyes closed, head bowed, TV on. At 11:13 a.m., R1 was

| asleep in bed.   |  |
|--|--|
| During an interview on 10/11/22, at 10:37 a.m.,<br>the director of nursing (DON) stated R1 was up at<br>night and slept during the day. The DON was<br>asked for the names and telephone numbers of<br>two night staff to contact in order to verify this. |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 20 of 26

PRINTED: 11/16/2022

FORM APPROVED

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY)

F 757

F 757 Continued From page 20

Names and numbers were received.

During an interview on 10/11/22, at 12:29 p.m., (NA)-A who worked the night shift three times in a two week period, stated R1 usually went to bed at 8:00 p.m., and might watch TV until about 2 a.m., then slept till about 5 a.m.

During a telephone interview on 10/11/22, at 1:51 pm., (LPN)-B who worked the night shift two to four nights a week, stated R1 typically slept quit a bit of the night, adding R1 turned her call light on once or twice a night usually asking to put in a movie. LPN-B was not aware R1 was excessively sleepy during the day, adding R1 seemed to get okay sleep at night. LPN-B stated R1 was not monitored for side affects from trazodone, and that one side effect could be excessive sleepiness.

During a telephone interview on 10/11/22, at 3:15 p.m., nurse practitioner (NP)-G stated she concurred with PharmD-D that a dose reduction of trazodone in May 2022 when R1 had Covid-19 would not be considered a GDR, adding it would not have been long enough to determine if a reduction was effective, and since R1 had an acute illness, would not have been an appropriate time to do a GDR. NP-G stated she was unaware of R1's somnolence, but would discuss it with staff the next time she was in the facility.

| ing a telephone interview on 10/11/22, at 4:10<br>., family member (FM)-B stated he didn't see<br>very often but excessive sleepiness was a<br>cern shared among his siblings. FM-B stated,<br>e is always asleep when I get there. I can't<br>all a time when she wasn't." FM-B did not |  |
|--|--|
|--|--|

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 21 of 26

#### FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С 245254 B. WING 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING**

LACTINCE MNI 55022

PRINTED: 11/16/2022

| HASTINGS, MN 55033       |   |                     |  |                            |  |
|--------------------------|---|---------------------|--|----------------------------|--|
| (X4) ID<br>PREFIX<br>TAG | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) | (X5)<br>COMPLETION<br>DATE |  |
| F 757                    | Continued From page 21<br>know why R1 was sleepy and had not asked<br>anyone about it.  | F 757               |  |                            |  |
|                          | During an interview on 10/12/22, at 7:16 a.m.,<br>the DON stated R1 took joy in eating and<br>watching old movies, and slept during the day<br>and was up all night. Even though R1 preferred |                     |  |                            |  |

staying in her room watching old movies, the DON was asked if the dose of trazodone could be affecting R1's quality of life. The DON stated excessively sleepiness during the day was a new finding she was not aware of, and acknowledged a trazodone side effect was sleepiness.

Facility policy titled Psychotropic Medication Use, dated 2020, indicated psychotropic medications were given upon medical provider order. Nursing associates collaborated with the provider to ensure the lowest possible dose is given for the shortest period of time and were subject to gradual dose reductions. When psychotropic medications are ordered the interdisciplinary team (IDT) identified target behaviors and medication side effects and implemented a resident centered care plan with both non-pharmacological and pharmacological interventions. Providers were do document why any attempted dose reduction would impair a residents function, or cause psychiatric instability by exacerbating underlying psychiatric disorder. The IDT monitored the resident condition and target behaviors for efficacy of the medication

| F 880<br>SS=D | and clinically significant adverse reaction.<br>Infection Prevention & Control<br>CFR(s): 483.80(a)(1)(2)(4)(e)(f) | F 880        |               |                       | 11/18/22      |
|---------------|--|--------------|---------------|-----------------------|---------------|
|               | §483.80 Infection Control<br>The facility must establish and maintain an   |              |               |                       |               |
| FORM CMS-2    | 567(02-99) Previous Versions Obsolete Event ID:7   | 7H1T11 Facil | ity ID: 00100 | If continuation sheet | Page 22 of 26 |

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С B. WING 245254 10/12/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG

F 880 Continued From page 22 F 880 infection prevention and control program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of communicable diseases and infections.

§483.80(a) Infection prevention and control

program.

The facility must establish an infection prevention and control program (IPCP) that must include, at a minimum, the following elements:

§483.80(a)(1) A system for preventing, identifying, reporting, investigating, and controlling infections and communicable diseases for all residents, staff, volunteers, visitors, and other individuals providing services under a contractual arrangement based upon the facility assessment conducted according to §483.70(e) and following accepted national standards;

§483.80(a)(2) Written standards, policies, and procedures for the program, which must include, but are not limited to:

(i) A system of surveillance designed to identify possible communicable diseases or infections before they can spread to other persons in the facility;

(ii) When and to whom possible incidents of communicable disease or infections should be reported;

(iii) Standard and transmission-based precautions

| to be followed to prevent spread<br>(iv)When and how isolation shour<br>resident; including but not limited<br>(A) The type and duration of the<br>depending upon the infectious ag<br>involved, and | Id be used for a<br>I to:<br>isolation, |                                      |
|--|---|--------------------------------------|
| EORM CMS 2567(02.00) Providuo Varaiana Obsolata  |   | If continuetion shoet Dama, 00 of 00 |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: /H1111

Facility ID: 00100

If continuation sheet Page 23 of 26

PRINTED: 11/16/2022

DEFICIENCY)

| CENTE  | RS FOR MEDICARE      | & MEDICAID SERVICES  |   |   | OMB NO                        | . 0938-0391                |
|--|----------------------|--|---|---|-------------------------------|----------------------------|
| STATEMENT OF DEFICIENCIES(X1) PROVIDER/SUPPLIER/CLIAAND PLAN OF CORRECTIONIDENTIFICATION NUMBER: |                      |  | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING |   | (X3) DATE SURVEY<br>COMPLETED |                            |
|  |                      | 245254   | B. WING                                   |   | 10/                           | C<br>/ <b>12/2022</b>      |
| NAME OF  | PROVIDER OR SUPPLIER |  |   | STREET ADDRESS, CITY, STATE, ZIP CODE   |                               |                            |
| REGINA   | SENIOR LIVING        |  |   | 1175 NININGER ROAD<br>HASTINGS, MN 55033  |                               |                            |
| (X4) ID<br>PREFIX<br>TAG   | (EACH DEFICIENC)     | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION) | ID<br>PREFIX<br>TAG                       | PROVIDER'S PLAN OF CORREC<br>(EACH CORRECTIVE ACTION SHO<br>CROSS-REFERENCED TO THE APPF<br>DEFICIENCY) | ULD BE                        | (X5)<br>COMPLETION<br>DATE |
| F 880  | Continued From pa    | age 23   | F 880                                     | D   |                               |                            |
|  | •                    | hat the isolation should be the sible for the resident under the                     |   |   |                               |                            |

(v) The circumstances under which the facility must prohibit employees with a communicable disease or infected skin lesions from direct contact with residents or their food, if direct

contact will transmit the disease; and (vi)The hand hygiene procedures to be followed by staff involved in direct resident contact.

§483.80(a)(4) A system for recording incidents identified under the facility's IPCP and the corrective actions taken by the facility.

### §483.80(e) Linens.

Personnel must handle, store, process, and transport linens so as to prevent the spread of infection.

### §483.80(f) Annual review.

The facility will conduct an annual review of its IPCP and update their program, as necessary. This REQUIREMENT is not met as evidenced by:

Based on observation, interview, and record review the facility failed to ensure proper glove use and hand hygiene was performed during incontinence care for 1 of 1 (R30) residents reviewed for incontinence care and for 2 of 10 (R8 and R14) residents reviewed for medication administration.

### F880

Facility staff were educated by Clinical Leadership & Facility management in relation to hand hygiene and glove use including proper technique, hand washing,

PRINTED: 11/16/2022

FORM APPROVED

| Findings include:  |                      | education was val   | d use of gloves. This<br>idated by hand washing |
|--|----------------------|---------------------|---|
| $O_{\rm base} = 10/11/00 = 10.0$                               | O a va va stata va d |                     | cation will be completed                        |
| Observation on 10/11/22, at 9:3 nurse (RN)-A was observed to a |                      | by 12/1/22.         |   |
| medications to R14 and walked                                  | back to              | Audits will be perf | ormed by Facility                               |
| medication cart without perform                                | ing hand hygiene.    | Management staf     | f 2x weekly x4 weeks,                           |
| FORM CMS-2567(02-99) Previous Versions Obsolete                | Event ID:7H1T11      | Facility ID: 00100  | If continuation sheet Page 24 of 26             |

**REGINA SENIOR LIVING** 

#### FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С 245254 B. WING 10/12/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE

**1175 NININGER ROAD** 

|                          |   |                     | IASTINGS, MN 55033  |                            |
|--------------------------|---|---------------------|---|----------------------------|
| (X4) ID<br>PREFIX<br>TAG | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY)  | (X5)<br>COMPLETION<br>DATE |
| F 880                    | Continued From page 24<br>RN-A then gathered all oral medications for R8<br>without washing or sanitizing her hands. RN-A<br>then walked to R8's room and was stopped from<br>entering R8's room and interviewed. RN-A stated<br>she forgot to wash or sanitize her hands after<br>administering oral medication to R14 and<br>preparing oral medications for R8. RN-A stated, "I | F 880               | then as needed to validate ongoing<br>compliance with hand hygiene and glove<br>use during cares and medication<br>administration. Audits will be brought<br>through facility QAPI committee for review<br>and further recommendations. Audits will<br>be discontinued only upon QAPI |                            |

should always wash or sanitize my hands after I leave a resident room".

Observation on 10/11/22, at 9:47 a.m., RN-A was observed to administer an as needed oral medication to R17 and walked back to medication cart without performing hand hygiene. RN-A then gathered a scheduled nebulizer medication for R8 without washing or sanitizing her hands. RN-A then walked to R8's room and was stopped from entering R8's room and interviewed again. RN-A stated she forgot again to wash or sanitize her hands after administering the medication to R17 and obtaining medication for R8.

During interview with director of nursing (DON) on 10/11/22, at 10:11 a.m., DON stated the expectation was staff should sanitize or wash their hands before and after resident contact including passing medications.

During observation and interview on 10/10/22, at 1:52 p.m. nursing assistant (NA)-B and NA-D entered R30's room wearing gloves, to provide incontinence care. NA-B removed R30's brief,

committee determination of sustained compliance.

| wiped R30's peri-area and buttocks with a       |  |
|---|--|
| cleaning wipe, and discarded R30's dirty brief. |  |
| NA-B applied a clean brief to R30, pulled R30's |  |
| bedding up to R30's chin and used R30's         |  |
| electronic bed controller to raise the head of  |  |
| R30's bed without changing gloves or performing |  |
| hand hygiene. NA-B then discarded her dirty     |  |
| Hand Hygiene. N/Y D then discarded her difty    |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID:7H1T11

Facility ID: 00100

If continuation sheet Page 25 of 26

### DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

### FORM APPROVED OMB NO. 0938-0391

PRINTED: 11/16/2022

|                          | FOF DEFICIENCIES  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | (X2) MULTIPLE CONSTRUCTION A. BUILDING |  | (X3) DATE SURVEY<br>COMPLETED |
|--------------------------|---|---|--|--|-------------------------------|
|                          |   | 245254  | B. WING _                              |  | C<br>10/12/2022               |
| NAME OF                  | PROVIDER OR SUPPLIER  |   |  | STREET ADDRESS, CITY, STATE, ZIP CODE  | •                             |
| REGINA                   | SENIOR LIVING   |   |  | 1175 NININGER ROAD<br>HASTINGS, MN 55033   |                               |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | TEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG                    | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD<br>CROSS-REFERENCED TO THE APPROP<br>DEFICIENCY) | BE COMPLETION                 |
| F 880                    | gloves into R30's tr<br>trash bag without d<br>to leave R30's roon<br>her ungloved hand.<br>she should have ch<br>performed hand hy | age 25<br>ash can, removed the full<br>onning gloves and proceeded<br>n carrying the dirty trash bag in<br>Upon interview, NA-B stated<br>hanged her gloves and<br>giene after providing<br>o R30 and before touching his | F 8                                    | 80   |                               |

bedding and bed controller to avoid cross contamination.

During an interview on 10/12/22, at 11:02 a.m. the DON stated staff should remove their gloves and perform hand hygiene after providing incontinence care and prior to moving to a clean environment such as the resident's bedding and bed controller to avoid cross contamination.

Facility policy titled, Hand Hygiene dated June 2017, indicated staff must perform hand hygiene before and after direct resident contact, upon and after coming in contact with a resident's intact skin, such as when taking vitals or after assisting with lifting.

| FORM CMS-2567(02-99) Previous Versions Obsolete | Event ID:7H1T11 | Facility ID: 00100 | If continuation sheet Page 26 of 26 |
|---|-----------------|--------------------|-------------------------------------|
|   |                 |                    |                                     |
|   |                 |                    |                                     |
|   |                 |                    |                                     |
|   |                 |                    |                                     |
|   |                 |                    |                                     |
|   |                 |                    |                                     |



Electronically delivered November 1, 2022

Administrator Regina Senior Living 1175 Nininger Road Hastings, MN 55033

Re: State Nursing Home Licensing Orders Event ID: 7H1T11

Dear Administrator:

The above facility was surveyed on October 10, 2022 through October 12, 2022 for the purpose of assessing compliance with Minnesota Department of Health Nursing Home Rules and Statutes. At the time of the survey, the survey team from the Minnesota Department of Health - Health Regulation Division noted one or more violations of these rules or statutes that are issued in accordance with Minn. Stat. § 144.653 and/or Minn. Stat. § 144A.10. If, upon reinspection, it is found that the deficiency or deficiencies cited herein are not corrected, a civil fine for each deficiency not corrected shall be assessed in accordance with a schedule of fines promulgated by rule and/or statute of the Minnesota Department of Health.

To assist in complying with the correction order(s), a "suggested method of correction" has been added. This provision is being suggested as one method that you can follow to correct the cited deficiency. Please remember that this provision is <u>only a suggestion</u> and you are not required to follow it. Failure to follow the suggested method will not result in the issuance of a penalty assessment. You are reminded, however, that regardless of the method used, correction of the order within the established time frame is required. The "suggested method of correction" is for your information and assistance only.

You have agreed to participate in the electronic receipt of State licensure orders consistent with the Minnesota Department of Health Informational Bulletin 14-01, available at

<u>https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04\_8.html</u>. The State licensing orders are delineated on the Minnesota Department of Health State Form and are being delivered to you electronically. The Minnesota Department of Health is documenting the State Licensing Correction Orders using federal software. Tag numbers have been assigned to Minnesota state statutes/rules for Nursing Homes.

The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute/rule number and the corresponding text of the state statute/rule out of compliance is listed in the "Summary Statement of Deficiencies" column and replaces the "To Comply" portion of the correction order. This column also includes the findings that are in violation of the state statute or rule after the statement, "This MN Requirement is not met as evidenced by." Following the surveyors findings are

the Suggested Method of Correction and the Time Period For Correction.

PLEASE DISREGARD THE HEADING OF THE FOURTH COLUMN WHICH STATES, "PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. THIS WILL APPEAR ON EACH PAGE.

THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION FOR VIOLATIONS OF MINNESOTA STATE STATUTES/RULES.

Although no plan of correction is necessary for State Statutes/Rules, please enter the word "corrected" in the box available for text. You must then indicate in the electronic State licensure process, under the heading completion date, the date your orders will be corrected prior to electronically submitting to the Minnesota Department of Health. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact:

Pete Cole, RN Unit Supervisor Metro Team C District Office Licensing and Certification Program Health Regulation Division Minnesota Department of Health 85 East Seventh Place, Suite 220 P.O. Box 64900 Saint Paul, Minnesota 55164-0900 Email: <u>peter.cole@state.mn.us</u> Office/Mobile: (651) 249-1724

You may request a hearing on any assessments that may result from non-compliance with these orders provided that a written request is made to the Department within 15 days of receipt of a notice of assessment for non-compliance.

Please feel free to call me with any questions.

Sincerely,

Kumala Fiske Downing

Kamala Fiske-Downing Minnesota Department of Health Health Regulation Division Telephone: (651) 201-4112 Fax: (651) 215-9697 Email: Kamala.Fiske-Downing@state.mn.us

### Minnesota Department of Health

| Minnesola Department o      |   |                            |  |           |                          |
|-----------------------------|---|----------------------------|--|-----------|--------------------------|
| STATEMENT OF DEFICIENCIES   | (X1) PROVIDER/SUPPLIER/CLIA   | (X2) MULTIPLE CONSTRUCTION |  |           |                          |
| AND PLAN OF CORRECTION      | IDENTIFICATION NUMBER:  | A. BUILDING:               |  | COMPLETED |                          |
|                             |   |                            |  |           | <b>`</b>                 |
|                             | 00100   | B. WING                    |  |           | ,<br>1/1000              |
|                             | 00100   |                            |  |           | 2/2022                   |
| NAME OF PROVIDER OR SUPPL   | IER STREET A  | DDRESS, CITY, S            | TATE, ZIP CODE   |           |                          |
|                             | 1175 NIN  | NINGER ROAD                |  |           |                          |
| <b>REGINA SENIOR LIVING</b> |   | GS, MN 55033               |  |           |                          |
| PREFIX (EACH DEFICI         | STATEMENT OF DEFICIENCIES<br>ENCY MUST BE PRECEDED BY FULL<br>OR LSC IDENTIFYING INFORMATION) | ID<br>PREFIX<br>TAG        | PROVIDER'S PLAN OF CORRECT<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | LD BE     | (X5)<br>COMPLETE<br>DATE |
| 2 000 Initial Comment       | S   | 2 000                      |  |           |                          |
| ****AT                      | TENTION*****  |                            |  |           |                          |
| NH LICENSI                  | NG CORRECTION ORDER   |                            |  |           |                          |
| 144A.10, this co            | vith Minnesota Statute, section<br>prrection order has been issued                            |                            |  |           |                          |

pursuant to a survey. If, upon reinspection, it is found that the deficiency or deficiencies cited herein are not corrected, a fine for each violation not corrected shall be assessed in accordance with a schedule of fines promulgated by rule of the Minnesota Department of Health.

Determination of whether a violation has been corrected requires compliance with all requirements of the rule provided at the tag number and MN Rule number indicated below. When a rule contains several items, failure to comply with any of the items will be considered lack of compliance. Lack of compliance upon re-inspection with any item of multi-part rule will result in the assessment of a fine even if the item that was violated during the initial inspection was corrected.

You may request a hearing on any assessments that may result from non-compliance with these orders provided that a written request is made to the Department within 15 days of receipt of a notice of assessment for non-compliance.

INITIAL COMMENTS

| STATE FOF | RM   | 6899     | 7H1T11 |       | If continuation sheet 1 of 1 | 3 |
|-----------|--|----------|--------|-------|------------------------------|---|
| Electron  | nically Signed   |          |        |       | 11/10/22                     |   |
|           | Department of Health<br>RY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S S  | IGNATURE |        | TITLE | (X6) DATE                    | - |
|           | On 10/10/22 to 10/12/22, a standard licensing<br>survey was conducted completed at your facility<br>by surveyors from the Minnesota Department of<br>Health (MDH) to determine compliance with the<br>Minnesota State Licensure requirements. In<br>addition, mulitple complaint investigations were<br>completed. |          |        |       |                              |   |

### Minnesota Department of Health

|   |  | (X2) MULTIPLE   | (X3) DATE SURVEY   |   |  |
|---|--|---|--|---|--|
| I OF CORRECTION                         | IDENTIFICATION NUMBER:   | A. BUILDING:  |  | COMPLETED   |  |
|   | 00100  | B. WING   |  | (<br>10/1   | )<br>2/2022  |
| PROVIDER OR SUPPLIER                    | STREET A   | DDRESS, CITY, S   | TATE, ZIP CODE   |   |  |
| REGINA SENIOR LIVING HASTINGS, MN 55033 |  |   |  |   |  |
| (EACH DEFICIENC)                        | MUST BE PRECEDED BY FULL   | ID<br>PREFIX<br>TAG   | (EACH CORRECTIVE ACTION SHOU   | JLD BE  | (X5)<br>COMPLETE<br>DATE   |
| Continued From page 1                   |  | 2 000   |  |   |  |
| The following comp<br>substantiated:    | laints were found to be  |   |  |   |  |
|   | ,  |   |  |   |  |
| 1                                       | PROVIDER OR SUPPLIER<br>SENIOR LIVING<br>SUMMARY STA<br>(EACH DEFICIENCY<br>REGULATORY OR LA<br>Continued From pa<br>The following comp<br>substantiated:<br>H5254058C (MN82 | I OF CORRECTION<br>IDENTIFICATION NUMBER:<br>00100<br>PROVIDER OR SUPPLIER<br>SENIOR LIVING<br>SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)<br>Continued From page 1<br>The following complaints were found to be | IOF CORRECTION       IDENTIFICATION NUMBER:       A. BUILDING:         00100       B. WING | A BUILDING:<br>00100 B. WING<br>PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE<br>SENIOR LIVING 1175 NININGER ROAD<br>HASTINGS, MN 55033<br>SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECT<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPR<br>DEFICIENCY)<br>Continued From page 1 2 000<br>The following complaints were found to be<br>substantiated:<br>H5254058C (MN82682) | A BUILDING: COMP<br>A BUILDING: COMP<br>A BUILDING: COMP<br>A BUILDING: COMP<br>B WING COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>COMP<br>CO |

As a result of the survey, the following correction orders are issued. Please indicate in your electronic plan of correction that you have reviewed these orders, and identify the date when they will be completed.

The MDH is documenting the State Licensing Correction Orders using Federal software. Tag numbers have been assigned to Minnesota state statutes/rules for Nursing Homes. The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute/rule out of compliance is listed in the "Summary Statement of Deficiencies" column and replaces the "To Comply" portion of the correction order. This column also includes the findings which are in violation of the state statute after the statement, "This Rule is not met as evidence by." Following the surveyor 's findings are the Suggested Method of Correction and Time Period for Correction.

You have agreed to participate in the electronic receipt of State licensure orders consistent with the Minnesota Department of Health

Mi

ST

| Informational Bulletin 14-01, available at<br>http://www.health.state.mn.us/divs/fpc/profinfo/inf<br>obul.htm. The State licensing orders are<br>delineated on the attached Minnesota<br>Department of Health orders being submitted to<br>you electronically. Although no plan of correction<br>is necessary for State Statutes/Rules, please<br>enter the word "CORRECTED" in the box |      |        |                               |
|---|------|--------|-------------------------------|
| linnesota Department of Health  |      |        |                               |
| STATE FORM  | 6899 | 7H1T11 | If continuation sheet 2 of 18 |

# Minnesota Department of Health

| TATEMENT OF DEFICIENCIES<br>ND PLAN OF CORRECTION  | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | A. BUILDING               | E CONSTRUCTION  | · · · ·                           | E SURVEY<br>PLETED       |
|--|---|---------------------------|---|-----------------------------------|--------------------------|
|  | 00100   | B. WING                   |   | 10/                               | 12/2022                  |
|  |   | DRESS, CITY,<br>NGER ROAI | STATE, ZIP CODE<br>D  |                                   |                          |
| EGINA SENIOR LIVING  | HASTING   | S, MN 5503                | 3   |                                   |                          |
| PREFIX (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG       | PROVIDER'S PLAN OF<br>(EACH CORRECTIVE AC<br>CROSS-REFERENCED TO<br>DEFICIENC | TION SHOULD BE<br>THE APPROPRIATE | (X5)<br>COMPLETE<br>DATE |
| electronic State lice<br>heading completion<br>be corrected prior to<br>the Minnesota Dep<br>is enrolled in ePOC<br>not required at the<br>state form.<br>PLEASE DISREGA<br>FOURTH COLUMN<br>"PROVIDER'S PLA<br>APPLIES TO FEDE<br>THIS WILL APPEA | Age 2<br>You must then indicate in the<br>ensure process, under the<br>in date, the date your orders will<br>to electronically submitting to<br>artment of Health. The facility<br>C and therefore a signature is<br>bottom of the first page of<br>ARD THE HEADING OF THE<br>N WHICH STATES,<br>AN OF CORRECTION." THIS<br>ERAL DEFICIENCIES ONLY.<br>AR ON EACH PAGE.<br>5 Subp. 6 B Rehab - ADLs | 2 920                     |   |                                   | 11/18/22                 |
| Subp. 6. Activities<br>comprehensive res<br>home must ensure<br>B. a resident who<br>activities of daily live  | of daily living. Based on the<br>sident assessment, a nursing<br>that:<br>o is unable to carry out<br>ring receives the necessary<br>n good nutrition, grooming,  |                           |   |                                   |                          |
| by:<br>Based on observat<br>review, the facility f<br>personal hygiene (<br>of 1 residents (R1)  | ent is not met as evidenced<br>ion, interview, and document<br>ailed to ensure routine<br>dental care) was provided for 1<br>reviewed for activities of daily<br>ho was dependent upon staff  |                           | Corrected   |                                   |                          |
| Findings include:  |   |                           |   |                                   |                          |
| •  | nted on 10/11/22, included olegia (paralysis of one side of   |                           |   |                                   |                          |

## Minnesota Department of Health

|                          |  |  |                     |   | 1     |                          |
|--------------------------|--|--|---------------------|---|-------|--------------------------|
|                          | NT OF DEFICIENCIES                     |  |                     | (X3) DATE SURVEY<br>COMPLETED   |       |                          |
| AND PLAN                 | OF CORRECTION                          | IDENTIFICATION NUMBER:   | A. BUILDING:        |   | COMP  | LETED                    |
|                          |  |  |                     |   |       | 2                        |
|                          |  | 00100  | B. WING             |   | 10/1  | ,<br>2/2022              |
| NAME OF                  | PROVIDER OR SUPPLIER                   | STREET AD  | DRESS, CITY, S      | TATE, ZIP CODE  | -     |                          |
|                          |  |  | INGER ROAD          |   |       |                          |
| REGINA                   | SENIOR LIVING                          |  |                     |   |       |                          |
|                          |  | HASTING  | S, MN 55033         |   |       |                          |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)                       | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)                     | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTI<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | LD BE | (X5)<br>COMPLETE<br>DATE |
| 2 920                    | Continued From pa                      | ige 3  | 2 920               |   |       |                          |
|                          | the body) following dominate hand.     | a stroke, affecting her  |                     |   |       |                          |
|                          | assessment dated cognitively intact, h | num Data Set (MDS)<br>10/4/22, indicated R1 was<br>ad clear speech, could<br>and was usually understood. |                     |   |       |                          |

R1 required extensive assistance of one staff for most ADL's including hygiene. R1 did not walk.

R1's physician order dated 12/20/18, indicated staff were to assist R1 to brush her teeth twice a day during the morning medication pass between 7:00 a.m. and 10:00 a.m. and the bedtime medication pass from 7:00 p.m. to 10:00 p.m.

R1's care plan edited on 7/15/22, indicated R1 required staff assistance with dental care. R1 would be free from tooth decay, swollen or bleeding gums, oral abscesses or ulcers. Staff were to monitor the adequacy of brushing. In addition, R1's care plan edited 8/8/22, indicated R1 was unable to independently perform grooming related to hemiplegia affecting her right dominate side. The care plan indicated R1 would be assisted with brushing her teeth. Staff were to provide R1 with verbal cues to brush teeth once she was set up at the sink. Nursing staff were to encourage R1 to be as independent as possible.

During an interview on 10/10/22, at 1:18 p.m., R1 stated no one brushed her teeth and stated she

| could not do it herself; adding, "I need to brush<br>them." R1 stated if staff brought her the supplie<br>she thought she could brush her teeth.  |      |        |                               |
|---|------|--------|-------------------------------|
| During an interview on 10/11/22, at 1:15 p.m.,<br>nursing assistant (NA)-B stated R1 could brush<br>her teeth with set up help and admitted she did<br>not assist R1 with brushing her teeth that |      |        |                               |
| Minnesota Department of Health  |      |        |                               |
| STATE FORM  | 6899 | 7H1T11 | If continuation sheet 4 of 18 |

### Minnesota Department of Health

| wiininesc                | na Department of He  |   | 1                          |   |                  |                          |
|--------------------------|--|---|----------------------------|---|------------------|--------------------------|
|                          |  | (X1) PROVIDER/SUPPLIER/CLIA   | (X2) MULTIPLE CONSTRUCTION |   | (X3) DATE SURVEY |                          |
| AND PLAN                 | OF CORRECTION  | IDENTIFICATION NUMBER:  | A. BUILDING:               |   | COMF             | PLETED                   |
|                          |  | 00100   | B. WING                    |   | (<br>10/1        | C<br>1 <b>2/2022</b>     |
| NAME OF                  | PROVIDER OR SUPPLIER   | STREET AD   | DRESS, CITY, ST            | TATE, ZIP CODE  |                  |                          |
| REGINA                   | SENIOR LIVING  |   | INGER ROAD<br>S, MN 55033  |   |                  |                          |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG        | PROVIDER'S PLAN OF CORRECTIVE ACTION SHO<br>(EACH CORRECTIVE ACTION SHO<br>CROSS-REFERENCED TO THE APP<br>DEFICIENCY) | OULD BE          | (X5)<br>COMPLETE<br>DATE |
| 2 920                    | morning, adding sh<br>stated R1 was to re<br>brushing her teeth a<br>During an interview<br>licensed practical n | nge 4<br>ne had so much to do. NA-B<br>eceive assistance with<br>at least once a day.<br>on 10/11/22, at 1:25 p.m.,<br>nurse (LPN)-A stated NA's got<br>ng to wash and help her brush | 2 920                      |   |                  |                          |

her teeth. LPN-A looked in the electronic medical record (EMR) and printed NA documentation for assisting R1 to brush teeth twice a day. Many entries indicated the task was "reviewed," and LPN-A was not sure what that meant.

During an interview on 10/11/22, at 3:55 p.m., (NA)-C demonstrated how resident tasks were documented in the NA documentation system called Point of Care (POC). NA-C displayed the five drop-down options to select for dental care for R1: 1) Reviewed 2) Resident sick 3) Resident refused 4) Resident unavailable 5) Completed task as written. NA-C stated "reviewed" meant a NA looked at it but did not complete the task and "completed task as written" meant the task was done.

Review of POC records provided by LPN-A, indicated out of 60 opportunities for staff to assist R1 with brushing her teeth twice a day from 9/11/22, to 10/11/22, the task was documented as completed only 50% of the time. The task was never documented as completed on the following 11 dates: 9/11, 9/14, 9/15, 9/21, 9/24, 9/25, 9/27,

| 9/29, 10/5, 10/8 and 10/9.   |      |        |                               |
|--|------|--------|-------------------------------|
| During an interview on 10/12/22, at 7:29 a.m., the director of nursing (DON) was informed that R1 had not being assisted to brush her teeth 50% of the time over the past month. The DON was unaware of this and stated dental care was important for residents, adding she expected staff |      |        |                               |
| Minnesota Department of Health   | ·    |        |                               |
| STATE FORM   | 6899 | 7H1T11 | If continuation sheet 5 of 18 |

## Minnesota Department of Health

| 1011111650               | ла рерапшенто пе  |  | 1                         |   |           |                          |
|--------------------------|---|--|---------------------------|---|-----------|--------------------------|
|                          |   | CONSTRUCTION   | (X3) DATE                 |   |           |                          |
| AND PLAN                 | OF CORRECTION   | IDENTIFICATION NUMBER:   | A. BUILDING:              |   | COMPLETED |                          |
|                          |   | 00100  | B. WING                   |   | (<br>10/1 | )<br>2/2022              |
| NAME OF                  | PROVIDER OR SUPPLIER  | STREET AD  | DRESS, CITY, S            | TATE, ZIP CODE  |           |                          |
| REGINA                   | SENIOR LIVING   |  | INGER ROAD<br>S, MN 55033 |   |           |                          |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG       | PROVIDER'S PLAN OF CORRECTI<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERENCED TO THE APPRC<br>DEFICIENCY) | LD BE     | (X5)<br>COMPLETE<br>DATE |
| 2 920                    | Continued From pa   | ige 5  | 2 920                     |   |           |                          |
|                          | to complete tasks a   | as assigned.   |                           |   |           |                          |
|                          | dated 2021, indicat<br>out ADL's independ<br>services necessary | Activities of Daily Living (ADL)<br>ed residents unable to carry<br>dently would receive the<br>to maintain good grooming<br>ne. Care and services would |                           |   |           |                          |

be provided for residents who were unable to carry out ADL's independently, including hygiene such as oral care. If a resident refused care, he/she would be approached at a different time.

SUGGESTED METHOD OF CORRECTION: The director of nursing (DON), or designee, could review applicable policies and procedures related to oral care hygiene and completion to ensure accuracy; then educate staff on expectations for oral care, including documentation; then audit to ensure ongoing compliance.

TIME PERIOD FOR CORRECTION: Twenty-one days

21375 MN Rule 4658.0800 Subp. 1 Infection Control; Program

> Subpart 1. Infection control program. A nursing home must establish and maintain an infection control program designed to provide a safe and sanitary environment.

21375

### 11/18/22

| This MN Requirement is not met as evidenced<br>by:<br>Based on observation, interview, and record<br>review the facility failed to ensure proper glove<br>use and hand hygiene was performed during<br>incontinence care for 1 of 1 (R30) residents |      | Corrected |                               |
|---|------|-----------|-------------------------------|
| innesota Department of Health<br>TATE FORM  | 6899 | 7H1T11    | If continuation sheet 6 of 18 |

### Minnesota Department of Health

|                           |                      |  | 1                   |  |                  |
|---------------------------|----------------------|--|---------------------|--|------------------|
| STATEMENT OF DEFICIENCIES |                      | (X1) PROVIDER/SUPPLIER/CLIA  | (X2) MULTIPLE       | CONSTRUCTION   | (X3) DATE SURVEY |
| AND PLAN                  | OF CORRECTION        | IDENTIFICATION NUMBER:   | A. BUILDING:        |  | COMPLETED        |
|                           |                      |  |                     |  | С                |
|                           |                      | 00100  | B. WING             |  | 10/12/2022       |
| NAME OF                   | PROVIDER OR SUPPLIER | STREET AD  | DRESS, CITY, ST     | TATE, ZIP CODE   |                  |
|                           |                      | 1175 NIN   | INGER ROAD          |  |                  |
| REGINA                    | SENIOR LIVING        | HASTING  | S, MN 55033         |  |                  |
| (X4) ID<br>PREFIX<br>TAG  | (EACH DEFICIENC)     | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION) | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | D BE COMPLETE    |
| 21375                     | Continued From pa    | age 6  | 21375               |  |                  |
|                           |                      | inence care and for 2 of 10<br>ents reviewed for medication                          |                     |  |                  |
|                           | Findings include:    |  |                     |  |                  |
|                           | Observation on 10/   | 11/22, at 9:38 a.m., registered  |                     |  |                  |

nurse (RN)-A was observed to administer oral medications to R14 and walked back to medication cart without performing hand hygiene. RN-A then gathered all oral medications for R8 without washing or sanitizing her hands. RN-A then walked to R8's room and was stopped from entering R8's room and interviewed. RN-A stated she forgot to wash or sanitize her hands after administering oral medication to R14 and preparing oral medications for R8. RN-A stated, "I should always wash or sanitize my hands after I leave a resident room".

Observation on 10/11/22, at 9:47 a.m., RN-A was observed to administer an as needed oral medication to R17 and walked back to medication cart without performing hand hygiene. RN-A then gathered a scheduled nebulizer medication for R8 without washing or sanitizing her hands. RN-A then walked to R8's room and was stopped from entering R8's room and interviewed again. RN-A stated she forgot again to wash or sanitize her hands after administering the medication to R17 and obtaining medication for R8.

| During interview with director of<br>10/11/22, at 10:11 a.m., DON s<br>expectation was staff should sa<br>their hands before and after res<br>including passing medications.<br>During observation and intervie<br>1:52 p.m. nursing assistant (NA | tated the<br>anitize or wash<br>sident contact<br>w on 10/10/22, at |        |                               |
|--|---|--------|-------------------------------|
| Minnesota Department of Health   |   |        |                               |
| STATE FORM   | 6899  | 7H1T11 | If continuation sheet 7 of 18 |

### Minnesota Department of Health

| 1011111650                                    | ла рераптенто пе  |   |                            |  |                  |                          |
|---|---|---|----------------------------|--|------------------|--------------------------|
|   |   | (X1) PROVIDER/SUPPLIER/CLIA   | (X2) MULTIPLE CONSTRUCTION |  | (X3) DATE SURVEY |                          |
| AND PLAN OF CORRECTION IDENTIFICATION NUMBER: |   | A. BUILDING:  |                            | COMPLETED  |                  |                          |
|   |   | 00100   | B. WING                    |  |                  | )                        |
|   |   | 00100   | B. mito                    |  | 10/1             | 2/2022                   |
| NAME OF                                       | PROVIDER OR SUPPLIER  | STREET AD   | DRESS, CITY, S             | TATE, ZIP CODE   |                  |                          |
|   |   | 1175 NIN  | INGER ROAD                 |  |                  |                          |
| REGINA  | SENIOR LIVING   | HASTING   | S, MN 55033                |  |                  |                          |
| (X4) ID<br>PREFIX<br>TAG                      | (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG        | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) |                  | (X5)<br>COMPLETE<br>DATE |
| 21375   | Continued From pa   | age 7   | 21375                      |  |                  |                          |
|   | incontinence care.<br>wiped R30's peri-ar<br>cleaning wipe, and<br>NA-B applied a clea<br>bedding up to R30's | n wearing gloves, to provide<br>NA-B removed R30's brief,<br>rea and buttocks with a<br>discarded R30's dirty brief.<br>an brief to R30, pulled R30's<br>s chin and used R30's<br>roller to raise the head of |                            |  |                  |                          |

R30's bed without changing gloves or performing hand hygiene. NA-B then discarded her dirty gloves into R30's trash can, removed the full trash bag without donning gloves and proceeded to leave R30's room carrying the dirty trash bag in her ungloved hand. Upon interview, NA-B stated she should have changed her gloves and performed hand hygiene after providing incontinence care to R30 and before touching his bedding and bed controller to avoid cross contamination.

During an interview on 10/12/22, at 11:02 a.m. the DON stated staff should remove their gloves and perform hand hygiene after providing incontinence care and prior to moving to a clean environment such as the resident's bedding and bed controller to avoid cross contamination.

Facility policy titled, Hand Hygiene dated June 2017, indicated staff must perform hand hygiene before and after direct resident contact, upon and after coming in contact with a resident's intact skin, such as when taking vitals or after assisting with lifting.

|           | SUGGESTED METHOD OF CORRECTION: The<br>director of nursing (DON), or designee, could<br>review applicable policies and procedures related<br>to hand hygiene and to ensure accuracy; then |      |        |                               |
|-----------|---|------|--------|-------------------------------|
|           | epartment of Health   |      |        |                               |
| STATE FOR | M   | 6899 | 7H1T11 | If continuation sheet 8 of 18 |

### Minnesota Department of Health

|                          |  | (X2) MULTIPLE CONSTRUCTION  |                     | (X3) DATE SURVEY  |           |                          |
|--------------------------|--|---|---------------------|---|-----------|--------------------------|
| AND PLAN                 | OF CORRECTION  | IDENTIFICATION NUMBER:  | A. BUILDING:        |   | COMPLETED |                          |
|                          |  | 00100   | B. WING             |   | C<br>10/1 | )<br>2/2022              |
| NAME OF F                | PROVIDER OR SUPPLIER   | STREET ADI  | DRESS, CITY, S      | STATE, ZIP CODE   |           |                          |
| REGINA                   | REGINA SENIOR LIVING 1175 NININGER ROAD<br>HASTINGS, MN 55033      |   |                     |   |           |                          |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | TEMENT OF DEFICIENCIES<br>( MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION) | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTI<br>(EACH CORRECTIVE ACTION SHOU<br>CROSS-REFERENCED TO THE APPRC<br>DEFICIENCY) | LD BE     | (X5)<br>COMPLETE<br>DATE |
| 21375                    | educate staff on ex<br>with or during reside<br>ongoing compliance | pectations for hand hygiene<br>ent care; then audit to ensure                       | 21375               |   |           |                          |
|                          | days   |   |                     |   |           |                          |

# 21426 MN St. Statute 144A.04 Subd. 3 Tuberculosis Prevention And Control

(a) A nursing home provider must establish and maintain a comprehensive tuberculosis infection control program according to the most current tuberculosis infection control guidelines issued by the United States Centers for Disease Control and Prevention (CDC), Division of Tuberculosis Elimination, as published in CDC's Morbidity and Mortality Weekly Report (MMWR). This program must include a tuberculosis infection control plan that covers all paid and unpaid employees, contractors, students, residents, and volunteers. The Department of Health shall provide technical assistance regarding implementation of the guidelines.

(b) Written compliance with this subdivision must be maintained by the nursing home.

| This MN Requirement is not met as evidence<br>by:<br>Based on interview and document review, the<br>facility failed to ensure baseline tuberculosis<br>screening components were completed for 3<br>newly admitted residents (R15, R32, R294) p | e<br>(TB)<br>of 5 | RNS, Director, Clir | n was assessed by<br>nical Manager IP by<br>t face sheets/charts<br>all TB tests |
|---|-------------------|---------------------|--|
| Minnesota Department of Health  |                   |                     |  |
| STATE FORM  | 6899              | 7H1T11              | If continuation sheet 9 of 18  |

### Minnesota Department of Health

| winneso                  | ла рераллен ог не   |   |                            |  |                  |  |
|--------------------------|---|---|----------------------------|--|------------------|--|
|                          |   | (X1) PROVIDER/SUPPLIER/CLIA   | (X2) MULTIPLE CONSTRUCTION |  | (X3) DATE SURVEY |  |
| AND PLAN                 | OF CORRECTION   | IDENTIFICATION NUMBER:  | A. BUILDING                | ì:   | COMPLETED        |  |
|                          |   |   |                            |  | С                |  |
|                          |   | 00100   | B. WING                    |  | 10/12/2022       |  |
| NAME OF I                | PROVIDER OR SUPPLIER  | STREET A  | DDRESS, CITY,              | STATE, ZIP CODE  |                  |  |
|                          |   | 1175 NIN  | <b>IINGER ROA</b>          | D  |                  |  |
| REGINA                   | SENIOR LIVING   | HASTING   | GS, MN 5503                | 33   |                  |  |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD |   |                            |  | LD BE COMPLETE   |  |
| 21426                    | Continued From pa   | age 9   | 21426                      |  |                  |  |
|                          | Prevention (CDC) r  | Disease Control and<br>recommendations and facility<br>e potential to affect all 48 |                            | completed/documented and record IP for current residents.  | nciled by        |  |
|                          | residents residing i<br>Findings include:                                       |   |                            | Documentation was corrected to a proper recording of results in nece area of chart. Based on the imme audit performed the needed tests | essary<br>diate  |  |
|                          |   |   |                            |  |                  |  |

R15's facesheet printed on 10/12/22, indicated admission date of 5/6/22. R15's TB screening tool printed on 10/12/22, indicated TB skin testing or a TB blood test should be administered. During an interview on 10/12/22, at 10:30 a.m., licensed practical nurse (LPN)-A stated there was no documentation that a TB skin test or a TB blood test had been administered.

R32's facesheet printed on 10/12/22, indicated admission date of 9/6/22. R32's TB screening tool printed on 10/12/22, indicated TB skin testing or a TB blood test should be administered. During an interview on 10/12/22, at 10:35 a.m., LPN-A stated TB skin testing was appropriately performed on both 7/12/22, and 9/18/22, and stated the date the results were read (to ensure results were read within the required 48-72 hours) were not documented.

R294's facesheet printed on 10/12/22, indicated admission date of 9/28/22. R294's TB screening tool printed on 10/12/22, indicated TB skin testing or a TB blood test should be administered. During an interview on 10/12/22, at 10:40 a.m., LPN-A administered and appropriate documentation is in patient charts to support the program requirements.

Charts of all new admits are being regularly monitored by IP and Nursing Leadership to assure compliance per regulations.

Staff education will occur by 11/18/2022 for all facility staff to assure that the proper process and charting is followed to be in compliance with requirement. Training will be facilitated by DON/IP and Clinical Manager.

Audits will by performed on all new admit charts for 4 weeks by IP to assure compliance as outlined in requirement. Audits will be brought through the facility QAPI committed for further review and further recommendations. Audits will be discontinued upon QAPI determination of sustained compliance.

|                    | stated R294 received the first TB skin test on<br>9/28/22, but the results had not been<br>documented. Further, LPN-A stated R294's<br>second TB skin test was to be administered on<br>10/10/22, but had not been administered. LPN-A<br>stated there was no documentation as to why it<br>was not administered. |      |        |                                |
|--------------------|---|------|--------|--------------------------------|
| Minneso<br>STATE F | ta Department of Health<br><sup>F</sup> ORM   | 6899 | 7H1T11 | If continuation sheet 10 of 18 |

## Minnesota Department of Health

| IVIII III ESC                                 | ла рерапшенто пе   |   | -  |                |                          |             |
|---|--|---|--|----------------|--------------------------|-------------|
|   |  |   | (X2) MULTIPLE CONSTRUCTION   |                | (X3) DATE SURVEY         |             |
| AND PLAN OF CORRECTION IDENTIFICATION NUMBER: |  | A. BUILDING:  |  | COMPLETED      |                          |             |
|   |  | 00100   | B. WING  |                | (<br>10/1                | )<br>2/2022 |
| NAME OF                                       | PROVIDER OR SUPPLIER   | STREET AD   | DRESS, CITY, S   | TATE, ZIP CODE |                          |             |
| REGINA  | SENIOR LIVING  |   | NGER ROAD<br>S, MN 55033   |                |                          |             |
| (X4) ID<br>PREFIX<br>TAG                      | (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SI                                    |   | PROVIDER'S PLAN OF CORRECTI<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | _D BE          | (X5)<br>COMPLETE<br>DATE |             |
| 21426   | Continued From pa  | age 10  | 21426  |                |                          |             |
|   | Prevention & Contr<br>all residents must r<br>within 72 hours of a<br>months prior to adr<br>components includ | Tuberculosis Infection<br>ol Plan, dated 2014, indicated<br>eceive baseline TB screening<br>admission, or within three<br>nission. Baseline TB screening<br>ed: 1) assessing the<br>tors for TB. 2) Assessing for |  |                |                          |             |

current symptoms of active TB disease. 3) Testing for the presence of infection with Mycobacterium tuberculosis by administering either a two-step TST or a single TB blood test. TST documentation would include date, the number of millimeters of induration and interpretation (i.e., positive or negative).

Suggested Method of Correction: The DON (Director of Nursing) or designee could review/revise facility policies to ensure they contain all components for tuberculosis identification and control. The DON or designee could educate staff and perform audits to ensure the policies are being followed.

Time Period for Correction: Twenty-one (21) days.

21535 MN Rule4658.1315 Subp.1 ABCD Unnecessary 21535 Drug Usage; General

Subpart 1. General. A resident's drug regimen must be free from unnecessary drugs. An

11/18/22

|              | unnecessary drug is any drug when used:<br>A. in excessive dose, including duplicate drug<br>therapy;<br>B. for excessive duration;<br>C. without adequate indications for its use; or<br>D. in the presence of adverse consequences<br>which indicate the dose should be reduced or | •    |        |                                |
|--------------|--|------|--------|--------------------------------|
| linnesota De | epartment of Health  |      |        |                                |
| TATE FORM    | Л  | 6899 | 7H1T11 | If continuation sheet 11 of 18 |

## Minnesota Department of Health

| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CL |  |   | (X2) MULTIPLE       | CONSTRUCTION  | (X3) DATE SURVEY |  |
|---|--|---|---------------------|---|------------------|--|
| AND PLAN  | OF CORRECTION  | IDENTIFICATION NUMBER:  | A. BUILDING:        | · · · · · · · · · · · · · · · · · · ·   | COMPLETED        |  |
|   |  |   |                     |   | С                |  |
|   |  | 00100   | B. WING             |   | 10/12/2022       |  |
| NAME OF   | PROVIDER OR SUPPLIER   | STREET AD   | DRESS, CITY, ST     | ATE, ZIP CODE   |                  |  |
|   |  | 1175 NIN  | NGER ROAD           |   |                  |  |
| REGINA  | SENIOR LIVING  |   | S, MN 55033         |   |                  |  |
| (X4) ID<br>PREFIX<br>TAG                            | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION) |   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE CO<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) |                  |  |
| 21535   | Continued From pa  | age 11  | 21535               |   |                  |  |
|   | part 4658.1310, the<br>with provisions in the<br>Code of Federal Re<br>483.25 (1) found in                                   | Irug regimen review required in<br>e nursing home must comply<br>ne Interpretive Guidelines for<br>egulations, title 42, section<br>Appendix P of the State<br>I, Guidance to Surveyors for |                     |   |                  |  |

Long-Term Care Facilities, published by the Department of Health and Human Services, Health Care Financing Administration, April 1992. This standard is incorporated by reference. It is available through the Minitex interlibrary loan system and the State Law Library. It is not subject to frequent change.

This MN Requirement is not met as evidenced by:

Based on interview, observation and record review, the facility failed to ensure a resident with psychotropic medication was monitored for side effects for 1 of 5 residents (R1), who was observed to be somnolent (abnormally drowsy), and reviewed for unnecessary medications.

Findings include:

R1's facesheet printed on 10/11/22, included diagnoses of hemiplegia (paralysis of one side of the body) following a stroke; depression, insomnia and morbid obesity due to excessive calories. R1 did not have a psychiatric diagnosis. Completed

| asse<br>cogn<br>diffice<br>other<br>not w<br>staff | quarterly Minimum Data Set (MDS)<br>essment dated 10/4/22, indicated R1 was<br>hitively intact, had adequate vision, minimal<br>culty hearing, clear speech, could understand<br>rs and was usually understood. R1 who did<br>valk, required extensive assistance of one<br>for most ADL's. R1 displayed no behaviors. |      |        |                                |
|--|--|------|--------|--------------------------------|
| Minnesota Departme                                 | ent of Health  |      |        |                                |
| STATE FORM   |  | 6899 | 7H1T11 | If continuation sheet 12 of 18 |

## Minnesota Department of Health

| IVIIIII163C              | ла рерапшенто пе   |   |                             |  |                  |                          |
|--------------------------|--|---|-----------------------------|--|------------------|--------------------------|
|                          |  |   | (X2) MULTIPLE CONSTRUCTION  |  | (X3) DATE SURVEY |                          |
| AND PLAN                 | OF CORRECTION  | IDENTIFICATION NUMBER:  | A. BUILDING:                |  | COMP             | LETED                    |
|                          |  | 00100   | B. WING                     |  | (<br>10/1        | )<br>2/2022              |
| NAME OF                  | PROVIDER OR SUPPLIER   | STREET A  | DDRESS, CITY, S             | TATE, ZIP CODE   |                  |                          |
| REGINA                   | SENIOR LIVING  |   | NINGER ROAD<br>GS, MN 55033 |  |                  |                          |
| (X4) ID<br>PREFIX<br>TAG | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION) |   | ID<br>PREFIX<br>TAG         | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) |                  | (X5)<br>COMPLETE<br>DATE |
| 21535                    | Continued From page 12   |   | 21535                       |  |                  |                          |
|                          | 7/12/22, 4/19/22, 1/<br>either 4 or 5. A sco   | -9 (Patient Health<br>eenings dated 10/4/22,<br>/25/22, indicated a score of<br>re of 4 indicated normal or<br>and a score of 5 indicated |                             |  |                  |                          |

R1's care area assessment (CAA) for psychotropic medication use dated 1/28/22, indicated R1 received, trazadone (an antidepressant and sedative medication) which is a psychotropic (medication which affects behavior, mood or perception) medication for depression. The CAA evaluation indicated R1 did not experience any adverse consequences to trazodone, including somnolence, lethargy (lack of energy and enthusiasm), or drowsiness. The CAA indicated R1 had a decline in cognition/communication due to psychotropic drug use.

R1's care plan, edited on 7/15/22, indicated R1 was on a psychotropic drug and would not experience any adverse reactions through the review date. (The care plan did not identify for staff what the adverse reations could be, such as unusual tiredness, blurred vision, confusion, dizziness. Interventions included to monitor target behaviors daily, observe and report efficacy (producing the desired effect) of medication use. Further, the care plan indicated R1 had the

| STATE FORM  | 6899 | 7H1T11 | If continuation sheet | 13 of 18 |
|---|------|--------|-----------------------|----------|
| Minnesota Department of Health  |      |        |                       |          |
| The facility monitored R1's target behavior of<br>"depression - isolates self in room and/or<br>withdrawn." From 9/11/22, through 10/11/22, R1                          |      |        |                       |          |
| potential for an activity deficit due to disinterest in<br>group activities and out of room activities, due to<br>depressive mood and amount of time spent<br>sleeping. |      |        |                       |          |

### Minnesota Department of Health

| IVIIIIIIesu   | ла рераптенто пе  | aiin   | -                   |  | -             |  |
|---|---|--|---------------------|--|---------------|--|
| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA |   | (X2) MULTIPLE  | CONSTRUCTION        | (X3) DATE SURVEY   |               |  |
| AND PLAN  | OF CORRECTION   | IDENTIFICATION NUMBER:   | A. BUILDING:        |  | COMPLETED     |  |
|   |   |  |                     |  | С             |  |
|   |   | 00100  | B. WING             |  | 10/12/2022    |  |
| NAME OF I   | PROVIDER OR SUPPLIER  | STREET AD  | DRESS, CITY, ST     | ATE, ZIP CODE  |               |  |
|   |   | 1175 NIN   | INGER ROAD          |  |               |  |
| REGINA  | SENIOR LIVING   | HASTING  | S, MN 55033         |  |               |  |
| (X4) ID<br>PREFIX<br>TAG                              | (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | D BE COMPLETE |  |
| 21535   | Continued From pa   | ige 13   | 21535               |  |               |  |
|   | a days. All 90 entrie<br>experience target b<br>withdrawal. This wa | this target behavior three times<br>es indicated R1 did not<br>behaviors of self-isolation and<br>as verified by licensed practical<br>0/11/22, at 2:20 p.m. |                     |  |               |  |
|   | R1's physician orde   | er dated 6/5/22, indicated R1  |                     |  |               |  |

received trazodone 100 mg at 11:00 p.m. each night. A prescription order signed on 9/22/22, indicated R1 had been receiving trazodone 100 mg at bedtime since May 2017.

R1's last GDR's (gradual dose reduction) for trazodone:

--A pharmacy consult note dated 8/17/20, indicated the nurse practitioner declined pharmacist recommendation from 7/11/20, to perform a GDR but did not provide documentation to support the GDR was clinically contraindicated.

--Care plan dated 8/3/21, indicated a GDR was contraindicated per provider note dated 7/21/21. --Provider note dated 5/12/22, indicated R1 had been on trazodone 100 mg for a long time due to insomnia and dysthymia [sic]. The note indicated the provider had been asked by the pharmacist to do a GDR, but declined due to the risk of exacerbating R1's mental health exceeded the benefit of GDR.

--A provider noted dated 5/28/22, indicated trazodone would be decreased from 100 mg to 50 mg for 8 days due to trazodone having an

| interaction with Paxlovid, a medication ordered<br>for R1 due to testing positive for Covid-19. During<br>a telephone interview on 10/11/22, at 2:54 p.m.,<br>pharmacist (PharmD)-D stated reducing<br>trazodone due to potential interaction with<br>Paxlovid would not be considered a GDR<br>attempt. |      |        |                                |
|--|------|--------|--------------------------------|
| Minnesota Department of Health   |      |        |                                |
| STATE FORM   | 6899 | 7H1T11 | If continuation sheet 14 of 18 |

## Minnesota Department of Health

| IVIII III CSC   | ла рераптенто пе  |   |                            |                |           |             |
|---|---|---|----------------------------|----------------|-----------|-------------|
| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA |   | (X2) MULTIPLE   | (X2) MULTIPLE CONSTRUCTION |                | SURVEY    |             |
| AND PLAN  | OF CORRECTION   | IDENTIFICATION NUMBER:  | A. BUILDING:               |                | COMPLETED |             |
|   |   | 00100   | B. WING                    |                | (<br>10/1 | )<br>2/2022 |
| NAME OF   | PROVIDER OR SUPPLIER  | STREET AD   | DRESS, CITY, S             | TATE, ZIP CODE |           |             |
| REGINA  | SENIOR LIVING   |   | INGER ROAD<br>S, MN 55033  |                |           |             |
| (X4) ID<br>PREFIX<br>TAG                              | (EACH DEFICIENC)  | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG        |                |           |             |
| 21535   | Continued From pa   | ige 14  | 21535                      |                |           |             |
|   | 2022, indicated no<br>significant variabilit<br>Day shift: R1 slept<br>Evening shift: R1 sl<br>hours. | ng for September and October<br>patterns of sleeping and had<br>y.<br>between zero and 6 hours.<br>lept between zero and three<br>t between zero and 7 hours. |                            |                |           |             |

During an interview and observation on 10/10/22, at 1:30 p.m., R1 was sitting in a wheelchair in her room, with overbed tray in front of her; TV on. During interview lasting approximately 20 minutes, R1 never opened her eyes. R1 responded slowly to questions, with short replies. R1's voice was monotone. R1 stated she wasn't tired, but couldn't keep her eyes open. R1 stated she was given trazodone to help her sleep, but was still awake at night.

During an observation and interview on 10/11/22, at 7:56 a.m., R1 was observed sitting in her wheelchair, overbed table in front of her, TV on and eyes closed. R1 did not reply to questions asked, other than staff did not help her clean up that morning. With eyes closed, R1 fumbled with the call light stating she wanted someone to fix the TV input.

During an interview on 10/11/22, at 8:35 a.m., nursing assistant (NA)-B admitted R1 seemed sleepy, adding R1 stayed up really late at night watching TV and napped after breakfast.

| During an interview on 10/11/22<br>registered nurse (RN)-D admitte<br>sleepy, adding that was her bas<br>stated R1 was awake during the<br>the morning. RN-D confirmed F<br>trazodone for insomnia and dep<br>know when R1's last GDR was. | ed R1 seemed<br>eline. RN-D<br>e night and tired in<br>1 received<br>ression and didn't |        |                                |
|--|---|--------|--------------------------------|
| Minnesota Department of Health   |   |        |                                |
| STATE FORM   | 6899  | 7H1T11 | If continuation sheet 15 of 18 |

STATE FORM

7H1T11

If continuation sheet 15 of 18

## Minnesota Department of Health

| 1011111030               | ла рераптенто пе   |  |                     |  |                               |  |
|--------------------------|--|--|---------------------|--|-------------------------------|--|
|                          | NT OF DEFICIENCIES   | (X1) PROVIDER/SUPPLIER/CLIA  | (X2) MULTIPLE       | CONSTRUCTION   | (X3) DATE SURVEY<br>COMPLETED |  |
| AND PLAN                 | OF CORRECTION  | IDENTIFICATION NUMBER:   | A. BUILDING:        |  |                               |  |
|                          |  |  |                     |  | С                             |  |
|                          |  | 00100  | B. WING             |  | 10/12/2022                    |  |
| NAME OF                  | PROVIDER OR SUPPLIER   | STREET AD  | DRESS, CITY, S      | TATE, ZIP CODE   |                               |  |
| REGINA                   | SENIOR LIVING  |  | NGER ROAD           |  |                               |  |
|                          |  | ΠΑΞΤΙΝΟ  | S, MN 55033         |  |                               |  |
| (X4) ID<br>PREFIX<br>TAG | (EACH DEFICIENC)   | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)   | ID<br>PREFIX<br>TAG | PROVIDER'S PLAN OF CORRECTI<br>(EACH CORRECTIVE ACTION SHOUL<br>CROSS-REFERENCED TO THE APPRO<br>DEFICIENCY) | _D BE COMPLETE                |  |
| 21535                    | Continued From pa  | age 15   | 21535               |  |                               |  |
|                          | (RN)-C provided a<br>and stated this tool<br>Effective Dose (ME<br>Recommendations | on 10/11/22, at 11:16 a.m.,<br>document titled "Event Report"<br>was utilized for Minimum<br>D) Committee<br>. The report indicated R1's last<br>2. The review was attended by |                     |  |                               |  |

RN-C, a physician and pharmacist. The review indicated R1 received a psychotropic for depression and insomnia. It was determined no pharmacological or non-pharmacological changes were required, and no recommendations were made for a dose adjustment of trazodone. No rationale was listed for these determinations.

During intermittent observations on 10/11/22, at 10:36 a.m. and 12:57 p.m., R1 was observed sleeping in bed with the TV on. At 3:41 p.m. R1 was observed sleeping in her wheelchair.

During an observation on 10/12/22, at 8:55 a.m., R1's was sitting in her wheelchair, eyes closed, head bowed, TV on. At 11:13 a.m., R1 was asleep in bed.

During an interview on 10/11/22, at 10:37 a.m., the director of nursing (DON) stated R1 was up at night and slept during the day. The DON was asked for the names and telephone numbers of two night staff to contact in order to verify this. Names and numbers were received.

| During an interview on 10/11/22, at 12:29 p.m.,<br>(NA)-A who worked the night shift three times in a<br>two week period, stated R1 usually went to bed at<br>8:00 p.m., and might watch TV until about 2 a.m.,<br>then slept till about 5 a.m.<br>During a telephone interview on 10/11/22, at 1:51<br>pm., (LPN)-B who worked the night shift two to |      |        |                                |
|--|------|--------|--------------------------------|
| Minnesota Department of Health   | μ    |        | ₽                              |
| STATE FORM   | 6899 | 7H1T11 | If continuation sheet 16 of 18 |

## Minnesota Department of Health

| 1011111650  | ла рераптенто пе  |  | -                          |                |           |                          |
|---|---|--|----------------------------|----------------|-----------|--------------------------|
| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA |   | (X2) MULTIPLE  | (X2) MULTIPLE CONSTRUCTION |                | SURVEY    |                          |
| AND PLAN  | OF CORRECTION   | IDENTIFICATION NUMBER:   | A. BUILDING:               |                | COMPLETED |                          |
|   |   |  |                            |                |           | )                        |
|   |   | 00100  | B. WING                    |                | 10/1      | 2/2022                   |
| NAME OF I   | PROVIDER OR SUPPLIER  | STREET AD  | DRESS, CITY, S             | TATE, ZIP CODE |           |                          |
|   |   | 1175 NIN   | <b>INGER ROAD</b>          |                |           |                          |
| REGINA  | SENIOR LIVING   | HASTING  | iS, MN 55033               |                |           |                          |
| (X4) ID<br>PREFIX<br>TAG                              | (EACH DEFICIENC)  | TEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG        |                |           | (X5)<br>COMPLETE<br>DATE |
| 21535   | Continued From pa   | ige 16   | 21535                      |                |           |                          |
|   | bit of the night, add<br>once or twice a night<br>movie. LPN-B was<br>sleepy during the d<br>okay sleep at night. | stated R1 typically slept quit a<br>ling R1 turned her call light on<br>ht usually asking to put in a<br>not aware R1 was excessively<br>ay, adding R1 seemed to get<br>. LPN-B stated R1 was not<br>affects from trazodone, and |                            |                |           |                          |

that one side effect could be excessive sleepiness.

During a telephone interview on 10/11/22, at 3:15 p.m., nurse practitioner (NP)-G stated she concurred with PharmD-D that a dose reduction of trazodone in May 2022 when R1 had Covid-19 would not be considered a GDR, adding it would not have been long enough to determine if a reduction was effective, and since R1 had an acute illness, would not have been an appropriate time to do a GDR. NP-G stated she was unaware of R1's somnolence, but would discuss it with staff the next time she was in the facility.

During a telephone interview on 10/11/22, at 4:10 p.m., family member (FM)-B stated he didn't see R1 very often but excessive sleepiness was a concern shared among his siblings. FM-B stated, "She is always asleep when I get there. I can't recall a time when she wasn't." FM-B did not know why R1 was sleepy and had not asked anyone about it.

| During an interview on 10/12/22, at 7:16 a.m.,<br>the DON stated R1 took joy in eating and<br>watching old movies, and slept during the day<br>and was up all night. Even though R1 preferred<br>staying in her room watching old movies, the<br>DON was asked if the dose of trazodone could b<br>affecting R1's quality of life. The DON stated<br>excessively sleepiness during the day was a new |      |        |                                |
|--|------|--------|--------------------------------|
| Minnesota Department of Health   | μ    | 1      |                                |
| STATE FORM   | 6899 | 7H1T11 | If continuation sheet 17 of 18 |

## Minnesota Department of Health

| 1011111650  | ла рерапшенто пе                         |   |                           |                  |           |                          |
|---|--|---|---------------------------|------------------|-----------|--------------------------|
| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA |  | (X2) MULTIPLE   | ECONSTRUCTION             | (X3) DATE SURVEY |           |                          |
| AND PLAN  | OF CORRECTION                            | IDENTIFICATION NUMBER:  | A. BUILDING:              |                  | COMPLETED |                          |
|   |  | 00100   | B. WING                   |                  | (<br>10/1 | )<br>2/2022              |
| NAME OF I   | PROVIDER OR SUPPLIER                     | STREET AI   | DDRESS, CITY, S           | TATE, ZIP CODE   |           |                          |
| REGINA  | SENIOR LIVING                            |   | INGER ROAD<br>S, MN 55033 |                  |           |                          |
| (X4) ID<br>PREFIX<br>TAG                              | (EACH DEFICIENC)                         | ATEMENT OF DEFICIENCIES<br>Y MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG       |                  |           | (X5)<br>COMPLETE<br>DATE |
| 21535   |  |   | 21535                     |                  |           |                          |
|   |  | t aware of, and acknowledged<br>fect was sleepiness.  |                           |                  |           |                          |
|   | dated 2020, indicat<br>were given upon m | Psychotropic Medication Use,<br>ed psychotropic medications<br>edical provider order. Nursing<br>rated with the provider to |                           |                  |           |                          |

ensure the lowest possible dose is given for the shortest period of time and were subject to gradual dose reductions. When psychotropic medications are ordered the interdisciplinary team (IDT) identified target behaviors and medication side effects and implemented a resident centered care plan with both non-pharmacological and pharmacological interventions. Providers were do document why any attempted dose reduction would impair a residents function, or cause psychiatric instability by exacerbating underlying psychiatric disorder. The IDT monitored the resident condition and target behaviors for efficacy of the medication and clinically significant adverse reaction.

SUGGESTED METHOD OF CORRECTION: The director of nursing (DON), or designee, could review applicable policies and procedures related to medication side effect monitoring to ensure accuracy; then educate staff on expectations for medication management, including side effect

| STATE FOR   | •   | 6899 | 7H1T11 | If continuation sheet 18 of 18 |
|-------------|---|------|--------|--------------------------------|
| Minnesota D | epartment of Health   | 1    |        |                                |
|             |   |      |        |                                |
|             | TIME PERIOD FOR CORRECTION: Twenty-one days                                     |      |        |                                |
|             | monitoring and required documentation; then audit to ensure ongoing compliance. |      |        |                                |

| DEPARTMENT OF HEALTH AND HUMAN SERVICES<br>CENTERS FOR MEDICARE & MEDICAID SERVICES |  |   | F5254032   |  | PRINTED: 11/2<br>FORM APPF<br>OMB NO. 093 | ROVED                   |
|---|--|---|--|--|---|-------------------------|
|   | OF DEFICIENCIES                            | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:   | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING <b>01 - NURSING HOME</b> |  | (X3) DATE SUR<br>COMPLETE                 |                         |
|   |  | 245254  | B. WING  |  | 10/11/20                                  | )22                     |
| NAME OF I   | PROVIDER OR SUPPLIER                       |   |  | STREET ADDRESS, CITY, STATE              | E, ZIP CODE                               |                         |
| REGINA  | SENIOR LIVING                              |   |  | 1175 NININGER ROAD<br>HASTINGS, MN 55033 |   |                         |
| (X4) ID<br>PREFIX<br>TAG  |  |   | ID<br>PREF<br>TAG  |  | ACTION SHOULD BE COM                      | (X5)<br>PLETION<br>DATE |
| K 000   | INITIAL COMMENTS                           |   | K  | 000                                      |   |                         |
|   | FIRE SAFETY                                |   |  |  |   |                         |
|   | conducted by the M<br>Public Safety, State | ety Code survey was<br>Iinnesota Department of<br>Fire Marshal Division on<br>time of this survey, REGINA |  |  |   |                         |

SENIOR LIVING was found not in compliance with the requirements for participation in Medicare/Medicaid at 42 CFR, Subpart 483.70(a), Life Safety from Fire, and the 2012 edition of National Fire Protection Association (NFPA) 101, Life Safety Code (LSC), Chapter 19 Existing Health Care and the 2012 edition of NFPA 99, Health Care Facilities Code.

THE FACILITY'S POC WILL SERVE AS YOUR ALLEGATION OF COMPLIANCE UPON THE DEPARTMENT'S ACCEPTANCE. YOUR SIGNATURE AT THE BOTTOM OF THE FIRST PAGE OF THE CMS-2567 FORM WILL BE USED AS VERIFICATION OF COMPLIANCE.

UPON RECEIPT OF AN ACCEPTABLE POC, AN ONSITE REVISIT OF YOUR FACILITY MAY BE CONDUCTED TO VALIDATE THAT SUBSTANTIAL COMPLIANCE WITH THE REGULATIONS HAS BEEN ATTAINED IN ACCORDANCE WITH YOUR VERIFICATION.

PLEASE RETURN THE PLAN OF CORRECTION FOR THE FIRE SAFETY

| Electronically Signed<br>Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution m | any be excused from correcting or | 11/08/2022 |
|--|-----------------------------------|------------|
| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  | TITLE                             | (X6) DATE  |
| IF PARTICIPATING IN THE E-POC PROCESS, A<br>PAPER COPY OF THE PLAN OF CORRECTION<br>IS NOT REQUIRED.                       |                                   |            |
| DEFICIENCIES (K-TAGS) TO:  |                                   |            |

other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 1 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 000 Continued From page 1 K 000 Healthcare Fire Inspections State Fire Marshal Division 445 Minnesota St., Suite 145 St. Paul, MN 55101-5145, OR By email to: FM.HC.Inspections@state.mn.us

THE PLAN OF CORRECTION FOR EACH DEFICIENCY MUST INCLUDE ALL OF THE FOLLOWING INFORMATION:

1. A detailed description of the corrective action taken or planned to correct the deficiency.

2. Address the measures that will be put in place to ensure the deficiency does not reoccur.

3. Indicate how the facility plans to monitor future performance to ensure solutions are sustained.

4. Identify who is responsible for the corrective actions and monitoring of compliance.

5. The actual or proposed date for completion of the remedy.

REGINA SENIOR LIVING is a 1 story building with full basement.

The original building was constructed at 2

| (67/02.00) Browieus Versiens Obselete  | Event ID: 741T21                                     | If continuation check Dage 2 of 1 | F |
|--|--|-----------------------------------|---|
| different times. The original bui<br>basement, was constructed in 1<br>determined to be of Type II (111<br>2012, a 1 story addition (TCU)<br>and was determined to be of Ty<br>construction. | 965 and was<br>) construction. In<br>was constructed |                                   |   |
| different times The original bui   | Idina 1 story with                                   |                                   |   |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 2 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 000 Continued From page 2 K 000 Because the original building and addition are of the same type of construction allowed for existing buildings, the facility was surveyed as one building, Type III (111). The facility is fully protected throughout by an automatic sprinkler system and has a fire alarm

|               | system with smoke detection in corridors and<br>spaces open to the corridors that is monitored for<br>automatic fire department notification.  |       |                  |
|---------------|--|-------|------------------|
|               | The facility has a capacity of 57 beds and had a census of 48 at the time of the survey.   |       |                  |
| K 271<br>SS=E | The requirement at 42 CFR, Subpart 483.70(a) is<br>NOT MET as evidence by:<br>Discharge from Exits<br>CFR(s): NFPA 101   | K 271 |                  |
|               | Discharge from Exits<br>Exit discharge is arranged in accordance with 7.7,<br>provides a level walking surface meeting the<br>provisions of 7.1.7 with respect to changes in<br>elevation and shall be maintained free of<br>obstructions. Additionally, the exit discharge shall<br>be a hard packed all-weather travel surface.<br>18.2.7, 19.2.7<br>This REQUIREMENT is not met as evidenced<br>by: |       |                  |
|               | Based on observation and staff interview, the facility failed provide discharge walking surfaces as identified per NFPA 101 (2012 edition), Life   |       | Fa<br>ins<br>the |

Facility's preferred vendor came out to inspect the uneven surfaces adjacent to the 1st floor day room egress exit on 11/30/22

| Safety Code, section 19.2, 7.1.6, 7.2.5, 7.2.5.2(b).<br>This deficient condition could have a patterned<br>impact on the residents within the facility.<br>Findings include: | 11/11/2022. Temporary solution<br>recommendations will be completed at<br>that time by vendor. Due to scheduling<br>and weather conditions, new concrete will<br>be scheduled to be poured early spring<br>2023. |
|--|--|
| FORM CMS-2567(02-99) Previous Versions Obsolete Event ID: 7H1T21   | Facility ID: 00100 If continuation sheet Page 3 of 15  |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 271 Continued From page 3 K 271 On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during the Results of monitoring shall be reported at walk-through of the facility that the egress exit the facility Quality Council meeting with adjacent to the 1st Floor Day Room had concrete ongoing frequency and duration to be slabs the changed in elevation more than 1/2 inch determined through analysis of results. slab-to-slab along the path of travel from the building to the public way

| K 291<br>SS=F | An interview with the Maintenance Director<br>verified this deficient finding at the time of<br>discovery.<br>Emergency Lighting<br>CFR(s): NFPA 101  | K 291 |   | 11/30/22 |
|---------------|---|-------|---|----------|
|               | Emergency Lighting<br>Emergency lighting of at least 1-1/2-hour duration<br>is provided automatically in accordance with 7.9.<br>18.2.9.1, 19.2.9.1<br>This REQUIREMENT is not met as evidenced<br>by:  |       |   |          |
|               | Based on a review of available documentation<br>and staff interview, the facility failed to test and<br>inspect the emergency lighting fixtures per NFPA<br>101 (2012 edition) Life Safety Code, sections<br>19.2.9.1, 7.9.3 This deficient condition could |       | After further review, facility's 90-minute<br>annual testing was completed on<br>07/29/2022 as evidenced by facilities<br>TELS program. |          |
|               | have a widespread impact on the residents within the facility.  |       | 90 Minute testing will be continued to be scheduled in TELS annually, with testing performed in July.                                   |          |
|               | Findings include:   |       | Results of monitoring shall be reported at  |          |
|               | On 10/11/2022 between 09:00 AM to 04:00 PM, it  |       | the facility Quality Council meeting with   |          |

was revealed during documentation review that

ongoing frequency and duration to be

| the documents presented for review did not identity or confirm when the 90 minute annual testing was completed. | determined through analysis of results. |
|---|---|
| An interview with the Maintenance Director verified this deficient finding at the time of                       |   |
| EODM CMC 2567(02.00) Draviana Marsiana Obeelata   | 1 Equility ID: 00100                    |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 4 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Continued From page 4 K 291 K 291 discovery. Sprinkler System - Maintenance and Testing K 353 11/30/22 K 353 | SS=F CFR(s): NFPA 101 Sprinkler System - Maintenance and Testing Automatic sprinkler and standpipe systems are inspected, tested, and maintained in accordance

with NFPA 25, Standard for the Inspection, Testing, and Maintaining of Water-based Fire Protection Systems. Records of system design, maintenance, inspection and testing are maintained in a secure location and readily available.

a) Date sprinkler system last checked

b) Who provided system test

c) Water system supply source

Provide in REMARKS information on coverage for any non-required or partial automatic sprinkler system.

9.7.5, 9.7.7, 9.7.8, and NFPA 25 This REQUIREMENT is not met as evidenced by:

Based on observation, documentation review, and staff interview, the facility failed to inspect and maintain the fire sprinkler system per NFPA 101 (2012 edition), Life Safety Code, section 19.3.5, 19.7.6, 4.6.12, 9.7.5, 9.7.6, and NFPA 25 (2011 edition) Standard for the Inspection, Testing, and Maintenance of Water-Based Fire

After further review, the annual inspection of the fire system was completed on 07/19/2022 per the documented report provided by facility's preferred vendor – Viking Sprinkler. Annual inspections will be continued to be scheduled in TELS annually, with testing performed in July.

| FORM CMS-2567(02-99) Previous Versions Obsolete Event ID: 7H1T21   | Facility ID: 00100                          | If continuation sheet Page 5 of 15       |
|--|---|--|
| Findings include:  | Basement dishwashe<br>were repaired on 11/2 | J. J |
| Protection Systems, sections 4.1.7, 4.3, 5.2,<br>5.2.1.1.2, 5.2.2.2. These deficient findings could<br>have a widespread impact on the residents within<br>the facility. | Serving kitchen close repaired on 11/2/22.  | ets ceiling tiles were                   |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 353 Continued From page 5 K 353 1. On 10/11/2022 between 09:00 AM to 04:00 Viking Sprinkler replaced the powder coated sprinkler heads. Sprinkler heads PM, it was revealed during documentation review that no documentation was available to review to will be blown off with compressed air on a quarterly basis, starting in January 2023. confirm last annual inspection of the fire sprinkler Task will be managed and tracked using system the facility's TELS program. Complete

2. On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during walk-through of the facility that floor level visual assessment revealed the following:

a. Serving Kitchen Closet - missing ceiling tiles

b. Basement - Dishwashing Room - missing ceiling tiles

c. Basement - Dishwashing Room, sprinkler heads exhibited signs of oxidation

3. On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during walk-through of the facility that location of the shut-off valves was not identified

An interview with the Maintenance Director verified these deficient findings at the time of discovery.

K 363 Corridor - Doors SS=D CFR(s): NFPA 101

> Corridor - Doors Doors protecting corridor openings in other than required enclosures of vertical openings, exits, or hazardous areas resist the passage of smoke

Date: 11/30/22.

Shut-off vales were properly identified by new signage posted on 11/2/22.

Results of monitoring shall be reported at the facility Quality Council meeting with ongoing frequency and duration to be determined through analysis of results.

K 363

11/30/22

| I are made of 1 3/4 inch solid-bonded core<br>od or other material capable of resisting fire for<br>east 20 minutes. Doors in fully sprinklered<br>oke compartments are only required to resist<br>passage of smoke. Corridor doors and doors<br>ooms containing flammable or combustible |  |
|---|--|
|---|--|

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 6 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 363 Continued From page 6 K 363 materials have positive latching hardware. Roller latches are prohibited by CMS regulation. These requirements do not apply to auxiliary spaces that do not contain flammable or combustible material. Clearance between bottom of door and floor covering is not exceeding 1 inch. Powered doors complying with 7.2.1.9 are permissible if provided

with a device capable of keeping the door closed when a force of 5 lbf is applied. There is no impediment to the closing of the doors. Hold open devices that release when the door is pushed or pulled are permitted. Nonrated protective plates of unlimited height are permitted. Dutch doors meeting 19.3.6.3.6 are permitted. Door frames shall be labeled and made of steel or other materials in compliance with 8.3, unless the smoke compartment is sprinklered. Fixed fire window assemblies are allowed per 8.3. In sprinklered compartments there are no restrictions in area or fire resistance of glass or frames in window assemblies.

19.3.6.3, 42 CFR Parts 403, 418, 460, 482, 483, and 485

Show in REMARKS details of doors such as fire protection ratings, automatics closing devices, etc.

This REQUIREMENT is not met as evidenced by:

Based on observation and staff interview, the facility failed to install corridor doors per NFPA 101 (2012 edition), Life Safety Code, sections

Clasp and padlocked used on office adjacent to the nurse's station was removed 11/8/22.

| 19.3.6.3, and 7.2.1.5 This deficing could have an isolated impact or within the facility. |                   | Staff were educate<br>requirements on 1 |  |         |
|---|-------------------|---|--|---------|
| Findings include:   |                   |   | ing shall be reported at<br>Council meeting with |         |
| On 10/11/2022 between 09:00 A   | M to 04:00 PM, it | , , , , , , , , , , , , , , , , , , ,   | and duration to be                               |         |
| ODM CMC 2567/02 00) Drevieus Varsiens Obselate  |                   |   | If continuation cheet Dage 7                     | - 5 4 5 |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 7 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 363 Continued From page 7 K 363 was revealed by observation during walk-through determined through analysis of results. of the facility that an office, located adjacent to the Nurses Station, had a sliding door and was implementing a clasp and padlock to secure the room An interview with the Maintenance Director

|               | verified this deficient finding at the time of discovery.  |       |         |
|---------------|--|-------|---------|
| K 374<br>SS=F |  | K 374 |         |
|               | Subdivision of Building Spaces - Smoke Barrier<br>Doors<br>2012 EXISTING<br>Doors in smoke barriers are 1-3/4-inch thick solid<br>bonded wood-core doors or of construction that<br>resists fire for 20 minutes. Nonrated protective<br>plates of unlimited height are permitted. Doors<br>are permitted to have fixed fire window<br>assemblies per 8.5. Doors are self-closing or<br>automatic-closing, do not require latching, and<br>are not required to swing in the direction of<br>egress travel. Door opening provides a minimum<br>clear width of 32 inches for swinging or horizontal<br>doors.<br>19.3.7.6, 19.3.7.8, 19.3.7.9 |       |         |
|               | This REQUIREMENT is not met as evidenced<br>by:  |       |         |
|               | Based on observation and staff interview, the  |       | Basem   |
|               | facility failed to test and inspect the smoke barrier  |       | Mainten |

doors per NFPA 101 (2012 edition), Life Safety

Basement's smoke door was adjusted by Maintenance to ensure no gap greater than 1/8 inch. Complete Date: 11/30/22

11/30/22

| FORM CMS-2567(02-99) Previous Versions Obsolete Event ID: 7H1T21  | Facility ID: 00100 If continuation sheet Page 8 of 15                                |
|---|--|
| Findings include:   | Results of monitoring shall be reported at the facility Quality Council meeting with |
| Code, sections 19.3.7 and 8.5.4 This deficient condition could have a widespread impact on the residents within the facility. | Smoke door will be audited weekly X 4 weeks.   |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 374 Continued From page 8 K 374 On 10/11/2022 between 09:00 AM to 04:00 PM, it ongoing frequency and duration to be was revealed by observation during walk-through determined through analysis of results. of the facility that upon testing the smoke barrier doors, located mid-corridor in the basement, that the assembly exhibited an air-gap greater than 1/8 inch, which would allow the passage of smoke

| K 511<br>SS=D |   | K 511 |  | 11/30/22 |
|---------------|---|-------|--|----------|
|               | Utilities - Gas and Electric<br>Equipment using gas or related gas piping<br>complies with NFPA 54, National Fuel Gas Code,<br>electrical wiring and equipment complies with<br>NFPA 70, National Electric Code. Existing<br>installations can continue in service provided no<br>hazard to life.<br>18.5.1.1, 19.5.1.1, 9.1.1, 9.1.2 |       |  |          |
|               | This REQUIREMENT is not met as evidenced<br>by:<br>Based on observation and staff interview, the<br>facility failed to properly secure electrical panel(s)<br>per NFPA 101 (2012 edition), Life Safety Code,<br>section 19.5.1.1, 9.1.2, NFPA 70 (2011 edition),  |       | New hardware was added to the electrical panel on 10/13/22 to ensure panel is secured. |          |

| National Electrical Code, section 110.27. This deficient condition could have an isolated impact on the residents within the facility. |                  | Electrical panel w weeks. | ill be audited weekly X 4   |
|--|------------------|---------------------------|---|
| Findings include:  |                  | the facility Quality      | ring shall be reported at<br>Council meeting with<br>y and duration to be |
| FORM CMS-2567(02-99) Previous Versions Obsolete  | Event ID: 7H1T21 | Facility ID: 00100        | If continuation sheet Page 9 of 15  |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) **CROSS-REFERENCED TO THE APPROPRIATE** TAG TAG DEFICIENCY) K 511 Continued From page 9 K 511 On 10/11/2022 between 09:00 AM to 04:00 PM, it determined through analysis of results. was revealed by observation during walk-through of the facility that in Basement Physical Therapy Area - an electrical panel (PNL 112) was found to be unsecured and readily accessible to unqualified individuals

|               | An interview with the Maintenance Director<br>verified this deficient finding at the time of<br>discovery.  |       |  |          |
|---------------|---|-------|--|----------|
| K 753<br>SS=D | Combustible Decorations<br>CFR(s): NFPA 101   | K 753 |  | 11/30/22 |
|               | Combustible Decorations<br>Combustible decorations shall be prohibited<br>unless one of the following is met:<br>• Flame retardant or treated with approved<br>fire-retardant coating that is listed and labeled for<br>product.<br>• Decorations meet NFPA 701.<br>• Decorations exhibit heat release less than<br>100 kilowatts in accordance with NFPA 289.<br>• Decorations, such as photographs, paintings<br>and other art are attached to the walls, ceilings<br>and other art are attached to the walls, ceilings<br>and non-fire-rated doors in accordance with<br>18.7.5.6(4) or 19.7.5.6(4).<br>• The decorations in existing occupancies are<br>in such limited quantities that a hazard of fire<br>development or spread is not present.<br>19.7.5.6<br>This REQUIREMENT is not met as evidenced<br>by:<br>Based on observation and staff interview, the |       | 7. K753 = Combustible  |          |
|               | facility failed to inspect decorative materials prior<br>to install per NFPA 101 (2012 edition), Life Safety<br>Code, sections 19.7.5, 19.7.5.6. This deficient<br>condition could have an isolated impact on the<br>residents within the facility.   |       | <ul> <li>Room 107 – door was found to be<br/>covered with seasonal decorative material<br/>of unknown fire rating</li> </ul> |          |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 753 Continued From page 10 K 753 Decorative material was removed from Findings include: Room 107 fire door on 10/12/22. On 10/11/2022 between 09:00 AM to 04:00 PM, it Staff were provided education on combustible decorations on 11/16/22. All was revealed by observation during walk-through of the facility that resident RM 107 was found to resident fire doors will be audited weekly be 100% covered with seasonal decorative X 4 weeks to ensure free of combustible

material of unknown fire rating.

An interview with the Maintenance Director verified this deficient finding at the time of discovery.

K 761 Maintenance, Inspection & Testing - Doors SS=F CFR(s): NFPA 101

> Maintenance, Inspection & Testing - Doors Fire doors assemblies are inspected and tested annually in accordance with NFPA 80, Standard for Fire Doors and Other Opening Protectives. Non-rated doors, including corridor doors to patient rooms and smoke barrier doors, are routinely inspected as part of the facility maintenance program. Individuals performing the door inspections and testing possess knowledge, training or experience that demonstrates ability. Written records of inspection and testing are maintained and are available for review. 19.7.6, 8.3.3.1 (LSC) 5.2, 5.2.3 (2010 NFPA 80) This REQUIREMENT is not met as evidenced

decorations.

Results of monitoring shall be reported at the facility Quality Council meeting with ongoing frequency and duration to be determined through analysis of results.

K 761

11/30/22

| by:   |  |
|---|--|
| Based on document review and staff interview      |  |
| the facility failed to inspect and test doors per |  |
| NFPA 101 (2012 edition), Life Safety Code,        |  |
| sections 7.2.1.15, and NFPA 80 (2010 edition),    |  |
| sections 5.2.1, 6.1, 6.1.4.2, 6.1.4.3.1 This      |  |

All fire doors were inspected by Maintenance Personnel. Fire door inspections was added to TELS for every 6-month completion. All maintenance personnel were educated on fire door

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 11 of 15

# DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 11/23/2022 FORM APPROVED OMB NO. 0938-0391

|   |   |   |   | V   | <u>IND NO. 0930-039</u>       |
|---|---|---|---|---|-------------------------------|
| STATEMENT OF DEFICIENCIES (AND PLAN OF CORRECTION |   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:                               | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING <b>01 - NURSING HOME</b>  |   | (X3) DATE SURVEY<br>COMPLETED |
|   |   | 245254  | B. WING   |   | 10/11/2022                    |
| NAME OF F   | PROVIDER OR SUPPLIER                          |   |   | STREET ADDRESS, CITY, STATE, ZIP CODE   |                               |
| REGINA  | SENIOR LIVING                                 |   |   | 1175 NININGER ROAD  |                               |
|   |   |   |   | HASTINGS, MN 55033  |                               |
| (X4) ID<br>PREFIX<br>TAG                          | (EACH DEFICIENC)                              | TEMENT OF DEFICIENCIES<br>/ MUST BE PRECEDED BY FULL<br>SC IDENTIFYING INFORMATION) | ID PROVIDER'S PLAN OF CORRECTION<br>PREFIX (EACH CORRECTIVE ACTION SHOULD<br>TAG CROSS-REFERENCED TO THE APPROPE<br>DEFICIENCY) |   | BE COMPLETION                 |
| K 761   | Continued From pa                             | ge 11   | K 76  | 1   |                               |
|   | deficient finding cou<br>on the residents wit | uld have an widespread impact<br>thin the facility.                                 |   | inspection procedure and proper documentation. Completion date: 11/30/22.   |                               |
|   | Findings include:                             |   |   |   |                               |
|   | 1. On 10/11/2022 b                            | etween 09:00 AM to 04:00<br>during documentation review                             |   | Entry door to skilled nursing had ne<br>hinges installed, to ensure door se<br>closes and latch. Door will be audit | lf                            |

that door inspection documents presented for review were missing signatures, records were missing who completed the inspection(s), and it was unclear as to whether the annual inspection had been completed.

2. On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during walk-through of the facility that the fire door assembly located at the entry to the skilled nursing facility did not self-close and latch upon testing.

An interview with the Maintenance Director verified this deficient finding at the time of discovery.

K 920 Electrical Equipment - Power Cords and Extens SS=D CFR(s): NFPA 101

> Electrical Equipment - Power Cords and Extension Cords Power strips in a patient care vicinity are only used for components of movable patient-care-related electrical equipment (PCREE) assembles that have been assembled

weekly X 4 weeks. Completion date: 11/30/22.

Results of monitoring shall be reported at the facility Quality Council meeting with ongoing frequency and duration to be determined through analysis of results.

K 920

11/30/22

| by qualified personnel and meet the conditions of<br>10.2.3.6. Power strips in the patient care vicinity<br>may not be used for non-PCREE (e.g., personal<br>electronics), except in long-term care resident<br>rooms that do not use PCREE. Power strips for<br>PCREE meet UL 1363A or UL 60601-1. Power |  |
|---|--|
|   |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 12 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 920 Continued From page 12 K 920 strips for non-PCREE in the patient care rooms (outside of vicinity) meet UL 1363. In non-patient care rooms, power strips meet other UL standards. All power strips are used with general precautions. Extension cords are not used as a substitute for fixed wiring of a structure. Extension cords used temporarily are removed

immediately upon completion of the purpose for which it was installed and meets the conditions of 10.2.4.

10.2.3.6 (NFPA 99), 10.2.4 (NFPA 99), 400-8 (NFPA 70), 590.3(D) (NFPA 70), TIA 12-5 This REQUIREMENT is not met as evidenced by:

Based on observation and staff interview, the facility failed to manage the usage of electrical adaptive devices in accordance with NFPA 99 (2012 edition), Health Care Facilities Code, section 10.2.3.6, 10.2.4 and NFPA 70, (2011 edition), National Electrical Code, sections 400-8. This deficient condition could have an isolated impact on the residents within the facility.

Findings include:

On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during walk-through of the facility that in the exit vestibule, across from RM 133, a power-strip with the corded end of the device rising up and through the ceiling.

An interview with the Maintenance Director

Power strip was removed by Maintenance personnel on 10/14/22.

Maintenance personnel received training on power cord requirements on 11/16/22.

Results of monitoring shall be reported at the facility Quality Council meeting with ongoing frequency and duration to be determined through analysis of results.

| FORM CMS-25 | 567(02-99) Previous Versions Obsolete Event ID: 7H1T2             | l Fac | cility ID: 00100 | If continuation sheet Page 13 of 15 |
|-------------|---|-------|------------------|-------------------------------------|
|             | Gas Equipment - Cylinder and Container Storage                    |       |                  |                                     |
|             | Gas Equipment - Cylinder and Container Storag<br>CFR(s): NFPA 101 | K 923 |                  | 11/30/22                            |
|             | verified this deficient findings at the time of discovery.        |       |                  |                                     |

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED **CENTERS FOR MEDICARE & MEDICAID SERVICES** OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 923 Continued From page 13 K 923 Greater than or equal to 3,000 cubic feet Storage locations are designed, constructed, and ventilated in accordance with 5.1.3.3.2 and 5.1.3.3.3. >300 but <3,000 cubic feet Storage locations are outdoors in an enclosure or within an enclosed interior space of non- or

limited- combustible construction, with door (or gates outdoors) that can be secured. Oxidizing gases are not stored with flammables, and are separated from combustibles by 20 feet (5 feet if sprinklered) or enclosed in a cabinet of noncombustible construction having a minimum 1/2 hr. fire protection rating. Less than or equal to 300 cubic feet In a single smoke compartment, individual cylinders available for immediate use in patient care areas with an aggregate volume of less than or equal to 300 cubic feet are not required to be stored in an enclosure. Cylinders must be handled with precautions as specified in 11.6.2. A precautionary sign readable from 5 feet is on each door or gate of a cylinder storage room, where the sign includes the wording as a minimum "CAUTION: OXIDIZING GAS(ES) STORED WITHIN NO SMOKING." Storage is planned so cylinders are used in order of which they are received from the supplier. Empty cylinders are segregated from full cylinders. When facility employs cylinders with integral pressure gauge, a threshold pressure considered empty is established. Empty cylinders

| are marked to avoid confusion. Cylinders stored      |                                   |  |
|--|-----------------------------------|--|
| in the open are protected from weather.              |                                   |  |
| 11.3.1, 11.3.2, 11.3.3, 11.3.4, 11.6.5 (NFPA 99)     |                                   |  |
| This REQUIREMENT is not met as evidenced             |                                   |  |
| by:  |                                   |  |
| Based on observation and staff interview, the        | Cardboard was removed from oxygen |  |
| facility failed to identify locations of medical gas | storage room on 10/11/22.         |  |

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: 7H1T21

Facility ID: 00100

If continuation sheet Page 14 of 15

#### PRINTED: 11/23/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING 01 - NURSING HOME B. WING 245254 10/11/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **1175 NININGER ROAD REGINA SENIOR LIVING** HASTINGS, MN 55033 **PROVIDER'S PLAN OF CORRECTION** SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE **CROSS-REFERENCED TO THE APPROPRIATE** REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) K 923 Continued From page 14 K 923 storage locations per NFPA 99 (2012 edition), Health Care Facilities Code, sections 11.3.2.3 Staff received education on oxygen This deficient condition could have an isolated storage room requirements on 11/16/22. impact on the residents within the facility. Oxygen storage room will be audited weekly X 4 weeks for continued Findings include: compliance.

On 10/11/2022 between 09:00 AM to 04:00 PM, it was revealed by observation during a walk-through of the facility that the Med Gas Storage Room was storing e-cylinders and 3 liquid oxygen units. The room also contained combustible storage in the form of cardboard positioned less-than 5 feet from the O2 storage vessels.

An interview with the Maintenance Director verified this deficient finding at the time of discovery

Results of monitoring shall be reported at the facility Quality Council meeting with ongoing frequency and duration to be determined through analysis of results.

| FORM CMS-2567(02-99) Previous Versions Obsolete | Event ID: 7H1T21 | Facility ID: 00100 | If continuation sheet Page 15 of 15 |
|---|------------------|--------------------|-------------------------------------|
|   |                  |                    |                                     |
|   |                  |                    |                                     |
|   |                  |                    |                                     |
|   |                  |                    |                                     |