

MEDICARE/MEDICAID CERTIFICATION AND TRANSMITTAL  
PART I - TO BE COMPLETED BY THE STATE SURVEY AGENCY

ID: HGBN

Facility ID: 28617

1. MEDICARE/MEDICAID PROVIDER NO. (L1) <b>245621</b>		3. NAME AND ADDRESS OF FACILITY (L3) <b>FOLKESTONE</b> (L4) <b>100 PROMENADE AVENUE</b> (L5) <b>WAYZATA, MN</b> (L6) <b>55391</b>			4. TYPE OF ACTION: <u>7</u> (L8) <b>1. Initial</b> <b>2. Recertification</b> <b>3. Termination</b> <b>4. CHOW</b> <b>5. Validation</b> <b>6. Complaint</b> <b>7. On-Site Visit</b> <b>9. Other</b> <b>8. Full Survey After Complaint</b>			
2. STATE VENDOR OR MEDICAID NO. (L2) <b>154115000</b>		5. EFFECTIVE DATE CHANGE OF OWNERSHIP (L9)			7. PROVIDER/SUPPLIER CATEGORY <u>04</u> (L7) <b>01 Hospital</b> <b>05 HHA</b> <b>09 ESRD</b> <b>13 PTIP</b> <b>22 CLIA</b> <b>02 SNF/NF/Dual</b> <b>06 PRTF</b> <b>10 NF</b> <b>14 CORF</b> <b>03 SNF/NF/Distinct</b> <b>07 X-Ray</b> <b>11 ICF/IID</b> <b>15 ASC</b> <b>04 SNF</b> <b>08 OPT/SP</b> <b>12 RHC</b> <b>16 HOSPICE</b>		FISCAL YEAR ENDING DATE: (L35) <b>09/30</b>	
6. DATE OF SURVEY <b>05/11/2015</b> (L34)		8. ACCREDITATION STATUS: <u>    </u> (L10) 0 Unaccredited                      1 TJC 2 AOA                                      3 Other						
11. LTC PERIOD OF CERTIFICATION From (a) : To (b) :		10. THE FACILITY IS CERTIFIED AS: <b>X A.</b> In Compliance With <u>    </u> <b>And/Or Approved Waivers Of The Following Requirements:</b> Program Requirements <u>    </u> <b>2. Technical Personnel</b> <u>    </u> <b>6. Scope of Services Limit</b> Compliance Based On: <u>    </u> <b>3. 24 Hour RN</b> <u>    </u> <b>7. Medical Director</b> <u>    </u> <b>1. Acceptable POC</b> <u>    </u> <b>4. 7-Day RN (Rural SNF)</b> <u>    </u> <b>8. Patient Room Size</b> <u>    </u> <b>5. Life Safety Code</b> <u>    </u> <b>9. Beds/Room</b>						
12. Total Facility Beds <b>30</b> (L18)		B. Not in Compliance with Program Requirements and/or Applied Waivers: * Code: <b>A*</b> (L12)						
13. Total Certified Beds <b>30</b> (L17)		14. LTC CERTIFIED BED BREAKDOWN  18 SNF                      18/19 SNF                      19 SNF                      ICF                      IID  30 (L37)                      (L38)                      (L39)                      (L42)                      (L43)		15. FACILITY MEETS  1861 (e) (1) or 1861 (j) (1):                      (L15)				
16. STATE SURVEY AGENCY REMARKS (IF APPLICABLE SHOW LTC CANCELLATION DATE):								
17. SURVEYOR SIGNATURE  <u>Gayle Lantto, Supervisor</u>			Date :  05/12/2015 (L19)	18. STATE SURVEY AGENCY APPROVAL  <u>Anne Kleppe, Enforcement Specialist</u>				
				Date:  05/15/2015 (L20)				

## PART II - TO BE COMPLETED BY HCFA REGIONAL OFFICE OR SINGLE STATE AGENCY

19. DETERMINATION OF ELIGIBILITY <b>X</b> 1. Facility is Eligible to Participate <u>    </u> 2. Facility is not Eligible (L21)		20. COMPLIANCE WITH CIVIL RIGHTS ACT:		21. 1. Statement of Financial Solvency (HCFA-2572) 2. Ownership/Control Interest Disclosure Stmt (HCFA-1513) 3. Both of the Above : <u>    </u>	
22. ORIGINAL DATE OF PARTICIPATION <b>06/06/2014</b> (L24)		23. LTC AGREEMENT BEGINNING DATE (L41)		24. LTC AGREEMENT ENDING DATE (L25)	
25. LTC EXTENSION DATE: (L27)		27. ALTERNATIVE SANCTIONS A. Suspension of Admissions: (L44) B. Rescind Suspension Date: (L45)			
26. TERMINATION ACTION: (L30) <b>VOLUNTARY</b> <b>00</b> <b>INVOLUNTARY</b> 01-Merger, Closure                      05-Fail to Meet Health/Safety 02-Dissatisfaction W/ Reimbursement                      06-Fail to Meet Agreement 03-Risk of Involuntary Termination 04-Other Reason for Withdrawal <b>OTHER</b> 07-Provider Status Change 00-Active		28. TERMINATION DATE:		29. INTERMEDIARY/CARRIER NO. <b>00325</b> (L28)                      (L31)	
31. RO RECEIPT OF CMS-1539 (L32)		32. DETERMINATION OF APPROVAL DATE <b>04/29/2015</b> (L33)			
30. REMARKS  <b>DETERMINATION APPROVAL</b>					



*Protecting, Maintaining and Improving the Health of Minnesotans*

CMS Certification Number (CCN): 24-5621

Electronically Delivered: May 14, 2015

Ms. Nichole Pederson, Administrator  
Folkestone  
100 Promenade Avenue  
Wayzata, Minnesota 55391

Dear Ms. Pederson:

The Minnesota Department of Health assists the Centers for Medicare and Medicaid Services (CMS) by surveying skilled nursing facilities and nursing facilities to determine whether they meet the requirements for participation. To participate as a skilled nursing facility in the Medicare program or as a nursing facility in the Medicaid program, a provider must be in substantial compliance with each of the requirements established by the Secretary of Health and Human Services found in 42 CFR part 483, Subpart B.

Based upon your facility being in substantial compliance, we are recommending to CMS that your facility be recertified for participation in the Medicare and Medicaid program.

Effective April 27, 2015 the above facility is certified for:

30 - Skilled Nursing Facility Beds

Your facility's Medicare approved area consists of all 30 skilled nursing facility beds.

You should advise our office of any changes in staffing, services, or organization, which might affect your certification status.

If, at the time of your next survey, we find your facility to not be in substantial compliance your Medicaid provider agreement may be subject to non-renewal or termination.

Please contact me if you have any questions about this electronic notice.

Sincerely,

A handwritten signature in cursive script that reads "Anne Kleppe".

Anne Kleppe, Enforcement Specialist  
Licensing and Certification Program  
Health Regulation Division  
Minnesota Department of Health  
Email: [anne.kleppe@state.mn.us](mailto:anne.kleppe@state.mn.us)  
Telephone: (651) 201-4124 Fax: (651) 215-9697



*Protecting, Maintaining and Improving the Health of Minnesotans*

Electronically Delivered: May 12, 2015

Ms. Nichole Pederson, Administrator  
Folkestone  
100 Promenade Avenue  
Wayzata, Minnesota 55391

RE: Project Number S5621001

Dear Ms. Pederson:

On April 7, 2015, we informed you that we would recommend enforcement remedies based on the deficiencies cited by this Department for a standard survey, completed on March 26, 2015. This survey found the most serious deficiencies to be widespread deficiencies that constituted no actual harm with potential for more than minimal harm that was not immediate jeopardy (Level F) whereby corrections were required.

On May 11, 2015, the Minnesota Department of Health completed a Post Certification Revisit (PCR) by review of your plan of correction and on April 24, 2015 the Minnesota Department of Public Safety completed a PCR to verify that your facility had achieved and maintained compliance with federal certification deficiencies issued pursuant to a standard survey, completed on March 26, 2015. We presumed, based on your plan of correction, that your facility had corrected these deficiencies as of April 27, 2015. Based on our PCR, we have determined that your facility has corrected the deficiencies issued pursuant to our standard survey, completed on March 26, 2015, effective April 27, 2015 and therefore remedies outlined in our letter to you dated April 7, 2015, will not be imposed.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body. Please contact me if you have any questions about this electronic notice.

Sincerely,

A handwritten signature in cursive script that reads "Anne Kleppe".

Anne Kleppe, Enforcement Specialist  
Licensing and Certification Program  
Health Regulation Division  
Minnesota Department of Health  
Email: [anne.kleppe@state.mn.us](mailto:anne.kleppe@state.mn.us)  
Telephone: (651) 201-4124 Fax: (651) 215-9697

**Post-Certification Revisit Report**

Public reporting for this collection of information is estimated to average 10 minutes per response, including time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information including suggestions for reducing the burden, to CMS, Office of Financial Management, P.O. Box 26684, Baltimore, MD 21207; and to the Office of Management and Budget, Paperwork Reduction Project (0938-0390), Washington, D.C. 20503.

<b>(Y1) Provider / Supplier / CLIA / Identification Number</b> 245621	<b>(Y2) Multiple Construction</b> A. Building B. Wing	<b>(Y3) Date of Revisit</b> 5/11/2015
<b>Name of Facility</b> FOLKESTONE	<b>Street Address, City, State, Zip Code</b> 100 PROMENADE AVENUE WAYZATA, MN 55391	

This report is completed by a qualified State surveyor for the Medicare, Medicaid and/or Clinical Laboratory Improvement Amendments program, to show those deficiencies previously reported on the CMS-2567, Statement of Deficiencies and Plan of Correction that have been corrected and the date such corrective action was accomplished. Each deficiency should be fully identified using either the regulation or LSC provision number and the identification prefix code previously shown on the CMS-2567 (prefix codes shown to the left of each requirement on the survey report form).

(Y4) Item	(Y5) Date	(Y4) Item	(Y5) Date	(Y4) Item	(Y5) Date
ID Prefix <b>F0329</b>	Correction Completed 04/10/2015	ID Prefix <b>F0428</b>	Correction Completed 04/27/2015	ID Prefix _____	Correction Completed
Reg. # <b>483.25(I)</b>	_____	Reg. # <b>483.60(c)</b>	_____	Reg. # _____	_____
LSC _____	_____	LSC _____	_____	LSC _____	_____
ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed
Reg. # _____	_____	Reg. # _____	_____	Reg. # _____	_____
LSC _____	_____	LSC _____	_____	LSC _____	_____
ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed
Reg. # _____	_____	Reg. # _____	_____	Reg. # _____	_____
LSC _____	_____	LSC _____	_____	LSC _____	_____
ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed	ID Prefix _____	Correction Completed
Reg. # _____	_____	Reg. # _____	_____	Reg. # _____	_____
LSC _____	_____	LSC _____	_____	LSC _____	_____

Reviewed By _____	Reviewed By GL/AK	Date: 05/12/2015	Signature of Surveyor: 15507	Date: 05/11/2015
Reviewed By _____	Reviewed By	Date:	Signature of Surveyor:	Date:
CMS RO				

Followup to Survey Completed on: 3/26/2015	Check for any Uncorrected Deficiencies. Was a Summary of Uncorrected Deficiencies (CMS-2567) Sent to the Facility? <table style="float: right; margin-left: 20px;"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO		

**Post-Certification Revisit Report**

Public reporting for this collection of information is estimated to average 10 minutes per response, including time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information including suggestions for reducing the burden, to CMS, Office of Financial Management, P.O. Box 26684, Baltimore, MD 21207; and to the Office of Management and Budget, Paperwork Reduction Project (0938-0390), Washington, D.C. 20503.

<b>(Y1) Provider / Supplier / CLIA / Identification Number</b> 245621	<b>(Y2) Multiple Construction</b> A. Building <b>01 - FOLKESTONE GABLES NH</b> B. Wing	<b>(Y3) Date of Revisit</b> 4/24/2015
<b>Name of Facility</b> FOLKESTONE	<b>Street Address, City, State, Zip Code</b> 100 PROMENADE AVENUE WAYZATA, MN 55391	

This report is completed by a qualified State surveyor for the Medicare, Medicaid and/or Clinical Laboratory Improvement Amendments program, to show those deficiencies previously reported on the CMS-2567, Statement of Deficiencies and Plan of Correction that have been corrected and the date such corrective action was accomplished. Each deficiency should be fully identified using either the regulation or LSC provision number and the identification prefix code previously shown on the CMS-2567 (prefix codes shown to the left of each requirement on the survey report form).

(Y4) Item	(Y5) Date	(Y4) Item	(Y5) Date	(Y4) Item	(Y5) Date
ID Prefix _____ Reg. # <b>NFPA 101</b> LSC <b>K0050</b>	Correction Completed <b>03/31/2015</b>	ID Prefix _____ Reg. # <b>NFPA 101</b> LSC <b>K0062</b>	Correction Completed <b>03/31/2015</b>	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed
ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed
ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed
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ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed	ID Prefix _____ Reg. # _____ LSC _____	Correction Completed

Reviewed By _____ State Agency	Reviewed By PS/AK	Date: 05/12/2015	Signature of Surveyor:  28120	Date: 04/24/2015
Reviewed By _____ CMS RO	Reviewed By	Date:	Signature of Surveyor:	Date:

Followup to Survey Completed on: 3/30/2015	Check for any Uncorrected Deficiencies. Was a Summary of Uncorrected Deficiencies (CMS-2567) Sent to the Facility? <table style="float: right;"> <tr> <td>YES</td> <td>NO</td> </tr> </table>	YES	NO
YES	NO		

MEDICARE/MEDICAID CERTIFICATION AND TRANSMITTAL  
PART I - TO BE COMPLETED BY THE STATE SURVEY AGENCY

ID: HGBN

Facility ID: 28617

1. MEDICARE/MEDICAID PROVIDER NO. (L1) <b>245621</b>  2.STATE VENDOR OR MEDICAID NO. (L2) <b>154115000</b>	3. NAME AND ADDRESS OF FACILITY (L3) <b>FOLKESTONE</b> (L4) <b>100 PROMENADE AVENUE</b> (L5) <b>WAYZATA, MN</b> (L6) <b>55391</b>	4. TYPE OF ACTION: <u>2</u> (L8)  1. Initial                      2. Recertification 3. Termination              4. CHOW 5. Validation                 6. Complaint 7. On-Site Visit              9. Other  8. Full Survey After Complaint
5. EFFECTIVE DATE CHANGE OF OWNERSHIP (L9)  6. DATE OF SURVEY <b>03/26/2015</b> (L34)  8. ACCREDITATION STATUS: <u>  </u> (L10) 0 Unaccredited              1 TJC 2 AOA                            3 Other	7. PROVIDER/SUPPLIER CATEGORY <u>04</u> (L7) <b>01 Hospital      05 HHA      09 ESRD      13 PTIP      22 CLIA</b> <b>02 SNF/NF/Dual    06 PRTF      10 NF      14 CORF</b> <b>03 SNF/NF/Distinct 07 X-Ray      11 ICF/IID    15 ASC</b> <b>04 SNF              08 OPT/SP    12 RHC      16 HOSPICE</b>	FISCAL YEAR ENDING DATE: (L35)  <b>09/30</b>
11. LTC PERIOD OF CERTIFICATION From (a) : To (b) :  12.Total Facility Beds <b>30</b> (L18)  13.Total Certified Beds <b>30</b> (L17)	10.THE FACILITY IS CERTIFIED AS:  A. In Compliance With <u>And/Or Approved Waivers Of The Following Requirements:</u> Program Requirements <u>  </u> 2. Technical Personnel <u>  </u> 6. Scope of Services Limit Compliance Based On: <u>  </u> 3. 24 Hour RN <u>  </u> 7. Medical Director <u>  </u> 1. Acceptable POC <u>  </u> 4. 7-Day RN (Rural SNF) <u>  </u> 8. Patient Room Size <u>  </u> 5. Life Safety Code <u>  </u> 9. Beds/Room  X B. Not in Compliance with Program Requirements and/or Applied Waivers: * Code: <b>B</b> (L12)	
14. LTC CERTIFIED BED BREAKDOWN  18 SNF              18/19 SNF              19 SNF              ICF              IID  <b>30</b> (L37)                      (L38)                      (L39)                      (L42)                      (L43)	15. FACILITY MEETS  1861 (e) (1) or 1861 (j) (1): (L15)	
16. STATE SURVEY AGENCY REMARKS (IF APPLICABLE SHOW LTC CANCELLATION DATE):		
17. SURVEYOR SIGNATURE  <u>Lisa Hakanson, HPR Dietary Specialist</u> Date : <u>04/21/2015</u> (L19)	18. STATE SURVEY AGENCY APPROVAL                      Date:  <u>Anne Kleppe, Enforcement Specialist</u> <u>04/28/2015</u> (L20)	

**PART II - TO BE COMPLETED BY HCFA REGIONAL OFFICE OR SINGLE STATE AGENCY**

19. DETERMINATION OF ELIGIBILITY  <u>  </u> 1. Facility is Eligible to Participate <u>  </u> 2. Facility is not Eligible (L21)	20. COMPLIANCE WITH CIVIL RIGHTS ACT:  _____	21. 1. Statement of Financial Solvency (HCFA-2572) 2. Ownership/Control Interest Disclosure Stmt (HCFA-1513) 3. Both of the Above : _____
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25. LTC EXTENSION DATE: (L27)	27. ALTERNATIVE SANCTIONS A. Suspension of Admissions: (L44)  B. Rescind Suspension Date: (L45)	
28. TERMINATION DATE: (L28)	29. INTERMEDIARY/CARRIER NO.  <b>00325</b> (L31)	26. TERMINATION ACTION: (L30)  VOLUNTARY <u>00</u> 01-Merger, Closure 02-Dissatisfaction W/ Reimbursement 03-Risk of Involuntary Termination 04-Other Reason for Withdrawal  INVOLUNTARY 05-Fail to Meet Health/Safety 06-Fail to Meet Agreement  OTHER 07-Provider Status Change 00-Active
31. RO RECEIPT OF CMS-1539 (L32)	32. DETERMINATION OF APPROVAL DATE (L33)	
30. REMARKS  DETERMINATION APPROVAL		



*Protecting, Maintaining and Improving the Health of Minnesotans*

Certified Mail # 7010 1670 0000 8044 6053

April 7, 2015

Ms. Nichole Pederson, Administrator  
Folkestone  
100 Promenade Avenue  
Wayzata, Minnesota 55391

RE: Project Number S5621001

Dear Ms. Pederson:

On March 26, 2015, a standard survey was completed at your facility by the Minnesota Departments of Health and Public Safety to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be widespread deficiencies that constitute no actual harm with potential for more than minimal harm that is not immediate jeopardy (Level F), as evidenced by the attached CMS-2567 whereby corrections are required. A copy of the Statement of Deficiencies (CMS-2567) is enclosed.

**Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.**

This letter provides important information regarding your response to these deficiencies and addresses the following issues:

**Opportunity to Correct - the facility is allowed an opportunity to correct identified deficiencies before remedies are imposed;**

**Plan of Correction - when a plan of correction will be due and the information to be contained in that document;**

**Remedies - the type of remedies that will be imposed with the authorization of the Centers for Medicare and Medicaid Services (CMS) if substantial compliance is not attained at the time of a revisit;**

**Potential Consequences - the consequences of not attaining substantial compliance 3 and 6 months after the survey date; and**

**Informal Dispute Resolution - your right to request an informal reconsideration to dispute the attached deficiencies.**

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

## **DEPARTMENT CONTACT**

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by a "F" tag), i.e., the plan of correction should be directed to:

Gayle Lantto, Unit Supervisor  
Minnesota Department of Health  
P.O. Box 64900  
St. Paul, Minnesota 55164-0900

Email: [gayle.lantto@state.mn.us](mailto:gayle.lantto@state.mn.us)  
Telephone: (651) 201-3794  
Fax: (651) 201-3790

## **OPPORTUNITY TO CORRECT - DATE OF CORRECTION - REMEDIES**

As of January 14, 2000, CMS policy requires that facilities will not be given an opportunity to correct before remedies will be imposed when actual harm was cited at the last standard or intervening survey and also cited at the current survey. Your facility does not meet this criterion. Therefore, if your facility has not achieved substantial compliance by May 5, 2015, the Department of Health will impose the following remedy:

- State Monitoring. (42 CFR 488.422)

In addition, the Department of Health is recommending to the CMS Region V Office that if your facility has not achieved substantial compliance by May 5, 2015 the following remedy will be imposed:

- Per instance civil money penalties. (42 CFR 488.430 through 488.444)

## **PLAN OF CORRECTION (PoC)**

A PoC for the deficiencies must be submitted within **ten calendar days** of your receipt of this letter. Your PoC must:

- Address how corrective action will be accomplished for those residents found to have been affected by the deficient practice;



- Address how the facility will identify other residents having the potential to be affected by the same deficient practice;
- Address what measures will be put into place or systemic changes made to ensure that the deficient practice will not recur;
- Indicate how the facility plans to monitor its performance to make sure that solutions are sustained. The facility must develop a plan for ensuring that correction is achieved and sustained. This plan must be implemented, and the corrective action evaluated for its effectiveness. The plan of correction is integrated into the quality assurance system;
- Include dates when corrective action will be completed. The corrective action completion dates must be acceptable to the State. If the plan of correction is unacceptable for any reason, the State will notify the facility. If the plan of correction is acceptable, the State will notify the facility. Facilities should be cautioned that they are ultimately accountable for their own compliance, and that responsibility is not alleviated in cases where notification about the acceptability of their plan of correction is not made timely. The plan of correction will serve as the facility's allegation of compliance; and,
- Include signature of provider and date.

If an acceptable PoC is not received within 10 calendar days from the receipt of this letter, we will recommend to the CMS Region V Office that one or more of the following remedies be imposed:

- Optional denial of payment for new Medicare and Medicaid admissions (42 CFR 488.417 (a));
- Per day civil money penalty (42 CFR 488.430 through 488.444).

Failure to submit an acceptable PoC could also result in the termination of your facility's Medicare and/or Medicaid agreement.

### **PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE**

The facility's PoC will serve as your allegation of compliance upon the Department's acceptance. Your signature at the bottom of the first page of the CMS-2567 form will be used as verification of compliance. In order for your allegation of compliance to be acceptable to the Department, the PoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health, Licensing and Certification Program staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your PoC for the respective deficiencies (if any) is acceptable.

### **VERIFICATION OF SUBSTANTIAL COMPLIANCE**

Upon receipt of an acceptable PoC, an onsite revisit of your facility may be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification. A

Post Certification Revisit (PCR) will occur after the date you identified that compliance was achieved in your plan of correction.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved PoC, unless it is determined that either correction actually occurred between the latest correction date on the PoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the PoC.

### **Original deficiencies not corrected**

If your facility has not achieved substantial compliance, we will impose the remedies described above. If the level of noncompliance worsened to a point where a higher category of remedy may be imposed, we will recommend to the CMS Region V Office that those other remedies be imposed.

### **Original deficiencies not corrected and new deficiencies found during the revisit**

If new deficiencies are identified at the time of the revisit, those deficiencies may be disputed through the informal dispute resolution process. However, the remedies specified in this letter will be imposed for original deficiencies not corrected. If the deficiencies identified at the revisit require the imposition of a higher category of remedy, we will recommend to the CMS Region V Office that those remedies be imposed.

### **Original deficiencies corrected but new deficiencies found during the revisit**

If new deficiencies are found at the revisit, the remedies specified in this letter will be imposed. If the deficiencies identified at the revisit require the imposition of a higher category of remedy, we will recommend to the CMS Region V Office that those remedies be imposed. You will be provided the required notice before the imposition of a new remedy or informed if another date will be set for the imposition of these remedies.

### **FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE THIRD OR SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY**

If substantial compliance with the regulations is not verified by June 26, 2015 (three months after the identification of noncompliance), the CMS Region V Office must deny payment for new admissions as mandated by the Social Security Act (the Act) at Sections 1819(h)(2)(D) and 1919(h)(2)(C) and Federal regulations at 42 CFR Section 488.417(b). This mandatory denial of payments will be based on the failure to comply with deficiencies originally contained in the Statement of Deficiencies, upon the identification of new deficiencies at the time of the revisit, or if deficiencies have been issued as the result of a complaint visit or other survey conducted after the original statement of deficiencies was issued. This mandatory denial of payment is in addition to any remedies that may still be in effect as of this date.

We will also recommend to the CMS Region V Office and/or the Minnesota Department of Human Services that your provider agreement be terminated by September 26, 2015 (six months after the identification of noncompliance) if your facility does not achieve substantial compliance. This action is mandated by the Social Security Act at Sections 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR Sections 488.412 and 488.456.

## **INFORMAL DISPUTE RESOLUTION**

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process  
Minnesota Department of Health  
Health Regulation Division  
P.O. Box 64900  
St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting a PoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: [http://www.health.state.mn.us/divs/fpc/profinfo/ltc/ltc\\_idr.cfm](http://www.health.state.mn.us/divs/fpc/profinfo/ltc/ltc_idr.cfm)

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: <http://www.health.state.mn.us/divs/fpc/profinfo/infobul.htm>

Please note that the failure to complete the informal dispute resolution process will not delay the dates specified for compliance or the imposition of remedies.

Questions regarding all documents submitted as a response to the Life Safety Code deficiencies (those preceded by a "K" tag), i.e., the plan of correction, request for waivers, should be directed to:

Mr. Patrick Sheehan, Supervisor  
Health Care Fire Inspections  
State Fire Marshal Division  
444 Minnesota Street, Suite 145  
St. Paul, Minnesota 55101-5145

Email: [pat.sheehan@state.mn.us](mailto:pat.sheehan@state.mn.us)  
Telephone: (651) 201-7205  
Fax: (651) 215-0525

Folkestone  
April 7, 2015  
Page 6

Please contact me if you have any questions about this notice.

Sincerely,

A handwritten signature in cursive script that reads "Anne Kleppe".

Anne Kleppe, Enforcement Specialist  
Licensing and Certification Program  
Health Regulation Division  
Minnesota Department of Health  
Email: [anne.kleppe@state.mn.us](mailto:anne.kleppe@state.mn.us)  
Telephone: (651) 201-4124 Fax: (651) 215-9697

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/06/2015  
FORM APPROVED  
OMB NO. 0938-0391


STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>245621</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>03/26/2015</b>
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NAME OF PROVIDER OR SUPPLIER  <b>FOLKESTONE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>100 PROMENADE AVENUE WAYZATA, MN 55391</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE
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F 000	INITIAL COMMENTS  The facility's plan of correction (POC) will serve as your allegation of compliance upon the Department's acceptance. Your signature at the bottom of the first page of the CMS-2567 form will be used as verification of compliance.  Upon receipt of an acceptable POC an on-site revisit of your facility will be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.	F 000	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>RECEIVED</b></p> <p>APR 20 2015</p> <p>COMPLIANCE MONITORING DIVISION LICENSE AND CERTIFICATION</p> </div> <p>Resident # 8 and all other resident Tylenol orders were reviewed. Requests for Tylenol order to be changed to include not greater than 3000mg per day were submitted to the medical practitioners</p> <p>Staff education on obtaining Tylenol parameters and unnecessary medication was completed on 4/10/15 and is ongoing. Medication review audits will be completed weekly x 1 month by nursing and monthly thereafter by the Pharmacist consultant.</p> <p>The policy for unnecessary medications was reviewed and is current.</p>	4/10/15
F 329 SS=D	483.25(I) DRUG REGIMEN IS FREE FROM UNNECESSARY DRUGS  Each resident's drug regimen must be free from unnecessary drugs. An unnecessary drug is any drug when used in excessive dose (including duplicate therapy); or for excessive duration; or without adequate monitoring; or without adequate indications for its use; or in the presence of adverse consequences which indicate the dose should be reduced or discontinued; or any combinations of the reasons above.  Based on a comprehensive assessment of a resident, the facility must ensure that residents who have not used antipsychotic drugs are not given these drugs unless antipsychotic drug therapy is necessary to treat a specific condition as diagnosed and documented in the clinical record; and residents who use antipsychotic drugs receive gradual dose reductions, and behavioral interventions, unless clinically contraindicated, in an effort to discontinue these drugs.	F 329		

*POC accepted  
Joan H  
4/12/15*

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE 	TITLE <b>Gables Administrator</b>	(X6) DATE <b>4/17/15</b>
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Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 329	Continued From page 1  This REQUIREMENT is not met as evidenced by: Based on observation, interview and document review, the facility failed to ensure medications were administered with respect to potentially excessive dosages for 1 of 5 residents (R8) reviewed for unnecessary medication use.  Findings include:  The facility failed to establish parameters for the use of medications containing acetaminophen. R8 had the potential of exceeding the recommended guidelines of 3000 mg per day.  R8's medication administration record (MAR) dated 3/11/15, revealed orders for acetaminophen 500 milligrams (mg) and narcotic pain medication containing acetaminophen. When the physician orders dated 3/11/15 for R8 were reviewed, the orders revealed the following pain medications with start dates of 2/21/15: acetaminophen 500 mg four times a day for pain equaling 2000 mg per day; hydrocodone with acetaminophen (Norco) 5-325 mg 1 tablet three times daily for pain equaling 975 mg; and hydrocodone with acetaminophen 5/325 mg 1 tablet every 6 hours as needed (PRN) for pain. R8 was administered the PRN medication once on 3/20/15, however, if utilized as prescribed, the resident could have received 1300 mg of additional acetaminophen per day.  During an interview with the DON on 3/25/15, at 11:55 a.m. stated, "We have it just in case the resident's pain medication is not enough to relief	F 329			

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F 329	<p>Continued From page 2</p> <p>the resident's pain. We could use the PRN Norco dose, but we did not utilized it and it did not exceed the 4000 mg. We receive lots of patients who are admitted with [such orders] that are." The DON further stated, she was aware of the new recommendation not to exceed 3000 mg, but said most physicians were not following that because it was "just a recommendation."</p> <p>A consulting pharmacist (CP)-A was interviewed on 3/25/15 at 12:39 p.m. and confirmed the order of acetaminophen dosage had the potential for exceeding 4000 mg per day and explained it had just been increased in February and CP-A "...was going to see how much they are using it...I will recommend discontinuing the PRN Norco next month."</p>	F 329		
F 428 SS=D	<p>The facility's 10/2/13 policy, Psychotropic Medication Use indicated "Resident's drug regimen must be free from unnecessary drugs." 483.60(c) DRUG REGIMEN REVIEW, REPORT IRREGULAR, ACT ON</p> <p>The drug regimen of each resident must be reviewed at least once a month by a licensed pharmacist.</p> <p>The pharmacist must report any irregularities to the attending physician, and the director of nursing, and these reports must be acted upon.</p> <p>This REQUIREMENT is not met as evidenced by:</p>	F 428	<p>The Pharmacist consultant will utilize the electronic medical record for review of medication orders for all residents. A monthly recommendation report will be provided to the Clinical administrator for review and follow up.</p> <p>Licensed nursing and TMA education were initiated and will be completed by 4/24/15</p> <p>Care center administrator and Clinical administrator are responsible for compliance by 4/27/2015.</p>	4/27/15

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F 428	<p>Continued From page 3</p> <p>Based on interview, and document review, the facility's failed to ensure the consulting pharmacist identified medication irregularities for 1 of 5 residents (R88) reviewed for unnecessary medication use.</p> <p>Findings include:</p> <p>Based on observation, interview and document review, the facility failed to ensure medications were administered with respect to potentially excessive dosages for 1 of 5 residents (R8) reviewed for unnecessary medication use.</p> <p>Findings include:</p> <p>The facility failed to establish parameters for the use of medications containing acetaminophen. R8 had the potential of exceeding the recommended guidelines of 3000 mg per day.</p> <p>R8's medication administration record (MAR) dated 3/11/15, revealed orders for acetaminophen 500 milligrams (mg) and narcotic pain medication containing acetaminophen. When the physician orders dated 3/11/15 for R8 were reviewed, the orders revealed the following pain medications with start dates of 2/21/15: acetaminophen 500 mg four times a day for pain equaling 2000 mg per day; hydrocodone with acetaminophen (Norco) 5-325 mg 1 tablet three times daily for pain equaling 975 mg; and hydrocodone with acetaminophen 5/325 mg 1 tablet every 6 hours as needed (PRN) for pain. R8 was administered the PRN medication once on 3/20/15, however, if utilized as prescribed, the resident could have received 1300 mg of additional acetaminophen per day.</p>	F 428			



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F 428	<p>Continued From page 4</p> <p>During an interview with the DON on 3/25/15, at 11:55 a.m. stated, "We have it just in case the resident's pain medication is not enough to relief the resident's pain. We could use the PRN Norco dose, but we did not utilized it and it did not exceed the 4000 mg. We receive lots of patients who are admitted with [such orders] that are." The DON further stated, she was aware of the new recommendation not to exceed 3000 mg, but said most physicians were not following that because it was "just a recommendation."</p> <p>A consulting pharmacist (CP)-A was interviewed on 3/25/15 at 12:39 p.m. and confirmed the order of acetaminophen dosage had the potential for exceeding 4000 mg per day and explained it had just been increased in February and CP-A "...was going to see how much they are using it...I will recommend discontinuing the PRN Norco next month."</p> <p>The facility's 10/2/13 policy, Psychotropic Medication Use indicated "Resident's drug regimen must be free from unnecessary drugs."</p>	F 428		
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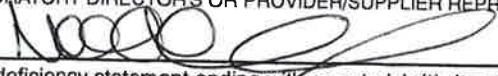
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<p>K 000</p> <p style="font-size: 2em; transform: rotate(-90deg); position: absolute; left: -100px; top: 50px;">EXIT. 3-26-15</p> <p style="font-size: 2em; transform: rotate(-90deg); position: absolute; left: -100px; top: 150px;">DO: 5-5-15</p>	<p><b>INITIAL COMMENTS</b></p> <p><b>FIRE SAFETY</b></p> <p>THE FACILITY'S POC WILL SERVE AS YOUR ALLEGATION OF COMPLIANCE UPON THE DEPARTMENT'S ACCEPTANCE. YOUR SIGNATURE AT THE BOTTOM OF THE FIRST PAGE OF THE CMS-2567 FORM WILL BE USED AS VERIFICATION OF COMPLIANCE.</p> <p>UPON RECEIPT OF AN ACCEPTABLE POC, AN ONSITE REVISIT OF YOUR FACILITY MAY BE CONDUCTED TO VALIDATE THAT SUBSTANTIAL COMPLIANCE WITH THE REGULATIONS HAS BEEN ATTAINED IN ACCORDANCE WITH YOUR VERIFICATION.</p> <p>A Life Safety Code Survey was conducted by the Minnesota Department of Public Safety. At the time of this survey, Folkstone was found not in substantial compliance with the requirements for participation in Medicare/Medicaid at 42 CFR, Subpart 483.70(a), Life Safety from Fire, and the 2000 edition of National Fire Protection Association (NFPA) Standard 101, Life Safety Code (LSC), Chapter 18 New Health Care.</p> <p>PLEASE RETURN THE PLAN OF CORRECTION FOR THE FIRE SAFETY DEFICIENCIES TO:</p> <p>Healthcare Fire Inspections State Fire Marshal Division 445 Minnesota St., Suite 145 St. Paul, MN 55101-5145, OR</p> <p>By email to: Marian.Whitney@state.mn.us</p>	<p>K 000</p>	<p>POC ok</p> <p>FS 4-21-15</p> <div style="border: 2px solid red; padding: 10px; text-align: center; margin: 20px auto; width: fit-content;"> <p><b>RECEIVED</b></p> <p>APR 20 2015</p> <p>MN DEPT. OF PUBLIC SAFETY STATE FIRE MARSHAL DIVISION</p> </div>	
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE 	TITLE <b>Gables Administrator</b>	(X6) DATE <b>4/17/15</b>
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Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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K 000	<p>Continued From page 1</p> <p>THE PLAN OF CORRECTION FOR EACH DEFICIENCY MUST INCLUDE ALL OF THE FOLLOWING INFORMATION:</p> <ol style="list-style-type: none"> <li>1. A description of what has been, or will be, done to correct the deficiency.</li> <li>2. The actual, or proposed, completion date.</li> <li>3. The name and/or title of the person responsible for correction and monitoring to prevent a reoccurrence of the deficiency.</li> </ol> <p>This 5-story building with a basement was constructed in 2014 and determined to be Type II (222) construction. The building contains independent living, assisted living and skilled nursing beds. Folkstone is located on the fourth floor south wing and is separated from other occupancies on the same floor by a 3-hour fire wall. The three egress stairs and elevators serving Folkstone are surveyed as part of the certification.</p> <p>The building is fire sprinkler protected throughout. The building has a fire alarm system with smoke detection in the corridors and spaces open to the corridors that is monitored for automatic fire department notification. The facility has a capacity of 30 beds and had a census of 29 at the time of the survey.</p> <p>The requirement at 42 CFR, Subpart 483.70(a) is NOT MET as evidenced by:</p> <p><b>NFPA 101 LIFE SAFETY CODE STANDARD</b></p> <p>Fire drills are held at unexpected times under</p>	K 000	<p>The fire drill schedule for the 2015 year was updated on 3/31/2015 to reflect a fire drill once per shift per quarter on different times. The Environmental Services Director or designee will ensure that this schedule is followed on the proper dates and times.</p>	
K 050 SS=F	<p><b>NFPA 101 LIFE SAFETY CODE STANDARD</b></p> <p>Fire drills are held at unexpected times under</p>	K 050		

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K 050	Continued From page 2 varying conditions, at least quarterly on each shift. The staff is familiar with procedures and is aware that drills are part of established routine. Responsibility for planning and conducting drills is assigned only to competent persons who are qualified to exercise leadership. Where drills are conducted between 9 PM and 6 AM a coded announcement may be used instead of audible alarms. 18.7.1.2  This STANDARD is not met as evidenced by: Based on review of reports, records and interview, it was determined that the facility failed to vary the times and dates of numerous fire drills in the last 12-month period. This deficient practice could affect how staff react in the event of a fire. Improper reaction by staff would affect the safety of all residents.  Findings include:  On facility tour between between 10:30 AM and 12:00 PM on 03/30/2015, record review revealed that there is no documentation of a PM shift fire drill for the third quarter of 2014.	K 050		
K 062 SS=F	This deficient practice was verified by the administrator at the time of the inspection. NFPA 101 LIFE SAFETY CODE STANDARD  Required automatic sprinkler systems are continuously maintained in reliable operating condition and are inspected and tested periodically. 18.7.6, 4.6.12, NFPA 13, NFPA 25, 9.7.5	K 062	All reports indicate quarterly inspections. All inspections will be scheduled to reflect the annual and quarterly inspections. The work will be performed by a licensed contractor and the Environmental Services Director or designee will ensure that this schedule is followed on the proper dates and times.	3-31-15

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K 062	<p>Continued From page 3</p> <p>This STANDARD is not met as evidenced by: Based on record review and interview, the facility has failed to inspect and maintain the sprinkler system in accordance with NFPA 13 and NFPA 25. This deficient practice could affect some residents.</p> <p>Findings include:</p> <p>On facility tour between 10:30 AM and 12:00 PM on 03/30/2015, record review revealed that:</p> <ol style="list-style-type: none"> <li>1. There is no documentation of an annual fire sprinkler inspection. All reports indicate quarterly inspections</li> <li>2. There is no documentation of quarterly fire sprinkler inspections for the first or second quarter of 2014.</li> </ol> <p>These deficient practices were verified by the administrator at the time of the inspection.</p>	K 062	<p>All inspections will be scheduled to reflect the annual and quarterly inspections. The work will be performed by a licensed contractor and the Environmental Services Director or designee will ensure that this schedule is followed on the proper dates and times.</p>	