



Protecting, Maintaining and Improving the Health of All Minnesotans

CMS Certification Number (CCN): 245102

April 6, 2018

Ms. Sara Blair, Administrator
Sauer Health Care
1635 West Service Drive
Winona, MN 55987

Dear Ms. Blair:

The Minnesota Department of Health assists the Centers for Medicare and Medicaid Services (CMS) by surveying skilled nursing facilities and nursing facilities to determine whether they meet the requirements for participation. To participate as a skilled nursing facility in the Medicare program or as a nursing facility in the Medicaid program, a provider must be in substantial compliance with each of the requirements established by the Secretary of Health and Human Services found in 42 CFR part 483, Subpart B.

Based upon your facility being in substantial compliance, we are recommending to CMS that your facility be recertified for participation in the Medicare and Medicaid program.

Effective March 27, 2018 the above facility is certified for:

71 Skilled Nursing Facility/Nursing Facility Beds

Your facility's Medicare approved area consists of all 71 skilled nursing facility beds.

You should advise our office of any changes in staffing, services, or organization, which might affect your certification status.

If, at the time of your next survey, we find your facility to not be in substantial compliance your Medicare and Medicaid provider agreement may be subject to non-renewal or termination.

Please contact me if you have any questions.

Sincerely,

A handwritten signature in black ink that reads 'Kamala Fiske-Downing'.

Kamala Fiske-Downing
Licensing and Certification Program
Minnesota Department of Health
P.O. Box 64900
St. Paul, MN 55164-0900
Telephone: (651) 201-4112 Fax: (651) 215-9697
Email: Kamala.Fiske-Downing@state.mn.us

cc: Licensing and Certification File



Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically delivered
April 6, 2018

Ms. Sara Blair, Administrator
Sauer Health Care
1635 West Service Drive
Winona, MN 55987

RE: Project Number S5102027

Dear Ms. Blair:

On February 28, 2018, we informed you that we would recommend enforcement remedies based on the deficiencies cited by this Department for a standard survey, completed on February 15, 2018. This survey found the most serious deficiencies to be widespread deficiencies that constituted no actual harm with potential for more than minimal harm that was not immediate jeopardy (Level F) whereby corrections were required.

On March 31, 2018, the Minnesota Department of Health completed a Post Certification Revisit (PCR) by review of your plan of correction and on April 2, 2018 the Minnesota Department of Public Safety completed a PCR to verify that your facility had achieved and maintained compliance with federal certification deficiencies issued pursuant to a standard survey, completed on February 15, 2018. We presumed, based on your plan of correction, that your facility had corrected these deficiencies as of March 27, 2018. Based on our PCR, we have determined that your facility has corrected the deficiencies issued pursuant to our standard survey, completed on February 15, 2018, effective March 27, 2018 and therefore remedies outlined in our letter to you dated February 28, 2018, will not be imposed.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Feel free to contact me if you have questions.

Sincerely,

A handwritten signature in black ink that reads 'Kamala Fiske-Downing'.

Kamala Fiske-Downing
Licensing and Certification Program
Minnesota Department of Health
P.O. Box 64900
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MEDICARE/MEDICAID CERTIFICATION AND TRANSMITTAL

ID: I80Y

PART I - TO BE COMPLETED BY THE STATE SURVEY AGENCY

Facility ID: 00705

1. MEDICARE/MEDICAID PROVIDER NO. (L1) 245102		3. NAME AND ADDRESS OF FACILITY (L3) SAUER HEALTH CARE			4. TYPE OF ACTION: <u>2</u> (L8)	
2.STATE VENDOR OR MEDICAID NO. (L2) 493543800		(L4) 1635 WEST SERVICE DRIVE			1. Initial 2. Recertification 3. Termination 4. CHOW 5. Validation 6. Complaint 7. On-Site Visit 8. Full Survey After Complaint 9. Other	
5. EFFECTIVE DATE CHANGE OF OWNERSHIP (L9)		7. PROVIDER/SUPPLIER CATEGORY <u>02</u> (L7)			FISCAL YEAR ENDING DATE: (L35)	
6. DATE OF SURVEY 02/15/2018 (L34)		01 Hospital 05 HHA 09 ESRD 13 PTIP 22 CLIA			09/30	
8. ACCREDITATION STATUS: ___ (L10)		02 SNF/NF/Dual 06 PRTF 10 NF 14 CORF				
0 Unaccredited 1 TJC 2 AOA 3 Other		03 SNF/NF/Distinct 07 X-Ray 11 ICF/IID 15 ASC				
11. LTC PERIOD OF CERTIFICATION		04 SNF 08 OPT/SP 12 RHC 16 HOSPICE				
From (a): To (b):		10.THE FACILITY IS CERTIFIED AS:				
12.Total Facility Beds 71 (L18)		A. In Compliance With			And/Or Approved Waivers Of The Following Requirements:	
13.Total Certified Beds 71 (L17)		Program Requirements Compliance Based On:			___ 2. Technical Personnel ___ 6. Scope of Services Limit	
		___ 1. Acceptable POC			___ 3. 24 Hour RN ___ 7. Medical Director	
		X B. Not in Compliance with Program			___ 4. 7-Day RN (Rural SNF) ___ 8. Patient Room Size	
		Requirements and/or Applied Waivers:			___ 5. Life Safety Code ___ 9. Beds/Room	
14. LTC CERTIFIED BED BREAKDOWN		15. FACILITY MEETS				
18 SNF 18/19 SNF 19 SNF ICF IID		1861 (e) (1) or 1861 (j) (1): (L15)				
71						
(L37) (L38) (L39) (L42) (L43)						

16. STATE SURVEY AGENCY REMARKS (IF APPLICABLE SHOW LTC CANCELLATION DATE):

17. SURVEYOR SIGNATURE		Date :	18. STATE SURVEY AGENCY APPROVAL		Date:
<u>Kyla Einertson, HFE NE II</u>		03/05/2018	<u>Amy Johnson, Enforcement Specialist</u>		03/09/2018
		(L19)			(L20)

PART II - TO BE COMPLETED BY HCFA REGIONAL OFFICE OR SINGLE STATE AGENCY

19. DETERMINATION OF ELIGIBILITY		20. COMPLIANCE WITH CIVIL RIGHTS ACT:		21. 1. Statement of Financial Solvency (HCFA-2572) 2. Ownership/Control Interest Disclosure Stmt (HCFA-1513) 3. Both of the Above : _____	
___ 1. Facility is Eligible to Participate ___ 2. Facility is not Eligible (L21)					
22. ORIGINAL DATE OF PARTICIPATION 01/19/1967 (L24)		23. LTC AGREEMENT BEGINNING DATE (L41)		26. TERMINATION ACTION: (L30)	
		24. LTC AGREEMENT ENDING DATE (L25)		<u>VOLUNTARY</u> 00 <u>INVOLUNTARY</u>	
25. LTC EXTENSION DATE: (L27)		27. ALTERNATIVE SANCTIONS		01-Merger, Closure 05-Fail to Meet Health/Safety 02-Dissatisfaction W/ Reimbursement 06-Fail to Meet Agreement 03-Risk of Involuntary Termination <u>OTHER</u> 04-Other Reason for Withdrawal 07-Provider Status Change 00-Active	
		A. Suspension of Admissions: (L44)			
		B. Rescind Suspension Date: (L45)			
28. TERMINATION DATE:		29. INTERMEDIARY/CARRIER NO. 03001 (L28) (L31)		30. REMARKS	
31. RO RECEIPT OF CMS-1539 (L32)		32. DETERMINATION OF APPROVAL DATE (L33)		DETERMINATION APPROVAL	



Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically delivered
February 28, 2018

Ms. Sara Blair, Administrator
Sauer Health Care
1635 West Service Drive
Winona, MN 55987

RE: Project Number S5102027

Dear Ms. Blair:

On February 15, 2018, a standard survey was completed at your facility by the Minnesota Departments of Health and Public Safety to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be widespread deficiencies that constitute no actual harm with potential for more than minimal harm that is not immediate jeopardy (Level F), as evidenced by the electronically delivered CMS-2567 whereby corrections are required.

Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.

This letter provides important information regarding your response to these deficiencies and addresses the following issues:

Opportunity to Correct - the facility is allowed an opportunity to correct identified deficiencies before remedies are imposed;

Electronic Plan of Correction - when a plan of correction will be due and the information to be contained in that document;

Remedies - the type of remedies that will be imposed with the authorization of the Centers for Medicare and Medicaid Services (CMS) if substantial compliance is not attained at the time of a revisit;

Potential Consequences - the consequences of not attaining substantial compliance 3 and 6 months after the survey date; and

Informal Dispute Resolution - your right to request an informal reconsideration to dispute the attached deficiencies.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

DEPARTMENT CONTACT

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by an "F" tag) and emergency preparedness deficiencies (those preceded by an "E" tag), i.e., the plan of correction should be directed to:

**Gary Nederhoff, Unit Supervisor
Rochester Survey Team
Licensing and Certification Program
Health Regulation Division
Minnesota Department of Health
18 Wood Lake Drive Southeast
Rochester, Minnesota 55904-5506
Email: gary.nederhoff@state.mn.us
Phone: (507) 206-2731
Fax: (507) 206-2711**

OPPORTUNITY TO CORRECT - DATE OF CORRECTION - REMEDIES

As of January 14, 2000, CMS policy requires that facilities will not be given an opportunity to correct before remedies will be imposed when actual harm was cited at the last standard or intervening survey and also cited at the current survey. Your facility does not meet this criterion. Therefore, if your facility has not achieved substantial compliance by March 27, 2018, the Department of Health will impose the following remedy:

- State Monitoring. (42 CFR 488.422)

In addition, the Department of Health is recommending to the CMS Region V Office that if your facility has not achieved substantial compliance by March 27, 2018 the following remedy will be imposed:

- Per instance civil money penalty. (42 CFR 488.430 through 488.444)

ELECTRONIC PLAN OF CORRECTION (ePoC)

An ePoC for the deficiencies must be submitted within **ten calendar days** of your receipt of this letter. Your ePoC must:

- Address how corrective action will be accomplished for those residents found to have

- been affected by the deficient practice;
- Address how the facility will identify other residents having the potential to be affected by the same deficient practice;
- Address what measures will be put into place or systemic changes made to ensure that the deficient practice will not recur;
- Indicate how the facility plans to monitor its performance to make sure that solutions are sustained. The facility must develop a plan for ensuring that correction is achieved and sustained. This plan must be implemented, and the corrective action evaluated for its effectiveness. The plan of correction is integrated into the quality assurance system;
- Include dates when corrective action will be completed. The corrective action completion dates must be acceptable to the State. If the plan of correction is unacceptable for any reason, the State will notify the facility. If the plan of correction is acceptable, the State will notify the facility. Facilities should be cautioned that they are ultimately accountable for their own compliance, and that responsibility is not alleviated in cases where notification about the acceptability of their plan of correction is not made timely. The plan of correction will serve as the facility's allegation of compliance; and,
- Submit electronically to acknowledge your receipt of the electronic 2567, your review and your ePoC submission.

If an acceptable ePoC is not received within 10 calendar days from the receipt of this letter, we will recommend to the CMS Region V Office that one or more of the following remedies be imposed:

- Optional denial of payment for new Medicare and Medicaid admissions (42 CFR 488.417 (a));
- Per day civil money penalty (42 CFR 488.430 through 488.444).

Failure to submit an acceptable ePoC could also result in the termination of your facility's Medicare and/or Medicaid agreement.

PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE

The facility's ePoC will serve as your allegation of compliance upon the Department's acceptance. Your signature at the bottom of the first page of the CMS-2567 form will be used as verification of compliance. In order for your allegation of compliance to be acceptable to the Department, the ePoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health, Licensing and Certification Program staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your ePoC for the respective deficiencies (if any) is acceptable.

VERIFICATION OF SUBSTANTIAL COMPLIANCE

Upon receipt of an acceptable ePoC, an onsite revisit of your facility may be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification. A Post Certification Revisit (PCR) will occur after the date you identified that compliance was achieved in your plan of correction.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved ePoC, unless it is determined that either correction actually occurred between the latest correction date on the ePoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the ePoC.

Original deficiencies not corrected

If your facility has not achieved substantial compliance, we will impose the remedies described above. If the level of noncompliance worsened to a point where a higher category of remedy may be imposed, we will recommend to the CMS Region V Office that those other remedies be imposed.

Original deficiencies not corrected and new deficiencies found during the revisit

If new deficiencies are identified at the time of the revisit, those deficiencies may be disputed through the informal dispute resolution process. However, the remedies specified in this letter will be imposed for original deficiencies not corrected. If the deficiencies identified at the revisit require the imposition of a higher category of remedy, we will recommend to the CMS Region V Office that those remedies be imposed.

Original deficiencies corrected but new deficiencies found during the revisit

If new deficiencies are found at the revisit, the remedies specified in this letter will be imposed. If the deficiencies identified at the revisit require the imposition of a higher category of remedy, we will recommend to the CMS Region V Office that those remedies be imposed. You will be provided the required notice before the imposition of a new remedy or informed if another date will be set for the imposition of these remedies.

FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE THIRD OR SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY

If substantial compliance with the regulations is not verified by May 15, 2018 (three months after the identification of noncompliance), the CMS Region V Office must deny payment for new admissions as mandated by the Social Security Act (the Act) at Sections 1819(h)(2)(D) and 1919(h)(2)(C) and Federal regulations at 42 CFR Section 488.417(b). This mandatory denial of payments will be based on the failure to comply with deficiencies originally contained in the Statement of Deficiencies, upon the

identification of new deficiencies at the time of the revisit, or if deficiencies have been issued as the result of a complaint visit or other survey conducted after the original statement of deficiencies was issued. This mandatory denial of payment is in addition to any remedies that may still be in effect as of this date.

We will also recommend to the CMS Region V Office and/or the Minnesota Department of Human Services that your provider agreement be terminated by August 15, 2018 (six months after the identification of noncompliance) if your facility does not achieve substantial compliance. This action is mandated by the Social Security Act at Sections 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR Sections 488.412 and 488.456.

INFORMAL DISPUTE RESOLUTION

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process
Minnesota Department of Health
Health Regulation Division
P.O. Box 64900
St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: http://www.health.state.mn.us/divs/fpc/profinfo/ltc/ltc_idr.cfm

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: <http://www.health.state.mn.us/divs/fpc/profinfo/infobul.htm>

Please note that the failure to complete the informal dispute resolution process will not delay the dates specified for compliance or the imposition of remedies.

Questions regarding all documents submitted as a response to the Life Safety Code deficiencies (those preceded by a "K" tag), i.e., the plan of correction, request for waivers, should be directed to:

Mr. Tom Linhoff, Fire Safety Supervisor
Health Care Fire Inspections
Minnesota Department of Public Safety
State Fire Marshal Division
445 Minnesota Street, Suite 145
St. Paul, Minnesota 55101-5145

Email: tom.linhoff@state.mn.us
Telephone: (651) 430-3012
Fax: (651) 215-0525

Feel free to contact me if you have questions.

Sincerely,



Michaelyn Bruer, Enforcement Specialist
Minnesota Department of Health
Health Regulation Division
Program Assurance Unit
phone 651-201-4117 fax 651-215-9697
email: michaelyn.bruer@state.mn.us

cc: Licensing and Certification File

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/02/2018
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 245102	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 02/15/2018
NAME OF PROVIDER OR SUPPLIER SAUER HEALTH CARE			STREET ADDRESS, CITY, STATE, ZIP CODE 1635 WEST SERVICE DRIVE WINONA, MN 55987		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
E 000	Initial Comments A survey for compliance with CMS Appendix Z Emergency Preparedness Requirements, was conducted February 13, 14, & 15, 2018, during a recertification survey. The facility is in compliance with the Appendix Z Emergency Preparedness Requirements.	E 000			
F 000	INITIAL COMMENTS On February 13, 14, & 15, 2018, a standard survey was completed at your facility by the Minnesota Department of Health to determine if your facility was in compliance with requirements of 42 CFR Part 483, Subpart B, and Requirements for Long Term Care Facilities. The facility's plan of correction (POC) will serve as your allegation of compliance upon the Department's acceptance. Your signature at the bottom of the first page of the CMS-2567 form will be used as verification of compliance. Upon receipt of an acceptable POC an on-site revisit of your facility may be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.	F 000			
F 554 SS=D	Resident Self-Admin Meds-Clinically Approp CFR(s): 483.10(c)(7) §483.10(c)(7) The right to self-administer medications if the interdisciplinary team, as defined by §483.21(b)(2)(ii), has determined that this practice is clinically appropriate. This REQUIREMENT is not met as evidenced by: Based on observation, interview and document review, the facility failed to assess a resident's	F 554	In response to the above stated citation Sauer Health Care has taken the following	3/27/18	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
Electronically Signed

TITLE

(X6) DATE
03/01/2018

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 554	<p>Continued From page 1</p> <p>ability to self-administer medication safely for 1 of 1 resident (R47) who had a nicotine inhaler at her bedside.</p> <p>Findings include:</p> <p>During observation on 2/14/18, at 2:37 p.m., R47 was seated in her recliner in her room. A nicotine inhaler was observed to be on R47's tray table next to R47's recliner. R47 picked up the nicotine inhaler and stated I am supposed to puff on this if I need it. They put a new cartridge in it, I guess. I cannot remember if I used it or not.</p> <p>R47's current physician orders identified an order for Nicotrol inhaler (nicotine) 4 milligrams, inhale orally as needed for nicotine dependence. Puff on inhaler as needed. Do not exceed 16 cartridges per day, order date 1/31/18.</p> <p>R47's progress note, dated 2/13/18, read upon reviewing the chart, realized the cartridge for the inhaler has never been changed since she received it on 1/31/18. Had TMA (trained medication aide) put in a new cartridge and to offer her another new one after dinner. It is not clear if resident will ask for one on her own so asked nursing to request a schedule for cartridge changes, this has been put in the rounds book to be addressed by CNP (certified nurse practitioner)/MD (medical doctor). Will ask staff to encourage resident to "puff" on inhaler when she is asking to smoke. Resident had previously been a two pack a day smoker.</p> <p>During interview on 2/14/18, at 2:43 p.m., registered nurse (RN)-A stated R47's nicotine inhaler was a medication and confirmed R47 had the nicotine inhaler in her room. RN-A confirmed</p>	F 554	<p>action:</p> <ul style="list-style-type: none"> • R47 had a Self-Administration of Medication Assessment completed on 2/14/2018. • R47 Care Plan was updated on 2/14/2018 to indicate Self-Administration of nicotine inhaler. • On 2/17/2018. R47 indicated not wanting to use the nicotine inhaler so this was removed from her room and discontinued. • R47 Care Plan was updated on 2/17/2018 to indicate resolution of Self-Administration of nicotine inhaler. • Communication was sent to Licensed Nursing Staff on 2/26/2018 providing education on the need to complete an audit for all residents in the facility to ensure a Self-Administration of Medication Assessment and up to date Care Plan was in place for any residents with Medications at their bedside. • An audit of all residents for Medications at their bedside will be completed on or before March 27, 2018. • Facility "Physician Order Note" was modified on 2/28/2018 to include a reminder for staff to address need for Self-Administration of Medication Assessment when entering new orders. • Education will be provided to appropriate staff with confirmation of learning to be complete on or before March 27, 2018. <p>Compliance for adherence to this plan will be the responsibility of the Licensed Nursing Staff with overall compliance being the responsibility of the Facility</p>		

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/02/2018
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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 245102	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 02/15/2018
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F 554	Continued From page 2 R47 had not had a self-administration of medication assessment completed for use of the nicotine inhaler and stated an assessment should have been done when the order was received. During interview on 2/15/18, at 11:06 a.m., the director of nursing stated R47 should have had a self-administration of medication assessment completed when R47 started using the nicotine inhaler. The facility policy Self-Administration of medication, date effective 12/22/11, indicated Policy: Residents choosing to self-administer medications will be evaluated prior to medication administration for clinical appropriateness and compliance with prescription and non-prescription directions. Procedure Guidelines: 1. Upon admission, quarterly, and as needed, a resident will be evaluated by a nurse to determine whether or not a resident is clinically appropriate to self-administer medications. This includes, but is not limited to proof of: a. Ability to read and understand medication labels; b. Comprehension of the purpose and proper dosage and administration time for his or her medications; c. Ability to remove medications from a container and to ingest and swallow (or otherwise administer) them; and d. Ability to recognize risks and major adverse consequences of his or her medications.	F 554	Administrator and the Director of Nursing Services.		
F 657 SS=D	Care Plan Timing and Revision CFR(s): 483.21(b)(2)(i)-(iii) §483.21(b) Comprehensive Care Plans §483.21(b)(2) A comprehensive care plan must be- (i) Developed within 7 days after completion of	F 657		3/27/18	

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F 657	<p>Continued From page 3</p> <p>the comprehensive assessment.</p> <p>(ii) Prepared by an interdisciplinary team, that includes but is not limited to--</p> <p>(A) The attending physician.</p> <p>(B) A registered nurse with responsibility for the resident.</p> <p>(C) A nurse aide with responsibility for the resident.</p> <p>(D) A member of food and nutrition services staff.</p> <p>(E) To the extent practicable, the participation of the resident and the resident's representative(s). An explanation must be included in a resident's medical record if the participation of the resident and their resident representative is determined not practicable for the development of the resident's care plan.</p> <p>(F) Other appropriate staff or professionals in disciplines as determined by the resident's needs or as requested by the resident.</p> <p>(iii) Reviewed and revised by the interdisciplinary team after each assessment, including both the comprehensive and quarterly review assessments.</p> <p>This REQUIREMENT is not met as evidenced by:</p> <p>Based on observation, interview and document review, the facility failed to reassess the effectiveness of interventions and revise a resident care plan for 1 of 4 residents (R28) reviewed for pressure ulcers.</p> <p>Findings Include:</p> <p>R28 was observed with registered nurse (RN)-A on 2/15/18, at 8:07 a.m. to have scabs on the toes of his right foot.</p> <p>A Skin issue/wound note, 2/7/18, indicated R28 had, "abrasions to knuckles of toes on right foot.</p>	F 657	<p>In response to the above stated citation Sauer Health Care has taken the following action:</p> <ul style="list-style-type: none"> • R28 was assessed for pressure ulcers on 2/15/2018. • R28 Care Plan was updated on 2/15/2018 to include all interventions in place. • The facility "Skin Note" template was modified on 2/28/2018 to include a check box addressing the question, "Was Care Plan Updated/Interventions Added to Care Plan?" • Education will be provided to 		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 245102	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 02/15/2018
NAME OF PROVIDER OR SUPPLIER SAUER HEALTH CARE			STREET ADDRESS, CITY, STATE, ZIP CODE 1635 WEST SERVICE DRIVE WINONA, MN 55987		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
F 657	<p>Continued From page 4</p> <p>2nd toe- 0.4 cm x 0.5 cm 3rd toe- 1.0 cm x 0.6 cm 3rd toe- 0.3 cm x 0.3 cm 4th toe- 0.2 cm x 0.3 cm 5th toe- 0.3 cm x 0.3 cm Etiology: Resident kicks feet often. Resident has dry feet and was kicking socks off entire shift and rubbing feet together. Characteristics, Wound bed, peri-wound, & Drainage: extremely dry peri-wound. Wound bed red with no bleeding. Treatment and Frequency: area cleansed, feet lotioned and left OTA [open to air] Signs & Symptoms of Infection?: No Is the TAR [treatment administration record] up to date?: yes."</p> <p>R28's care plan print date 2/15/18, identified R28 actual and potential risk for altered skin integrity related to limited mobility, lower extremity neuropathy, diabetes, obesity, incontinence, pressure areas. Intervention dated 1/22/18, included: R28 had a habit of rubbing his feet/ankles together or rubs his feet/ankles on the floor or bed sheets repetitively. This has caused self-inflicted pressure areas related to shearing. Staff were directed to remind R28 not to repetitively rub his bilateral lower extremities, ensure areas are treated and cushioned, monitor skin status, and contact his provider if indicated for signs or symptoms of infection. Although the facility had identified the scabbed areas on R28's right toes on 2/7/18, the facility failed to reassess the effectiveness of the interventions and revise the care plan to prevent reoccurrence of the self-inflicted pressure areas on his toes.</p> <p>R28's progress note, 2/15/18 included, "Assessed toes of right foot at this time. Toes are scabbed. There is redness around scabs of second and third toes. Areas do blanch. There is no drainage present. No s/s [signs or symptoms] of infection. Resident has a history of lying in bed and rubbing</p>	F 657	<p>appropriate staff with confirmation of learning to be complete on or before March 27, 2018.</p> <p>Compliance for adherence to this plan will be the responsibility of the Licensed Nursing Staff with overall compliance being the responsibility of the Facility Administrator and the Director of Nursing Services.</p>		

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F 657	<p>Continued From page 5</p> <p>feet together. Does where socks when in bed. The inside of socks have material from the lettering and the ribbon line that goes across toes that could cause the skin to open when resident is rubbing feet together. Care plan has been updated to ensure bed cradle is on bed at all times and no socks on feet when in bed. Treatment entered to apply skin prep to toes daily and monitor for changes. Tasks entered for CNA [certified nursing assistant] to ensure bed cradle is on bed, no socks on when in bed, no sock or shoe to right foot and gripper sock to right foot when up in w/c [wheelchair]. Gripper sock is being applied for safety as resident has a history of attempting to self-transfer. Will document skin on resident bath day."</p> <p>During an interview on 2/15/18, at 9:29 a.m. registered nurse (RN)-A stated she had put a foot cradle on R28's bed today, to prevent the blankets from laying over his feet and to prevent him from rubbing the blankets on his feet. RN-A stated she left his socks off while he was in bed. RN-A stated in her opinion the care plan interventions should have been looked at for interventions that would have prevented any further breakdown of those areas (on the right toes) once they developed on 2/7/18. RN-A stated she planned to add the foot cradle to R28's care plan as a new intervention.</p> <p>During an interview on 2/15/18, at 10:01 a.m. the director of nursing stated she would have expected staff to put something in place and for the care plan to have been revised to include new interventions on 2/7/18, after the areas on R28's toes were identified to prevent further injury.</p> <p>The Care Plan Policy revised 11/25/16 indicated,</p>	F 657			

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F 657	Continued From page 6 "Assessments of residents are ongoing and care plans are revised as information about the resident and the resident's condition change."	F 657			

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F5102026

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NAME OF PROVIDER OR SUPPLIER SAUER HEALTH CARE	STREET ADDRESS, CITY, STATE, ZIP CODE 1635 WEST SERVICE DRIVE WINONA, MN 55987
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K 000	<p>INITIAL COMMENTS</p> <p>THE FACILITY'S POC WILL SERVE AS YOUR ALLEGATION OF COMPLIANCE UPON THE DEPARTMENT'S ACCEPTANCE. YOUR SIGNATURE AT THE BOTTOM OF THE FIRST PAGE OF THE CMS-2567 WILL BE USED AS VERIFICATION OF COMPLIANCE.</p> <p>UPON RECEIPT OF AN ACCEPTABLE POC, AN ON-SITE REVISIT OF YOUR FACILITY MAY BE CONDUCTED TO VALIDATE THAT SUBSTANTIAL COMPLIANCE WITH THE REGULATIONS HAS BEEN ATTAINED IN ACCORDANCE WITH YOUR VERIFICATION.</p> <p>A Life Safety Code Survey was conducted by the Minnesota Department of Public Safety - State Fire Marshal Division. At the time of this survey, (Sauer Health Care) was found not in compliance with the requirements for participation in Medicare/Medicaid at 42 CFR, Subpart 483.70(a), Life Safety from Fire, and the 2012 edition of National Fire Protection Association (NFPA) Standard 101, Life Safety Code (LSC), Chapter 19 Existing Health Care.</p> <p>PLEASE RETURN THE PLAN OF CORRECTION FOR THE FIRE SAFETY DEFICIENCIES (K-TAGS) TO:</p> <p>Health Care Fire Inspections State Fire Marshal Division 445 Minnesota St., Suite 145 St Paul, MN 55101-5145, or</p> <p>By email to: Marian.Whitney@state.mn.us and</p>	K 000		
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE Electronically Signed	TITLE	(X6) DATE 03/01/2018
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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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K 000	Continued From page 1 Angela.Kappenman@state.mn.us THE PLAN OF CORRECTION FOR EACH DEFICIENCY MUST INCLUDE ALL OF THE FOLLOWING INFORMATION: 1. A description of what has been, or will be, done to correct the deficiency. 2. The actual, or proposed, completion date. 3. The name and/or title of the person responsible for correction and monitoring to prevent a reoccurrence of the deficiency. Sauer Health Care is a 1-story building with a partial basement. The building was constructed at 5 different times. The original building was constructed in 1966 and was determined to be of Type III(211) construction. In 1972, addition was constructed to the South Wing that was determined to be of Type III(211)construction. In 1976, 1982, and 1995 additions were added to the North Wings that were determined to be of Type III (211) construction. Because the original building and the 4 additions are of the same type of construction allowed for existing buildings, the facility was surveyed as one building, Type III(211). The building is protected by a full fire sprinkler system. The facility has a fire alarm system with full corridor smoke detection and spaces open to the corridors that is monitored for automatic fire department notification. The facility has a capacity of 71 beds and had a census of 56 at the time of the survey.	K 000		

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K 000	Continued From page 2	K 000			
K 741 SS=F	<p>The requirement at 42 CFR, Subpart 483.70(a) is NOT MET as evidenced by:</p> <p>Smoking Regulations CFR(s): NFPA 101</p> <p>Smoking Regulations Smoking regulations shall be adopted and shall include not less than the following provisions: (1) Smoking shall be prohibited in any room, ward, or compartment where flammable liquids, combustible gases, or oxygen is used or stored and in any other hazardous location, and such area shall be posted with signs that read NO SMOKING or shall be posted with the international symbol for no smoking. (2) In health care occupancies where smoking is prohibited and signs are prominently placed at all major entrances, secondary signs with language that prohibits smoking shall not be required. (3) Smoking by patients classified as not responsible shall be prohibited. (4) The requirement of 18.7.4(3) shall not apply where the patient is under direct supervision. (5) Ashtrays of noncombustible material and safe design shall be provided in all areas where smoking is permitted. (6) Metal containers with self-closing cover devices into which ashtrays can be emptied shall be readily available to all areas where smoking is permitted. 18.7.4, 19.7.4</p> <p>This REQUIREMENT is not met as evidenced by: The facility failed to comply with Life Safety Code (19.7.4)</p> <p>This deficient practice could affect the safety of all</p>	K 741	<p>In response to the above stated citation Sauer Health Care has taken the following action:</p> <ul style="list-style-type: none"> • Signage was installed on all entrance 	3/27/18	

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K 741	Continued From page 3 (71) the residents, staff and visitors within the Facility. Findings Include: On facility tour between 09:00 AM and 01:00 PM on 2/14/18, observations and staff interview revealed the following: The building does not have sign-age on outside doors stating (SMOKE FREE FACILITY) This deficient practice was confirmed by the Facility Maintenance Director at the time of discovery.	K 741	doors stating (THIS IS A SMOKE FREE FACILITY). This was completed on February 26, 2018 by the Environmental Services Director • Education will be provided to appropriate staff with confirmation of learning to be complete on or before March 27, 2018. Compliance for adherence to this plan will be the responsibility of the Environmental Services Director with overall compliance being the responsibility of the Facility Administrator.	
K 911 SS=F	Electrical Systems - Other CFR(s): NFPA 101 Electrical Systems - Other List in the REMARKS section any NFPA 99 Chapter 6 Electrical Systems requirements that are not addressed by the provided K-Tags, but are deficient. This information, along with the applicable Life Safety Code or NFPA standard citation, should be included on Form CMS-2567, Chapter 6 (NFPA 99) This REQUIREMENT is not met as evidenced by: The facility failed to comply with Life Safety Code (Chapter 6 (NFPA 99)) This deficient practice could affect the safety of all (71) the residents, staff and visitors within the Facility. Findings Include: On facility tour between 09:00 AM and 01:00 PM on 2/14/18, observations and staff interview revealed the following:	K 911	In response to the above stated citation Sauer Health Care has taken the following action: • Hall electric panels have been secured. This was completed on February 19, 2018 by the Facility Environmental Services Director. • There will be lighting in halls that cannot be turned off with a hallway switch. This will be complete on or before March 27, 2018, this will be completed by the	3/27/18

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K 911	Continued From page 4 1.The electric panels in all hallways were not secured 2.The hallway lighting can be turned off by switch. This deficient practice was confirmed by the Facility Maintenance Director at the time of discovery.	K 911	Environmental Services Director. • Education will be provided to appropriate staff with confirmation of learning to be complete on or before March 27, 2018. Compliance for adherence to this plan will be the responsibility of the Facility Environmental Services Director with overall compliance being the responsibility of the Facility Administrator.		
K 923 SS=E	Gas Equipment - Cylinder and Container Storage CFR(s): NFPA 101 Gas Equipment - Cylinder and Container Storage Greater than or equal to 3,000 cubic feet Storage locations are designed, constructed, and ventilated in accordance with 5.1.3.3.2 and 5.1.3.3.3. >300 but <3,000 cubic feet Storage locations are outdoors in an enclosure or within an enclosed interior space of non- or limited- combustible construction, with door (or gates outdoors) that can be secured. Oxidizing gases are not stored with flammables, and are separated from combustibles by 20 feet (5 feet if sprinklered) or enclosed in a cabinet of noncombustible construction having a minimum 1/2 hr. fire protection rating. Less than or equal to 300 cubic feet In a single smoke compartment, individual cylinders available for immediate use in patient care areas with an aggregate volume of less than or equal to 300 cubic feet are not required to be stored in an enclosure. Cylinders must be handled with precautions as specified in 11.6.2. A precautionary sign readable from 5 feet is on each door or gate of a cylinder storage room,	K 923		3/27/18	

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K 923	<p>Continued From page 5</p> <p>where the sign includes the wording as a minimum "CAUTION: OXIDIZING GAS(ES) STORED WITHIN NO SMOKING." Storage is planned so cylinders are used in order of which they are received from the supplier. Empty cylinders are segregated from full cylinders. When facility employs cylinders with integral pressure gauge, a threshold pressure considered empty is established. Empty cylinders are marked to avoid confusion. Cylinders stored in the open are protected from weather. 11.3.1, 11.3.2, 11.3.3, 11.3.4, 11.6.5 (NFPA 99) This REQUIREMENT is not met as evidenced by: The facility failed to comply with Life Safety Code (code section applies) This deficient practice could affect the safety of all (26) the residents, staff and visitors within the smoke compartments.</p> <p>Findings Include: On facility tour between 09:00 AM and 01:00 PM on 2/14/2018, observations and staff interview revealed the following: The O2 rooms had cardboard storage and need sign-age stating Oxygen storage room.</p> <p>This deficient practice was confirmed by the Facility Maintenance Director at the time of discovery.</p>	K 923	<p>In response to the above stated citation Sauer Health Care has taken the following action:</p> <ul style="list-style-type: none"> All cardboard/combustibles have been removed from the Oxygen Storage Room. This was completed on February 26, 2018 by Environmental Services Director. Signage has been placed outside of the room identifying that there is Oxygen stored in the room. This was completed on February 26, 2018 by Environmental Services Director. Education will be provided to appropriate staff with confirmation of learning to be complete on or before March 27, 2018. <p>Compliance for adherence to this plan will be the responsibility of the Facility Environmental Services Director with overall compliance being the responsibility of the Facility Administrator.</p>		