



*Protecting, Maintaining and Improving the Health of All Minnesotans*

Electronically delivered  
January 24, 2021

Administrator  
Aitkin Health Services  
301 Minnesota Avenue South  
Aitkin, MN 56431

RE: CCN: 245119  
Cycle Start Date: December 29, 2020

Dear Administrator:

On January 4, 2021, we notified you a remedy was imposed. On January 22, 2021 the Minnesota Department of Health completed a revisit to verify that your facility had achieved and maintained compliance. We have determined that your facility has achieved substantial compliance as of January 22, 2021.

As authorized by CMS the remedy of:

- Mandatory denial of payment for new Medicare and Medicaid admissions effective March 29, 2021 did not go into effect. (42 CFR 488.417 (b))

In our letter of January 4, 2021, in accordance with Federal law, as specified in the Act at § 1819(f)(2)(B)(iii)(I)(b) and § 1919(f)(2)(B)(iii)(I)(b), we notified you that your facility was prohibited from conducting a Nursing Aide Training and/or Competency Evaluation Program (NATCEP) for two years from March 29, 2021 due to denial of payment for new admissions. Since your facility attained substantial compliance on January 22, 2021, the original triggering remedy, denial of payment for new admissions, did not go into effect. Therefore, the NATCEP prohibition is rescinded. However, this does not apply to or affect any previously imposed NATCEP loss.

The CMS Region V Office may notify you of their determination regarding any imposed remedies.

Feel free to contact me if you have questions.

Sincerely,

A handwritten signature in black ink, appearing to read 'Joanne Simon', with a horizontal line extending to the right.

Joanne Simon, Enforcement Specialist  
Minnesota Department of Health  
Licensing and Certification Program  
Program Assurance Unit  
Health Regulation Division  
Telephone: 651-201-4161 Fax: 651-215-9697  
Email: joanne.simon@state.mn.us

cc: Licensing and Certification File



*Protecting, Maintaining and Improving the Health of All Minnesotans*

Electronically delivered  
January 7, 2021

Administrator  
Aitkin Health Services  
301 Minnesota Avenue South  
Aitkin, MN 56431

RE: CCN: 245119  
Cycle Start Date: December 29, 2020

Dear Administrator:

On December 29, 2020, a survey was completed at your facility by the Minnesota Department of Health to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be a pattern of deficiencies that constituted no actual harm with potential for more than minimal harm that was not immediate jeopardy (Level E), as evidenced by the electronically delivered CMS-2567, whereby significant corrections are required.

## **REMEDIES**

As a result of the survey findings and in accordance with survey and certification memo 16-31-NH, this Department recommended the enforcement remedy(ies) listed below to the CMS Region V Office for imposition. The CMS Region V Office concurs and is imposing the following remedy and has authorized this Department to notify you of the imposition:

- Directed plan of correction (DPOC), Federal regulations at 42 CFR § 488.424. Please see electronically attached documents for the DPOC.
- Mandatory Denial of Payment for new Medicare and/or Medicaid Admissions, Federal regulations at 42 CFR § 488.417(a), effective Medicaid Admissions, Federal regulations at 42 CFR § 488.417(a), effective March 29, 2021.

The CMS Region V Office will notify your Medicare Administrative Contractor (MAC) that the denial of payment for new admissions is effective March 29, 2021. They will also notify the State Medicaid Agency that they must also deny payment for new Medicaid admissions effective March 29, 2021.

You should notify all Medicare/Medicaid residents admitted on, or after, this date of the restriction. The remedy must remain in effect until your facility has been determined to be in substantial compliance or your provider agreement is terminated. Please note that the denial of payment for new admissions includes Medicare/Medicaid beneficiaries enrolled in managed care plans. It is your obligation to inform managed care plans contracting with your facility of this denial of payment for new admissions.

## **NURSE AIDE TRAINING PROHIBITION**

Please note that Federal law, as specified in the Act at §§ 1819(f)(2)(B) and 1919(f)(2)(B), prohibits approval of nurse aide training and competency evaluation programs and nurse aide competency evaluation programs offered by, or in, a facility which, within the previous two years, has operated under a § 1819(b)(4)(C)(ii)(II) or § 1919(b)(4)(C)(ii) waiver (i.e., waiver of full-time registered professional nurse); has been subject to an extended or partial extended survey as a result of a finding of substandard quality of care; has been assessed a total civil money penalty of not less than \$11,160; has been subject to a denial of payment, the appointment of a temporary manager or termination; or, in the case of an emergency, has been closed and/or had its residents transferred to other facilities.

If you have not achieved substantial compliance by March 29, 2021, the remedy of denial of payment for new admissions will go into effect and this provision will apply to your facility. Therefore, Aitkin Health Services will be prohibited from offering or conducting a Nurse Aide Training and/or Competency Evaluation Program (NATCEP) for two years from March 29, 2021. You will receive further information regarding this from the State agency. This prohibition is not subject to appeal. Further, this prohibition may be rescinded at a later date if your facility achieves substantial compliance prior to the effective date of denial of payment for new admissions.

However, under Public Law 105-15, you may contact the State agency and request a waiver of this prohibition if certain criteria are met.

## **ELECTRONIC PLAN OF CORRECTION (ePOC)**

Within ten (10) calendar days after your receipt of this notice, you must submit an acceptable ePOC for the deficiencies cited. An acceptable ePOC will serve as your allegation of compliance. Upon receipt of an acceptable ePOC, we will authorize a revisit to your facility to determine if substantial compliance has been achieved. The failure to submit an acceptable ePOC can lead to termination of your Medicare and Medicaid participation (42 CFR 488.456(b)).

To be acceptable, a provider's ePOC must include the following:

- How corrective action will be accomplished for those residents found to have been affected by the deficient practice.
- How the facility will identify other residents having the potential to be affected by the same deficient practice.
- What measures will be put into place, or systemic changes made, to ensure that the deficient practice will not recur.
- How the facility will monitor its corrective actions to ensure that the deficient practice is being corrected and will not recur.
- The date that each deficiency will be corrected.
- An electronic acknowledgement signature and date by an official facility representative.

## **DEPARTMENT CONTACT**

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by a "F" tag), and emergency preparedness deficiencies (those preceded by an "E" tag), i.e., the plan of correction should be directed to:

**Teresa Ament, Unit Supervisor  
Duluth District Office  
Licensing and Certification Program  
Health Regulation Division  
Minnesota Department of Health  
Duluth Technology Village  
11 East Superior Street, Suite 290  
Duluth, Minnesota 55802-2007  
Email: [teresa.ament@state.mn.us](mailto:teresa.ament@state.mn.us)  
Phone: (218) 302-6151**

#### **PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE**

The facility's ePoC will serve as your allegation of compliance upon the Department's acceptance. In order for your allegation of compliance to be acceptable to the Department, the ePoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health - Health Regulation Division staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your ePoC for their respective deficiencies (if any) is acceptable.

#### **VERIFICATION OF SUBSTANTIAL COMPLIANCE**

Upon receipt of an acceptable ePoC, a Post Certification Revisit (PCR), of your facility will be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved ePoC, unless it is determined that either correction actually occurred between the latest correction date on the ePoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the ePoC.

#### **FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY**

We will also recommend to the CMS Region V Office and/or the Minnesota Department of Human Services that your provider agreement be terminated by June 29, 2021 if your facility does not achieve substantial compliance. This action is mandated by the Social Security Act at § 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR § 488.412 and § 488.456.

**Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.**

**APPEAL RIGHTS**

If you disagree with this action imposed on your facility, you or your legal representative may request a hearing before an administrative law judge of the Department of Health and Human Services, Departmental Appeals Board (DAB). Procedures governing this process are set out in 42 C.F.R. 498.40, et seq. You must file your hearing request electronically by using the Departmental Appeals Board's Electronic Filing System (DAB E-File) at <https://dab.efile.hhs.gov> no later than sixty (60) days after receiving this letter. Specific instructions on how to file electronically are attached to this notice. A copy of the hearing request shall be submitted electronically to:

**Tamika.Brown@cms.hhs.gov**

Requests for a hearing submitted by U.S. mail or commercial carrier are no longer accepted as of October 1, 2014, unless you do not have access to a computer or internet service. In those circumstances you may call the Civil Remedies Division to request a waiver from e-filing and provide an explanation as to why you cannot file electronically or you may mail a written request for a waiver along with your written request for a hearing. A written request for a hearing must be filed no later than sixty (60) days after receiving this letter, by mailing to the following address:

**Department of Health & Human Services  
Departmental Appeals Board, MS 6132  
Director, Civil Remedies Division  
330 Independence Avenue, S.W.  
Cohen Building – Room G-644  
Washington, D.C. 20201  
(202) 565-9462**

A request for a hearing should identify the specific issues, findings of fact and conclusions of law with which you disagree. It should also specify the basis for contending that the findings and conclusions are incorrect. At an appeal hearing, you may be represented by counsel at your own expense. If you have any questions regarding this matter, please contact Tamika Brown, Principal Program Representative by phone at (312) 353-1502 or by e-mail at [Tamika.Brown@cms.hhs.gov](mailto:Tamika.Brown@cms.hhs.gov).

**INFORMAL DISPUTE RESOLUTION (IDR) / INDEPENDENT INFORMAL DISPUTE RESOLUTION (IIDR)**

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process  
Minnesota Department of Health  
Health Regulation Division  
P.O. Box 64900  
St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited

Aitkin Health Services

January 7, 2021

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deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at:  
[https://mdhprovidercontent.web.health.state.mn.us/ltc\\_idr.cfm](https://mdhprovidercontent.web.health.state.mn.us/ltc_idr.cfm)

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at:

[https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04\\_8.html](https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04_8.html)

Please note that the failure to complete the informal dispute resolution process will not delay the dates specified for compliance or the imposition of remedies.

Feel free to contact me if you have questions.

Sincerely,



Joanne Simon, Enforcement Specialist  
Minnesota Department of Health  
Licensing and Certification Program  
Program Assurance Unit  
Health Regulation Division  
Telephone: 651-201-4161 Fax: 651-215-9697  
Email: joanne.simon@state.mn.us

cc: Licensing and Certification File

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 01/21/2021  
FORM APPROVED  
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>245119</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____  B. WING _____		(X3) DATE SURVEY COMPLETED  <b>12/29/2020</b>
NAME OF PROVIDER OR SUPPLIER  <b>AITKIN HEALTH SERVICES</b>			STREET ADDRESS, CITY, STATE, ZIP CODE <b>301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431</b>		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
E 000	Initial Comments  A COVID-19 Focused Infection Control survey was conducted on 12/28/20, through 12/29/20, at your facility by the Minnesota Department of Health to determine compliance with Emergency Preparedness regulations §483.73(b)(6). The facility was IN full compliance.  Because you are enrolled in ePOC, your signature is not required at the bottom of the first page of the CMS-2567 form.  Although no plan of correction is required, it is required that the facility acknowledge receipt of the electronic documents.	E 000			
F 000	INITIAL COMMENTS  A COVID-19 Focused Infection Control survey was conducted on 12/28/20, through 12/29/20, at your facility by the Minnesota Department of Health to determine compliance with §483.80 Infection Control. The facility was determined NOT to be in compliance.  The facility's plan of correction (POC) will serve as your allegation of compliance upon the Department's acceptance.  Because you are enrolled in ePOC, your signature is not required at the bottom of the first page of the CMS-2567 form.  Upon receipt of an acceptable electronic POC, a revisit of your facility will be conducted to validate substantial compliance with the regulations has been attained in accordance with your verification.	F 000			
F 880	Infection Prevention & Control	F 880		1/22/21	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  
**Electronically Signed**

TITLE

(X6) DATE  
**01/13/2021**

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 880 SS=E	Continued From page 1 CFR(s): 483.80(a)(1)(2)(4)(e)(f)  §483.80 Infection Control The facility must establish and maintain an infection prevention and control program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of communicable diseases and infections.  §483.80(a) Infection prevention and control program. The facility must establish an infection prevention and control program (IPCP) that must include, at a minimum, the following elements:  §483.80(a)(1) A system for preventing, identifying, reporting, investigating, and controlling infections and communicable diseases for all residents, staff, volunteers, visitors, and other individuals providing services under a contractual arrangement based upon the facility assessment conducted according to §483.70(e) and following accepted national standards;  §483.80(a)(2) Written standards, policies, and procedures for the program, which must include, but are not limited to: (i) A system of surveillance designed to identify possible communicable diseases or infections before they can spread to other persons in the facility; (ii) When and to whom possible incidents of communicable disease or infections should be reported; (iii) Standard and transmission-based precautions to be followed to prevent spread of infections; (iv) When and how isolation should be used for a	F 880			



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F 880	<p>Continued From page 2</p> <p>resident; including but not limited to:</p> <p>(A) The type and duration of the isolation, depending upon the infectious agent or organism involved, and</p> <p>(B) A requirement that the isolation should be the least restrictive possible for the resident under the circumstances.</p> <p>(v) The circumstances under which the facility must prohibit employees with a communicable disease or infected skin lesions from direct contact with residents or their food, if direct contact will transmit the disease; and</p> <p>(vi)The hand hygiene procedures to be followed by staff involved in direct resident contact.</p> <p>§483.80(a)(4) A system for recording incidents identified under the facility's IPCP and the corrective actions taken by the facility.</p> <p>§483.80(e) Linens. Personnel must handle, store, process, and transport linens so as to prevent the spread of infection.</p> <p>§483.80(f) Annual review. The facility will conduct an annual review of its IPCP and update their program, as necessary. This REQUIREMENT is not met as evidenced by: Based on observation, interview, and document review, the facility failed to ensure staff wore appropriate eye protection while in the resident care areas to prevent and/or minimize the transmission of COVID-19. This practice had the potential to affect 30 of 33 residents who resided at the facility and were not infected with COVID-19, and did not have a previous COVID-19 diagnosis.</p>	F 880	<p>It is AHS Policy to ensure all staff wears appropriate eye protection while in the resident care areas to prevent and or minimize the transmission of COVID-19. All residents who currently reside at AHS who have not tested positive for COVID-19 in the last 90 days had the potential to be affected by this practice. There have been no COVID-19 positive resident cases since this survey was</p>		

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F 880	<p>Continued From page 3</p> <p>Findings include:</p> <p>On 12/28/20, at 12:56 p.m. nursing assistant (NA)-A was observed in a hallway, located on the Garden Terrace unit, with eye protection on the top of her head. NA-A put on an isolation gown and gloves. NA-A then pulled the eye protection down over her eyes, and entered a resident room. At 1:00 p.m. NA-A exited the resident room with a mechanical lift, and wheeled it down the hallway. NA-A entered a utility room, exited within a minute, and discarded the isolation gown. NA-A's eye protection was observed on top of her head.</p> <p>On 12/28/20, at 1:05 p.m. housekeeper (H)-A was observed vacuuming a Town Square unit hallway. H-A was not wearing eye protection.</p> <p>On 12/28/20, at 1:10 p.m. NA-B was observed exiting a resident room. NA-B was not wearing eye protection. At 1:12 p.m. NA-B walked to the Town Square nurses' station and put eye protection on.</p> <p>On 12/28/20, at 1:13 p.m. trained medication assistant (TMA)-A was observed standing near the Town Square unit medication cart. TMA-A's eye protection was on the top of her head.</p> <p>On 12/28/20, at 1:16 p.m. H-B was observed mopping Garden Terrace unit floor. H-B was not wearing eye protection.</p> <p>On 12/28/20, at 1:19 p.m. NA-A was observed walking down a Garden Terrace unit hallway. NA-A's eye protection was on the top of her head.</p> <p>On 12/28/20, at 1:50 p.m. NA-A was observed</p>	F 880	<p>conducted on December 29, 2020. The facility's QAPI committee met on January 13, 2021 which included AHS medical director, SFHS Quality consultant, AHS administrator and DON. The facility QAPI committee concluded that the RCA was related to facility staff not receiving education on the proper use of eye protection and developed a correction plan to prevent reoccurrence. Policies regarding standard and transmission based precautions, in reference to appropriate use of eye protection, were reviewed and no changes were needed. Corporate Quality Consultant reeducated the DON on January 13, 2021 regarding standard infection control practices, transmission-based precautions, and appropriate PPE use in relation to appropriate eye protection in resident care areas. Training of all AHS staff provided by EduCare modules: Infection Prevention and Control-PPE 801.pdf, Infection Prevention and Control Skilled Nursing Facilities 582.pdf with included competency testing. A BrightArrow message was sent to all staff on January 13, 2021 to include information regarding proper use of eye protection in resident care areas. Residents and resident representatives received the St Francis Health Services Community Immunity pamphlet regarding infection prevention. Old signage regarding goggles was removed January 12, 2021 and new signage regarding eye protection with</p>		

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F 880	<p>Continued From page 4</p> <p>wheeling a standing lift down a Garden Terrace unit hallway. NA-A's eye protection was on top of her head.</p> <p>On 12/28/20, at 2:03 p.m. TMA-A was observed seated at the Town Square nurses' station. TMA-A's eye protection was on the top of her head.</p> <p>On 12/29/20, at 11:54 a.m. dietary aide (DA)-A was observed entering and exiting two resident rooms located on the Town Square unit. DA-A was wearing standard glasses, and not eye protection. H-B was also observed in the hallway without eye protection.</p> <p>On 12/29/20, at 11:56 a.m. NA-A was observed putting on an isolation gown and gloves. NA-A stated, "My goggles are missing." NA-A walked from the Garden Terrace unit towards the administrative offices.</p> <p>On 12/29/20, at 11:58 a.m. activities aide (AA)-A was observed walking down a hallway on the Garden Terrace unit, and carrying a face shield. AA-A was not wearing eye protection. AA-A stated, "I need my goggles," and walked towards the administrative offices.</p> <p>On 12/29/20, at 12:15 p.m. H-A was observed partially standing inside of a resident's room. H-A was not wearing eye protection. H-A told the resident she needed to obtain an isolation gown and would be right back. At 12:17 p.m. H-A put on a yellow isolation gown and gloves. H-A entered the resident's room without eye protection on.</p> <p>On 12/29/20, at 12:19 p.m. an interview was conducted with NA-B. NA-B was not wearing eye</p>	F 880	<p>facemask were hung in nurse's stations and employee communication boards throughout the facility.</p> <p>The DON and or designee will conduct audits of appropriate eye protection in resident care areas on all shifts four times a week for one week, then twice weekly for one week once compliance is met starting January 15, 2021.</p> <p>Audit results will be brought to the QAPI committee quarterly for review and further recommendation.</p> <p>Completion date 01/22/2021.</p>		

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F 880	<p>Continued From page 5</p> <p>protection at the time of the interview. NA-B stated staff was instructed to wear eye protection when within six feet of a resident. NA-B stated he put on eye protection right away if he went inside of a resident's room. NA-B stated he took his eye protection off when he charted.</p> <p>On 12/29/20, at 12:27 p.m. an interview was conducted with AA-A. AA-A put on eye protection when the interview began, however, was without eye protection immediately prior to the interview. AA-A stated he thought staff were only supposed to wear eye protection when they were within six feet of another individual.</p> <p>On 12/29/20, at 12:38 p.m. an interview was conducted with NA-C. NA-C's eye protection was on the top of her head. NA-C stated she was instructed eye protection needed to be worn when within six feet of a resident.</p> <p>On 12/29/20, at 1:01 p.m. an interview was conducted with the administrator. The administrator stated staff were instructed to wear eye protection when within six feet of residents, and when providing care.</p> <p>The CDC's guidance Interim Infection Prevention and Control Recommendations for Healthcare Personnel During Coronavirus Disease 2019 (COVID-19) Pandemic updated 11/4/20, identified healthcare personnel working in resident areas should wear eye protection in addition to a facemask.</p>	F 880			