

Protecting, Maintaining and Improving the Health of Minnesotans

Certified Mail # 7008 1830 0003 8091 1232

August 19, 2009

Marilyn Hanson, Administrator Spectrum Community Health Inc 6205 Crossman Lane Inver Grove Heights, MN 55076

Re: Results of State Licensing Survey

Dear Ms. Hanson:

The above agency was surveyed on April 20, 21, 22, and 23, 2009, for the purpose of assessing compliance with state licensing regulations. State licensing deficiencies, if found, are delineated on the attached Minnesota Department of Health (MDH) correction order form. The correction order form should be signed and returned to this office when all orders are corrected. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact me, or the RN Program Coordinator. If further clarification is necessary, I can arrange for an informal conference at which time your questions relating to the order(s) can be discussed.

A final version of the Licensing Survey Form is enclosed. This document will be posted on the MDH website.

Also attached is an optional Provider questionnaire, which is a self-mailer, which affords the provider with an opportunity to give feedback on the survey experience.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Please feel free to call our office with any questions at (651) 201-4301.

Sincerely,

Jean M. Johnston

Jean Johnston, Program Manager Case Mix Review Program

Enclosures

cc: Dakota County Social Services Ron Drude, Minnesota Department of Human Services Sherilyn Moe, Office of the Ombudsman Deb Peterson, Office of the Attorney General

01/07 CMR3199

Division of Compliance Monitoring • Case Mix Review

85 East 7th Place Suite, 220 • PO Box 64938 • St. Paul, MN 55164-0938 • 651-201-4301 General Information: 651-201-5000 or 888-345-0823 • TTY: 651-201-5797 • Minnesota Relay Service: 800-627-3529 http://www.health.state.mn.us An equal opportunity employer



Class F Home Care Provider

LICENSING SURVEY FORM

Registered nurses from the Minnesota Department of Health (MDH) use this Licensing Survey Form during on-site visits to evaluate the care provided by Class F home care providers (Class F). Class F licensees may also use this form to monitor the quality of services provided to clients at any time. Licensees may use their completed Licensing Survey Form to help communicate to MDH nurses during an on-site regulatory visit.

During an on-site visit, MDH nurses will interview staff, talk with clients and/or their representatives, make observations and review documentation. The survey is an opportunity for the licensee to explain to the MDH nurse what systems are in place to provide Class F Home Care services. Completing this Licensing Survey Form in advance may facilitate the survey process.

Licensing requirements listed below are reviewed during a survey. A determination is made whether the requirements are met or not met for each Indicator of Compliance box. This form must be used in conjunction with a copy of the Class F home care regulations. Any violations of Class F Home Care Provider licensing requirements are noted at the end of the survey form.

Name of CLASS F: SPECTRUM COMMUNITY HEALTH INC

HFID #: 21030	
Date(s) of Survey: April 20, 21, 22 and 23, 2009	
Project #: QL21030006	

Indicators of Compliance	Outcomes Observed	Comments
1. The provider only accepts and retains clients for whom it can meet the needs as agreed to in the service plan.	• Each client has an assessment and service plan developed by a registered nurse within 2 weeks and prior to initiation of delegated nursing services,	Met Correction Order(s) issued
Focus SurveyMN Rule 4668.0815	 reviewed at least annually, and as needed. The service plan accurately 	Education Provided Expanded Survey Survey not Expanded
 Expanded Survey MN Rule 4668.0050 MN Rule 4668.0800 Subp. 3 MN Rule 4668.0825 Subp. 2 MN Rule 4668.0845 	 The service plan accurately describes the client's needs. Care is provided as stated in the service plan. The client and/or representative understand what care will be provided and what it costs. 	Net Met XCorrection Order(s) issued XEducation Provided Follow-up Survey <u>#</u> New Correction Order issued Education Provided

Indicators of Compliance	Outcomes Observed	Comments
 2. The provider promotes the clients' rights. Focus Survey MN Rule 4668.0030 MN Statute §144A.44 Expanded Survey MN Rule 4668.0040 MN Rule 4668.0170 MN Statute §144D.04 MN Rule 4668.0870 	 Clients are aware of and have their rights honored. Clients are informed of and afforded the right to file a complaint. Continuity of Care is promoted for clients who are discharged from the agency. 	Focus Survey X Met Correction Order(s) issued X Education Provided Expanded Survey Survey not Expanded Met Correction Order(s) issued Education Provided Follow-up Survey <u>#</u> New Correction Order issued Education Provided
 3. The health, safety, and well being of clients are protected and promoted. Focus Survey MN Statute §144A.46 MN Statute §626.557 Expanded Survey MN Rule 4668.0035 MN Rule 4668.0805 	 Clients are free from abuse or neglect. Clients are free from restraints imposed for purposes of discipline or convenience. Agency personnel observe infection control requirements. There is a system for reporting and investigating any incidents of maltreatment. There is adequate training and supervision for all staff. Criminal background checks are performed as required. 	Focus Survey X Met Correction Order(s) issued X Education Provided Expanded Survey Survey not Expanded Met Correction Order(s) issued Education Provided Follow-up Survey New Correction Order issued Education Provided

Indicators of Compliance	Outcomes Observed	Comments
 4. The clients' confidentiality is maintained. Expanded Survey MN Rule 4668.0810 	 Client personal information and records are secure. Any information about clients is released only to appropriate parties. Client records are maintained, are complete and are secure. 	This area does not apply to a Focus Survey Expanded Survey Survey not Expanded Met XCorrection Order(s) issued XEducation Provided Follow-up Survey # New Correction Order issued Education Provided
 5. The provider employs (or contracts with) qualified staff. Focus Survey MN Rule 4668.0065 MN Rule 4668.0835 Expanded Survey MN Rule 4668.0820 MN Rule 4668.0825 MN Rule 4668.0840 MN Rule 4668.0070 MN Statute §144D.065 	 Staff have received training and/or competency evaluations as required, including training in dementia care, if applicable. Nurse licenses are current. The registered nurse(s) delegates nursing tasks only to staff that are competent to perform the procedures that have been delegated. The process of delegation and supervision is clear to all staff and reflected in their job descriptions. Personnel records are maintained and retained. Staff meet infection control guidelines. 	Focus Survey Met Correction Order(s) issued Education Provided Expanded Survey Survey not Expanded Met X Correction Order(s) issued X Correction Order(s) issued X Education Provided Follow-up Survey # New Correction Order issued Education Provided

Indicators of Compliance	Outcomes Observed	Comments
 6. Changes in a client's condition are recognized and acted upon. Medications are stored and administered safely. Focus Survey MN Rule 4668.0855 MN Rule 4668.0860 Expanded Survey MN Rule 4668.0800 MN Rule 4668.0815 MN Rule 4668.0820 MN Rule 4668.0865 MN Rule 4668.0870 	 A registered nurse is contacted when there is a change in a client's condition that requires a nursing assessment. Emergency and medical services are contacted, as needed. The client and/or representative is informed when changes occur. The agency has a system for the control of medications. A registered nurse trains unlicensed personnel prior to them administering medications. Medications and treatments are ordered by a prescriber and are administered and documented as prescribed. 	Focus Survey Met Correction Order(s) issued Education Provided Expanded Survey Survey not Expanded Met XCorrection Order(s) issued XEducation Provided Follow-up Survey <u>#</u> New Correction Order issued Education Provided
 7. The provider has a current license. Focus Survey MN Rule 4668.0019 Expanded Survey MN Rule 4668.0008 MN Rule 4668.0012 MN Rule 4668.0016 MN Rule 4668.0220 <u>Note</u>: MDH will make referrals to the Attorney General's office for violations of MN Statutes 144D or 325F.72; and make other referrals, as needed. 	 The CLASS F license (and other licenses or registrations as required) are posted in a place that communicates to the public what services may be provided. The agency operates within its license(s) and applicable waivers and variances. Advertisement accurately reflects the services provided by the agency. 	Focus Survey X Met Correction Order(s) issued X Education Provided Expanded Survey X Survey not Expanded Met Correction Order(s) issued Education Provided Follow-up Survey New Correction Order issued Education Provided

Indicators of Compliance	Outcomes Observed	Comments
 8. The provider is in compliance with MDH waivers and variances Expanded Survey MN Rule 4668.0016 	• Licensee provides services within the scope of applicable MDH waivers and variances	This area does not apply to a Focus Survey. Expanded Survey X_Survey not Expanded Met Correction Order(s) issued Education Provided Follow-up Survey # New Correction Order issued Education Provided

<u>Please note</u>: Although the focus of the licensing survey is the regulations listed in the Indicators of Compliance boxes above, other rules and statutes may be cited depending on what system a provider has or fails to have in place and/or the severity of a violation. The findings of the focused licensing survey may result in an expanded survey.

SURVEY RESULTS: ____ All Indicators of Compliance listed above were met.

For Indicators of Compliance not met, the rule or statute numbers and the findings of deficient practice are noted below.

1. MN Rule 4668.0800 Subp. 3

INDICATOR OF COMPLIANCE: #1

Based on record review and observation the licensee failed to provide all services required by a client's service plan for two of two clients' (A1 and A2) records reviewed in site A. The findings include:

Clients A1 began receiving services July 10, 2006. The January 14, 2009, service plan/care plan for client A1 indicated that a tabs alarm was to be on at all times. Client A1's record indicated that she fell January 29, 2009, February 12, 2009, February 23, 2009, March 7, 2009. and April 6, 2009. Follow up documentation indicated that the tabs alarm was not in use at the time of the falls.

Clients A2 began receiving services May 8, 2008, and the March 29, 2009, service plan/care plan for client A2 indicated that a tabs alarm was to be on at all times. During a home visit April 21, 2009, client A2 was observed resting on his bed without the tabs alarm attached.

When interviewed April 22, 2009, the director of nursing agreed that the clients should have had their tabs alarms in place at the time of the falls and also acknowledged that the staff were not following the care plan.

2. MN Rule 4668.0810 Subp. 6

INDICATOR OF COMPLIANCE: #4

Based on record review and interview, the licensee failed to maintain complete client records for one of two clients' (B1) records reviewed at site B and two of two clients' (C1 and C2) records reviewed at site C. The findings include:

Incident reports dated January 31, 2009; February 10, 2009; and February 24, 2009, indicated client B1 fell. There was no documentation of these falls in client B1's record until February 2, 2009; February 11, 2009; and February 25, 2009. Client B1's record contained a January 5, 2009, staff entry indicating that on January 3, 2009, the client's wife took the client to the hospital and the nurse from the hospital called and indicated the client had gastroenteritis. Client B1's record included a January 5, 2009, entry that the client returned from the hospital on January 4, 2009.

When interviewed on April 21, 2009, the RN confirmed there was no documentation in client B1's record on the day the incident occurred. When interviewed on April 21, 2009, the registered nurse (RN) confirmed there was no documentation in client B1's record on January 3, 2009, pertaining to the client's condition when the client went to the hospital or on January 4, 2009, when the client returned from the hospital.

Client C1 began services on October 5, 2005, and had an incident report dated January 28, 2009, indicating the client had been found on the floor against the wall at 10 p.m. Client C2 began services November 24, 2006, and had an incident report dated March 31, 2009, where she "lost her balance and started to fall, slowed fall and landed on buttocks." Clients C1's and C2's records did not include documentation related to the clients' falls.

When interviewed, April 21, 2009, the registered nurse confirmed the falls were not documented in the record.

3. MN Rule 4668.0815 Subp. 2

INDICATOR OF COMPLIANCE: #6

Based on record review and interview, the licensee failed to ensure that a registered nurse (RN) reviewed and revised each client's evaluation and service plan when there was change in the client's condition that required a change in service for one of two clients' (B1) records reviewed at site B and two of two clients' (C1 and C2) records reviewed at site C. The findings include:

Client B1 started receiving services on October 30, 2008. A communication log entry dated March 2, 2009, indicated that client B1 had been assisted with toileting. Client B1's registered nurse evaluation dated October 30, 2008, indicated he was incontinent and the visit reports dated November 10, 2008, January 6, 2009, and March 7, 2009, indicated he changed incontinent pad per self. Client B1's care plan dated March 2009 and April 2009 did not include that staff were to assist him with toileting.

When interviewed on April 21, 2009, employee BD stated client B1 was assisted with toileting and assisted with changing incontinent products. When interviewed on April 22, 2009, employee BC stated she changed client B1's incontinent product about two times a shift. When interviewed on April 21,

2009, the registered nurse confirmed the client's assessment had not been updated to indicate the change in the client's condition and the care plan also did not indicate staff was assisting the client with toileting.

Client B1's record and incident reports indicated he had fallen on January 2, 2009; January 4, 2009; January 7, 2009; January 31, 2009; February 2, 2009; February 24, 2009; February 28, 2009; and April 15, 2009. A communication log entry dated February 2, 2009, indicated the client had fallen at least five times in the past two months and the client was being seen by physical therapy and occupational therapy. Client B1's record lacked evidence assessments by a registered nurse had been completed related to the falls and a plan developed to prevent further falls.

When interviewed on April 21, 2009, the registered nurse (RN) confirmed an assessment related to client B1's falls and development of a plan to prevent falls had not been completed.

Client C1 started receiving services on October 4, 2005. The nurse's notes and incident reports dated November 28, 2008; January 28, 2009; and January 29, 2009, indicated client C1 had fallen. There was no evidence of an assessment related to the falls or a plan to prevent falls.

Client C2 began receiving services September 24, 2006. The client's record and incident reports indicated falls had occurred on March 15 and 31, 2009. There was no evidence of an RN assessment related to falls or a plan of how to prevent falls.

When interviewed April 21, 2009, the registered nurse stated that "falls have been a big problem" and added that she had just ordered alarm sensors for all clients.

4. MN Rule 4668.0825 Subp. 4

INDICATOR OF COMPLIANCE: #5

Based on record review and interview, the licensee failed to ensure that unlicensed personnel were instructed by the registered nurse (RN) in the proper method to perform a delegated nursing procedure, demonstrated to the RN that he/she was competent to perform the procedure and the RN specified in writing the instructions for unlicensed personnel to follow when performing delegated nursing tasks for two of two clients' (A1 and A2) records reviewed at site A and one of two clients' (B1) records reviewed at site B. The findings include:

Unlicensed direct care employees AB and AC worked in the memory care unit. The care plans for memory care clients A1 and A2 indicated that they used tabs [personal] alarms. The training materials reviewed did not include training for application and use of personal alarms. There was no documentation to indicate that either employee AB or AC had received training on the use of personal alarms.

When interviewed April 22, 2009. the director of nurses agreed that the current curriculum did not include specific training on the use of alarms.

Client B1's care plan and charting sheets for January 2009, February 2009, March 2009, and April 2009 indicated unlicensed personal were to release air from and rinse the colostomy bag each shift and as necessary, and client B1 was to have an alarm on the chair and bed. Client B1's care plan and charting

sheet for April 2009 indicated unlicensed employee BB provided colostomy care and applied the alarm on April 5 and 16, 2009; unlicensed person BC provided colostomy care and applied the alarm on April 9, 10, 16, 17, and 18, 2009; and unlicensed person BD provided colostomy care and applied the alarm on April 3, 6, 8, 14, 16, 19, and 20, 2009. There were no written instructions available for unlicensed staff related to colostomy care or application of the alarm to the bed and chair.

When interviewed on April 21, 2009, employee BD stated that another unlicensed person showed her how to apply the alarm to the chair and bed. Employee BD also stated there were no written instruction for how to release air from the colostomy or how to apply the alarm.

When interviewed on April 22, 2009, unlicensed employees BB and BC stated there were no written instructions for either colostomy care or use of the tab alarm. When interviewed on April 21, 2009, the site B registered nurse confirmed there were no written instructions related to these procedures and there was no documentation that an RN had trained unlicensed staff in these procedures.

5. MN Rule 4668.0855 Subp. 2

INDICATOR OF COMPLIANCE:#6

Based on record review and interview, the licensee failed to provide a complete service plan for one of two clients' (B1) records reviewed at site B who received medication administration and one of two clients' (C1) records reviewed at site C who received medication administration. The findings include:

The February 2009, March 2009, and April 2009 medication administration records indicated client B1 had received medications daily by unlicensed personnel. Client B1's service plan dated March 5, 2009, did not include assistance with medication administration.

When interviewed April 22, 2009, the registered nurse confirmed that client B1's service plan did not include assistance with medication administration.

The April 2009 medication administration record indicated client C1 received medications daily from unlicensed personnel. The service plan dated May 1, 2008, for client C1 did not include assistance with medication administration.

When interviewed on April 21, 2009, the registered nurse (RN) confirmed that client C1 received medication administration and client C1's service plan did not include medication administration.

6. MN Rule 4668.0855 Subp. 9

INDICATOR OF COMPLIANCE: #6

Based on record review and interview, the licensee failed to have complete medication records for one of two clients' (B1) records reviewed at site B. The findings include:

Clients B1's medication administration record (MAR) indicated he had received treatments to his elbow and shoulder in March 2009 which included cleansing with normal saline, the application of either antibiotic ointment or A&D ointment and a Telfa and gauze dressing. Documentation in the MAR did not include whether staff had applied antibiotic ointment or A&D ointment. When interviewed on April 21, 2009, the registered nurse confirmed it could not be determined which ointment was applied when the dressing was changed.

7. MN Rule 4668.0865 Subp. 2

INDICATOR OF COMPLIANCE: #6

Based on observation, record review and interview, the licensee failed to ensure complete service plans for one of two clients' (C1) records reviewed at site C who received central storage of medications. The findings include:

Observations of the medication storage cupboard on April 21, 2009, and documentation in clients' C1, record indicated that client C1 received central storage of medications. The service plan for client C1 did not include central storage of medications.

When interviewed on April 21, 2009, the registered nurse (RN) confirmed client C1 received central storage of medications and this service was not on the service plan.

A draft copy of this completed form was left with <u>Marilyn Hanson, Administrator</u>, at an exit conference on <u>April 23, 2009</u>. Any correction order(s) issued as a result of the on-site visit and the final Licensing Survey Form will be sent to the licensee. If you have any questions about the Licensing Survey Form or the survey results, please contact the Minnesota Department of Health, (651) 201-4301. After review, this form will be posted on the MDH website. Class F Home Care Provider general information is available by going to the following web address and clicking on the Class F Home Care Provider link:

http://www.health.state.mn.us/divs/fpc/profinfo/cms/casemix.html

Regulations can be viewed on the Internet: <u>http://www.revisor.leg.state.mn.us/stats</u> (for MN statutes) <u>http://www.revisor.leg.state.mn.us/arule/</u> (for MN Rules).



Protecting, Maintaining and Improving the Health of Minnesotans

Certified Mail # 7004 1350 0003 0567 0650

October 25, 2007

Marilyn Hanson, Administrator Spectrum Community Health Inc 6205 Crossman Lane Inver Grove Heights, MN 55076

Re: Results of State Licensing Survey

Dear Ms. Hanson:

The above agency was surveyed on October 9, 10, 11, and 12, 2007, for the purpose of assessing compliance with state licensing regulations. State licensing deficiencies, if found, are delineated on the attached Minnesota Department of Health (MDH) correction order form. The correction order form should be signed and returned to this office when all orders are corrected. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact me, or the RN Program Coordinator. If further clarification is necessary, I can arrange for an informal conference at which time your questions relating to the order(s) can be discussed.

A final version of the Licensing Survey Form is enclosed. This document will be posted on the MDH website.

Also attached is an optional Provider questionnaire, which is a self-mailer, which affords the provider with an opportunity to give feedback on the survey experience.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Please feel free to call our office with any questions at (651) 201-4301.

Sincerely,

Jean M. Johnston

Jean Johnston, Program Manager Case Mix Review Program

Enclosures

cc: Dakota County Social Services Ron Drude, Minnesota Department of Human Services Sherilyn Moe, Office of the Ombudsman

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Class F Home Care Provider

LICENSING SURVEY FORM

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Licensing requirements listed below are reviewed during a survey. A determination is made whether the requirements are met or not met for each Indicator of Compliance box. This form must be used in conjunction with a copy of the Class F home care regulations. Any violations of Class F Home Care Provider licensing requirements are noted at the end of the survey form.

Name of CLASS F: SPECTRUM COMMUNITY HEALTH INC

HFID #: 21030	
Dates of Survey: October 9, 10, 11 and 12, 2007	
Project #: QL21030005	

Indicators of Compliance	Outcomes Observed	Comments
 The provider only accepts and retains clients for whom it can meet the needs as agreed to in the service plan. Focus Survey MN Rule 4668.0815 Expanded Survey MN Rule 4668.0050 MN Rule 4668.0800 Subp. 3 MN Rule 4668.0845 MN Rule 4668.0845 	 Each client has an assessment and service plan developed by a registered nurse within 2 weeks and prior to initiation of delegated nursing services, reviewed at least annually, and as needed. The service plan accurately describes the client's needs. Care is provided as stated in the service plan. The client and/or representative understand what care will be provided and what it costs. 	Focus Survey X Met Correction Order(s) issued X Education Provided Expanded Survey Survey not Expanded Met Correction Order(s) issued Education Provided Follow-up Survey <u>#</u> New Correction Order issued Education Provided

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SURVEY RESULTS: <u>X</u> All Indicators of Compliance listed above were met.

For Indicators of Compliance not met, the rule or statute numbers and the findings of deficient practice are noted below.

A draft copy of this completed form was left with <u>Marilyn Hanson, RN, V.P. of Branch Operations</u>, at an exit conference on <u>October 12, 2007</u>. Any correction order(s) issued as a result of the on-site visit and the final Licensing Survey Form will be sent to the licensee. If you have any questions about the Licensing Survey Form or the survey results, please contact the Minnesota Department of Health, (651) 201-4301. After review, this form will be posted on the MDH website. Class F Home Care Provider general information is available by going to the following web address and clicking on the Class F Home Care Provider link:

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