

Protecting, Maintaining and Improving the Health of Minnesotans

Certified Mail # 7008 1830 0003 8091 0693

June 15, 2009

Alicia Adams, Administrator Sunrise of Rochester 4220 55<sup>th</sup> ST NW Rochester, MN 55901

Re: Results of State Licensing Survey

Dear Ms. Adams:

The above agency was surveyed on April 20, 21, 22, and 23, 2009, for the purpose of assessing compliance with state licensing regulations. State licensing deficiencies, if found, are delineated on the attached Minnesota Department of Health (MDH) correction order form. The correction order form should be signed and returned to this office when all orders are corrected. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact me, or the RN Program Coordinator. If further clarification is necessary, I can arrange for an informal conference at which time your questions relating to the order(s) can be discussed.

A final version of the Licensing Survey Form is enclosed. This document will be posted on the MDH website.

Also attached is an optional Provider questionnaire, which is a self-mailer, which affords the provider with an opportunity to give feedback on the survey experience.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Please feel free to call our office with any questions at (651) 201-4301.

Sincerely,

Jean Johnston, Program Manager

Jean M. Johnston

Case Mix Review Program

**Enclosures** 

cc: Olmsted County Social Services

Ron Drude, Minnesota Department of Human Service

Sherilyn Moe, Office of the Ombudsman

01/07 CMR3199



Class F Home Care Provider

# LICENSING SURVEY FORM

Registered nurses from the Minnesota Department of Health (MDH) use this Licensing Survey Form during on-site visits to evaluate the care provided by Class F home care providers (Class F). Class F licensees may also use this form to monitor the quality of services provided to clients at any time. Licensees may use their completed Licensing Survey Form to help communicate to MDH nurses during an on-site regulatory visit.

During an on-site visit, MDH nurses will interview staff, talk with clients and/or their representatives, make observations and review documentation. The survey is an opportunity for the licensee to explain to the MDH nurse what systems are in place to provide Class F Home Care services. Completing this Licensing Survey Form in advance may facilitate the survey process.

Licensing requirements listed below are reviewed during a survey. A determination is made whether the requirements are met or not met for each Indicator of Compliance box. This form must be used in conjunction with a copy of the Class F home care regulations. Any violations of Class F Home Care Provider licensing requirements are noted at the end of the survey form.

# Name of CLASS F: SUNRISE OF ROCHESTER

HFID #: 22509

Date(s) of Survey: April 20, 21, 22 and 23, 2009

Project #: QL22509006

Indicators of Compliance	Outcomes O	bserved Comments
The provider only accepts and retains clients for whom it can meet the needs as agreed to in the service plan.  Focus Survey  Note: 1.660,0015	Each client has an service plan devel registered nurse wand prior to initial delegated nursing reviewed at least	Met  Met
<ul> <li>MN Rule 4668.0815</li> <li>Expanded Survey</li> <li>MN Rule 4668.0050</li> <li>MN Rule 4668.0800 Subp. 3</li> <li>MN Rule 4668.0825 Subp. 2</li> <li>MN Rule 4668.0845</li> </ul>	needed. The service plan a describes the clien Care is provided a service plan. The client and/or understand what o provided and what	x Survey not Expanded Met Correction Order(s) issued representative care will be  X Survey not Expanded Legal Met Correction Order(s) issued Education Provided Follow-up Survey #

<b>Indicators of Compliance</b>	Outcomes Observed	Comments
<ul> <li>2. The provider promotes the clients' rights.</li> <li>Focus Survey</li> <li>MN Rule 4668.0030</li> <li>MN Statute §144A.44</li> <li>Expanded Survey</li> <li>MN Rule 4668.0040</li> <li>MN Rule 4668.0170</li> <li>MN Statute §144D.04</li> <li>MN Rule 4668.0870</li> </ul>	<ul> <li>Clients are aware of and have their rights honored.</li> <li>Clients are informed of and afforded the right to file a complaint.</li> <li>Continuity of Care is promoted for clients who are discharged from the agency.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided
3. The health, safety, and well being of clients are protected and promoted.  Focus Survey  MN Statute §144A.46  MN Statute §626.557  Expanded Survey  MN Rule 4668.0035  MN Rule 4668.0805	<ul> <li>Clients are free from abuse or neglect.</li> <li>Clients are free from restraints imposed for purposes of discipline or convenience.         Agency personnel observe infection control requirements.</li> <li>There is a system for reporting and investigating any incidents of maltreatment.</li> <li>There is adequate training and supervision for all staff.</li> <li>Criminal background checks are performed as required.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided

<b>Indicators of Compliance</b>	Outcomes Observed	Comments
<ul> <li>4. The clients' confidentiality is maintained.</li> <li>Expanded Survey</li> <li>MN Rule 4668.0810</li> </ul>	<ul> <li>Client personal information and records are secure.</li> <li>Any information about clients is released only to appropriate parties.</li> <li>Client records are maintained, are complete and are secure.</li> </ul>	This area does not apply to a Focus Survey  Expanded Survey Survey not ExpandedMet  XCorrection Order(s)     issued  XEducation Provided  Follow-up Survey # New Correction     Order issuedEducation Provided
5. The provider employs (or contracts with) qualified staff.  Focus Survey  MN Rule 4668.0065  MN Rule 4668.0835  Expanded Survey  MN Rule 4668.0820  MN Rule 4668.0825  MN Rule 4668.0840  MN Rule 4668.0070  MN Statute §144D.065	<ul> <li>Staff have received training and/or competency evaluations as required, including training in dementia care, if applicable.</li> <li>Nurse licenses are current.</li> <li>The registered nurse(s) delegates nursing tasks only to staff that are competent to perform the procedures that have been delegated.</li> <li>The process of delegation and supervision is clear to all staff and reflected in their job descriptions.</li> <li>Personnel records are maintained and retained.</li> <li>Staff meet infection control guidelines.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met  Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided  Education Provided

<b>Indicators of Compliance</b>	Outcomes Observed	Comments
6. Changes in a client's condition are recognized and acted upon. Medications are stored and administered safely.  Focus Survey  MN Rule 4668.0855  MN Rule 4668.0860  Expanded Survey  MN Rule 4668.0800  MN Rule 4668.0815  MN Rule 4668.0820  MN Rule 4668.0865  MN Rule 4668.0870	<ul> <li>A registered nurse is contacted when there is a change in a client's condition that requires a nursing assessment.</li> <li>Emergency and medical services are contacted, as needed.</li> <li>The client and/or representative is informed when changes occur.</li> <li>The agency has a system for the control of medications.</li> <li>A registered nurse trains unlicensed personnel prior to them administering medications.</li> <li>Medications and treatments are ordered by a prescriber and are administered and documented as prescribed.</li> </ul>	Yabel   Met
7. The provider has a current license.  Focus Survey  MN Rule 4668.0019  Expanded Survey  MN Rule 4668.0008  MN Rule 4668.0012  MN Rule 4668.0016  MN Rule 4668.0220  Note: MDH will make referrals to the Attorney General's office for violations of MN Statutes 144D or 325F.72; and make other referrals, as needed.	<ul> <li>The CLASS F license (and other licenses or registrations as required) are posted in a place that communicates to the public what services may be provided.</li> <li>The agency operates within its license(s) and applicable waivers and variances.</li> <li>Advertisement accurately reflects the services provided by the agency.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided  Education Provided

Indicators of Compliance	Outcomes Observed	Comments
8. The provider is in compliance with MDH waivers and variances  Expanded Survey  • MN Rule 4668.0016	Licensee provides services within the scope of applicable MDH waivers and variances	This area does not apply to a Focus Survey.  Expanded Survey  X Survey not Expanded  Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided

<u>Please note</u>: Although the focus of the licensing survey is the regulations listed in the Indicators of Compliance boxes above, other rules and statutes may be cited depending on what system a provider has or fails to have in place and/or the severity of a violation. The findings of the focused licensing survey may result in an expanded survey.

# **SURVEY RESULTS:**

For Indicators of Compliance not met, the rule or statute numbers and the findings of deficient practice are noted below.

### 1. MN Rule 4668.0810 Subp. 6

# **INDICATOR OF COMPLIANCE: #4**

Based on record review and interview, the licensee failed to ensure that services provided were documented in the client's record for three of three clients' (A1, B1, and C1) records reviewed. The findings include:

Client A1's individual service plan with the date March 6, 2009, indicated she was to receive assistance with mobility, transferring, grooming, dressing, dining, bathing, laundry and with continence care. The "Designated Care Manager's sign off sheet" was incomplete for March and April 2009. The March 2009 care sheets lacked documentation that the cares had been done 22 of 78 times that month. The April 2009 care sheets lacked documentation that the cares had been done 15 of 60 times that month.

Client B1's individual service plan dated September 11, 2008, indicated she received assistance with transferring, dressing, bathing, laundry and with continence care. The "Designated Care Manager's sign off sheet" was incomplete for March and April 2009. The March 2009 care sheets lacked documentation that the cares had been done for 8 of 93 times that month. The April 2009 care sheets lacked documentation that the cares had been done 3 of 60 times that month.

Client C1"s individual service plan dated October 23, 2008 indicated he received assistance with grooming, dressing, dining, bathing, laundry, and with continence care. The "Designated Care Manager's sign off sheet" was incomplete for March and April 2009. The March 2009 care sheets lacked documentation that cares had been done 11 of 93 times that month. The April 2009 care sheets lacked documentation that cares had been done 7 of 64 times that month.

When interviewed, April 22, 2009, the reminiscence coordinator confirmed that records lacked documentation that the cares had been completed as indicated on the clients' individual service plans. She stated it was difficult to get the documentation done completely.

### 2. MN Rule 4668.0845 Subp. 2

## **INDICATOR OF COMPLIANCE: #1**

Based on record review and interview, the licensee failed to ensure that a registered nurse (RN) supervised unlicensed personnel who performed services that required supervision for three client (A1, B1, and C1) records reviewed. The findings include:

Clients A1, B1, and C1 began receiving services March 6, 2009, March 9, 2007, and April 26, 2004, respectively. Clients A1, B1, and C1 received services that required supervision including medication administration and total assist with activities of daily living. There was no evidence any supervisory or monitoring visits. When interviewed April 22, 2009, the RN stated she continually supervised the unlicensed staff, however she had not documented the supervisory visits to include which unlicensed personnel was being supervised in the clients' records.

A draft copy of this completed form was left with <u>Alicia Adams</u>, <u>Executive Director</u> at an exit conference on <u>April 23, 2009</u>. Any correction order(s) issued as a result of the on-site visit and the final Licensing Survey Form will be sent to the licensee. If you have any questions about the Licensing Survey Form or the survey results, please contact the Minnesota Department of Health, (651) 201-4301. After review, this form will be posted on the MDH website. Class F Home Care Provider general information is available by going to the following web address and clicking on the Class F Home Care Provider link:

http://www.health.state.mn.us/divs/fpc/profinfo/cms/casemix.html

Regulations can be viewed on the Internet: <a href="http://www.revisor.leg.state.mn.us/stats">http://www.revisor.leg.state.mn.us/stats</a> (for MN statutes) <a href="http://www.revisor.leg.state.mn.us/arule/">http://www.revisor.leg.state.mn.us/arule/</a> (for MN Rules).



Protecting, Maintaining and Improving the Health of Minnesotans

Certified Mail # 7004 1350 0003 0567 1442

February 29, 2008

Alicia Adams, Administrator Sunrise of Rochester 4220 55<sup>th</sup> Street Northwest Rochester, MN 55901

Re: Results of State Licensing Survey

Dear Ms. Adams:

The above agency was surveyed on February 11, 12, 13, and 14, 2008, for the purpose of assessing compliance with state licensing regulations. State licensing deficiencies, if found, are delineated on the attached Minnesota Department of Health (MDH) correction order form. The correction order form should be signed and returned to this office when all orders are corrected. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact me, or the RN Program Coordinator. If further clarification is necessary, I can arrange for an informal conference at which time your questions relating to the order(s) can be discussed.

A final version of the Licensing Survey Form is enclosed. This document will be posted on the MDH website.

Also attached is an optional Provider questionnaire, which is a self-mailer, which affords the provider with an opportunity to give feedback on the survey experience.

Please note, it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Please feel free to call our office with any questions at (651) 201-4301.

Sincerely,

Jean Johnston, Program Manager

Jean M. Johnston

Case Mix Review Program

**Enclosures** 

cc: Olmsted County Social Services

Ron Drude, Minnesota Department of Human Services

Sherilyn Moe, Office of the Ombudsman

01/07 CMR3199



Class F Home Care Provider

# LICENSING SURVEY FORM

Registered nurses from the Minnesota Department of Health (MDH) use this Licensing Survey Form during on-site visits to evaluate the care provided by Class F home care providers (Class F). Class F licensees may also use this form to monitor the quality of services provided to clients at any time. Licensees may use their completed Licensing Survey Form to help communicate to MDH nurses during an on-site regulatory visit.

During an on-site visit, MDH nurses will interview staff, talk with clients and/or their representatives, make observations and review documentation. The survey is an opportunity for the licensee to explain to the MDH nurse what systems are in place to provide Class F Home Care services. Completing this Licensing Survey Form in advance may facilitate the survey process.

Licensing requirements listed below are reviewed during a survey. A determination is made whether the requirements are met or not met for each Indicator of Compliance box. This form must be used in conjunction with a copy of the Class F home care regulations. Any violations of Class F Home Care Provider licensing requirements are noted at the end of the survey form.

### Name of CLASS F: SUNRISE OF ROCHESTER

HFID #: 22509

Date(s) of Survey: February 11, 12, 13, and 14, 2008

Project #: QL22509005

<b>Indicators of Compliance</b>	Outcomes Observed	Comments
<ol> <li>The provider only accepts and retains clients for whom it can meet the needs as agreed to in the service plan.</li> <li>Focus Survey         <ul> <li>MN Rule 4668.0815</li> </ul> </li> <li>Expanded Survey         <ul> <li>MN Rule 4668.0800</li> <li>MN Rule 4668.0800 Subp. 3</li> <li>MN Rule 4668.0825 Subp. 2</li> <li>MN Rule 4668.0845</li> </ul> </li> </ol>	<ul> <li>Each client has an assessment and service plan developed by a registered nurse within 2 weeks and prior to initiation of delegated nursing services, reviewed at least annually, and as needed.</li> <li>The service plan accurately describes the client's needs.</li> <li>Care is provided as stated in the service plan.</li> <li>The client and/or representative understand what care will be provided and what it costs.</li> </ul>	Focus Survey Met XCorrection Order(s)     issued XEducation Provided  Expanded Survey XSurvey not ExpandedMetCorrection Order(s)     issuedEducation Provided  Follow-up Survey #New Correction     Order issuedEducation Provided

<b>Indicators of Compliance</b>	<b>Outcomes Observed</b>	Comments
2. The provider promotes the clients' rights.  Focus Survey  MN Rule 4668.0030  MN Statute §144A.44  Expanded Survey  MN Rule 4668.0040  MN Rule 4668.0170  MN Statute §144D.04  MN Rule 4668.0870	<ul> <li>Clients are aware of and have their rights honored.</li> <li>Clients are informed of and afforded the right to file a complaint.</li> <li>Continuity of Care is promoted for clients who are discharged from the agency.</li> </ul>	Focus Survey  X Met Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met Correction Order(s) issued Education Provided  Follow-up Survey # New Correction Order issued Education Provided
3. The health, safety, and well being of clients are protected and promoted.  Focus Survey  MN Statute §144A.46  MN Statute §626.557  Expanded Survey  MN Rule 4668.0035  MN Rule 4668.0805	<ul> <li>Clients are free from abuse or neglect.</li> <li>Clients are free from restraints imposed for purposes of discipline or convenience.         Agency personnel observe infection control requirements.</li> <li>There is a system for reporting and investigating any incidents of maltreatment.</li> <li>There is adequate training and supervision for all staff.</li> <li>Criminal background checks are performed as required.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met  Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided

MN Rule 4668.0825

MN Rule 4668.0840

MN Rule 4668.0070

MN Statute §144D.065

Correction Order(s)

**Education Provided** 

**Education Provided** 

Follow-up Survey #

New Correction Order issued

issued

Outcomes Observed	Comments
t personal information and eds are secure. Information about clients is sed only to appropriate es. It records are maintained, are oblete and are secure.	This area does not apply to a Focus Survey  Expanded Survey  X Survey not Expanded  Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided
have received training r competency evaluations as red, including training in ntia care, if applicable. e licenses are current. egistered nurse(s) delegates ng tasks only to staff that are	Focus Survey Met X_Correction Order(s) issued X_Education Provided Expanded Survey
r	r competency evaluations as ed, including training in ntia care, if applicable. licenses are current. egistered nurse(s) delegates

delegated.

descriptions.

and retained.

guidelines.

The process of delegation and

supervision is clear to all staff

Personnel records are maintained

and reflected in their job

Staff meet infection control

Indicators of Compliance	<b>Outcomes Observed</b>	Comments
6. Changes in a client's condition are recognized and acted upon. Medications are stored and administered safely.  Focus Survey  MN Rule 4668.0855  MN Rule 4668.0860  Expanded Survey  MN Rule 4668.0800  MN Rule 4668.0815  MN Rule 4668.0820  MN Rule 4668.0865  MN Rule 4668.0870	<ul> <li>A registered nurse is contacted when there is a change in a client's condition that requires a nursing assessment.</li> <li>Emergency and medical services are contacted, as needed.</li> <li>The client and/or representative is informed when changes occur.</li> <li>The agency has a system for the control of medications.</li> <li>A registered nurse trains unlicensed personnel prior to them administering medications.</li> <li>Medications and treatments are ordered by a prescriber and are administered and documented as prescribed.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met  Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided
7. The provider has a current license.  Focus Survey  MN Rule 4668.0019  Expanded Survey  MN Rule 4668.0008  MN Rule 4668.0012  MN Rule 4668.0016  MN Rule 4668.0220  Note: MDH will make referrals to the Attorney General's office for violations of MN Statutes 144D or 325F.72; and make other referrals, as needed.	<ul> <li>The CLASS F license (and other licenses or registrations as required) are posted in a place that communicates to the public what services may be provided.</li> <li>The agency operates within its license(s) and applicable waivers and variances.</li> <li>Advertisement accurately reflects the services provided by the agency.</li> </ul>	Focus Survey  X Met  Correction Order(s) issued Education Provided  Expanded Survey  X Survey not Expanded Met Correction Order(s) issued Education Provided  Follow-up Survey #  New Correction Order issued Education Provided  Education Provided

Indicators of Compliance	<b>Outcomes Observed</b>	Comments
8. The provider is in compliance with MDH waivers and variances  Expanded Survey  • MN Rule 4668.0016	Licensee provides services within the scope of applicable MDH waivers and variances	This area does not apply to a Focus Survey.  Expanded Survey  X Survey not Expanded  Met  Correction Order(s) issued  Education Provided  Follow-up Survey #  New Correction Order issued  Education Provided

<u>Please note</u>: Although the focus of the licensing survey is the regulations listed in the Indicators of Compliance boxes above, other rules and statutes may be cited depending on what system a provider has or fails to have in place and/or the severity of a violation. The findings of the focused licensing survey may result in an expanded survey.

# **SURVEY RESULTS:**

For Indicators of Compliance not met, the rule or statute numbers and the findings of deficient practice are noted below.

### 1. MN Rule 4668.0065 Subp. 1

### **INDICATOR OF COMPLIANCE: #5**

Based on record review and interview, the licensee failed to ensure that personnel providing services requiring direct contact with clients had tuberculosis screening every 24 months for three of nine employees (AB, BC, and CA) reviewed. The findings include:

Employees AB, BC, and CA all had direct client contact. Employee AB had negative Mantoux testing September of 2004 and September of 2005. There was no documentation of any subsequent tuberculosis screening. Employee BC had negative Mantoux testing February of 2005. There was no documentation of any subsequent tuberculosis screening.

Employee CA had negative Mantoux testing November of 2004 and October of 2005. There was no documentation of any subsequent tuberculosis screening. When interviewed February 14, 2008, the licensee stated there was no documentation of any further tuberculosis screening for employees AB, BC, and CA.

# 2. MN Rule 4668.0845 Subp. 2

### **INDICATOR OF COMPLIANCE: #1**

Based on record review and interview, the licensee failed to have a registered nurse (RN) supervise unlicensed personnel who perform services that require supervision for four of six clients' (B1, B2, C1, and C2) records reviewed. The findings include:

Clients B1, B2, C1, and C2 all received medication administration from unlicensed personnel.

Client B1 had monitoring visits of services performed by unlicensed personnel January 11, 2008, December 18, 2007, November 29, 2007, September 11, 2007, and August 20, 2007. All of the visits had been done by a licensed practical nurse (LPN).

Client B2 had monitoring visits of services performed by unlicensed personnel January 14, 2008, November 30, 2007, November 29, 2007, October 26, 2007, and September 24, 2007, and August 22, 2007. All of the monitoring visits had been done by an LPN.

Client C1 had monitoring visits of services performed by unlicensed personnel December 10, 2007, October 5, 2007, September 5, 2007, August 2, 2007, and July11, 2007. All of the monitoring visits had been done by an LPN.

Client C2 had monitoring visits of services performed by unlicensed personnel November 16, 2007, October 22, 2007, September 20, 2007, and August 22, 2007. All of the monitoring had been done by an LPN.

When interviewed February 12, 2008, the site B LPN stated she had done the supervisory visits but the registered nurse always reviewed the documentation. When interviewed February 13, 2008 the licensee stated she was not aware the LPN's were doing all supervisory visits.

A draft copy of this completed form was left with <u>Alicia Adams</u>, <u>Executive Director</u>, at an exit conference on <u>February 14, 2008</u>. Any correction order(s) issued as a result of the on-site visit and the final Licensing Survey Form will be sent to the licensee. If you have any questions about the Licensing Survey Form or the survey results, please contact the Minnesota Department of Health, (651) 201-4301. After review, this form will be posted on the MDH website. Class F Home Care Provider general information is available by going to the following web address and clicking on the Class F Home Care Provider link:

http://www.health.state.mn.us/divs/fpc/profinfo/cms/casemix.html

Regulations can be viewed on the Internet: <a href="http://www.revisor.leg.state.mn.us/stats">http://www.revisor.leg.state.mn.us/stats</a> (for MN statutes) <a href="http://www.revisor.leg.state.mn.us/arule/">http://www.revisor.leg.state.mn.us/arule/</a> (for MN Rules).