

# Why should my community be Heart Safe?



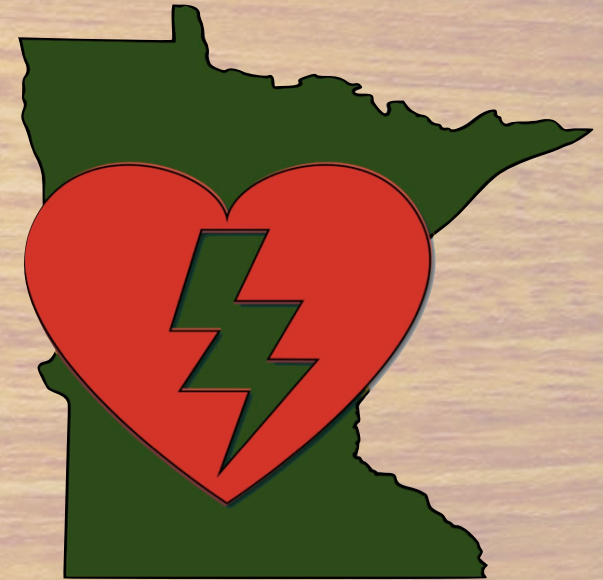
To make the community a SAFER place to *live, work, and play* by being prepared to reduce the number of deaths and disabilities associated with Sudden Cardiac Arrest.

*...because it takes a village to save a life!*

## **STEPS to becoming a designated Heart Safe Community:**

- 1) Review application materials
- 2) Identify a *Heart Safe* Community Champion and a Lead Organization
- 3) Define your community's needs
- 4) Fill out and mail a letter of intent
- 5) Implement goals and track heartbeats
- 6) Complete and submit the *Heart Safe* Community application
- 7) CELEBRATE recognition as a *Heart Safe* Community

**HEART SAFE**



**COMMUNITY**

**Questions?**

[heart.safe@heart.org](mailto:heart.safe@heart.org)

For application and other tools, visit Minnesota Department of Health at [www.health.state.mn.us](http://www.health.state.mn.us) under resources or <http://www.health.state.mn.us/divs/hpcd/chp/cvh/resources.htm>