



Training Schedule for Evidence-Based Community Program Leaders

Arthritis Foundation Aquatics Program

Leader Training
November 12, 2011
9:00am – 4:30pm
Bismarck, ND
For more information, contact:
Mary Jo Peters at
mpeters@arthritis.org or
651-644-4108 ext. 125

Arthritis Foundation Tai Chi Program

Leader Training
November 19 and 20, 2011
9:00am – 4:30pm
Bloomington, MN
For more information, contact:
Mary Jo Peters at
mpeters@arthritis.org or
651-644-4108 ext. 125

Living Well With Chronic Conditions

Leader Training
December 7, 8, 14 and 15, 2011
8:00am – 5:00pm
Location TBD
For more information, contact:
Jan Whitbeck at 651-201-5499 or
jan.whitbeck@state.mn.us

Living Well With Chronic Conditions

Leader Training
January 12, 13, 19 and 20, 2012
8:30am – 4:30pm
Saint Paul, MN
For more information, contact:
Jan Whitbeck at 651-201-5499 or
jan.whitbeck@state.mn.us

Living Well With Chronic Conditions

Leader Training
Tentative, end of January 2012
Faribault, MN
For more information, contact:
Pam York at pam.york@state.mn.us

For more information about these programs, visit www.mnhealthyaging.org

Questions can be sent to:
health.aging@state.mn.us or
health.arthritis@state.mn.us