

Maxair Inhaler
Skill Validation Tool
For Health Office Staff

Name: _____ School: _____

Observed By: _____ Date Observed: _____

Maxair Inhaler	Yes	No
1. Describe the benefits of a Maxair inhaler		
a. do not need spacer		
b. very portable		
c. breath-activated: automatically releases a precisely measured puff of medicine when you inhale.		
d. Pirbuterol last up to 6 hours compared to 4 hours for Albuterol.		
e. each inhaler has 300 puffs rather than usual 200 for MDI inhalers		
2. Using the Maxair inhaler		
a. stand up		
b. locate the up arrows on the autohaler and the air vents at the bottom of the inhaler		
c. take off cap		
d. hold the inhaler upright and keep it that way until after use		
d. push red lever up so that it stays up		
e. hold the inhaler around the middle and shake it several times		
f. exhale completely		
g. seal lips tightly around mouthpiece		
h. inhale deeply through the mouthpiece with steady force		
i. you will hear a click and feel a puff of medicine. Do not stop inhaling until you have taken a full deep breath		
j. hold breath for 10 seconds and then exhale		
k. when finished, lower the lever while holding the inhaler upright		
l. wait one minute between puffs		
m. repeat procedure for second puff		
3. Describe how to clean inhaler		
a. Remove mouthpiece cover by pulling down lip on back of cover.		
b. Gently tap back of autohaler so flap come down and spray hole can be seen. With white flap down, clean the surface of the flap with a dry cotton swab.		
c. Turn autohaler upside down. Wipe mouthpiece with a clean dry cloth.		
4. Document the treatment and the education in the appropriate record		

Demonstrated Competency Yes No