

# WINNING WITH ASTHMA

## COACHES

98,000 Minnesota children  
under 17 have asthma

*Chances are one or more of your  
players live with asthma.*

*Take the 25 minute online course  
and do your part to help athletes  
play their very best!*

[www.WinningWithAsthma.org](http://www.WinningWithAsthma.org)



The Coach's Asthma Clipboard Program



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## **Coaches! Referees! Physical Education Teachers!**

Every day you work with children who have asthma. Now there's a program especially for you. Go to:

- [www.WinningWithAsthma.org](http://www.WinningWithAsthma.org),  
an online program to check out what a coach should know about asthma.
- Learn asthma basics
  - What to do during an attack
  - How to help athletes manage their symptoms so they can play their very best.

It takes just a few minutes to learn the steps to help your team and maybe even save a player's life!

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Got questions? 651-201-5909 or 1-877-925-4189

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