

## Weekly Lesson Plan

<b>Theme:</b> <i>Foods for Everyone</i>	
<b>Week of:</b> <i>7/24/2007</i>	<b>Purpose:</b> <i>Children are provided varied opportunities and materials to build their understanding of diversity in culture, family structure, ability, language, age and gender in non-stereotypical ways. (NAEYC accreditation practice 2.L.03, 2008)</i>
<b>Teacher/ Classroom:</b> <i>Ms. Susan / Pre-4</i>	<b>Concept:</b> <i>Different families eat different kinds of food. Different cultures serve favorite foods as a part of family celebrations. Fruit and vegetables grow in different places and climates. The fruits and vegetables we eat come from different places in winter and in summer. Fruits and vegetables taste good and help keep us strong and healthy.</i>

<b>This week's</b>	<b>Fruit -or- Vegetable:</b> <i>Cherry Tomatoes</i>	<b>Recipe:</b> <i>Veggie Bagel Face</i>	<b>Number:</b> <i>5</i>	<b>Letter:</b> <i>B</i>
	<b>Blocks</b> <i>Add ethnic family figures to the block area. Create a fruit and vegetable market with props.</i>	<b>Dramatic Play</b> <i>Use props for ethnic cooking and place ethnic play food in the housekeeping area.</i>	<b>Sensory</b> <i>Make ethnic foods with playdough; Taste unusual fruits and vegetables; Make paper mache fruits and vegetables; hold a "Crunch Contest".</i>	

### Learning Areas

<b>Art</b>	<i>Decorate a placemat to take home. Make paper flowers for a classroom celebration. Decorate the "Lana's Favorites" recipe book cover</i>	<b>Manipulative</b>	<i>Play the "Lana Lotto" game. Do fruit and vegetable puzzles.</i>
<b>Language</b>	<i>Complete the "Lana's Learners" activity book</i>	<b>Math &amp; Science</b>	<i>Look back at the "Taster's Choice Chart".</i>
<b>Large Motor</b>	<i>Have a parade with marching to different kinds of music. Play the "Market Relay" game.</i>	<b>Music &amp; Movement</b>	<i>Play the "Pepper Stepper" game.</i>

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Group Time:</b>	<i>Read the Book: "The Foods We Eat" from Many Hands Media</i>	<i>Read the Lana Story: "Lana's Learners"</i>	<i>Play "What Shall We Buy at the Market?"</i>	<i>Read the Book: "All Our Fruits and Vegetables" by Roberta L. Duyff &amp; Patricia C. McKissack</i>	<i>Read the Book: "Market Day" by Lois Ehlert</i>
<b>Special Activities:</b>	<i>Introduce the vegetable, number and letter of the week.</i>	<i>Taste testing of vegetable of the week.</i>	<i>Hold a "Tasting Unusual Fruits and Vegetables Party"</i>	<i>Cooking activity  Take-Home Tasting Kits</i>	<i>Have a party with special ethnic foods, music and decorations.</i>

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Learning Areas			
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