Participants will gain:

- An understanding of the impact of TV viewing on childhood obesity
- An understanding of existing legislation and organizational policies that address TV viewing practices in child care settings
- Knowledge of resources to decrease TV viewing time in child care settings

Agenda

9:00AM Welcome and Introductions
Sarah Strickland, Executive Director, National Institute on Media and the Family
Chris Kimber, Physical Activity Coordinator, Minnesota Department of Health

9:15AM TV Viewing and Childhood Obesity – Trends and Policies
Presenter:
David Walsh, PhD, President, National Institute on Media and the Family

9:45AM Current status of TV viewing practices in Minnesota child care settings
Presenters:
Tim Hennessey, Hennepin County Child Care licensor
Jay Thomas Bad Heart Bull, Associate Director, Little Earth of United Tribes (invited)

10:05AM Local discussion and recommendations

10:35AM Reporting of local recommendations
Facilitated by Sarah Strickland
10:45AM **Resources and tools**

Presenters:
Mary Margaret Reagan-Montiel, National Institute on Media and the Family
Ea Porter, *through-u* Ambassador and Professor, University of St. Thomas

Highlights of *through-u* learning kit
- Sample activity – Jolts and Tricks from Session 2
- Examples of the flexibility of *through-u* as a resource
List of additional resources

11:15AM **Wrap up and next steps**

Sarah Strickland and Chris Kimber