

**Minnesota Heart Disease and Stroke Prevention Initiative  
Literature Review – October 2004  
Environmental Setting: Communities & Community Organizations  
Abbreviations and Acronyms**

A	activity	Kansas LEAN	Leadership to Encourage Activity and Nutrition
AED	automated defibrillation devices		
BCUBH	Black Churches United for Better Health Project	Project LEAN	Low-fat Eating for America Now
		LHA	lay health advisors
BMI	body mass index	LHAs	Latina lay health advisors
BP	blood pressure	MHHP	Minnesota Heart Health Project
BRFS	Behavior Risk Factor Survey	NAT	Nutrition Action Team
BRFSS	Behavior Risk Factor Surveillance System	NCI	National Cancer Institute
CATCH	Child and Adolescent Trial for Cardiovascular Health	NEA's	Nutritional Education Assistants
		p	probability
CATCH	Coordinated Approach to Child Health	PA	physical activity
CDC	Centers for Disease Control & Prevention	PE	physical education
CHF	Children's Health Festival	PHHP	Pawtucket Hearth Health Program
CNAP	Community Nutrition Action Program	Project LEAN	Low-fat Eating for America Now
CNAs	Community Nutrition Advocates	PSA's	public service announcement's
CSPI	Center for Science in the Public Interest	SES	socio-economic status
CSFP	Commodity Supplemental Foods Program	SOFIT	System for Observing Fitness Instruction Time
CV	cardiovascular		
CVD	cardiovascular disease	TAP	Teen Activity Project
CVH	cardiovascular health	TCC	Take Charge Challenge
FFP	Family Fun Pack	TV	television
FFQ	Food Frequency Questionnaire	UCLA	University of California Los Angeles
FFS	Freedom From Smoking		
EFNEP	Expanded Food and Nutrition Education Program	UNC	University of North Carolina
		WHR	waist to hip ratio
ESL	English as a second Language	WIC	Women, Infants, and Children
ETS	environmental tobacco smoke	>	greater than
HBQ	Health Behavior Questionnaire		
HDL	high density lipoprotein		
HSRP	Heart Smart Restaurant Program		
HHP	Healthy Heart Program		
HR	heart rate		