

TIP SHEET

Where Can You Go For Help?

• Voluntary Health Associations

- American Cancer Society www.cancer.org
- American Heart Association www.americanheart.org
- American Lung Association www.lungusa.org
- March of Dimes www.modimes.org

• Professional Associations

- Local medical societies
- Local chapters of the American Academy of Family Physicians www.aafp.org
- Local chapters of the American Academy of Pediatrics www.aap.org
- Local chapters of the American Nurses Association www.ana.org
- Local chapters of the Society for Public Health Education www.sophe.org

• Public Health Professionals

- Local health officers/departments
- School nurses
- Health teachers
- University teachers/departments of public health

• Health-Related Institutions

- Hospitals
- HMOs
- Medical Schools
- Other fitness centers
- Pharmacies
- Insurance Companies
- YMCAs/YWCAs

• Non-Health Industries

- Television and Radio Stations
- Newspapers
- Employee assistance programs
- Personnel Departments of major employers
- Labor Unions
- Food producers

• Non-Health Organizations

- PTAs
- Scout Clubs
- Youth Organizations
- Supermarkets
- Local Chambers of Commerce
- 4H
- Church Groups
- Fraternal Organizations
- Public Libraries

• For-Profit Companies

- Cooperative ventures with the business sector can also help your program work, with benefits for your organization and the company.