

WORKSHEET

Resources, Potential Activities, and Actions

To get a group thinking about the kinds of activities they want to pursue, they should first know what is already out there. Take the completed Inventory of Current Activities (LINK) and distribute it to coalition members. Use the blank worksheet, "Potential Activities Sheet" and have members complete it by using the brainstorming technique. Fill in suggested activities under appropriate sections. The worksheet "Selected Activities Sheet" can be completed once they have prioritized and chosen the activities.

Inventory of Selected Activities

RISK FACTOR: _____

STRATEGY	Setting					
	Schools	Worksites	Health Care	Restaurants	Grocery	Community
Awareness: Increase level of awareness or interest in the topic, e.g., newsletters, posters, health fairs, health screenings.						
Lifestyle: Change the behavior of the individual, e.g., behavior modification, experiential learning, and skill building activities.						
Supportive Environment: Programs that change the environment or programs that encourage healthy habits and discourage unhealthy ones.						

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