

# **WORKSHEET**

## **Sample Surveys**

### **Survey: Behavior Risk Factors and Preventive Service Among Adults**

- Have you smoked at least 100 cigarettes in your entire life?
- Do you smoke cigarettes everyday, some days, or not at all?
- During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
- How often do you drink fruit juices such as orange, grapefruit, or tomato?
- Not counting juice, how often do you eat fruit?
- How often do you eat green salad?
- How often do you eat potatoes, not including french fries, fried potatoes, or potato chips?
- How often do you eat carrots?
- About how much do you weigh without shoes?
- About how tall are you without shoes?
- A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?
- How long has it been since you had your last mammogram?
- A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
- When did you have your last blood stool test using a home kit?
- A sigmoidoscopy or proctoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer or other health problems? Have you ever had this?
- Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?