

Kev Tshawb Xyuas Cov Mob Xws Li Mob Khaub Thuas (influenza) rau Niam Txiv thiab Cov Neeg Tu Lossis Saib Mob

Cov niam txiv thiab cov neeg tu lossis saib mob yuav tsum siv cov lus nug nram no los ntsuas saib kev noj qab haus huv ntawm lawv tus menyuam txhua txhua hnuv yog licas.

Koj tus menyuam puas muaj:

1. Puas Ua Npaws (100° F lossis siab dua)? Ua Tsis Ua
(kuaj saib lub cev kub li cas ua ntej siv tshuaj txo npaws)
2. Puas Mob Caj Pas? Mob Tsis Mob
3. Puas Hnoos? Hnoos Tsis Hnoos

KUV PUAS CIA KUV TUS MENYUAM NYOB TSEV?

- Yog koj khij tias ua npaws THIAB ib qho ntawm lwm cov yam ntxwv mob, ces cia koj tus menyuam nyob tsev lub kawg kiag yog 24 teev tom qab nws qhov ua npaws ploj lawm uas yog tsis siv tshuaj txo npaws rau. Rau coob tus menyuam qhov no yog 5 rau 7 hnuv. Koj tus menyuam yuav tsum khees txaus tuaj koom kev kawm ntawv ua ntej mam rov tuaj. Yog koj muaj lus nug txog koj tus menyuam txoj kev noj qab haus huv lossis cov yam mob, hu rau koj tus menyuam tus kws kho mob.
- Yog koj tus menyuam raug nws tus kws kho mob kuaj pom hais tias nws muaj lwm yam kab mob, xws li mob qa, ces ua raws li koj tus kws kho mob txoj kev pom zoo thiab tsev kawm ntawv cov kab lis kev cai hais tias thaum twg li mam rov qab tuaj rau tom tsev kawm ntawv.

KUV YUAV TSUM HAIS LICAS RAU KUV TUS MENYUAM LUB TSEV KAWM NTAWV?

- Yog koj khij “Ua” rau qhov ua npaws THIAB ib qho ntawm lwm cov mob, ces qhia rau koj tus menyuam lub tsev kawm ntawv tutxheeb menyuam npe hais tias koj tus menyuam nyob tom tsev vim nws muaj mob thooj li tus mob khaub thuas.
- Yog koj tus menyuam raug tus kws kho mob kuaj hais tias nws muaj lwm yam kab mob, xws li mob qa, ces qhia rau koj tus menyuam lub tsev kawm ntawv tu txheeb menyuam npe.
- Yuav tsis qhia tawm rau neeg nyob sab nraum lub tsev kawm ntawv paub txog koj tus menyuam cov ntaub ntawv ntawm nws tus kheej, nrog rau nws lub npe.

Yog xav tau ntsiab lus ntxiv thiab kev qhia paub tom ntej no hu 651-201-5414 lossis 1-877-676-5414 lossis mus rau MDH lub website ntawm: www.health.state.mn.us



Minnesota Department of Health
625 Robert Street North, PO Box 64975, St. Paul, MN 55164-0975
651-201-5414 1-877-676-5414 TTY/TDD: 651-201-5797 www.health.state.mn.us

Influenza-like Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

Does your child have:

1. Fever (100° F or greater)? Yes No
(take temperature before giving fever reducing medicine)
2. Sore Throat? Yes No
3. Cough? Yes No



SHOULD I KEEP MY CHILD HOME?

- If you checked yes to fever AND one of the other symptoms, keep your child home for at least 24 hours after his or her fever is gone without fever reducing medicine. For many children this will be 5 to 7 days. Your child should feel well enough to participate in school before returning. If you have questions about your child's health or symptoms, call your child's healthcare provider.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "yes" for fever AND one of the other symptoms, tell your child's attendance office that your child is home with influenza-like illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.
- No personal information about your child, including your child's name, will be shared outside of the school.

For more information and on-going updates 651-201-5414 or 1-877-676-5414 or go to the MDH website at: www.health.state.mn.us

