

Hepatitis: Type B

(caused by hepatitis B virus)

SIGNS AND SYMPTOMS

- Loss of appetite
- Abdominal discomfort
- Yellow eyes and skin
- Dark urine or light-color stool
- Nausea or vomiting
- Fatigue
- Pain in muscles and joints
- Begin 45-180 days after exposure

TRANSMISSION

Hepatitis B is spread by:

- Vaginal sex
- Anal sex
- Oral sex
- Sharing needles for injecting drugs, body piercing or tattooing
- Infected mother to newborn
- Sharing personal items that may have blood or bodily fluids on them (razors, tooth brushes, nail clippers, pierced earrings)

COMPLICATIONS

- Can spread to sex partners
- Can lead to chronic liver disease, cirrhosis, liver cancer and death
- Infected mother can pass virus to newborn.
- Infected baby may become a chronically infected.
- Can infect others while in both acute and chronic phases.
- Less than 1% of people die during the acute phase of infection.

PREVENTION

- Hepatitis B vaccine is recommended for all infants, adolescents and sexually active adults.
- Don't share needles for drugs, tattooing or piercing.
- Avoiding vaginal, oral or anal sex is the best way to prevent STDs.
- Latex condoms, when used consistently and correctly, can reduce the risk of transmission of hepatitis B.
- Always use latex condoms during vaginal and anal sex.
- Use a latex condom for oral sex on a penis.
- Use a latex barrier (dental dam or condom cut in half) for oral sex on a vagina or anus.
- Limit the number of sex partners.
- Don't share personal items like razors.
- When infant is born to an infected mother, immunize infant at birth.

TESTING AND TREATMENT

- Get a test from a medical provider if infection is suspected.
- Hepatitis B immune globulin injection given within 7 days after blood exposure or 14 days after sexual contact; vaccine may also be recommended.

FOR MORE INFORMATION, CONTACT:

Minnesota Department of Health
 STD and HIV Section
 (651) 201-5414
www.health.state.mn.us/std

Minnesota Family Planning and STD Hotline
 1-800-783-2287 Voice/TTY; (651) 645-9360 (Metro)
www.sexualhealthmn.org

American Social Health Association (ASHA)
www.ashastd.org

CDC National STD and AIDS Hotlines
 1-800-CDC-INFO; 1-888-232-6348 TTY
www.cdc.gov/std

