

# **Tuberculosis (TB) Resources for Patients and the Public**

**Listed by Keyword**

**Current as of March 15, 2010**



Tuberculosis Program  
625 Robert Street North  
P.O. Box 64975  
St. Paul, MN 55164-0975  
1-877-676-5414, 651-201-5414  
[www.health.state.mn.us/tb](http://www.health.state.mn.us/tb)

## *How to use this resource guide:*

- Resources are listed alphabetically by keyword.
- Each resource listing contains:

***Title (year published)***

**Format:** fact sheet, VHS video, booklet, online resource, etc.

**How to access:** method(s) for obtaining the resource.

**Author:** name of organization that created the resource.

Abbreviations for authors and contact information for the organizations are located at the end of the guide.

**Key word(s):** Active TB disease, Adherence/DOT, Blood tests for TB (Interferon-Gamma Release Assay or IGRA), Contact investigation, HIV coinfection, Latent TB infection, Mantoux tuberculin skin testing, and Other.

**Language(s):** available languages

- This information is also available alphabetically and by language.

### Disclaimer:

The Minnesota Department of Health has compiled this resource guide as a service to healthcare providers and the public in Minnesota. Although the Minnesota Department of Health has not thoroughly reviewed each resource, only nationally recognized organizations have been included. The Minnesota Department of Health strongly advises healthcare providers to review each resource before using it.

This resource guide is not intended to provide individual medical advice. The Minnesota Department of Health urges you to consult with a qualified health care provider for diagnosis and answers to your personal health questions.

## ***Titles of New Resources:***

- I Have Been Exposed to Tuberculosis (TB): What Do I Do Now?
- Questions and Answers About TB 2009
- TB Awareness and Treatment: ECHO-TV
- Tuberculosis Facts - Exposure to TB
- Tuberculosis Facts - TB Can be Treated
- Tuberculosis Facts - Testing for TB
- Tuberculosis Facts - You Can Prevent TB
- Tuberculosis: General Information
- What Do I Need to Know About Active TB Disease?
- What Do I Need to Know About Latent Tuberculosis Infection?
- What is Tuberculosis?
- What You Need to Know About Tuberculosis

# Active TB Disease

---

---

## *Active TB Disease* (2005)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** MDH

**Languages:** Amharic, Arabic, Bosnian/Croatian/Serbian, English, Hmong, KaRen, Khmer, Laotian, Oromo, Russian, Somali, Spanish, Tibetan, Vietnamese

## *Bridging Hmong America: Tuberculosis (Hmong)* (2001)

**Format:** VHS

**How to access:** Borrow from MDH Library or request from MDH TB Program

**Author:** Wisconsin

**Languages:** Hmong

## *Difference Between Latent TB Infection and Active TB Disease (The)* (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## *Ethambutol (EMB)* (2003)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** Wisconsin

**Languages:** English, Hmong, Spanish

## *Facts About TB: A Video for the Concerned Public (The)* (1996)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** NYC

**Languages:** Cantonese, English, Spanish

## *Get the Facts About TB Disease* (2005)

**Format:** Brochure

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## *Instructions for Collecting Sputum for Tuberculosis* (2004)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** MDH

**Languages:** Amharic, Arabic, Bosnian/Croatian/Serbian, English, Hmong, KaRen, Khmer, Laotian, Oromo, Russian, Somali, Spanish, Tibetan, Vietnamese

## *Isoniazid (INH)* (2003)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** Wisconsin

**Languages:** English, Hmong, Spanish

## *Let Me Introduce You to DOT: Active Disease* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## *Pyrazinamide (PZA)* (2003)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** Wisconsin

**Languages:** English, Hmong, Spanish

## *Questions and Answers About TB, 2009*

**Format:** Booklet

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish

## *Rifampin (RIF)* (2003)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** Wisconsin

**Languages:** English, Hmong, Spanish

## *Stop TB* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** Bengali, Chinese, English, French, Haitian-Creole, Hindi, Russian, Spanish, Urdu

## *Stop TB! - tear-off sheet* (2000)

**Format:** Fact sheet

**How to access:** Order

**Author:** CDC-DTBE

**Languages:** English

## *TB and One Man's Story (Somali)* (2002)

**Format:** VHS and DVD

**How to access:** Borrow from MDH Library or request from MDH TB Program

**Author:** Minnesota Department of Health TB Program

**Languages:** Somali

# Active TB Disease (continued)

## ***TB and Queso Fresco*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** SD

**Languages:** English, Spanish

## ***TB Awareness and Treatment: ECHO-TV*** (2008)

**Format:** DVD and web-streaming

**How to access:** Order form for DVD and links to web-streaming at [www.health.state.mn.us/divs/idepc/diseases/tb/echo.html](http://www.health.state.mn.us/divs/idepc/diseases/tb/echo.html)

**Author:** MDH

**Languages:** English, Hmong, Khmer, Lao, Somali, Spanish, Vietnamese

## ***TB Disease - You Need Treatment to Make You Well***

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## ***TB Disease: Information for New Arrivals*** (2003)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** New York State

**Languages:** Arabic, Bosnian, English, Hindi, Pashtu, Russian, Spanish

## ***TB Disease: You Need Treatment to Make You Well*** (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Korean, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## ***TB in American Indian Populations*** (2008)

**Format:** Brochure

**How to access:** View online/download at [www.doh.wa.gov/cfh/TB/brochure.pdf](http://www.doh.wa.gov/cfh/TB/brochure.pdf)

**Author:** Washington State Dept. of Health

**Languages:** English

## ***Teresa Novela Strip*** (2007)

**Format:** Fotonovela

**How to access:** View online/print

**Author:** SNTC

**Languages:** Spanish

## ***Tuberculosis Facts - TB Can be Treated*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## ***Tuberculosis: General Information*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## ***Tuberculosis: Get the Facts*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish

## ***Vivir Fotonovela: Adherence*** (2007)

**Format:** Fotonovela

**How to access:** View online/print

**Author:** SNTC

**Languages:** Spanish

## ***What Do I Need to Know About Active TB Disease?***

**Format:** Brochure

**How to access:** View online/print

**Author:** SF

**Languages:** Chinese, English, Russian, Spanish, Tagalog, Vietnamese

## ***What is Tuberculosis?***

**Format:** Brochure

**How to access:** View online/print

**Author:** SF

**Languages:** Chinese, English, Russian, Spanish, Tagalog, Vietnamese

## ***What You Need to Know About TB*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** Bengali, Chinese, English, French, Haitian-Creole, Hindi, Russian, Spanish, Urdu

## ***What You Should Know About Taking Tuberculosis Medicines***

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

# Active TB Disease (continued)

---

---

## *What You Should Know About Taking Tuberculosis*

*Medicines* (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## *You Can Beat TB* (1996)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** NYC

**Languages:** Cantonese, English, Spanish

---

---

# Adherence/DOT

---

---

## *Let Me Introduce You to DOT for LTBI* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## *Staying on Track with TB Medicine* (2005)

**Format:** Brochure

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## *Let Me Introduce You to DOT: Active Disease* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## *You Can Beat TB* (1996)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** NYC

**Languages:** Cantonese, English, Spanish

## *Vivir Fotonovela: Adherence* (2007)

**Format:** Fotonovela

**How to access:** View online/print

**Author:** SNTC

**Languages:** Spanish

---

---

# Blood Tests for TB (IGRA)

---

---

## *A New, Better Test for Tuberculosis (TB) Infection* (2007)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** NYC

**Languages:** English

# Contact Investigation

---

---

## *Contact with TB* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** Bengali, Chinese, English, French, Haitian-Creole, Hindi, Russian, Spanish, Urdu

## *Drug-Resistant TB: Facts for Contacts* (2003)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** English

## *I Have Been Exposed to Tuberculosis (TB): What Do I Do Now?*

**Format:** Brochure

**How to access:** View online/print

**Author:** SF

**Languages:** Chinese, English, Russian, Spanish, Tagalog, Vietnamese

## *Protect Your Family and Friends from TB: The TB Contact Investigation* (2005)

**Format:** Brochure

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## *TB Contact Investigations* (2005)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** MDH

**Languages:** Amharic, Arabic, Bosnian/Croatian/Serbian, English, Hmong, KaRen, Khmer, Laotian, Oromo, Russian, Somali, Spanish, Tibetan, Vietnamese

## *Tuberculosis Facts - Exposure to TB* (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

# HIV Coinfection

---

---

## *Take Steps to Control TB When You Have HIV* (2005)

**Format:** Brochure

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## *TB & HIV: A Dangerous Partnership*

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## *TB and HIV: A Dangerous Partnership* (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Chinese, English, Farsi, Hindi, Indonesian, Korean, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## *TB and HIV: The Connection* (1996)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** NYC

**Languages:** English, Spanish

## *Tuberculosis Facts - TB and HIV/AIDS* (2007)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## *Tuberculosis: The Connection Between TB and HIV (the AIDS virus)* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish

## *What's the TB/HIV Connection?* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

# Latent TB Infection

## ***Bridging Hmong America: Tuberculosis (Hmong)*** (2001)

**Format:** VHS

**How to access:** Borrow from MDH Library or request from MDH TB Program

**Author:** Wisconsin

**Languages:** Hmong

## ***Difference Between Latent TB Infection and Active TB Disease (The)*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## ***INH-Standing Between You and TB*** (2001)

**Format:** Brochure

**How to access:** View online/print

**Author:** Florida

**Languages:** Arabic, Bosnian, Chinese, English, Farsi, Haitian-Creole, Hindi, Korean, Russian, Serbo-Croatian, Somali, Spanish, Ukrainian, Vietnamese

## ***Isoniazid (INH)*** (2003)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** Wisconsin

**Languages:** English, Hmong, Spanish

## ***Let Me Introduce You to DOT for LTBI*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## ***Questions and Answers About TB, 2009***

**Format:** Booklet

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish

## ***Stop TB*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** Bengali, Chinese, English, French, Haitian-Creole, Hindi, Russian, Spanish, Urdu

## ***STOP TB Infection Before it Makes You Sick***

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## ***Stop TB Infection Before It Makes You Sick*** (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Korean, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## ***Stop TB! - tear-off sheet*** (2000)

**Format:** Fact sheet

**How to access:** Order

**Author:** CDC-DTBE

**Languages:** English

## ***TB Awareness and Treatment: ECHO-TV*** (2008)

**Format:** DVD and web streaming

**How to access:** Order form for DVD and links to web-streaming at [www.health.state.mn.us/divs/idepc/diseases/tb/echo.html](http://www.health.state.mn.us/divs/idepc/diseases/tb/echo.html)

**Author:** MDH

**Languages:** English, Hmong, Khmer, Lao, Somali, Spanish, Vietnamese

## ***TB in American Indian Populations*** (2008)

**Format:** Brochure

**How to access:** View online/download at

[www.doh.wa.gov/cfh/TB/brochure.pdf](http://www.doh.wa.gov/cfh/TB/brochure.pdf)

**Author:** Washington State Dept. of Health

**Languages:** English

## ***TB Infection: Information for New Arrivals*** (2003)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** New York State

**Languages:** Arabic, Bosnian, English, Hindi, Pashtu, Russian, Spanish

## ***Treatment for Latent TB Infection*** (2004)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** MDH

**Languages:** Amharic, Arabic, Bosnian/Croatian/Serbian, English, Hmong, KaRen, Khmer, Laotian, Oromo, Russian, Somali, Spanish, Tibetan, Vietnamese

# Latent TB Infection (continued)

---

---

## ***Tuberculosis Facts - Testing for TB*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## ***Tuberculosis Facts - You Can Prevent TB*** (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

## ***Tuberculosis: Get the Facts*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish

## ***Vivir Fotonovela: Adherence*** (2007)

**Format:** Fotonovela

**How to access:** View online/print

**Author:** SNTC

**Languages:** Spanish

## ***What is Tuberculosis?*** (2007)

**Format:** Brochure

**How to access:** View online/print

**Author:** U.S. Committee for Refugees and Immigrants

<http://refugees.org/article.aspx?id=2045&rid=2086&subm=178&area=Participate>

**Languages:** Amharic, Arabic, Bosnian Burmese, English, Farsi (Persian), French, Haitian Creole, Hmong, KaRen, Kirundi, Russian, Somali, Spanish, Swahili, Vietnamese

## ***What Parents Need to Know About Tuberculosis (TB) Infection in Children*** (2008)

**Format:** Brochure

**How to access:** View online/print

**Author:** GTBI

**Languages:** English

## ***What Do I Need to Know About Latent Tuberculosis Infection?***

**Format:** Brochure

**How to access:** View online/print

**Author:** SF

**Languages:** Chineses, English, Russian, Spanish, Tagalog, Vietnamese

## ***What is Tuberculosis?***

**Format:** Brochure

**How to access:** View online/print

**Author:** SF

**Languages:** Chineses, English, Russian, Spanish, Tagalog, Vietnamese

## ***What You Need to Know About TB Infection*** (2005)

**Format:** Brochure

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## ***You Can Prevent TB*** (1998)

**Format:** VHS

**How to access:** Borrow from MDH Library

**Author:** NYC

**Languages:** Cantonese, English, Mandarin, Russian, Spanish

---

---

# Mantoux Skin Testing

---

---

## ***BCG Vaccine: What You Should Know (The)*** (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## ***Do I Need a TB Skin Test?*** (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Korean, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

# Mantoux Skin Testing (continued)

---

---

## *Do I Need a TB Test?*

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## *Just the Facts About BCG and TB* (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Korean, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## *TB and BCG*

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## *TST Skin Test (The)* (2004)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** MDH

**Languages:** Amharic, Arabic, Bosnian/Croatian/Serbian, English, Hmong, KaRen, Khmer, Laotian, Oromo, Russian, Somali, Spanish, Tibetan, Vietnamese

## *Tuberculin Skin Test (The)* (2005)

**Format:** Brochure

**How to access:** View online/print

**Author:** NYC

**Languages:** English, Spanish

## *Tuberculin Skin Test Tells Who Is Infected: What Does It Mean? (The)* (2000)

**Format:** Brochure

**How to access:** View online/print

**Author:** Florida

**Languages:** Arabic, Bosnian, Chinese, English, Farsi, Haitian-Creole, Hindi, Korean, Russian, Serbian, Serbo-Croatian, Somali, Spanish, Ukrainian, Vietnamese

## *What is a TB Skin Test?* (2002)

**Format:** Brochure

**How to access:** View online/print

**Author:** Virginia

**Languages:** Amharic, Arabic, Chinese, English, Farsi, Hindi, Indonesian, Russian, Somali, Spanish, Tagalog, Tigrinya, Urdu, Vietnamese

## *What is a TB Test?*

**Format:** Fact sheet, audio file, multimedia, online video

**How to access:** View and listen online/print

**Author:** HRM

**Languages:** Arabic, English, French, Korean, Russian, Somali, Spanish, Tagalog, Vietnamese

## *What You Need to Know About the TB Skin Test* (2005)

**Format:** Fact sheet

**How to access:** Order or view online/print

**Author:** CDC-DTBE

**Languages:** English, Spanish, Tagalog

## Other

---

---

## *Tuberculosis Information for International Travelers* (2008)

**Format:** Fact sheet

**How to access:** View online/print

**Author:** CDC-DTBE

**Languages:** English

# Contact Information

---

**CDC-DTBE:**

Center for Disease Control and Prevention  
[www.cdc.gov/tb](http://www.cdc.gov/tb)

**Florida:**

Florida Department of Health's TB Program  
[www.doh.state.fl.us/disease\\_ctrl/tb/Educational-Materials/Printed/pmgen.html](http://www.doh.state.fl.us/disease_ctrl/tb/Educational-Materials/Printed/pmgen.html)

**HRM:**

Health Roads Media  
[www.healthyroadsmedia.org](http://www.healthyroadsmedia.org)

**MDH Library:**

Call 651-201-5095 or email [library@health.state.mn.us](mailto:library@health.state.mn.us)  
to reserve videos.  
Only available to Minnesota organizations.

**MDH TB:**

Minnesota Department of Health  
[www.health.state.mn.us/tb](http://www.health.state.mn.us/tb)

**GTBI:**

New Jersey Medical School Global Tuberculosis  
Institute:  
[www.umdnj.edu/globaltb/home.htm](http://www.umdnj.edu/globaltb/home.htm)

**NYC:**

New York City Bureau of Tuberculosis Control:  
[www.ci.nyc.ny.us/html/doh/html/tb/tb1\\_shtml](http://www.ci.nyc.ny.us/html/doh/html/tb/tb1_shtml)

**SD:**

County of San Diego, CA:  
[www2.sdcounty.ca.gov/hhsa/ServiceDetails.asp?ServiceID=83](http://www2.sdcounty.ca.gov/hhsa/ServiceDetails.asp?ServiceID=83)

**SNTC:**

Southeastern National TB Center  
<http://sntc.medicine.ufl.edu/>

**Virginia:**

Virginia Division of Tuberculosis Control  
[www.vdh.virginia.gov/Epidemiology/DiseasePrevention/Programs/Tuberculosis/](http://www.vdh.virginia.gov/Epidemiology/DiseasePrevention/Programs/Tuberculosis/)

**Wisconsin:**

Wisconsin Department of Health, Tuberculosis  
Program  
<http://dhfs.wisconsin.gov/tb/resources/Patient-resources.htm>