

# Nongonococcal Urethritis (NGU)

(caused by various organisms other than gonorrhea)

## SIGNS AND SYMPTOMS

- Most women and some men have no symptoms
- Begin 1-3 weeks after exposure
- Clear, yellow or white pus from the penis
- Discharge or burning of the vagina
- Burning or pain during urination

## TRANSMISSION

NGU is spread by:

- Vaginal sex
- Oral sex
- Anal sex
- Infected mother to newborn

## COMPLICATIONS

If left untreated, NGU can:

- Spread to sex partners
- Lead to more serious infection
- Damage reproductive organs
- Lead to infertility in men and women

During pregnancy, NGU germs can:

- Be passed from a mother to her baby during childbirth.
- Cause eye infection or pneumonia in infants.

## PREVENTION

- Avoiding vaginal, oral or anal sex is the best way to prevent STDs.
- Always use latex condoms, consistently and correctly, during vaginal and anal sex.
- Use a latex condom for oral sex on a penis.
- Use a latex barrier (dental dam or condom cut in half) for oral sex on a vagina or anus.
- Limit the number of sex partners.
- Notify sex partners immediately if infected.
- Make sure sex partners are tested and treated at the same time to prevent re-infection.

## TESTING AND TREATMENT

- Get a test from a medical provider if infection is suspected.
- NGU can be cured using medication prescribed by medical provider.
- Partners should be treated at same time.

NOTE: A person can be re-infected after treatment.

### FOR MORE INFORMATION, CONTACT:

Minnesota Department of Health  
 STD and HIV Section  
 (651) 201-5414  
[www.health.state.mn.us/std](http://www.health.state.mn.us/std)

Minnesota Family Planning and STD Hotline  
 1-800-783-2287 Voice/TTY; (651) 645-9360 (Metro)  
[www.sexualhealthmn.org](http://www.sexualhealthmn.org)

American Social Health Association (ASHA)  
[www.ashastd.org](http://www.ashastd.org)

CDC National STD and AIDS Hotlines  
 1-800-CDC-INFO; 1-888-232-6348 TTY  
[www.cdc.gov/std](http://www.cdc.gov/std)

