Changes That Matter

Describe the resident’s physical changes:

- **Walking:**
  [example: describe how much assistance the resident needs with walking]

- **Urination and bowel patterns:**
  [example: the resident is urinating less often]

- **Skin:**
  [example: the resident’s skin is puffy]

- **Level of weakness:**
  [example: the resident is having difficulty lifting his or her arm]

- **Falls:**
  [example: the resident reaches for objects when in a wheelchair]

- **Vital signs:**
  [example: the resident is breathing faster than normal]

Describe the resident’s non-physical changes:

- **Demeanor:**
  [example: the resident is socializing less than normal]

- **Appetite:**
  [example: the resident is not interested in his or her food]

- **Sleeping:**
  [example: the resident falls asleep in unusual places]

- **Speech:**
  [example: the resident’s speech is slurred]

- **Confusion or agitation:**
  [example: the resident is talking a lot more than usual]

- **Resident complaints of pain:**
  [example: the resident grimaces or winces when he or she moves]