

# Koj Cov Menyuum Pwas Tau Npaj Yuav Mus Kawm Ntawv?

## Txoj Kev Cai Txhaj Tshuaj Tiv Thaiv Kab Mob Rau Tsev Kawm Ntawv hauv Minnesota

Lus qhia seb ua li cas:

- Nrhiav tus menyuum hnuv nyoog los yog seb kawm xyoo twg ces nyeem sab laug mus rau sab xis.
- Tus menyuum puas tau txhaj tshuaj npaum li cov koob tshuaj uas yeej qhia raws li seb kos pes tsawg zaus hauv qab txhua txhua koob tshuaj tiv thaiv kab mob.

Ceeb toom: Yuav tsum nyeem raws li ib kab ib kab, txhob ntxiv kab hauv qab rau kab saum toj seb kos pes tsawg zaus rau ib hom tshuaj tiv thaiv kab mob.

**Piv txwv:** Ib tug menyuum preschooler yuav tau txhaj 4 koob tshuaj DTaP, ces thaum mus kawm xyoo kindergarten nws yuav tau txhaj 1 koob tshuaj DTaP ntxiv, tag nrho yog 5 koob (tsis yog 9 koob).

Tshuaj tiv thaiv <b>Kab Mob Siab Daj Hom B</b>	Tshuaj tiv thaiv <b>DTaP/Td/Tdap</b> kab mob diphtheria, kab mob tetanus, kab mob pertussis (kev mob hnoo qees)	Tshuaj tiv thaiv <b>Polio</b>	Tshuaj tiv thaiv <b>MMR</b> kab mob qhua pias, kab mob qa, kab mob rubella	Tshuaj tiv thaiv <b>Hib</b> kab mob <i>Haemophilus influenzae hom B, tsawg kawg</i>	Tshuaj tiv thaiv <b>Varicella*</b> (kab mob qhua taum)
---	--	----------------------------------	--	--	---

<b>Ua ntej pib kawm ntawd (hnuv nyoog 3-5 xyoos)</b>	✓✓✓✓✓	✓✓✓	✓	Tsawg kawg ✓	✓
<b>Xyoo Kindergarten</b>	✓✓✓✓ Koob tshuaj thib 5 tsis tas txhaj los tau yog tias koob thib 4 yeej tau tx- haj tom qab hnuv nyoog muaj 4 xyoos lawm	✓✓✓✓ Koob tshuaj tiv thaiv polio thib 4 tsis tas txhaj los tau yog tias koob thib 3 yeej tau txhaj tom qab hnuv nyoog uaj 4 xyoos lawm	✓✓		✓✓
<b>Hnuv nyoog 7 xyoo txog kawm ntawv xyoo 6</b>	Tsawg kawg ✓✓✓	Tsawg kawg ✓✓✓	✓		
<b>Kawm ntawv xyoo 7 txog xyoo 12</b>	✓✓✓✓ Xyoo 7 nkaus xwb***	Tsawg kawg ✓✓✓ Thiab yuav tsum txhaj ib koob ntxiv thaum muaj hnuv nyoog 11-12 xyoo**	Tsawg kawg ✓✓✓	✓✓	✓✓ Xyoo 7 nkaus xwb

\* Tsis tas txhaj koob tshuaj varicella yog tias tus me nyuam twg raug tus kab mob qhua taum lawm.

\*\* Yog tias tus me nyuam tau txhaj koob tshuaj Td thaum nws muaj hnuv nyoog 7-10 xyoo ces lawv tsis tas yuav txhaj ib koob ntxiv thaum lawv muaj 11-12 xyoos. Tiam sis, lawv yuav tsum txhaj ib koob tshuaj Td ntxiv yog tias twb ncuu 10 xyoo txij thaum lawv tau txhaj koob tshuaj kawg.

\*\*\* Yeej muaj dua lwm txoj kev txhaj 2 koob tshuaj tiv thaiv tus kab mob siab daj hom B rau cov me nyuam uas muaj hnuv nyoog 11 mus rau 15 xyoos.

### Cov no yog cov koob tshuaj uas txoj cai kawm ntawv tswj kom ua hauv Minnesota.

Niam thiab txiv yeej muaj cai ua ntaub ntawv thov kom txoj cai kawm ntawv zam txim yog tias muaj mob dab tsi es tus kws kho mob hais tias yuav tsum txhob txhaj tshuaj los sis niam txiv/tus neeg saib xyuas muaj cai xees npe rau ib daim ntawv hais tias tsis xav txhaj tshuaj thiab yuav tsum muaj tus kws sau cim cia rau daim ntawv (notary).

Lwm txoj kev txhaj tshuaj tiv thaiv kab mob rau cov me nyuam uas mus kawm ntawv uas zoo txhaj, tiam sis lub Tsev Kawm Ntawv Txoj Kev Cai Txhaj Tshuaj tsis yuam kom txhaj cov no:

- Influenza (ua npaws) – txhua xyoo rau cov me nyuam uas muaj hnuv nyoog 6 hli mus txog 18 xyoo - qhov no haj yam tseem rau cov uas muaj tau xwm txheej zoo li mob ntsws nqias thiab ntshav qab zib.
- Koob tshuaj tiv thaiv kab mob hauv paj hlwb (meningococcal) rau cov uas muaj hnuv nyoog 11-18 xyoo.
- Tus kab mob HPV rau cov ntxhais hluas uas muaj hnuv nyoog 11-18 xyoo.