

Goormaa la Tallaali Karaa Ilmaha iyo Da'a Yarta

Da'aha	Hep B Cagaarsho w nooca B	DTP diphtheria, teetano, xiiq (xiiq-dheer)	Polio Dabayl	MMR Jadeeco, qaamow- qashiir, jadeeco-jarmal	Hib <i>Fayruuska</i> <i>ifilo-weysada</i> <i>nooca B</i>	Varicella (Bus-bus)	PCV Tallaalka Nimooniyadda	Hep A Cagaarsho nooca A	MCV meningococcal conjugate	Rotavirus	HPV Human Papilloma- virus	Ifilo- weyso (ifilo)
Dhalashada	✓											
2 bilood	✓ 1-2 bilood ka dib tallaalkii ugu horeeyey ee hep B	✓	✓		✓		✓			✓		
4 bilood		✓	✓		✓		✓			✓		
6 bilood		✓			✓		✓			✓		
12-18 bilood	✓ 6-18 bilood	✓ 15-18 bilood	✓ 6-18 bilood	✓ 12-15 bilood	✓ 12-15 bilood	✓ 12-18 bilood	✓ 12-15 bilood	✓✓ 2 talaal oo ugu yaraan 6 bilood isu jira				
4-6 sanno	✓✓✓	✓	✓	✓		✓						✓ Deyr (fall) kasta *
11-12 sanno	3 talaal haddii aan ilmaha horay loo talaalin	✓ (Tdap)				✓✓ 2 talaal haddaan ilmahu talaalka hore uqaadan ama cudurku aanu ku dhicin.			✓		✓✓✓ 3 talaal markuu jiro 0, 2, iyo 6 bili u dhexayso	
16 sanno									✓			
Sharciga gobolku wuxuu dhigayaa in tallaaladaas la qaato bilowga Is-diiwaan gelinta:	Fasalada K&7	Xanaanada ilmaha Fasalada K-12	Xanaanada ilmaha Fasalada K-12	Xanaanada ilmaha Fasalada K-12 (Waa in tallaalka la siiyaa marka uu ilmuhu hal sano jir noqdo ama wixii ka danbeeya)	Xanaanada ilmaha	Xanaanada ilmaha Fasalada K&7 (Waa in tallaalka la siiyaa marka uu ilmuhu hal sano jir noqdo ama wixii ka danbeeya)	Xanaanada ilmaha, da'aha 2-24 bilood					

Jadwalkani wax yar ayuu kala duwanaa karaa, waxayna ku xiran tahay dhakhtarkaaga iyo ilmahaaga.

Carruurta leh xaaladaha qaarkood ee caafimaad aya laga yaabaa inay u baahdaan tallaalo dheeraad ah (tus., pneumococcal polysaccharide ama meningococcal conjugate). La hadal dhakhtarkaaga ama rugtaada caafimaadka.

***Ifilo-weysada (Influenza):** Dhamaan carruurta da'doodu u dhexeyso 6 bilood ilaa 18 bilood waa in talaal ifilo-weyso oo sanadle ah la siiyo – gaar ahaan kuwa qaba cuduro ay khatar uga imaan karto sida neefta iyo sokorowga/macaanka. Haddii canug 9 sano ka yar yahay isla markaana ifilo-weyso markii ugu horeysay laga tallaalay, wuxuu u baahan yahay 2 talaal oo ay u dhexeyso 4 todobaad.

Sharciga Minnesota wuxuu u baahan yahay/qasbayaa in ilmo kasta ee xannaano caruur oo shati leh lagu hayo in laga hayo ama dhigta iskool fasalada K-12 u dhexeeye cadeyn qoraal ah oo tallaalka qaarkood in uu soo qaatay cadeynaya. Laakiin, hadii xaalad caafimaad darteed aan ilmaha loo tallaali karin ama ay ilmaha waalidkood iyaga oo ogsoon ay ka soo horjeedaan tallaalka qaar ka mid ah ama tallaalka oo dhan, waxay heli karaan ogolaansho sharci ah oo lagaga deynayo tallaalkadii qasabka ahaa. Si aad u dalbato in lagaa daayo tallaalkada qasabka ah waa in aad foom soo buuxisaa, kaas oo aad ka heli karto xarumaha xanaanada caruurta iyo iskoolada.



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When to Get Shots for Children & Adol/Somali
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