Plan ahead for your international travel shots

Where can I get information on international travel shots?
The Minnesota Department of Health does not provide international travel health consultation or international travel shots.

Information on international travel shots and other travel health issues including disease and concerns about food and water supplies is available by country on the Centers for Disease Control and Prevention (CDC) Travel (www.cdc.gov/travel) website.

How soon before I travel do I need to get vaccinated?
Start planning now. Some vaccines take up to six months for the entire series.

What vaccines will I need?
The international travel vaccines you need depend on your travel destination, age, current medical condition, occupation and lifestyle.

Where do I go to get international travel shots?
It depends. If you are going to Europe, Canada, Mexico, Japan, Australia, or New Zealand, your health care provider should be able to give you the shots you need.

If you are going to any other country than those just listed, an international travel health clinic is your best resource.

International travel health clinics in Minnesota are listed on the back of this fact sheet.

Do I need yellow fever vaccine?
If you are going to Africa, Central America, or South America, you may need yellow fever vaccine or other vaccines your health care provider might not have. International travel health clinics are the only places that can give yellow fever vaccine.

There is currently a shortage of yellow fever vaccine. People needing yellow fever vaccine should call the clinic to check on availability. You can also use CDC’s Search for Yellow Fever Vaccination Clinics (https://wwwnc.cdc.gov/travel/yellow-fever-vaccination-clinics/search).

Are your routine immunizations up to date?
Don’t just get your international travel shots! It’s a good idea for adults and children to be up to date with routine vaccines before they leave the country.

Children. Children are vaccinated against 12 diseases in the United States. If you aren’t sure your children are up to date with their routine shots, call their health care provider.

Adults. Adults need routine vaccines too! If you aren’t sure you are up to date, call your health care provider.

Related websites
- State Department’s Travel (www.state.gov/travel/) website includes travel warnings, information on how to get visas and passports, and a wealth of other international travel tips.
- This fact sheet and a list of international travel health clinics in Minnesota are available on the Web on MDH’s For Travelers (www.health.state.mn.us/divs/idepc/immunize/travel/index.html) page.
International travel health clinics serving Minnesota residents

The international travel health clinics listed below are authorized to administer yellow fever vaccine. They also provide a variety of other pre- and post-travel services to travelers. Most international travel clinics require an appointment and may require you to see a health care provider. ALWAYS call first.

Greater Minnesota clinics:

Sanford Health
1527 Broadway St.
Alexandria, MN 56308
Phone: 320-462-0399

Mayo Clinic Health System Austin
1000 First Drive N.W.
Austin, MN 55912
Phone: 507-433-8758

Sanford Health Bemidji Clinic
1300 Anne Street N.W.
Bemidji, MN 56601
Phone: 218-333-5081

Essentia Health Brainerd Clinic
2024 S. Sixth St.
Brainerd, MN 56401
Phone: 218-828-7100

Cambridge Medical Center
701 S Dellwood Ave.
Cambridge, MN 55008
Phone: 763-689-8700

St. Luke’s Infectious Disease and Travel Center
920 E. First St., Suite 120
Duluth, MN 55805
Phone: 218-249-7990

Essentia Health Duluth Clinic
400 E Third St.
Duluth, MN 55805
Phone: 218-786-3737

Allina Medical Clinic – Faribault
100 State Ave.
Faribault, MN 55021
Phone: 507-334-3921

Lake Region Healthcare Clinic Services
615 Mill Street S.
Fergus Falls, MN 56537
Phone: 218-739-2221

Hutchinson Medical Center
3 Century Ave.
Hutchinson, MN 55350
Phone: 320-587-2020

St. Croix Regional Medical Center – Lindstrom
12375 Lindstrom Lane
Lindstrom, MN 55045
Phone: 651-400-2240

Mayo Clinic Health System – Mankato
1025 Marsh St.
Mankato, MN 56001
Phone: 507-385-4700

Mankato Clinic
1809 Adams St.
Mankato, MN 56001
Phone: 507-625-1811

Parkview Clinic
1400 First St. N.E.
New Prague, MN 56071
Phone: 952-758-2535

New Ulm Medical Center
1324 Fifth Street N.
New Ulm, MN 56073
Phone: 507-217-5000

Allina Medical Clinic – Northfield
1400 Jefferson Road
Northfield, MN 55057
Phone: 507-663-9000
800-272-0508

Family Health Medical Clinic
2000 North Ave.
Northfield, MN 55057
Phone: 507-646-1494

Northside Medical Center – Ortonville Area Health Services
450 Eastvold Ave.
Ortonville, MN 56278
Phone: 320-839-6157

Owatonna Clinic
Mayo Health System
2200 26th St. N.W.
Owatonna, MN 55060
Phone: 507-444-5020

Mayo Clinic Tropical Travel & Medicine
200 First St. S.W.
Rochester, MN 55905
Phone: 507-255-7763

Olmsted Medical Center
210 Ninth St. S.E.
Rochester, MN 55904
Phone: 507-288-3443

CentraCare Clinic—Family Medicine—Health Plaza
1900 CentraCare Circle
St. Cloud, MN 56303
Phone: 320-229-4917

CentraCare Clinic - Northway Family Medicine
1555 Northway Drive, Suite 100
St. Cloud, MN 56303
Phone: 320-251-1775

St. Cloud Medical Group – Northwest Campus
251 County Road 120
St. Cloud, MN 56301
Phone: 320-202-8949

St. Cloud Medical Group – South Campus
1301 33rd St. S.
St. Cloud, MN 55301
Phone: 320-251-8181

Affiliated Community Medical Center
101 Willmar Avenue SW
Willmar, MN 56201
Phone: 320-231-5070
### Twin Cities metropolitan area clinics:

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td><strong>Fairview Clinics—Apple Valley</strong></td>
<td>15650 Cedar Ave. S.</td>
<td>952-997-4100</td>
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<tr>
<td></td>
<td>Apple Valley, MN 55124</td>
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<tr>
<td><strong>Crown Medical Center</strong></td>
<td>7001 78th Ave. N.</td>
<td>763-566-8700</td>
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<tr>
<td></td>
<td>Brooklyn Park, MN 55445</td>
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<tr>
<td><strong>Fairview Clinic Brooklyn Park</strong></td>
<td>10000 Zane Ave. N.</td>
<td>763-528-6999</td>
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<tr>
<td></td>
<td>Brooklyn Park, MN 55443</td>
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<tr>
<td><strong>Allina Medical Clinic/ Crossroads Chaska</strong></td>
<td>111 Hundertmark Road, Suite 220</td>
<td>952-448-2050</td>
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<tr>
<td></td>
<td>Chaska, MN 55318</td>
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<tr>
<td><strong>Allina Medical Clinic/ Coon Rapids</strong></td>
<td>Coon Rapids Medical Center</td>
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<td></td>
<td>9055 Springbrook Drive</td>
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<td></td>
<td>Coon Rapids, MN 55433</td>
<td>763-780-9155</td>
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<tr>
<td><strong>N.W. Family Physicians</strong></td>
<td>5700 Bottineau Blvd.</td>
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<td></td>
<td>Crystal, MN 55429</td>
<td>763-287-6500</td>
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<tr>
<td><strong>Passport Health</strong></td>
<td>6700 France Ave. S., Suite 150</td>
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<tr>
<td></td>
<td>Edina, MN 55435</td>
<td>952-422-9089</td>
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<tr>
<td><strong>Fairview Clinic Fridley</strong></td>
<td>6401 University Ave. N.E.</td>
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<tr>
<td></td>
<td>Fridley, MN 55432</td>
<td>763-586-5844</td>
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<tr>
<td><strong>Travel Clinic @ Maple Grove Park Nicollet</strong></td>
<td>9555 Upland Lane N.</td>
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<td></td>
<td>Maple Grove, MN 55369</td>
<td>952-993-3131</td>
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<tr>
<td><strong>Airport Medical Clinic</strong></td>
<td>7550 34th Ave. S.</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55450</td>
<td>612-727-1167</td>
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<tr>
<td><strong>Allina Health Nicollet Mall Clinic</strong></td>
<td>825 Nicollet Mall, Suite 300</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55402</td>
<td>612-333-8883</td>
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<tr>
<td><strong>Allina Health Uptown Clinic</strong></td>
<td>1221 West Lake St., Suite 201</td>
<td></td>
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<tr>
<td></td>
<td>Minneapolis, MN 55408</td>
<td>612-824-1772</td>
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<tr>
<td><strong>Axis Medical Center</strong></td>
<td>1801 Nicollet Ave. S.</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55403</td>
<td>612-823-2947</td>
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<tr>
<td><strong>Boytton Health Services</strong></td>
<td>410 Church St. S.E.</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55455</td>
<td>612-625-3222</td>
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<tr>
<td><strong>Community University Health Care Center</strong></td>
<td>2001 Bloomington Ave.</td>
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<td></td>
<td>Minneapolis, MN 55404</td>
<td>612-301-3433</td>
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<tr>
<td><strong>Crown Medical Center</strong></td>
<td>1925 First Ave. S.</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55403</td>
<td>612-871-4354</td>
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<tr>
<td><strong>Fairview Uptown Clinic</strong></td>
<td>3033 Excelsior Blvd., Suite 275</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55416</td>
<td>612-827-4751</td>
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<tr>
<td><strong>HCMC Pediatric Clinic</strong></td>
<td>730 S. Eighth St. Purple Suite 100</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55415</td>
<td>612-873-6963</td>
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<tr>
<td><strong>HCMC International Travel Medicine Clinic</strong></td>
<td>915 South 7th Street Blue Building, Level 1, B1.290</td>
<td>612-873-6963</td>
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<tr>
<td><strong>NorthPoint Health and Wellness Center</strong></td>
<td>1313 Penn Ave. N.</td>
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<td></td>
<td>Minneapolis, MN 55411</td>
<td>612-543-2522</td>
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<tr>
<td><strong>Minneapolis VA Medical Center</strong></td>
<td>U.S. Veterans only, 3-D Clinic</td>
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<td></td>
<td>One Veterans Drive</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55417</td>
<td>612-467-1100</td>
</tr>
<tr>
<td><strong>North Memorial Clinic</strong></td>
<td>651 Nicollet Mall, Suite 277</td>
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<tr>
<td></td>
<td>Minneapolis, MN 55402</td>
<td>763-581-8060</td>
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<tr>
<td><strong>Odam Medical Group</strong></td>
<td>2800 Chicago Ave. S., Suite 100</td>
<td></td>
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<tr>
<td></td>
<td>Minneapolis, MN 55407</td>
<td>612-871-2312</td>
</tr>
<tr>
<td><strong>International Travel Care</strong></td>
<td>13911 Ridgedale Drive, Suite 484</td>
<td></td>
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<tr>
<td></td>
<td>Minnetonka, MN 55305</td>
<td>952-405-8812</td>
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<tr>
<td><strong>Quello Clinic – Savage</strong></td>
<td>6350 W. 143rd St., Suite 102</td>
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<td></td>
<td>Savage, MN 5537</td>
<td>952-428-0200</td>
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<tr>
<td><strong>Allina Health Shoreview Clinic</strong></td>
<td>4194 North Lexington Ave.</td>
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<tr>
<td></td>
<td>Shoreview, MN 55126</td>
<td>651-483-5461</td>
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<tr>
<td><strong>Complete Home Health Services</strong></td>
<td>4001 Stinson Blvd., Suite 332</td>
<td></td>
</tr>
<tr>
<td></td>
<td>St. Anthony, MN 55421</td>
<td>612-788-2273</td>
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<tr>
<td><strong>HealthPartners Travel &amp; Tropical Medicine Center</strong></td>
<td>5100 Gamble Drive, Suite 100</td>
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<td></td>
<td>St. Louis Park, MN 55416</td>
<td>952-967-7978</td>
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<tr>
<td><strong>Park Nicollet Clinic</strong></td>
<td>3800 Park Nicollet Blvd.</td>
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<tr>
<td></td>
<td>St. Louis Park, MN 55416</td>
<td>952-993-3131</td>
</tr>
</tbody>
</table>
Bethesda Family Medicine Clinic
University of Minnesota Physicians
580 Rice St.
St. Paul, MN 55103
Phone: 651-227-6551

HealthPartners Travel & Tropical Medicine Center
401 Phalen Blvd.
St. Paul, MN 55101
Phone: 952-967-7978

Passport Health
1600 University Ave.
St. Paul, MN 55104
Phone: 651-900-7014

St. Paul Ramsey County Department of Public Health
555 Cedar St.
St. Paul, MN 55101
Phone: 651-266-1234

Allina Medical Clinic/Woodbury
8675 Valley Creek Road
Woodbury, MN 55124
Phone: 651-501-3000

Clinics near Minnesota borders:

North Iowa Mercy Internal Medicine
Mason City, IA
Phone: 800-756-4423

Altru Main Clinic
Grand Forks, ND
Phone: 701-780-6234

Fargo/Cass Public Health Department
Fargo, ND
Phone: 701-298-6938

Sanford Health
Sioux Falls, SD
605-328-8120

Gunderson Lutheran Medical Center
LaCrosse, WI
Phone: 800-362-9567

St. Croix Regional Medical Center
St. Croix Falls, WI
Phone: 800-828-3627

Where can I get travel immunization information?

The Minnesota Department of Health does not provide travel health consultation or travel vaccines. Use resources from the Centers for Disease Control and Prevention to learn about travel vaccines and other travel health issues: CDC’s travel website (www.cdc.gov/travel). If you have insurance, call your health plan’s member services office to see if you are covered for your travel vaccines.