



ASSOCIATION FOR
THE ADVANCEMENT OF
Among Women
IN MINNESOTA

Farm Program

Contact information:

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AAHWM has given Hmong women voice in achieving greater independence in their roles as women, income producers, professionals, professionals, wives and mothers. AAHWM continues to develop and evolve to meet the current challenging needs of women of all ages. Today, AAHWM's focus is shifting from social services to social justice, personal and professional living skills.

AAHWM's mission is achieved through many projects at the agency, including the Farm Program. The Farm Program is established with a focus to help women to become more independent in achieving life success and goals including income producers, while still take on the role of wives, mothers, and daughters.

Farm Program

Level 1: Beginning Farmers

- *Established to assisted beginning farmers with farming skills and practices.*
- *Provide farming foundation, training, and land education.*
- *Implement healthy & safe handling practices at the farm site.*

Level 2: Introduction to Marketing

- *Provide farmers with marketing and sell foundation and skills including farmer's market and stands, connection between farmers and buyers, and market resources.*
- *Provide training, education, and workshops including business planning, record keeping, farmer's profile, and others.*

Level 3: Marketing and Sells

- Link farmers to sell produces at farmer's market and stands.*
- Link farmers to sell to buyers such as colleges, schools, restaurants, and local stores.*

Level 4: Sustainable Farming

- Cabbage Experiment (Research based): Introduce farmers to low-input methods to improve cabbage production and safe, but effective methods to control cabbage pests, without relying on harsh pesticides.*
- Co-op Project: Link farmers to co- operations.*
- Organic Practices: Link farmers to organic resources to learn about organic practices including training and workshops.*

Our Partners:

1. Sparc
2. Community Table Cooperative
3. MFA
4. FLAG
5. The University of Minnesota, Bioproducts & Biosystems Engineering Department.
6. Women Environmental Institution

