

Twin Cities Metropolitan Area

Domestic Violence Programs/Sexual Assault Services (Twin Cities Metropolitan Area)	
<p>NOTE: Do not assume that a person experiencing domestic violence prefers to work with an advocate from their country of origin or ethnic community. In some cases, these communities are very small, making it uncomfortable to work with someone who may know their family or acquaintances. Please ask the person whether they would prefer to work with an advocate who speaks their language or is from their country before referring them.</p>	
Organization/Agency Contact Information	Services Offered
<p>360 Communities Primary Line: 952-985-5300 Sexual Assault Hotline: 651-405-1500 www.360communities.org</p>	<p>Safety, support and advocacy services, with help provided to over 3,000 women and children annually. Trained advocates offer emotional support, safety planning, referrals to community resources and help in navigating the court system.</p>
<p>Alexandra House Blaine, MN 55449 Crisis hotline: 763-780-2330 www.alexandrahouse.org</p>	<p>Alexandra House provides domestic violence and sexual violence services in Anoka County. Our free services include 24-hour emergency shelter, support services and advocacy to victims of domestic and sexual violence. We are located in the cities of Blaine and Anoka, but serve victims of domestic and sexual violence across the state of Minnesota. Services offered: crisis intervention, advocacy, safety planning, house resources and referrals, support groups, and a children's program. Spanish interpreters available; other language interpreters available by appointment.</p>
<p>Casa de Esperanza Shelter Crisis Line 651-772-1611 Community Outreach 651-646-5553 Domestic Abuse Service Ctr. 612-348-6385 www.casadeesperanza.org</p>	<p>Emergency shelter for domestic violence victims, community advocacy program for Latino victims and a 24 hour bilingual domestic violence crisis line. All staff speaks English and Spanish, other languages through interpreters if needed.</p>
<p>Centro Cultural Chicano 1915 Chicago Ave. Minneapolis, MN 55404 612-874-1412 www.centromn.org</p>	<p>Provides social services and referrals for Spanish-speaking people, food shelf, maternal and child health program, counseling, and the NOSOTRAS women's program.</p>
<p>CLUES - Chicanos Latinos Unidos en Servicio Crisis Line: 612-746-3537 www.clues.org</p>	<p>CLUES provides help filing an order for protection and police report, accompaniment to incident related medical appointments, support and education groups, legal assistance, community outreach, and referrals to different programs such as therapy.</p>
<p>Community University Health Care Center 612-638-0700 www.ahc.umn.edu/cuhcc/</p>	<p>CUHCC's advocates will provide victims of domestic and sexual violence with free and confidential services including: crisis intervention and post-crisis support; ensuring basic survival needs are met; advocacy for legal services, courts, and law enforcement; assisting survivors through legal proceedings (civil family court and criminal justice); supportive counseling; accompaniment to forensic exams; making connections to community resources through referrals; providing support groups; making referrals for therapy and shelters; education to the community about domestic violence and sexual assault; in-service training and consultation for medical and other professionals. Bilingual, bicultural staff on site.</p>
<p>Fairview Domestic Abuse Services 2450 Riverside Ave. Minneapolis, MN 612-672-2700 www.fairview.org</p>	<p>24 hour advocacy and support for any victim of domestic abuse. Interpreters available.</p>

Organization/Agency Contact Information	Services Offered
Hennepin County Domestic Abuse Center Hennepin County Government Center 300S 6th Street Saint Paul, MN 55487 Room A-0650 612-348-5073 www.mncourts.gov/district/4/?page=369	Employs Somali, Hmong and Spanish-speaking advocates. Other languages available upon request. Help with orders for protection, legal advice from city and county attorneys, assists in finding temporary housing.
Neighborhood Involvement Program (NIP) – Rape & Sexual Abuse Center 2431 Hennepin Ave. S Minneapolis, MN 612-374-9077 24 Hour crisis: 612-825-4357 www.neighborhoodinvolve.org	Rape crisis center, childhood sexual abuse, secondary victims of sexual violence, legal advocacy, and community education and prevention programming. Free advocacy services and support groups. Individual and group therapy offered on a sliding fee basis. Mon. - Thurs. 9:00 a.m. - 8:00 p.m. Fri. 9:00 a.m. - 5:00 p.m.
Ramsey County Sexual Offense Services Business line: 651-643-3022 24-hour crisis line: 651-266-1000 www.co.ramsey.mn.us/ph/hs/sos.htm	24-hour crisis counseling, advocacy, information and referral. Multilingual interpreting services provided. Advocacy and support during medical, police and legal procedures. Individual counseling/support groups. Referral for therapy, shelter and financial needs. Community education programs on sexual violence.
St. Paul Domestic Abuse Intervention 651- 645-2824 651-645-8904 (TDD Phone) www.stpaulintervention.org	Services include: Acute Intervention Program; Hospital/Clinic Advocacy Program; Southeast Asian Battered Women’s Outreach & Education Program; 24-Hour Crisis Line; Older Battered Women’s Program; Children, Youth & Adolescent Outreach Advocacy & Support Services; System Advocacy Program; Latino Immigrant & Refugee Family Violence Program; Community Outreach Education & Prevention Program; Family Transitional Services; Muslim Battered Women’s Outreach Program. Offices in Saint Paul and Minneapolis, assistance provided in English and Spanish.
Tubman Family Alliance 4432 Chicago Ave. Minneapolis, MN 24-hour crisis line: 612-825-0000 612-825-3333 www.tubmanfamilyalliance.org	Support services for women, girls and families in abusive situations. Mon. - Thurs. 8:00 a.m. - 4:30 p.m. Fri. 8:00 a.m. - noon
Mental Health and Social Service Programs (Twin Cities)	
Organization/Agency Contact Information	Services Offered
Amherst H. Wilder Foundation Southeast Asian Services 451 Lexington Pkwy N. St. Paul, MN 55104 651-280-2310 www.wilder.org	Mon. - Fri. 8:30 a.m. - 5:00 p.m. Open to all Ramsey, Anoka, Dakota, and Washington County Southeast Asian refugees and immigrants. Hmong, Cambodian, Vietnamese (do not offer interpreting services as a stand alone service). Mental health, individual, group and family counseling. Adults and children. (Counseling on site, at school and at home.) School-based Hmong family program, parent education, and Hmong resettlement program.

Organization/Agency Contact Information	Services Offered
APOLLO (A Place of Learning Life Opportunities) Independent Living Services 317 York Ave. Saint Paul, MN 651-227-6321 www.peopleincorporated.com	Provides Independent Living Skills (ILS) training to individuals with a diagnosed mental illness who may or may not have co-occurring disorders. Services are primarily covered by Medical Assistance and most individuals are on the CADI or BI waiver and must be approved for ILS services through Service Authorizations. Private pay options are considered. Mon. - Fri. 8:00 a.m. - 5:00 p.m.
Behavioral Healthcare Providers (BHP) 1405 N. Lilac Dr. Suite 151 Golden Valley, MN 763-525-1746 www.bhpcare.com	BHP is a non-profit organization that has established a network of more than 5,000 behavioral providers, programs and hospitals offering quality mental health and chemical health services. Inpatient and outpatient mental health care. Interpreters available.
Center for Africans Now in America, Inc. S.A.F.E: Student. Adult. Family. Empowerment Therapy Services 6000 Bass Lake Rd. Crystal, MN 55429 952-356-2953 www.mncana.com	Student. Adult. Family. Empowerment (SAFE) Therapy Services is a team of cross-cultural mental health professionals, practitioners, behavioral aides, skills trainers, interns, and volunteers who are trained and specialized in providing culturally sensitive mental health services to multiple cultural groups, and minorities such as individuals, children, students, adults, families and couples throughout Minnesota and beyond. Screening and diagnostic assessment, out-patient clinical based services, long term health care services. Sliding fee; most insurance accepted. Clinic hours: Mon. - Fri. 8:00 a.m. - 5:00 p.m., Sat. 10:00 a.m. - 5:00 p.m. All African languages including Amharic, Arabic, Burmese, French, Igbo, Hausa, Yoruba, Somali. Plus others: Hmong, Persian, Spanish.
Centro Cultural Chicano 612-874-1412 www.centromn.org	Provides social services and referrals for Spanish-speaking people, food shelf, counseling, and the NOSOTRAS women's program.
Chicanos Latinos Unidos en Servicio - CLUES 797 S. 7 th St. St. Paul, MN 55106 651-379-4200 720 E Lake St. Minneapolis, MN 55402 612-746-3500 www.clues.org	Offers Spanish outpatient mental health, Spanish outpatient chemical dependency in both locations and English in St. Paul along with family services. Hours are Mon. - Thurs. 8:30 a.m. - 7:00 p.m., Fri. 8:30 a.m. - 5:00 p.m. Various cultural services, call for specific information.
Children's Home Society Crisis Nursery Crisis Line: 763-591-0100 651-641-1300 www.chsfs.org	24-hour, free service for families in Dakota, Ramsey, and Washington counties who are in crisis and have children ages newborn through 12 years of age. Free diapers. Crisis counseling, pediatric assessment and medical management, parent education and support group and overnight residential child care. No interpreters available. A second office is located in South St. Paul.

Organization/Agency Contact Information	Services Offered
Community Outreach for Psychiatric Emergencies (COPE) 612-596-1223 www.hennepin.us/residents/health-medical/adult-mental-health-services	When a severe disturbance of mood or thinking threatens a person's safety or the safety of others, call Hennepin County's COPE. COPE professionals are available to handle the immediate crisis on-site and provide a clinical assessment. If needed, we will arrange an emergency evaluation for inpatient psychiatric services. This is a free service available to all adults in Hennepin County. Telephone consultations are also available. Available 24 hours a day, seven days a week.
Community University Health Care Center 2001 Bloomington Ave. S. Minneapolis, MN 55407 612-638-0700 www.ahc.umn.edu/cuhcc	Many services available, including various types of therapy, diagnostic assessments, screenings, case management services, advocacy services, rehabilitation and medication management. Services for both adults and adolescents. Medical Assistance, and other programs offered that might cover your services. Sliding fee available. Adult and child & adolescent mental health services are available in English, Cambodian, Hmong, Laotian, Somali, Spanish and Vietnamese. Other languages available upon request
Face-to-Face Health & Counseling 651-772-5555 www.face2face.org	Face to Face is a non-profit organization dedicated to the needs of youth ages 11–23. We offer health care, counseling, and programs for homeless youth. Hmong, Spanish, others with advance notice. Adolescent/young adult medical care, counseling, mental health case management, and the SafeZone drop in enter for homeless youth with many services, products, and classes. Services given to those with or without insurance.
Fairview Counseling Centers 2450 Riverside Ave. Minneapolis, MN 612-672-6999 www.fairview-university.fairview.org/Clinical_Services/counseling/index.asp	Appointments with a counselor at several Twin Cities locations. Community Care Program for those without access to health insurance. Interpreter available. Mon. - Fri. 8:00 a.m. - 4:30 p.m.
Fairview Behavioral Emergency Center (BEC) 2312 S. 6th St. Minneapolis, MN 612-672-6600 www.uofmmmedicalcenter.org/Specialties/Behavioralhealth/EmergencyServices/index.htm	Any person (any age) who requires behavioral emergency care will be seen 24 hours a day, seven days a week at University of Minnesota Medical Center, Fairview's West Bank Emergency Department. Services include assessment and referral for anyone having a mental health or substance abuse crisis. Interpreters available. Mon. - Fri. noon - 11:00 p.m. Sat. - Sun. noon - 10:00 p.m.
Fairview Inpatient Mental Health Intake 2450 Riverside Ave. Minneapolis, MN 612-672-6600 www.uofmmmedicalcenter.org/Specialties/Behavioralhealth/Mentalhealth/index.htm	Call to arrange for inpatient admissions. Interpreters available. Can apply for Medical Assistance, but if denied, responsible for the full payments. Available 24 hours a day, seven days per week.
The Family Partnership - Family and Children's Service 4123 E. Lake St. Minneapolis, MN 612-729-0340 www.thefamilypartnership.org	Counseling, support groups for individuals, couples, parents & families. Offers counseling on the lowest sliding fee scale in the Twin Cities and insurance is also accepted. Will never turn anyone away who is in need of counseling services. Will provide interpreter if the client does not have insurance that will cover it. Mon. - Thurs. 9:00 a.m. - 8:00 p.m. Fri. 9:00 a.m. - 5:00 p.m.

Organization/Agency Contact Information	Services Offered
Guadalupe Alternative Programs 381 E. Robie St. St. Paul, MN 55107 651-222-0757 www.gapschool.org	Alternative Education Center in St. Paul with an alternative high school for teens, adult literacy, ESL, and early childhood education.
Headway Emotional Health Services 6425 Nicollet Ave. S. Richfield, MN 55423 763-746-2411 612-861-3446 (fax) Call for information on other locations and school-based therapy. www.headway.org	Experienced mental health care professionals providing outpatient therapy, Dialectical Behavioral Therapy (DBT), psychiatric services, divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins.
HealthPartners / Center for International Health / Behavioral Health Services 2220 Riverside Ave. Minneapolis, MN 651-999-4740 www.healthpartners.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Mental health, individual, group and family counseling and medication management. Psychiatrist and psychologist on staff each day. Interpreter available. 15 percent discount for uninsured patients and pay at time of the service. Culturally specific services: Vietnamese Men's Group, Prison Camp Survivors, Hmong Diabetes Group, Hmong Women's Support Group.
Hennepin County Mental Health Center 1801 Nicollet Ave. 2nd and 3rd Floors Minneapolis, MN 55403 Appointments: 612-596-9438 www.hennepin.us/residents/health-medical/adult-mental-health-services	The Hennepin County Mental Health Center serves adults with serious mental illness and/or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children and adolescents who are severely emotionally disturbed, have been abused or neglected, or have been court ordered for a psychological evaluation. Mon., Tues., Thurs., Fri. 8:00 a.m. - 5:00 p.m. Wed. 8:00 a.m. - 6:00 p.m.
Hennepin County Medical Center Crisis Intervention Center 701 Park Ave. S. Minneapolis, MN 612-873-3161 Suicide hotline: 612-873-2222 www.hcmc.org/clinics/HCMC_CONDITIONS_66	The Department of Psychiatry serves those in emotional crisis with 24-hour, seven-day-a-week crisis counseling, assessment, and referral. More than 42,000 calls and drop-in visits each year are handled by the Acute Psychiatric Services staff of psychiatrists, social workers, and psychiatric nurses. The APS is supported by Hennepin County funds and state grants, provides these services to any person in need.
Hennepin Women's Mental Health Program 914 S. 8th St. Minneapolis, MN 612-873-6963	All psychiatrists are medical doctors who complete medical school along with four years of additional training. In general, psychiatrists can prescribe medication as well as provide psychotherapy; however, in our women's clinic, psychiatrists mainly provide medication consultation. 8:00 a.m. - 4:30 p.m.

Organization/Agency Contact Information	Services Offered
Hmong American Partnership 651-495-9160 www.hmong.org	Three program areas which focus on building the strengths of the Hmong community: self-sufficiency, family and youth. HAP's mental and chemical health services include: Rule 25 chemical assessments for uninsured youth and adults; chemical health workshops; counseling; Driving with Care workshops; Adult Substance Use Driving Surveys; community forums; and the Hmong Chemical Health Project. Services are provided to low-income Hmong and English-speaking community members. All of HAP's mental and chemical health services are sensitive to the stigmas and unique culturally-based challenges related to mental and chemical health services in the Hmong Community.
Lao Assistance Center of MN 612-374-4967 www.laocenter.org	Assist Laotian refugee and immigrant population with employment issues, advocacy, ESL, GED, and other community services.
Metro Behavioral Health Abdulahi Mohamed MSW, LICSW 2700 E Lake Street, Suite 2100 Minneapolis, MN 55406-1963 www.metrobhealth.com	Abdulahi has been working in the field of behavioral health for the past eight years. He has experience and expertise in working with patients who are from diverse cultural and socioeconomic backgrounds. He provides treatment based on individual/family capacity, current life context, and cultural background by using holistic, eclectic ,and strengths-based approaches. English and Somali. Contact information: 612-767-7770 or abdul9005@yahoo.com
National Alliance on Mental Illness (NAMI) - Hennepin County 1-888-NAMI-HELPS www.namihennepin.org	Provides support, psychoeducation, and research for people and their families living with mental illness through various public education and awareness activities.
Pangea Care Behavioral Health Services 1 Water Street W. Suite 288 St. Paul MN 55107 651-414-0063 www.pangeacare.com	Adult substance use disorder treatment, adolescent and adult mental health services. Individual and group MI/CD treatment, outpatient mental health therapy, ARMHS, trauma therapy, Driving with Care. Interpreter services available in Hmong, Spanish, and Karen. Mon. - Fri. 8:00 a.m. - 4:30 p.m. Sat. 9:00 a.m. - 1:00 p.m., some evening appointments.
Pathways Counseling Center Inc. 1919 University Ave. W. Suite 6 Saint Paul, MN 55104 www.pathwayscounselingcenter.org	Pathways understands the importance of utilizing culturally-appropriate methods when engaging with refugees, honoring cultural systems and values to foster recovery and resilience processes. Contact information: 612-616-9189
People's Center Behavioral Health Services 425 20th Ave. S. Minneapolis, MN 612-332-4973 www.peoples-center.org/cedar-riverside-clinic/	Assessments, individual and family therapy, and referrals. Offer sliding fee program option and assistance with applying for state and federal assistance programs. Mon. & Fri. 8:30 a.m. - 5:00 p.m. Tues. - Thurs. 8:30 a.m. - 8:00 p.m.
People Incorporated 2060 Centre Pointe Blvd. Saint Paul, MN 55120 651-774-0011 www.peopleincorporated.org	Individual and family counseling, early childhood mental health, school-linked counseling, day treatment for children, domestic abuse prevention, anger management, and parent support services. Operate multiple mental health clinics in the Twin Cities: Centre Point Clinic and York clinic in Saint Paul, and Stark clinic in Minneapolis. Clinics offer assessments, psychiatric medication management, psychotherapy, group therapy, family therapy, and couples counseling. They also operate crisis residences for men and women in Saint Paul and Minneapolis.

Organization/Agency Contact Information	Services Offered
Summit Guidance Center - Ahmed Hassan 1821 University Ave. N180 Saint Paul 651-348-8073 ahmedhassan01@yahoo.com	Offers outpatient mental health services in Somali. Offers sliding scale fee option. Mon. - Fri. 8:00 a.m. - 7:00 p.m. Sat. 9:00 a.m. - 3:00 p.m.
Village Wellness Center 5901 Brooklyn Blvd. Suite 202 Brooklyn Center, MN 763-710-9729 992 S Robert St. Suite 400 West St Paul, MN 55118 651-222-6567 vvcmmn.com	Provides culturally appropriate outpatient mental health treatment services to adults, children, and families. Individual therapy, group and family therapy, testing/diagnostic assessment, evaluations, trauma and PTSD issues, chemical health or substance abuse reduction services, HIV/AIDS- related mental health wellness support services, migration and mental health wellness, employment services, medical treatment, including referrals to specialists as needed. This service offers clinical housing, health, vocational life skills services to adults with serious mental illness, and other related conditions. Case management services to reduce the need for hospitalization.
Volunteers of America - Mental Health Clinic 924 19th Ave. S. Minneapolis, MN 763-225-4052 www.voamn.org	Somali & East African Behavioral Health Services Programs. Staff is fluent in Somali. Medical Assistance, third party insurance payers and contractual agreements with counties. Mon. - Fri. 8:00 a.m. - 6:00 p.m.
Walk-in Counseling Center 2421 Chicago Ave. S. Minneapolis, MN 612-870-0565 www.walkin.org	Free mental health counseling. No appointment needed. Mon., Wed., Fri. 1:00 p.m. - 3:00 p.m. Mon. - Thurs. 6:30 p.m. - 8:30 p.m.
Watercourse Counseling 3548 Bryant Ave. Minneapolis, MN 612-822-8227 www.watercoursecounseling.org	Provides individual, family, couples, and group counseling for adults and children of East Africans (one therapist provides services in Somali). Accepts most insurance plans and many EAP programs. Offers a sliding fee option. No interpreters but most insurance companies will cover interpreter fees. Mon. - Thurs. 8:00 a.m. - 5:00 p.m. Fri. 9:00 a.m. - noon
Urgent Care for Adult Mental Health 402 University Avenue East St. Paul, 55130 Crisis Line: 651-266-7900 www.mentalhealthcrisisalliance.org	Mental health crisis assessment, access to crisis psychiatry as necessary, chemical health screening, peer support, crisis stabilization services, family education and support, crisis phone support, referral to community resources in Ramsey, Dakota and Washington Counties. Any adult age 18 or over. Urgent Care bills insurance providers when available, but help is offered regardless of ability to pay. Mon. - Fri. 8:00 a.m. - 7:00 p.m. Sat. 11:00 a.m. - 3:00 p.m.

Chemical Dependency Services (Twin Cities)	
Organization/Agency Contact Information	Services Offered
African American Family Services 2616 Nicollet Ave. Minneapolis, MN 612-871-7878 Chemical health treatment intake: 612-238-2311 www.aafs.net	Chemical recovery resources, and assessment/evaluation.
Alcoholics Anonymous (AA) 952-922-0880 (24 hour) www.aaminneapolis.org	Group counseling/meetings for recovery from alcoholism. No cost. Mon., Wed., Fri. 9:00 a.m. - 4:30 p.m. Tues. & Thurs. 9:00 a.m. - 7:00 p.m. Sat. 9:00 a.m. - 1:00 p.m.
Dustin Chapman, Fairview U of M Medical Center 2450 Riverside Ave. F150 W Minneapolis, MN 612-273-6155 www.fairview.org	Behavioral services liaison, licensed alcohol and drug counselor. Interpreters available. Can apply for Medical Assistance, but it do not qualify, then are responsible for the full payments. Mon. - Fri. 8:00 a.m. - 4:30 p.m.
Fairview Chemical Dependency Intake 2450 Riverside Ave. Minneapolis, MN 612-672-2736 www.fairview.org	Call to arrange an appointment with chemical dependency counselor. Interpreters available. Can apply for Medical Assistance, but it do not qualify, then are responsible for the full payments. Mon. - Fri. 8:00 a.m. - 4:30 p.m.
Hennepin County Chemical Health Services 1800 Chicago Ave. Minneapolis, MN 612-879-3503 www.hennepin.us/residents/human-services/treatment-chemical-addiction	Rule 25 assessments, detoxification, and referrals. Sensitive to cultural needs. If qualify for Rule 25 funding, payment for treatment will be covered. Mon. - Fri. 8:00 a.m. - 4:30 p.m.
Minnesota Adult and Teen Challenge (MnTC) 3231 1st Ave. S. Minneapolis, MN 612-373-3366 www.mntc.org	Residential drug and alcohol programs serving teens and adults from all ethnic, socioeconomic, and religious backgrounds. Clients will be billed for the amount insurance does not cover. Clients can apply for county funding. Mon. - Fri. 8:30 a.m. - 4:30 p.m.

Organization/Agency Contact Information	Services Offered
Ramsey County Chemical Assessment & Referral Unit 402 University Ave. E. Minneapolis, MN 651-266-4008 www.co.ramsey.mn.us/hs/mhc/ChemicalDependency.htm	Rule 25 assessment, and referral for treatment. Interpreters available for a prescheduled appointment or assessment. Offered without a fee for eligible residents or offers a sliding fee. Mon. - Fri. 8:00 a.m. - 4:30 p.m.
Tubman's Chrysalis Center, A Center for Women 4432 Chicago Ave. S. Minneapolis, MN 612-871-0118 www.chrysaliswomen.org	Rule 25 assessments, counseling, and assessments. For chemical dependency and outpatient treatment. Interpreters available for appointments. If qualify for Rule 25 funding, payment for treatment will be covered. Mon. - Thurs. 8:00 a.m. - 8:00 p.m. Fri. 8:00 a.m. - 2:30 p.m.