

# MN Refugee Health Update

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## MN Refugee Health Program

**Phone: 651-201-5414 or 1-877-676-5414**

**Website: [www.health.state.mn.us/refugee](http://www.health.state.mn.us/refugee)**

# Refugee Health Screening in MN

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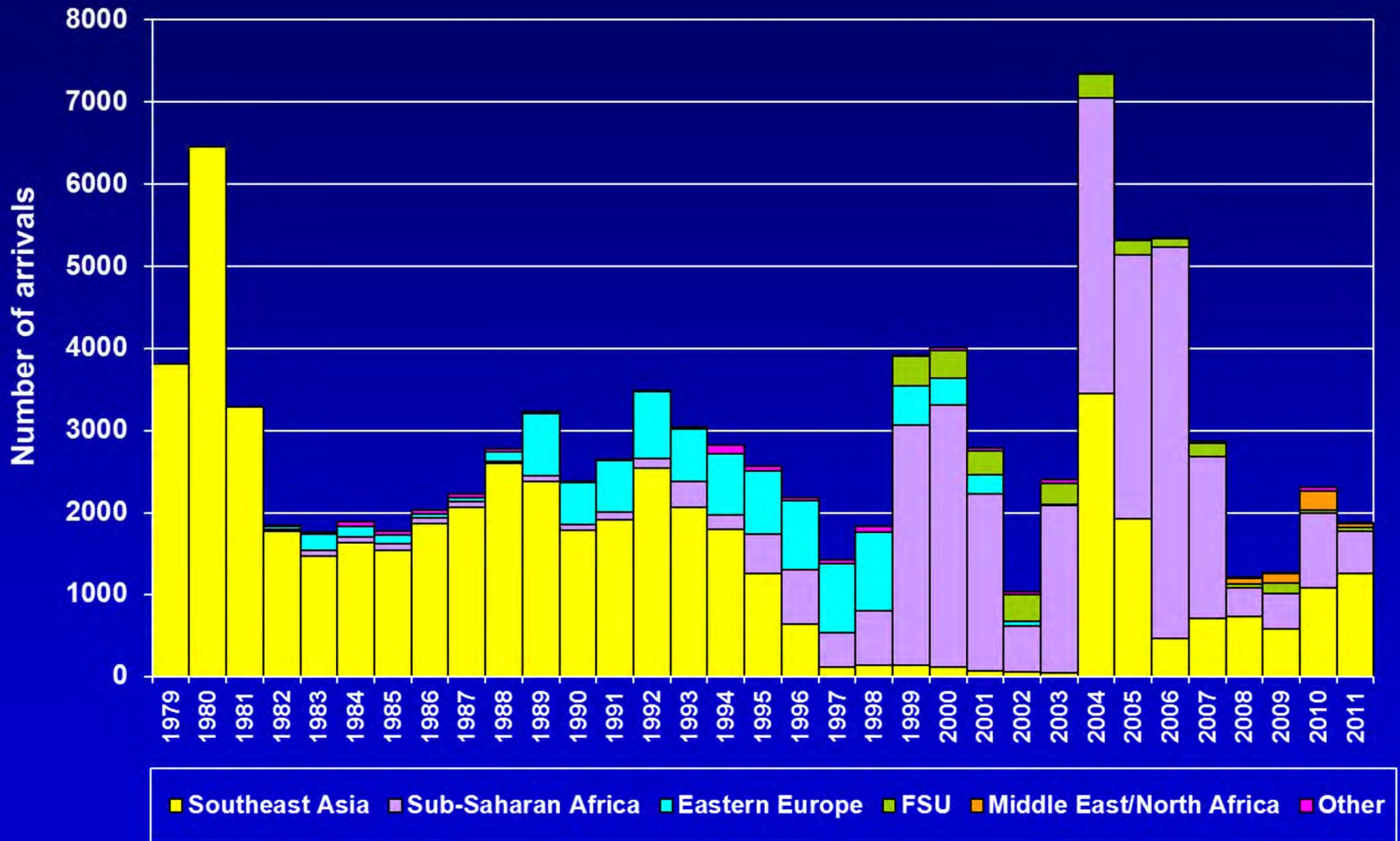
- Exam w/in the first 90 days of arrival
- Public health clinics and private providers

- **Goal:**

...to control communicable disease among, and resulting from, the arrival of new refugees through:

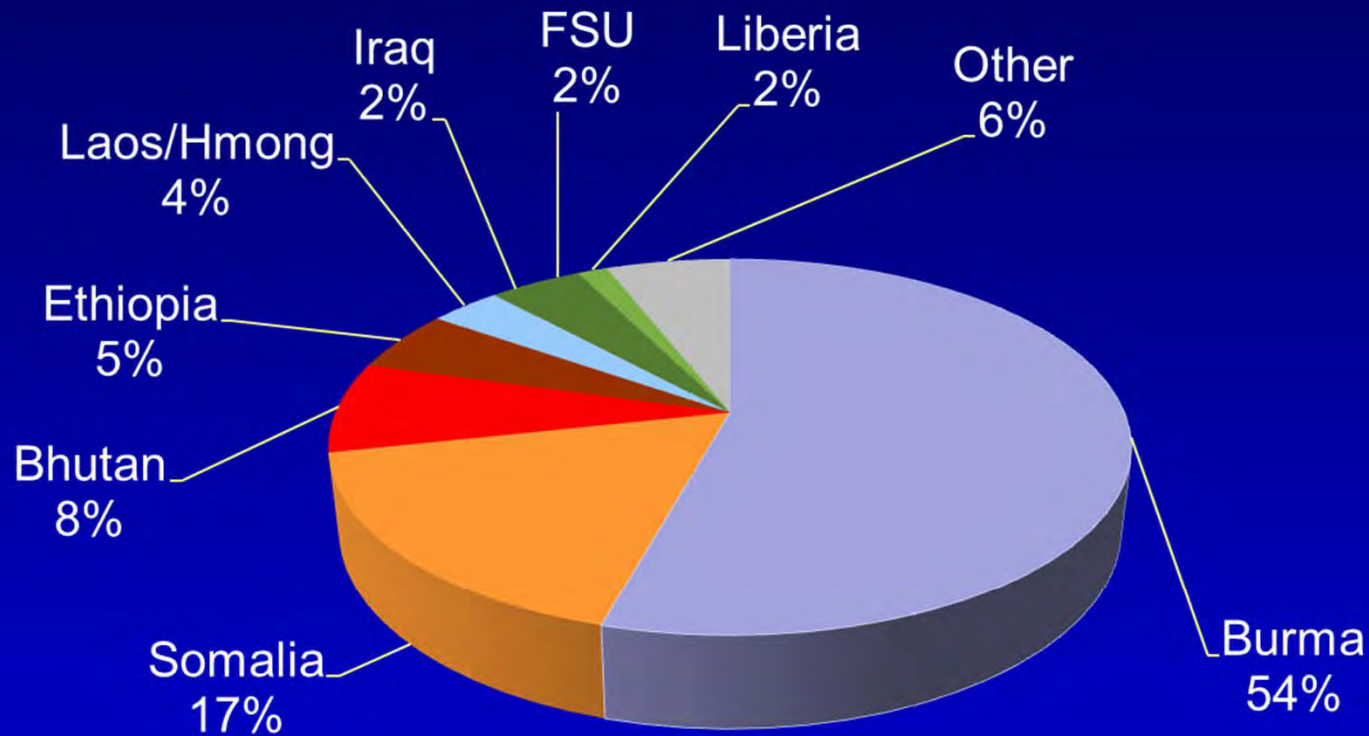
- ❖ health assessment
- ❖ treatment
- ❖ referral

# Refugee Arrivals to Minnesota by Region of World, 1979-2011\*



\*Preliminary data

# Primary Refugee Arrivals, Minnesota 2011



***N=1,891***

“FSU” Former Soviet Union Republics including Belarus, Kyrgyzstan, Moldova, Russia, and Ukraine

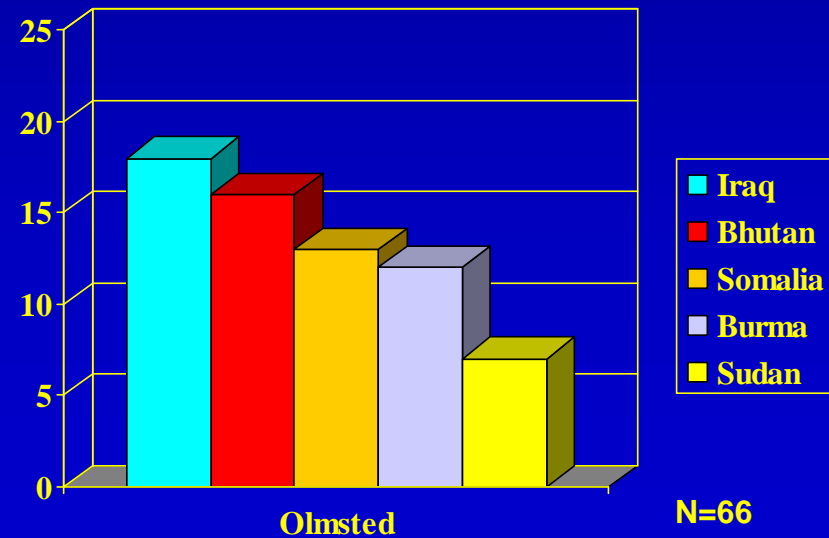
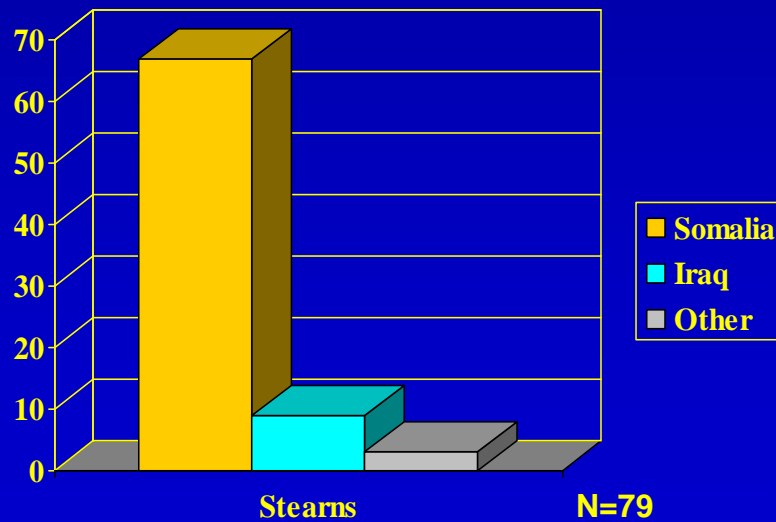
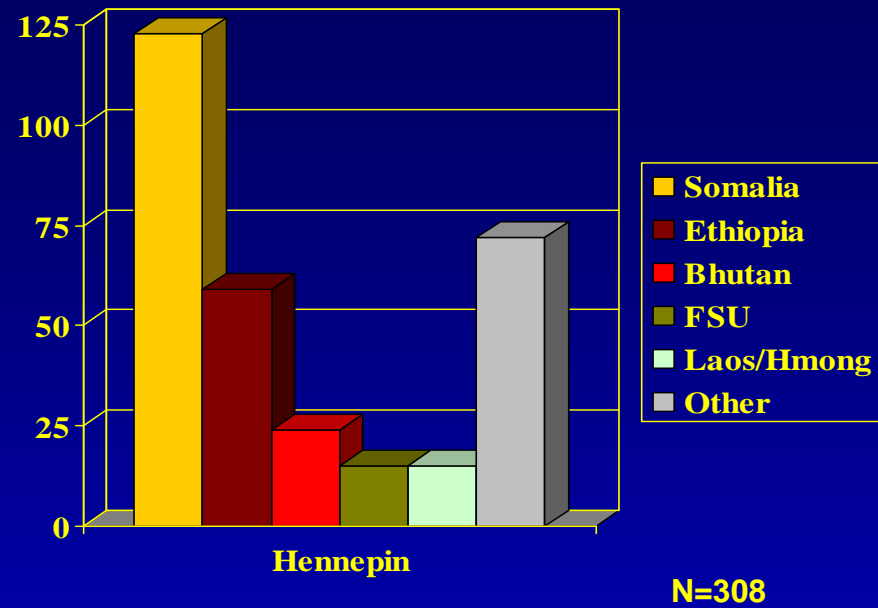
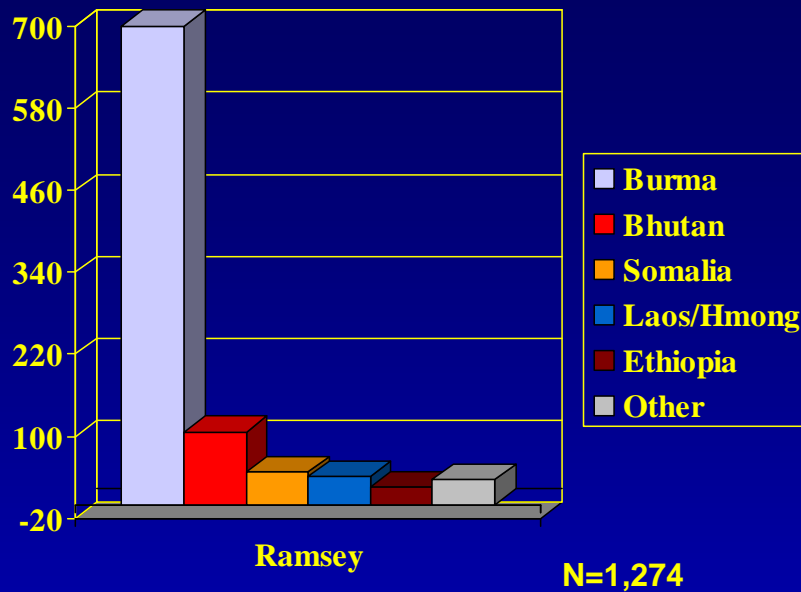
“Other” includes Afghanistan, Burundi, Cameroon, China, DR Congo, Cuba, Eritrea, the Gambia, Guinea, Haiti, Kenya, Liberia, Mexico, Sudan, Tanzania, Vietnam, and Zimbabwe

# Top 6 MN Counties of Primary Refugee Resettlement – 2011\*

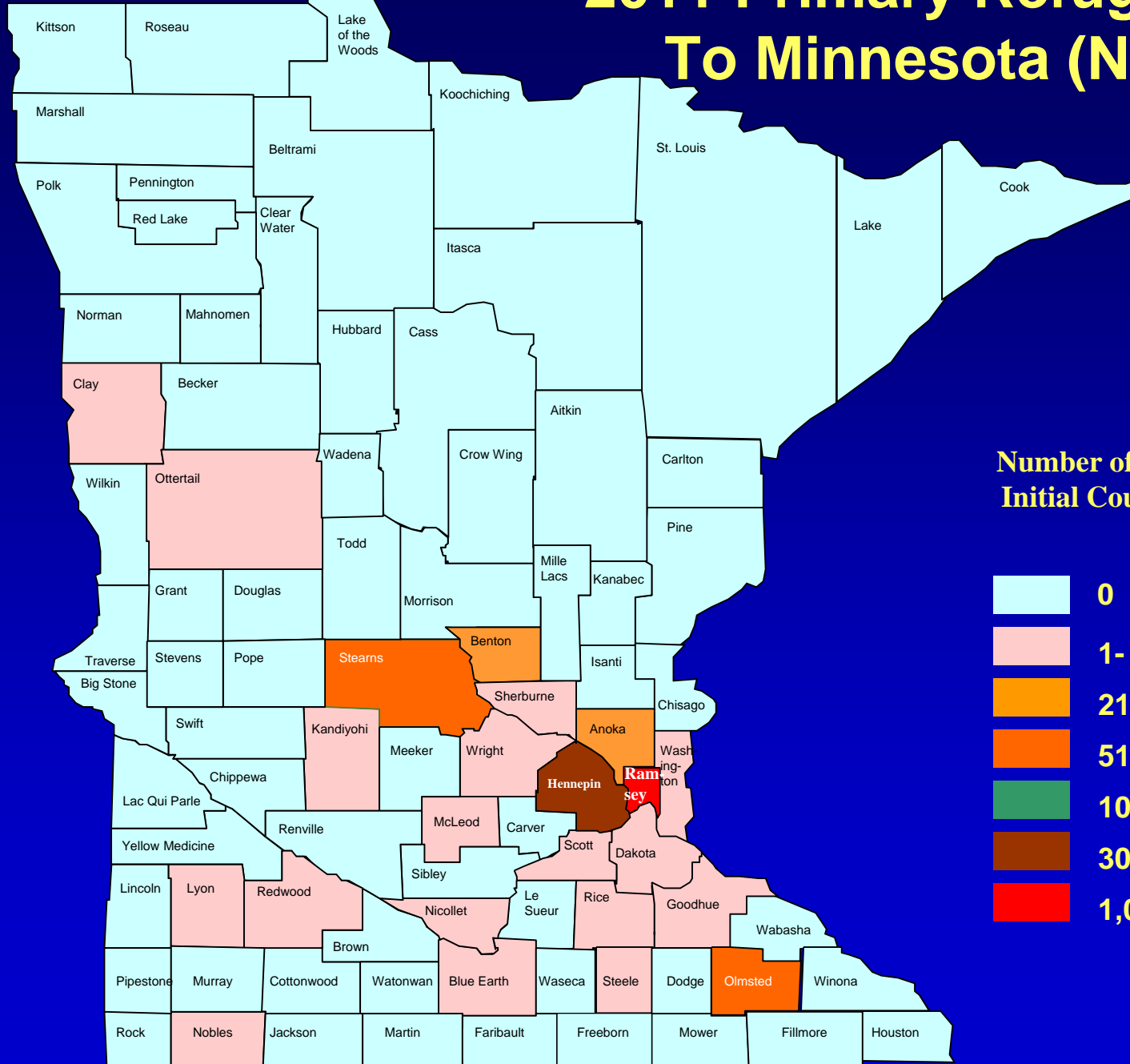
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1.	Ramsey	1,274
2.	Hennepin	308
3.	Stearns	79
4.	Olmsted	66
5.	Anoka	43
6.	Benton	26
	<b>Total</b>	<b>1,891</b>

# Country of Origin by County of Resettlement, 2011\*



# 2011 Primary Refugee Arrival To Minnesota (N=1,891)



Number of Refugees Arrival By Initial County Of Resettlement



# County Reports

- Health summary report by county for all counties in MN who resettle  $\geq 15$  refugees
- Health summary report by region for all counties who resettle 1-14 refugees

- Distributed Fall/Winter 2011

**2008 Primary Refugee Arrival to Minnesota (N=1,205)**

Number of Refugees Arrived to the County of Minnesota

0  
1-14  
15-20  
21-50  
51-100  
101-200

**Refugee Health County Reports 2008**

MINNESOTA  
MDH  
DEPARTMENT OF HEALTH

**Anoka**  
Carver  
Dakota  
Washington

**Hennepin**

**Olmsted**  
Other Tail  
Sherburne  
Stearns  
Wright

**Ramsey**

**Scott**  
Maudryski  
Nobles  
Rice  
Steele

**Metro Region**

**Central Region**

**Southern Region**

Welcome to the third edition of the Refugee Health County Report. This volume is a compilation of the individualized reports of those counties that received at least 15 new primary refugee arrivals to their county during the past year. In 2008, five counties met this criterion: Anoka, Hennepin, Olmsted, Ramsey and Scott. Counties that received less than 15 primary arrivals to their county were grouped into Metro, Central and Southern regions. The reports provide a snapshot of the demographics and the health needs of newly arrived primary refugees to a particular county.

Each report is broken down into three sections: health screening indicators, significant findings and trends regarding demographics, screening rates, flat fee reimbursement, and health status data summary, and state and regional data. Statewide and regional demographics and health status data are included in the reports as a means of comparison for the counties.

Any questions regarding this report may be directed to the Minnesota Department of Health, Refugee Health Program, 651-201-5414.

# Vitamin B12

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- **Vitamin B12**

- **Found in meat, dairy, eggs, and fortified cereals**
- **Symptoms and long term complications of B12 deficiency:**
  - Nerve damage
  - Memory loss
  - Depression
  - Fatigue



- **Screening recommendations**

- **Based on investigation conducted by CDC and MDH in early 2011**
- **Recommendation: Provide all Bhutanese refugees with vitamin B12 oral supplementation for a minimum of 30 days upon arrival in the US as well as nutrition advice that emphasizes consumption of foods containing B12**

# KFAI Radio Health Programs



# Metro Refugee Health Task Force



# World Refugee Day-MN

